

7.^a CORRIDA MONTEPIO

CORREMOS
UNS PELOS OUTROS

27OUT'19

CLASSIFICAÇÃO

Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
1	3573	Hugo Ganchas	00:15:27	00:31:06	00:31:05	2	Sporting Clube de Portugal	Senior	1
2	370	Hermano Ferreira	00:15:27	00:31:06	00:31:05	1		V35	1
3	2489	João Fernandes	00:15:27	00:31:21	00:31:21	3	GFD Running	Senior	2
4	3664	José Gaspar	00:15:28	00:31:39	00:31:39	4	CF Belenenses	V40	1
5	2483	Carlos Cardoso	00:16:06	00:33:00	00:33:00	5	GFD Running	V35	2
6	2499	Roberto Ladeiras	00:15:43	00:33:01	00:33:00	6	GFD Running	Senior	3
7	2484	Carlos Ruxa	00:16:11	00:33:28	00:33:27	7	GFD Running	Senior	4
8	1785	Leonardo Coelho	00:16:43	00:33:46	00:33:45	8	RunLovers	Senior	5
9	1794	Tiago Dias	00:16:43	00:33:47	00:33:46	9	RunLovers	Senior	6
10	3315	Emiliano Vieira	00:16:43	00:34:31	00:34:30	10	Run Tejo - CM Socks	V40	2
11	3292	Pedro Marques	00:16:47	00:34:34	00:34:33	11	Run Tejo - CM Socks	V35	3
12	1	Jéssica Augusto	00:16:46	00:34:42	00:34:42	13	Sporting Clube de Portugal	V35	1
13	3012	Luis Ginja	00:17:10	00:34:43	00:34:41	12		V45	1
14	3737	Marco Mello	00:17:03	00:35:10	00:35:10	15	AMATIBÁ	V45	2
15	18	João Pinto	00:17:24	00:35:11	00:35:09	14		Senior	7
16	3038	Tiago Godinho	00:16:49	00:35:13	00:35:12	17		Senior	8
17	3531	Ricardo Santos	00:17:26	00:35:14	00:35:12	16	Clube Olímpico de Oeiras	V35	4
18	1582	Victor Cerqueira	00:16:56	00:35:15	00:35:14	18	Casa do Benfica Torres Vedras	Senior	9
19	1479	Paulo Alves	00:17:25	00:35:17	00:35:15	19	GDCTINCM	V40	3
20	3286	João Ferreira	00:17:04	00:35:18	00:35:17	20	Run Tejo - CM Socks	Senior	10

7.^a CORRIDA MONTEPIO

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UNS PELOS OUTROS

27OUT'19

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Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
21	839	José Camacho	00:17:15	00:35:23	00:35:22	21	Linda-a-Pastora Sporting Clube	Senior	11
22	3043	Sérgio Tavares	00:17:19	00:35:26	00:35:25	23	Amigos do Atletismo de Mafra	V40	4
23	2131	Lúis Brito	00:17:24	00:35:26	00:35:24	22	CF Belenenses	V40	5
24	3814	Christopher Loose	00:17:06	00:35:27	00:35:26	24		Senior	12
25	1577	João Cabaça	00:17:28	00:35:29	00:35:27	25	Casa do Benfica Torres Vedras	Senior	13
26	1584	Carlos Correia	00:17:13	00:35:34	00:35:33	26	Casa do Benfica Torres Vedras	V40	6
27	332	Pedro Gomes	00:17:17	00:35:36	00:35:34	27	Federação da Família para a Paz Mundial e Unifi	V40	7
28	61	Flávio Santos	00:17:32	00:35:36	00:35:34	28	Federação da Família para a Paz Mundial e Unifi	Senior	14
29	1012	António Reis	00:17:41	00:35:43	00:35:42	29		V45	3
30	1187	Pedro Pedro	00:17:15	00:35:44	00:35:43	30	RB RUNNING	V35	5
31	2124	Paulo Garcia	00:17:28	00:35:48	00:35:47	31	CF Belenenses	V45	4
32	310	Pedro Ferreira	00:17:33	00:35:51	00:35:50	32		V45	5
33	3199	Tiago Corvo	00:17:42	00:35:58	00:35:56	33		Senior	15
34	3736	Rui Belo	00:17:43	00:36:06	00:36:05	34	AMATIBÁ	V40	8
35	3317	Filipe Rebelo	00:17:19	00:36:17	00:36:16	35	Run Tejo - CM Socks	Senior	16
36	3300	Vasco Marta	00:17:18	00:36:18	00:36:17	36	Run Tejo - CM Socks	Senior	17
37	3307	André Cardoso	00:17:48	00:36:20	00:36:17	37	Run Tejo - CM Socks	V35	6
38	3288	Nuno Rebelo	00:17:50	00:36:20	00:36:19	38	Run Tejo - CM Socks	Senior	18
39	2487	Ernesto Ferreira	00:18:04	00:36:20	00:36:19	39	GFD Running	V45	6
40	3308	António Araújo	00:17:48	00:36:24	00:36:24	40	Run Tejo - CM Socks	V50	1

7.^a CORRIDA MONTEPIO

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UNS PELOS OUTROS

27OUT'19

CLASSIFICAÇÃO

Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
41	2663	Rúben Chaves	00:18:11	00:36:30	00:36:27	41		Senior	19
42	19	Nuno Silva	00:17:55	00:36:34	00:36:33	42	Federação da Família para a Paz Mundial e Unifi	V40	9
43	3599	Felisberto Alves	00:17:46	00:36:40	00:36:39	43		Senior	20
44	1417	André Melo	00:17:40	00:36:43	00:36:42	44	Correr Lisboa	V35	7
45	3865	Lília Martins	00:18:09	00:36:45	00:36:44	45	juventude vidigalense	Senior	1
46	2383	João Ferreira	00:17:50	00:36:48	00:36:46	46	Correr Sociedade Recreativa da Granja	V40	10
47	616	António Murteira	00:17:48	00:36:53	00:36:51	47	Carrasco&Amigos	V50	2
48	2021	Telmo Viegas	00:18:09	00:36:57	00:36:55	49		V40	11
49	1225	Luis Franco	00:18:28	00:36:57	00:36:54	48	CLUBE COLABORADORES AGEAS	V35	8
50	2121	Pedro Mota	00:18:16	00:37:01	00:37:00	50	CF Belenenses	V45	7
51	2139	Ricardo Silva	00:18:04	00:37:02	00:37:00	51	CF Belenenses	Senior	21
52	1576	Bernardo Frazão	00:17:50	00:37:05	00:37:04	52	Casa do Benfica Torres Vedras	Junior	1
53	3739	José Dias	00:17:57	00:37:07	00:37:05	53	AMATIBÁ	V40	12
54	2493	Nuno Ruela	00:18:09	00:37:12	00:37:11	54	GFD Running	V45	8
55	2996	Nuno Antunes	00:18:21	00:37:15	00:37:13	55	URBAN RUN TEAM	V45	9
56	2771	Fernando Santos	00:18:05	00:37:19	00:37:17	56	CF Belenenses	V45	10
57	3484	Hugo Ferreira	00:18:10	00:37:19	00:37:17	57		V40	13
58	870	Carlos Gomes	00:18:22	00:37:20	00:37:18	58	Clube EDP Lisboa	V55	1
59	1985	Edna Barros	00:18:48	00:37:23	00:37:21	59	CLUBE ORIENTAL DE PECHÃO	Senior	2
60	2488	Joana Fonseca	00:18:08	00:37:24	00:37:22	60	GFD Running	Senior	3

7.^a CORRIDA MONTEPIO

CORREMOS
UNS PELOS OUTROS

27OUT'19

CLASSIFICAÇÃO

Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
61	1583	Joaquim Frazão	00:18:08	00:37:28	00:37:26	62	Casa do Benfica Torres Vedras	V40	14
62	111	Miguel Rodrigues	00:18:22	00:37:28	00:37:25	61	NucleOeiras - ADNO	V40	15
63	120	Gonçalo Costa	00:18:21	00:37:28	00:37:27	63	NucleOeiras - ADNO	V45	11
64	3084	David Karim	00:18:34	00:37:29	00:37:27	64		V40	16
65	3194	José Pais	00:18:08	00:37:30	00:37:29	65		V45	12
66	1246	Joao Faustino	00:18:12	00:37:34	00:37:33	67		V45	13
67	2832	Pedro Magalhães	00:18:48	00:37:37	00:37:30	66	Linda-a-Pastora Sporting Clube	V45	14
68	3128	Sara Carvalho	00:18:12	00:37:43	00:37:42	68	GRECAS - VAGOS	Senior	4
69	2897	Fábio Correia	00:19:06	00:37:49	00:37:42	69		Senior	22
70	1426	Pedro Barreirão	00:18:27	00:37:51	00:37:49	70		Senior	23
71	3735	Frederico Jacob	00:18:26	00:37:51	00:37:51	72	AMATIBÁ	V45	15
72	1008	Paulo Rodrigues	00:19:05	00:37:57	00:37:50	71		V40	17
73	2141	Marco Seixo	00:18:51	00:38:09	00:38:03	73	CF Belenenses	V40	18
74	1693	David Alves	00:18:29	00:38:10	00:38:09	75	CCDSintrense	Senior	24
75	1653	Pedro Marques	00:19:04	00:38:13	00:38:08	74		V40	19
76	2145	Renato Manuel	00:18:57	00:38:18	00:38:17	79	CF Belenenses	V40	20
77	1986	Maria Bernardo	00:18:47	00:38:19	00:38:17	80	CLUBE ORIENTAL DE PECHÃO	Senior	5
78	3139	Francisco Laneta	00:18:56	00:38:19	00:38:16	77	Carrasco&Amigos	V50	3
79	446	Nuno Martins	00:19:18	00:38:19	00:38:17	81		Senior	25
80	3055	Jardel Lopes	00:18:20	00:38:19	00:38:12	76	Federação da Família para a Paz Mundial e Unifi	Senior	26

7.^a CORRIDA MONTEPIO

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UNS PELOS OUTROS

27OUT'19

CLASSIFICAÇÃO

Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
81	755	Luis Faustino	00:18:51	00:38:23	00:38:16	78		V40	21
82	608	João Toscano	00:19:17	00:38:26	00:38:24	83		Senior	27
83	3216	Goncalo Mendes	00:18:24	00:38:27	00:38:25	84	Clube Millennium Bcp	Junior	2
84	2603	Paulo Pinto	00:18:52	00:38:28	00:38:23	82		V45	16
85	2657	José Jarmela	00:19:28	00:38:31	00:38:30	86		V55	2
86	2429	Bruno Martins	00:18:47	00:38:32	00:38:30	87	Salesianos running	V35	9
87	1591	Luis Miranda	00:19:26	00:38:35	00:38:30	85	Casa do Benfica Torres Vedras	V50	4
88	493	Jorge Pardal	00:19:18	00:38:36	00:38:33	88		V45	17
89	2614	Filipe Santos	00:19:22	00:38:47	00:38:45	89		V45	18
90	3007	Rui Grazina	00:18:54	00:38:54	00:38:49	91	CCD Sintrense	V55	3
91	2500	Vera Nunes	00:19:23	00:38:54	00:38:51	93	GFD Running	V35	2
92	892	Mario Manteiga	00:18:35	00:38:55	00:38:52	94	CF Belenenses	Senior	28
93	968	Nelson Moreira	00:19:28	00:38:55	00:38:48	90		V40	22
94	2588	Ricardo Pereira	00:19:14	00:38:56	00:38:54	95		V40	23
95	1010	Artur Pereira	00:19:23	00:38:57	00:38:50	92	Linda-a-Pastora Sporting Clube	V45	19
96	2126	Artur Carvalho	00:19:11	00:38:58	00:38:54	96	CF Belenenses	V45	20
97	1266	David Gorgulho	00:19:27	00:38:58	00:38:55	97		V35	10
98	3321	Inocência Amorim	00:19:15	00:39:04	00:39:02	98	Run Tejo - CM Socks	V40	24
99	577	Bruno Amaro	00:19:00	00:39:06	00:39:03	99		V40	25
100	1744	Alexandre Faustino	00:19:09	00:39:08	00:39:07	101		Junior	3

7.^a CORRIDA MONTEPIO

CORREMOS
UNS PELOS OUTROS

27OUT'19

CLASSIFICAÇÃO

Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
101	1579	Alexis Martins	00:18:10	00:39:10	00:39:09	103	Casa do Benfica Torres Vedras	Senior	29
102	848	Gonçalo Ferreira	00:19:13	00:39:11	00:39:09	102	CCD CRÉDITO AGRÍCOLA MÚTUO	Senior	30
103	1142	Luis Monteiro	00:19:45	00:39:12	00:39:07	100	Clube Novo Banco	V45	21
104	416	João Pereira	00:19:22	00:39:15	00:39:12	105		Senior	31
105	2896	Pedro Favinha	00:19:44	00:39:17	00:39:11	104		V45	22
106	3287	Nuno Naia	00:19:32	00:39:17	00:39:13	106	Run Tejo - CM Socks	V45	23
107	3788	Peter Bell	00:19:16	00:39:17	00:39:14	108		V35	11
108	3314	David Fernandes	00:17:45	00:39:17	00:39:16	111	Run Tejo - CM Socks	V45	24
109	3279	Paulo Costa	00:19:34	00:39:17	00:39:15	110		V50	5
110	1968	José Borges	00:19:11	00:39:20	00:39:13	107	Linda-a-Pastora Sporting Clube	V40	26
111	2607	André Martins	00:19:14	00:39:22	00:39:19	114		V35	12
112	3098	João Antunes	00:19:56	00:39:22	00:39:20	115		Senior	32
113	1380	Rui Silva	00:19:33	00:39:23	00:39:14	109	Linda-a-Pastora Sporting Clube	V35	13
114	26	António Graça	00:19:06	00:39:23	00:39:20	116		V55	4
115	2444	Paulo Soldado	00:19:33	00:39:24	00:39:16	112	Grupo Desportivo "O Independente" - Barreiro	V45	25
116	1497	Nuno Almeida	00:19:43	00:39:25	00:39:19	113		Senior	33
117	462	João Pombo	00:19:20	00:39:26	00:39:24	119		Senior	34
118	2011	Luís Gamito	00:19:27	00:39:29	00:39:22	118		V40	27
119	3132	Daniel Veríssimo	00:19:48	00:39:29	00:39:25	120	SS CGD	V35	14
120	2495	Paulo Almeida	00:19:53	00:39:30	00:39:22	117	GFD Running	V45	26

7.^a CORRIDA MONTEPIO

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UNS PELOS OUTROS

27OUT'19

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Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
121	1025	Nuno Dantas	00:19:31	00:39:32	00:39:28	121		V40	28
122	1476	Nuno Henriques	00:19:10	00:39:33	00:39:31	123	GDCTINCM	V40	29
123	1849	Humberto Spínola	00:19:34	00:39:34	00:39:32	124		V45	27
124	1445	José Silva	00:19:46	00:39:35	00:39:29	122		V45	28
125	3294	Rúben Dias	00:19:47	00:39:35	00:39:32	125	Run Tejo - CM Socks	V45	29
126	419	Rui Campos	00:19:25	00:39:36	00:39:33	126		V55	5
127	2373	Eurico Nicho	00:19:17	00:39:37	00:39:36	131	Os Galgos	V55	6
128	2142	José Correia	00:18:51	00:39:39	00:39:37	133	CF Belenenses	V50	6
129	3140	Nelson Moreira	00:19:28	00:39:40	00:39:36	130	Casa do Benfica Torres Vedras	V40	30
130	2238	Bruno Francisco	00:19:00	00:39:42	00:39:35	127		V35	15
131	941	Nuno Dias	00:19:46	00:39:43	00:39:36	129		V40	31
132	2017	João Vieira	00:19:47	00:39:43	00:39:40	138		Senior	35
133	3529	Nuno Alves	00:19:48	00:39:43	00:39:39	137	Clube Olímpico de Oeiras	V40	32
134	2128	Rui Coelho	00:19:47	00:39:44	00:39:37	132	CF Belenenses	V45	30
135	318	Júlio Reis	00:19:46	00:39:46	00:39:43	141	camara lisboa clube	V45	31
136	1553	Fábio Domingos	00:19:39	00:39:46	00:39:38	135	N. A. PAPAGAIOS DE CASCAIS	Senior	36
137	101	Fernando Vicente	00:19:47	00:39:47	00:39:42	139		V50	7
138	241	João Alves	00:19:47	00:39:47	00:39:38	136		Senior	37
139	1221	Ivo Santos	00:19:26	00:39:48	00:39:36	128	CLUBE COLABORADORES AGEAS	V35	16
140	760	Miguel Travanca	00:19:39	00:39:48	00:39:42	140		V50	8

7.^a CORRIDA MONTEPIO

CORREMOS
UNS PELOS OUTROS

27OUT'19

CLASSIFICAÇÃO

Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
141	1477	Nuno Sousa	00:19:38	00:39:48	00:39:46	145	GDCTINCM	V45	32
142	1235	Vitor Martins	00:19:31	00:39:49	00:39:37	134	CLUBE COLABORADORES AGEAS	V50	9
143	1581	Fábio Ferreira	00:18:55	00:39:49	00:39:48	148	Casa do Benfica Torres Vedras	Senior	38
144	3325	José Salazar	00:19:48	00:39:50	00:39:48	147	Run Tejo - CM Socks	V55	7
145	3675	Eduardo Santos	00:19:43	00:39:51	00:39:44	142	Sporting Clube de Casainhos	V40	33
146	1428	Francisco Santos	00:20:09	00:39:52	00:39:45	144		V45	33
147	2819	João Freitas	00:19:44	00:39:53	00:39:46	146		Senior	39
148	3568	4 Min/Km	00:19:47	00:39:53	00:39:50	150		Senior	40
149	620	Ricardo Lima	00:19:22	00:39:53	00:39:49	149		Senior	41
150	2423	Miguel Sousa	00:19:43	00:39:54	00:39:51	151	N. A. PAPAGAIOS DE CASCAIS	V45	34
151	2098	João Afonso	00:19:39	00:39:57	00:39:44	143	Morais Leitão	V40	34
152	1314	Bruno Gomes	00:19:58	00:39:58	00:39:52	152		V35	17
153	71	Vitor Silva	00:20:11	00:39:58	00:39:53	153		V35	18
154	2968	Alexandre Leal	00:19:46	00:40:01	00:39:53	154		V40	35
155	3657	João Mendonça	00:19:18	00:40:07	00:40:02	155		Senior	42
156	3419	João Matos	00:19:37	00:40:09	00:40:06	156		Senior	43
157	113	Ricardo Lanceiro	00:19:21	00:40:11	00:40:08	158	NucleOeiras - ADNO	V40	36
158	2816	Tiago Oliveira	00:19:50	00:40:13	00:40:08	159		Senior	44
159	114	Nelson Coelho	00:19:17	00:40:13	00:40:10	160	Federação da Família para a Paz Mundial e Unifi	Senior	45
160	682	Ricardo Castanho	00:19:38	00:40:14	00:40:12	162		V40	37

7.^a CORRIDA MONTEPIO

CORREMOS
UNS PELOS OUTROS

27OUT'19

CLASSIFICAÇÃO

Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
161	2995	João Antunes	00:19:53	00:40:16	00:40:14	164	URBAN RUN TEAM	V45	35
162	645	Pedro Carvalho	00:19:48	00:40:17	00:40:14	163	One Buy Shop Runners	V35	19
163	2792	Apolo Pereira	00:19:50	00:40:21	00:40:16	165		V50	10
164	2901	Pedro Semedo	00:19:49	00:40:23	00:40:19	166	Clube de Nataçao da Amadora	V45	36
165	2375	Gonçalo Moreira	00:20:08	00:40:23	00:40:10	161	Os Galgos	Senior	46
166	2129	José Pires	00:19:16	00:40:27	00:40:22	167	CF Belenenses	V40	38
167	3044	Rui Morais	00:19:45	00:40:28	00:40:22	168	Amigos do Atletismo de Mafra	Senior	47
168	661	Clélio Cunha	00:20:32	00:40:30	00:40:06	157		V40	39
169	2024	Daniel Trindade	00:19:20	00:40:32	00:40:25	169		Junior	4
170	2773	Nuno Queija	00:20:19	00:40:39	00:40:34	170	CF Belenenses	V45	37
171	1129	Luis Godinho	00:19:53	00:40:40	00:40:34	171	Clube Novo Banco	V50	11
172	1976	Luis Aurélio	00:20:18	00:40:41	00:40:34	172	brnighrunners	V50	12
173	2872	Adolfo Leal	00:20:19	00:40:42	00:40:36	173		V50	13
174	2377	Jorge Martinho	00:19:59	00:40:43	00:40:38	174	Os Galgos	V50	14
175	1274	Jose Dias	00:20:01	00:40:44	00:40:40	175		V55	8
176	3054	André Coelho	00:19:48	00:40:46	00:40:42	176	Os Galgos	V45	38
177	3453	Fabio Pereira	00:20:00	00:40:47	00:40:47	177	CLUBE ORIENTAL DE PECHAO	V35	20
178	2143	Luis Marçal	00:19:40	00:40:54	00:40:47	178	CF Belenenses	V40	40
179	3106	André Pinto	00:19:39	00:40:54	00:40:47	179		Senior	48
180	797	Fernando Godinho	00:20:10	00:40:55	00:40:48	180		V45	39

7.^a CORRIDA MONTEPIO

CORREMOS
UNS PELOS OUTROS

27OUT'19

CLASSIFICAÇÃO

Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
181	3740	Mónica Moreiras	00:20:03	00:40:55	00:40:52	183	AMATIBÁ	V40	1
182	3651	Flávio Figueiredo	00:20:22	00:40:56	00:40:51	182		V35	21
183	2061	Rui Sarmiento	00:20:11	00:40:57	00:40:51	181	Corrida Noturna Parque das Nações	V40	41
184	1616	Pedro Roxo	00:19:47	00:41:01	00:40:56	185		V35	22
185	2929	Carlos Pedro	00:19:58	00:41:02	00:40:54	184	Clube TAP PORTUGAL	V45	40
186	3163	Bruno Luís	00:19:53	00:41:05	00:40:58	186	MMSC Running Vets	V35	23
187	1422	Rui Tomás	00:20:25	00:41:09	00:41:03	187	SRCDRF MONTE GODEL	V40	42
188	1184	Nuno Carvalho	00:20:03	00:41:10	00:41:07	188	OCR PORTUGAL LAB	Senior	49
189	3536	Orenias. Santos	00:19:49	00:41:11	00:41:08	189		V45	41
190	1994	Carlos Ferreira	00:20:20	00:41:14	00:41:12	196	lesmas	V45	42
191	3738	Cristina Garcia	00:20:02	00:41:14	00:41:10	193	AMATIBÁ	V45	1
192	1066	João Guterres	00:19:53	00:41:14	00:41:09	190	Correr Lisboa	V40	43
193	2873	Arlindo Paixão	00:20:23	00:41:16	00:41:10	192		V55	9
194	3395	Nuno Faria	00:19:39	00:41:18	00:41:13	197		Senior	50
195	2740	António Roque	00:20:33	00:41:22	00:41:12	195	GRUPO CORRIDA JCS	Senior	51
196	2106	David Saraiva	00:20:47	00:41:26	00:41:16	198	Mind Runners	V35	24
197	887	Jaime Pinto	00:20:11	00:41:26	00:41:23	201		V55	10
198	102	Ricardo Moreira	00:20:18	00:41:26	00:41:09	191		Senior	52
199	2201	Renato Moreiras	00:19:50	00:41:27	00:41:24	204		V35	25
200	1671	Artur Gonçalves	00:19:45	00:41:28	00:41:25	205		V45	43

7.^a CORRIDA MONTEPIO

CORREMOS
UNS PELOS OUTROS

27OUT'19

CLASSIFICAÇÃO

Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
201	2063	Paulo Pires	00:20:46	00:41:30	00:41:23	202	SS CGD	V50	15
202	1915	André Mourão	00:19:48	00:41:31	00:41:26	206		Senior	53
203	2710	Paulo Menezes	00:20:50	00:41:32	00:41:21	199		V45	44
204	29	Hélder Cotrim	00:20:03	00:41:33	00:41:30	210	Federação da Família para a Paz Mundial e Unifi	V35	26
205	2497	Pedro Belo	00:20:30	00:41:34	00:41:28	208	GFD Running	V35	27
206	931	Romário Almeida	00:20:10	00:41:34	00:41:21	200		V45	45
207	3552	Paulo Vieira	00:20:26	00:41:35	00:41:24	203		V50	16
208	827	Nuno Almeida	00:20:57	00:41:36	00:41:28	207		V35	28
209	1444	Hércules Baptista	00:20:07	00:41:36	00:41:29	209		V35	29
210	301	Maria Bernardo	00:20:29	00:41:38	00:41:35	211		V50	1
211	3507	João Moniz	00:20:00	00:41:40	00:41:38	214		Senior	54
212	2040	João Nunes	00:20:25	00:41:43	00:41:38	215		V55	11
213	1918	Joaquim Ramalho	00:20:39	00:41:43	00:41:37	213		V45	46
214	109	Luis Barata	00:20:37	00:41:46	00:41:41	217	NucleOeiras - ADNO	V45	47
215	813	Rita Fernandes	00:19:55	00:41:47	00:41:43	221		Senior	6
216	1866	Rui Pombinho	00:20:31	00:41:50	00:41:45	223		V55	12
217	3301	Vitor Gonçalves	00:20:46	00:41:51	00:41:42	219	Run Tejo - CM Socks	V50	17
218	512	Sadiq Kassamo	00:20:32	00:41:52	00:41:47	225	URBAN RUN TEAM	V45	48
219	2945	Luis Pereira	00:21:30	00:41:52	00:41:11	194		V45	49
220	507	Mario Seabra	00:20:22	00:41:52	00:41:41	216	Grupo Recreativo Janz e Associados	V45	50

7.^a CORRIDA MONTEPIO

CORREMOS
UNS PELOS OUTROS

27OUT'19

CLASSIFICAÇÃO

Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
221	1437	Carlos Florência	00:21:20	00:41:52	00:41:43	220		V35	30
222	2265	Francisco Lafuente	00:20:59	00:41:52	00:41:42	218		Senior	55
223	1123	Hugo Carago	00:20:20	00:41:54	00:41:44	222	Clube Novo Banco	V45	51
224	3249	Sebastião Barata	00:20:58	00:41:56	00:41:46	224		V50	18
225	1788	André Eusébio	00:20:55	00:41:56	00:41:36	212	JuniRacers	Senior	56
226	556	Duarte Costa	00:19:55	00:42:05	00:42:02	229		V35	31
227	3574	Jorge Farinha	00:20:46	00:42:06	00:41:53	226		Senior	57
228	3309	Avelino Soares	00:20:46	00:42:07	00:41:59	227	Run Tejo - CM Socks	V50	19
229	2974	João Pacheco	00:20:32	00:42:08	00:42:00	228		Senior	58
230	2522	Miguel Nunes	00:20:54	00:42:12	00:42:08	231	GDCT Unicre	V45	52
231	143	Gonçalo Ferraz	00:21:08	00:42:13	00:42:09	232	CF Belenenses	Senior	59
232	3607	Jorge Almeida	00:20:50	00:42:14	00:42:11	234		Senior	60
233	140	Tiago Álvares	00:20:09	00:42:14	00:42:10	233		Senior	61
234	2572	Ricardo Viegas	00:20:40	00:42:17	00:42:04	230	ASICS Lisboa Run Club	V40	44
235	139	Ricardo Correia	00:20:53	00:42:21	00:42:15	237		V40	45
236	97	Carlos Moreira	00:20:22	00:42:22	00:42:19	243	Correr Lisboa	V60	1
237	710	Robert Teixeira	00:20:35	00:42:23	00:42:14	235	KonanRunners	Senior	62
238	3323	Jorge Abreu	00:21:38	00:42:23	00:42:15	238	Run Tejo - CM Socks	Senior	63
239	1212	Rui Rodrigues	00:20:31	00:42:24	00:42:19	242	Correr Sociedade Recreativa da Granja	V45	53
240	3757	Filipe Brízida	00:21:08	00:42:25	00:42:20	244		V45	54

7.^a CORRIDA MONTEPIO

CORREMOS
UNS PELOS OUTROS

27OUT'19

CLASSIFICAÇÃO

Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
241	112	Hugo Ferreira	00:20:36	00:42:25	00:42:19	241	NucleOeiras - ADNO	V40	46
242	1455	Luis Franco	00:20:42	00:42:25	00:42:15	236		V40	47
243	287	Gonçalo Magalhães	00:21:21	00:42:27	00:42:16	239		Senior	64
244	2445	Vítor Anselmo	00:21:14	00:42:28	00:42:19	240	Grupo Desportivo "O Independente" - Barreiro	Senior	65
245	1953	Teotónio Neto	00:21:01	00:42:29	00:42:23	246	ADRC Mata de Benfica	V55	13
246	2120	Gonçalo Ferreira	00:21:02	00:42:31	00:42:26	247	CF Belenenses	V45	55
247	2685	Nuno Cordeiro	00:20:32	00:42:34	00:42:30	252		V40	48
248	1954	Henrique Ferreira	00:21:40	00:42:35	00:42:21	245	ADRC Mata de Benfica	V45	56
249	2625	João Jr	00:21:01	00:42:35	00:42:28	249	swimrunners	Junior	5
250	1336	Deonilde Costa	00:21:15	00:42:36	00:42:28	250		V45	2
251	1696	Paulo Silva	00:20:52	00:42:36	00:42:28	248	Roodinhas/Santos Silva-oxygen fitness	V45	57
252	1366	Bruno Santos	00:20:29	00:42:37	00:42:34	256		V40	49
253	1060	Bruno Fernandes	00:20:45	00:42:39	00:42:33	255		V35	32
254	1289	Tiago Silva	00:20:52	00:42:39	00:42:31	254		Senior	66
255	3000	José Bernardo	00:21:09	00:42:40	00:42:34	257	CCD Sintrense	V50	20
256	729	Pedro Filipe	00:21:10	00:42:41	00:42:29	251		V40	50
257	3490	Cátia Nascimento	00:21:10	00:42:41	00:42:36	259		V35	3
258	3532	Joana Taneco	00:21:00	00:42:41	00:42:35	258	Clube Olímpico de Oeiras	V35	4
259	1810	Luís Santos	00:21:11	00:42:41	00:42:30	253		V50	21
260	3064	Luís Gonçalves	00:20:59	00:42:44	00:42:39	261		Senior	67

7.^a CORRIDA MONTEPIO

CORREMOS
UNS PELOS OUTROS

27OUT'19

CLASSIFICAÇÃO

Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
261	906	Jorge Marrão	00:20:09	00:42:46	00:42:43	263		V40	51
262	3398	Pedro Gonçalves	00:20:53	00:42:49	00:42:37	260	Os Galgos	V40	52
263	522	Antonio Rua	00:20:20	00:42:51	00:42:45	265	EX FEDERADOS	V55	14
264	1692	Joana Vinagre	00:20:53	00:42:51	00:42:45	266	CCDSintrense	Senior	7
265	1775	António Martins	00:21:10	00:42:54	00:42:48	267		V50	22
266	1034	Ricardo Leitão	00:20:54	00:42:54	00:42:42	262		V40	53
267	92	Luís Godinho	00:21:14	00:42:55	00:42:45	264		V40	54
268	3248	Pedro Castro	00:21:18	00:42:56	00:42:50	269		V55	15
269	1701	Simão Corrente	00:21:12	00:43:00	00:42:49	268		Senior	68
270	2941	David Roberts	00:21:12	00:43:02	00:42:59	274		V55	16
271	2329	Beatriz Fernandes	00:21:14	00:43:05	00:43:00	275	CF Belenenses	V50	2
272	3444	Jorge Carvalho	00:20:20	00:43:05	00:42:52	270		Senior	69
273	3710	Ricardo Lavareda	00:21:06	00:43:06	00:42:56	272	CLUBE ACCENTURE	Senior	70
274	2763	Tiago Rodrigues	00:21:47	00:43:07	00:42:58	273	GRUPO CORRIDA JCS	V35	33
275	2123	Rui Afonso	00:21:33	00:43:09	00:42:53	271	CF Belenenses	V50	23
276	110	Rodrigo Santos	00:20:36	00:43:10	00:43:02	276	NucleOeiras - ADNO	V40	55
277	2125	Pedro Canelas	00:21:14	00:43:12	00:43:06	278	CF Belenenses	V45	58
278	535	Luis Carvalho	00:20:54	00:43:13	00:43:10	281		V40	56
279	1013	Horácio Oliveira	00:21:16	00:43:16	00:43:13	285		V45	59
280	2146	Tiago Sousa	00:21:09	00:43:17	00:43:10	282	CF Belenenses	Senior	71

7.^a CORRIDA MONTEPIO

CORREMOS
UNS PELOS OUTROS

27OUT'19

CLASSIFICAÇÃO

Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
281	2867	João Vaz	00:21:17	00:43:18	00:43:12	284		V50	24
282	2751	João Serrano	00:21:46	00:43:19	00:43:08	279	GRUPO CORRIDA JCS	V35	34
283	2658	Den Chuang	00:21:02	00:43:20	00:43:16	286		Senior	72
284	1742	David Martins	00:20:48	00:43:20	00:43:17	288		Senior	73
285	13	Bruno Duque	00:22:04	00:43:21	00:43:09	280		V35	35
286	1580	Eduardo Ferreira	00:20:50	00:43:24	00:43:19	292	Casa do Benfica Torres Vedras	Senior	74
287	2511	José Rolão	00:21:56	00:43:25	00:43:04	277	Corrida Noturna Parque das Nações	V60	2
288	523	Bogdan Sandu	00:20:41	00:43:25	00:43:18	291	Viemos pela francesinha!	Senior	75
289	3174	Rui Carvalho	00:21:01	00:43:27	00:43:20	293		V40	57
290	814	Rui Antunes	00:21:35	00:43:29	00:43:17	287	Running Club Santa Casa	V40	58
291	1099	Renato Ramos	00:21:11	00:43:30	00:43:17	290	Eci Running Team	V40	59
292	2413	André Azevedo	00:21:11	00:43:31	00:43:17	289	Pe datleta	Senior	76
293	2790	Carlos Graça	00:21:23	00:43:32	00:43:27	300		V35	36
294	1229	Miguel Sousa	00:21:05	00:43:34	00:43:22	295	CLUBE COLABORADORES AGEAS	V40	60
295	3255	Pedro Machado	00:21:45	00:43:35	00:43:21	294		V45	60
296	674	José Ferreira	00:21:21	00:43:35	00:43:28	302		V45	61
297	1805	Pedro Duarte	00:21:45	00:43:35	00:43:26	298		V35	37
298	1594	Joseline Santos	00:21:38	00:43:36	00:43:25	297	Casa do Benfica Torres Vedras	V35	5
299	298	João Miranda	00:21:15	00:43:37	00:43:32	308		Senior	77
300	3062	Rui Pereira	00:21:40	00:43:38	00:43:37	315	AGP AUTO	V35	38

7.^a CORRIDA MONTEPIO

CORREMOS
UNS PELOS OUTROS

27OUT'19

CLASSIFICAÇÃO

Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
301	1989	Miguel Beirão	00:21:35	00:43:38	00:43:31	306	CLUBE ORIENTAL DE PECHÃO	V40	61
302	226	Jose Esteves	00:21:42	00:43:38	00:43:30	304		V50	25
303	1408	Hélio Pereira	00:21:45	00:43:40	00:43:23	296		V35	39
304	2147	Ricardo Santos	00:21:02	00:43:41	00:43:36	312	CF Belenenses	V35	40
305	2071	Alexandre Santos	00:21:45	00:43:42	00:43:34	310	SS CGD	V50	26
306	2356	Paulo Lopes	00:21:07	00:43:42	00:43:29	303	GE "Os Económicos"	V45	62
307	2778	Nuno Quintela	00:21:48	00:43:42	00:43:32	309	GRCD Leão	Senior	78
308	2933	Diamantino Gamito	00:21:05	00:43:44	00:43:42	317	Clube TAP PORTUGAL	V50	27
309	3261	Filipe Silva	00:20:43	00:43:46	00:43:31	307	CCD TRANQUILIDADE	V40	62
310	3616	João Navarro	00:21:24	00:43:47	00:43:36	311		V45	63
311	1759	José Coutinho	00:21:03	00:43:49	00:43:43	318		V45	64
312	3267	Virgílio Madeira	00:21:53	00:43:50	00:43:42	316	CCD TRANQUILIDADE	V60	3
313	1765	Diogo Matos	00:21:39	00:43:51	00:43:45	320		V40	63
314	2428	João Oliveira	00:21:47	00:43:52	00:43:36	313	Salesianos running	Senior	79
315	185	Fábio Inácio	00:20:42	00:43:54	00:43:52	338		Senior	80
316	1036	Francisco Freire	00:20:59	00:43:54	00:43:44	319		V35	41
317	2951	Guilherme Almeida	00:21:46	00:43:55	00:43:49	329		Senior	81
318	1427	Diogo Rodrigues	00:21:00	00:43:55	00:43:48	325		Senior	82
319	2333	Pedro Antunes	00:22:18	00:43:55	00:43:30	305	OsAntunes	V40	64
320	1646	Vitor Batista	00:21:16	00:43:57	00:43:49	330		V50	28

7.^a CORRIDA MONTEPIO

CORREMOS
UNS PELOS OUTROS

27OUT'19

CLASSIFICAÇÃO

Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
321	3050	Ana Correia	00:21:11	00:43:57	00:43:49	327	Grupo Barraqueiro	V40	2
322	2986	Gil Carneiro	00:21:05	00:43:57	00:43:49	326		V40	65
323	3588	Mário Costa	00:22:48	00:43:57	00:43:36	314		V35	42
324	871	César Fundo	00:22:11	00:43:57	00:43:47	322	Clube EDP Lisboa	V35	43
325	149	Paulo Monteiro	00:22:11	00:43:57	00:43:48	324	Associação Vale Grande	V45	65
326	2130	Alexandre Almeida	00:21:36	00:43:59	00:43:55	343	CF Belenenses	V35	44
327	3291	Pedro Pereira	00:22:16	00:43:59	00:43:51	334	Run Tejo - CM Socks	V40	66
328	1009	Nuno Santos	00:22:07	00:43:59	00:43:51	335	União Desportiva Alfoanelos	Senior	83
329	896	Célio Moreira	00:21:34	00:43:59	00:43:46	321		V35	45
330	284	Duarte Cruz	00:21:32	00:44:00	00:43:53	340		Junior	6
331	3608	Luis Calha	00:21:00	00:44:00	00:43:56	345		V50	29
332	779	Luis Carvalho	00:21:52	00:44:00	00:43:49	328		V40	67
333	897	Sérgio Alemão	00:21:15	00:44:01	00:43:55	344		V35	46
334	293	Carlos Sequeira	00:21:58	00:44:01	00:43:50	332	Correr Loures	V50	30
335	1758	Filipe Fitas	00:22:35	00:44:01	00:43:50	333		V35	47
336	2664	Joaquim Martins	00:21:46	00:44:01	00:43:59	350	ASICS Lisboa Run Club	V50	31
337	2899	Julio Serras	00:22:15	00:44:02	00:43:54	341	URBAN RUN TEAM	V45	66
338	1996	José Arede	00:21:47	00:44:03	00:44:01	355	Clube EDP Lisboa	V45	67
339	3672	David Santos	00:22:16	00:44:04	00:43:51	336		V45	68
340	2591	João Oliveira	00:22:09	00:44:04	00:43:51	337		V40	68

7.^a CORRIDA MONTEPIO

CORREMOS
UNS PELOS OUTROS

27OUT'19

CLASSIFICAÇÃO

Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
341	2150	Paulo Massano	00:21:40	00:44:04	00:43:59	352	Encontramo-nos na meta	V40	69
342	2368	Sérgio Alves	00:21:30	00:44:05	00:43:53	339	Os Galgos	V40	70
343	105	Carlos Pires	00:22:02	00:44:08	00:43:59	351		V45	69
344	3006	Orlando Pedro	00:21:56	00:44:09	00:43:54	342	CCD Sintrense	V50	32
345	3852	José Bueno	00:21:59	00:44:10	00:44:06	364		V40	71
346	2552	Artur Carvalho	00:22:09	00:44:10	00:44:00	354		V55	17
347	2228	Pedro Faria	00:21:21	00:44:10	00:44:02	357		V40	72
348	2512	José Saraiva	00:21:56	00:44:11	00:44:05	363	Corrida Noturna Parque das Nações	V50	33
349	2666	Ricardo Costa	00:21:51	00:44:11	00:44:08	365	ASICS Lisboa Run Club	Senior	84
350	2947	Alberto Coelho	00:22:30	00:44:11	00:44:03	358		V40	73
351	1658	Carlos Escórcio	00:22:10	00:44:11	00:43:56	346		Senior	85
352	2443	Sérgio Santos	00:21:56	00:44:11	00:44:10	366	C.C.D. das Autarquias de Almada	V55	18
353	2924	Jose Sousa	00:21:30	00:44:11	00:44:04	362	Clube TAP PORTUGAL	V55	19
354	2437	António Silva	00:21:56	00:44:13	00:44:12	368	C.C.D. das Autarquias de Almada	V45	70
355	744	Carlos Lourenço	00:21:35	00:44:16	00:44:03	360	LISRUNNING CPA	V40	74
356	2900	Jorge Gomes	00:21:32	00:44:16	00:44:15	376	Clube de Natacao da Amadora	V55	20
357	2087	Joaquim Frade	00:21:54	00:44:17	00:44:11	367	SS CGD	V60	4
358	2593	Hugo Mantas	00:21:22	00:44:18	00:44:04	361		V40	75
359	3299	Telma Silva	00:22:05	00:44:19	00:44:14	371	Run Tejo - CM Socks	Senior	8
360	2592	Carlos Bernardo	00:21:30	00:44:19	00:44:15	374		V50	34

7.^a CORRIDA MONTEPIO

CORREMOS
UNS PELOS OUTROS

27OUT'19

CLASSIFICAÇÃO

Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
361	2818	Lúcio Lopes	00:22:19	00:44:20	00:44:02	356		Senior	86
362	2774	Leonardo Furini	00:21:55	00:44:21	00:43:58	348	brnighrunners	V40	76
363	20	Helena Moreira	00:21:51	00:44:21	00:44:18	381	Federação da Família para a Paz Mundial e Unifi	V40	3
364	137	Pedro Ventura	00:22:31	00:44:21	00:43:58	349		V50	35
365	1587	Elisabete Gomes	00:21:22	00:44:21	00:44:17	378	Casa do Benfica Torres Vedras	V45	3
366	264	Jose Moreno	00:22:06	00:44:22	00:44:14	373	GINjinha Runners	V45	71
367	3843	Diogo Matos	00:20:59	00:44:22	00:44:20	383		Senior	87
368	2480	Abel Pina	00:22:04	00:44:22	00:44:14	372	GFD Running	V55	21
369	3554	Carlos Semide	00:21:34	00:44:25	00:44:17	379		V40	77
370	1139	Rui Gama	00:22:37	00:44:27	00:44:13	369	Clube Novo Banco	V45	72
371	936	Sérgio Pereira	00:23:22	00:44:27	00:43:57	347		V40	78
372	923	Luís Lopes	00:22:02	00:44:28	00:44:13	370		V45	73
373	1634	Fábio Reis	00:22:03	00:44:28	00:43:59	353	SRCDRF MONTE GODEL	Senior	88
374	2133	Cristiano Marques	00:21:04	00:44:29	00:44:24	389	CF Belenenses	V45	74
375	2404	Ricardo Veia	00:23:36	00:44:30	00:43:11	283	Fitness Hut A. Herculano Runners	Senior	89
376	3102	Rita Marques	00:21:57	00:44:30	00:44:28	396	Amigos do Atletismo de Mafra	V35	6
377	300	Tiago Alves	00:21:48	00:44:32	00:44:26	391		V35	48
378	3289	Paulo Arrenega	00:21:33	00:44:33	00:44:24	388	Run Tejo - CM Socks	V50	36
379	1836	Mário Gomes	00:22:13	00:44:33	00:44:25	390		V45	75
380	47	Pedro Manaças	00:22:25	00:44:34	00:44:16	377		V45	76

7.^a CORRIDA MONTEPIO

CORREMOS
UNS PELOS OUTROS

27OUT'19

CLASSIFICAÇÃO

Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
381	2376	João Fernandes	00:22:28	00:44:35	00:44:03	359	Os Galgos	V35	49
382	3030	Rui Sanches	00:21:51	00:44:35	00:44:29	398		V45	77
383	938	Joaquim Rosa	00:21:34	00:44:35	00:44:27	395	N. A. PAPAGAIOS DE CASCAIS	V55	22
384	2287	David Branquinho	00:22:50	00:44:37	00:44:22	385		V40	79
385	2330	Francisco Soares	00:22:27	00:44:38	00:44:19	382	CF Belenenses	Senior	90
386	3056	José Bárbara	00:22:04	00:44:38	00:44:27	394		V50	37
387	204	Fulvio Ramos	00:21:59	00:44:38	00:44:36	406		V40	80
388	3491	Jorge Branco	00:22:03	00:44:39	00:44:23	386		V45	78
389	1880	Carlos Cardoso	00:21:56	00:44:40	00:44:35	403		V65	1
390	3762	David Fróis	00:22:29	00:44:41	00:44:20	384		V45	79
391	1694	André Jardim	00:21:59	00:44:41	00:44:37	407	CCDSintrense	Senior	91
392	2250	Leandro Reis	00:22:37	00:44:42	00:44:18	380		V50	38
393	846	Carlos Martins	00:21:47	00:44:43	00:44:36	405	CCD CRÉDITO AGRÍCOLA MÚTUO	V45	80
394	1824	Francisco Duarte	00:22:18	00:44:44	00:44:40	414		Junior	7
395	3181	Catarina Santos	00:21:44	00:44:46	00:44:41	421	Os Lindos	Senior	9
396	2395	Afonso Dias	00:23:38	00:44:46	00:43:27	299	Fitness Hut A. Herculano Runners	V35	50
397	3182	Pedro Silvestre	00:21:44	00:44:46	00:44:41	420	Os Lindos	Senior	92
398	576	Luis Ferreira	00:21:56	00:44:46	00:44:34	402		V40	81
399	3297	Sandra Bailote	00:21:52	00:44:46	00:44:43	425		V45	4
400	100	Filipe Gonçalves	00:22:08	00:44:46	00:44:24	387		V35	51

7.^a CORRIDA MONTEPIO

CORREMOS
UNS PELOS OUTROS

27OUT'19

CLASSIFICAÇÃO

Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
401	2298	Bruno Campos	00:21:49	00:44:47	00:44:34	401		V40	82
402	686	Alexandre Santos	00:20:09	00:44:47	00:44:43	424		V45	81
403	2756	Pedro Costa	00:21:51	00:44:48	00:44:41	417	GRUPO CORRIDA JCS	Senior	93
404	2148	Rui Oliveira	00:21:41	00:44:49	00:44:44	427	CF Belenenses	V45	82
405	3185	Francisco Amaral	00:22:08	00:44:49	00:44:34	400		Senior	94
406	1331	Aires Pedro	00:22:28	00:44:50	00:44:45	431	Clube Ferroviário de Portugal	V65	2
407	2074	André (Nunes)	00:21:54	00:44:51	00:44:44	426	SS CGD	Senior	95
408	2102	Albertino Neto	00:23:17	00:44:51	00:44:27	392	Correr Sociedade Recreativa da Granja	V45	83
409	1589	Miguel Carmo	00:22:01	00:44:51	00:44:48	436	Casa do Benfica Torres Vedras	V45	84
410	3436	Sergio Barbosa	00:21:55	00:44:51	00:44:45	432		Senior	96
411	1571	Fernando Correia	00:21:54	00:44:53	00:44:35	404	Carrasco&Amigos	V50	39
412	2235	Stephan Koenig	00:23:16	00:44:53	00:43:50	331		V50	40
413	2081	Henrique Amador	00:21:54	00:44:53	00:44:49	441	SS CGD	V45	85
414	1722	Jose Gaspar	00:22:03	00:44:53	00:44:40	415	quarteto	V45	86
415	1677	Gonçalo Grazina	00:22:12	00:44:54	00:44:48	437	Link	Senior	97
416	1825	Diogo Duarte	00:22:17	00:44:54	00:44:49	439		V40	83
417	3721	Miguel Rocha	00:22:17	00:44:55	00:44:45	430		V45	87
418	2789	José Cruz	00:21:48	00:44:55	00:44:29	397		V45	88
419	891	Pedro Ferreira	00:22:32	00:44:56	00:44:34	399		V40	84
420	1011	Bruno Jota	00:22:21	00:44:56	00:44:47	434		Senior	98

7.^a CORRIDA MONTEPIO

CORREMOS
UNS PELOS OUTROS

27OUT'19

CLASSIFICAÇÃO

Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
421	919	João Ribeiro	00:22:52	00:44:57	00:44:42	423		Senior	99
422	3859	Bart Ridder	00:23:11	00:44:58	00:44:39	413		V40	85
423	1073	Marco Pires	00:22:56	00:44:59	00:44:38	408		Senior	100
424	3103	Orlando Rebelo	00:21:56	00:44:59	00:44:57	452	Amigos do Atletismo de Mafra	V60	5
425	3235	Hugo Pinto	00:22:20	00:44:59	00:44:46	433		V40	86
426	3523	Sérgio Pontes	00:23:17	00:44:59	00:43:48	323		V40	87
427	1268	Antonio Lopes	00:22:20	00:45:00	00:44:38	409		V45	89
428	2697	Nuno Ribeiro	00:21:55	00:45:00	00:44:49	440		V45	90
429	1554	Fernando Domingos	00:22:45	00:45:01	00:44:40	416	N. A. PAPAGAIOS DE CASCAIS	V55	23
430	808	Armando Martins	00:22:11	00:45:01	00:45:00	457		V50	41
431	2000	José Justino	00:22:05	00:45:02	00:44:59	455	Picoas	Senior	101
432	623	António Gomes	00:22:05	00:45:02	00:44:56	451		V60	6
433	1193	Tiago Saruga	00:22:37	00:45:02	00:44:47	435		V35	52
434	1956	Guilherme Pereira	00:21:57	00:45:02	00:44:49	438	ADRC Mata de Benfica	V40	88
435	1327	Pedro Vieira	00:22:24	00:45:02	00:44:52	446	Correr Loures	V45	91
436	2803	José Tomás	00:22:50	00:45:03	00:44:42	422		V45	92
437	3798	José Oliveira	00:21:58	00:45:06	00:44:54	448		V35	53
438	1907	Ricardo Caetano	00:22:22	00:45:07	00:44:44	429		Senior	102
439	1721	Miguel Figueiredo	00:22:39	00:45:07	00:44:44	428	quarteto	V40	89
440	927	Jorge Santana	00:22:09	00:45:08	00:44:50	443		V35	54

7.^a CORRIDA MONTEPIO

CORREMOS
UNS PELOS OUTROS

27OUT'19

CLASSIFICAÇÃO

Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
441	3856	José Marques	00:22:38	00:45:11	00:44:39	411		Senior	103
442	3855	Nuno Felicio	00:22:39	00:45:11	00:44:39	412		V40	90
443	3452	Sérgio Sousa	00:22:21	00:45:12	00:44:53	447		Senior	104
444	2587	João Ferro	00:21:53	00:45:13	00:45:04	466		Senior	105
445	3483	Pedro Dias	00:22:37	00:45:14	00:45:13	475		V40	91
446	1320	Pedro Boto	00:22:16	00:45:15	00:44:55	449		V50	42
447	456	Americo Ramos	00:22:42	00:45:16	00:45:01	460		V60	7
448	2908	Luis Almeida	00:22:30	00:45:16	00:44:51	445		V45	93
449	3057	Pedro Correia	00:21:44	00:45:16	00:45:03	463		V35	55
450	3432	Luis Martins	00:22:21	00:45:16	00:45:16	484		V45	94
451	828	Eduardo Carvalho	00:22:38	00:45:16	00:45:07	467		V40	92
452	753	Marco Santos	00:22:06	00:45:17	00:45:09	468		V40	93
453	3344	Fernando Corda	00:22:52	00:45:18	00:44:41	418		V50	43
454	1831	Paulo Justina	00:22:41	00:45:18	00:44:59	456		V35	56
455	3528	Rui Santos	00:22:19	00:45:18	00:44:56	450	Clube Olímpico de Oeiras	V40	94
456	489	Ana Mendes	00:22:10	00:45:18	00:45:15	482		V40	4
457	1987	Maria Gois	00:22:50	00:45:18	00:45:00	459	CLUBE ORIENTAL DE PECHÃO	V40	5
458	3094	Nuno Centeno	00:22:42	00:45:18	00:44:51	444	GRUPO CORRIDA JCS	V40	95
459	3035	Nuno Gonçalo	00:22:45	00:45:19	00:45:01	461		Senior	106
460	3443	Paulo Rodrigues	00:21:49	00:45:21	00:45:10	471	TEAMITSUPTOYOU	V40	96

7.^a CORRIDA MONTEPIO

CORREMOS
UNS PELOS OUTROS

27OUT'19

CLASSIFICAÇÃO

Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
461	843	João Abrantes	00:22:22	00:45:21	00:45:11	472	Associação A Natureza Ensina - ANE	V60	8
462	2928	Fernando Pereira	00:22:53	00:45:23	00:45:04	465	Clube TAP PORTUGAL	V55	24
463	3582	Marco Dias	00:22:25	00:45:24	00:45:09	469		Senior	107
464	2431	Herculano Domingues	00:21:59	00:45:25	00:45:14	478	Salesianos running	V60	9
465	854	Nuno Silva	00:22:29	00:45:25	00:45:10	470	CCD CRÉDITO AGRÍCOLA MÚTUO	V40	97
466	997	Manuel Fontinha	00:22:34	00:45:25	00:45:14	479	GRCD Leião	V50	44
467	1531	Gil Novo	00:24:19	00:45:25	00:44:41	419	FIDELIDADE GDC	Senior	108
468	2481	António Marcelo	00:22:37	00:45:26	00:45:12	474	GFD Running	V55	25
469	2446	Hugo Salvadinho	00:22:32	00:45:27	00:45:19	487	Grupo Desportivo "O Independente" - Barreiro	V40	98
470	2611	António Marçal	00:22:01	00:45:27	00:45:26	498		V60	10
471	2456	António Parreira	00:22:51	00:45:27	00:45:19	486	Grupo Desportivo "O Independente" - Barreiro	V40	99
472	1654	Pedro Coelho	00:21:48	00:45:28	00:45:24	493		V40	100
473	2357	Sérgio Pires	00:23:59	00:45:28	00:44:58	453	GE "Os Económicos"	V40	101
474	766	João Lobo	00:23:24	00:45:30	00:45:04	464	AZA - Azambuja com Alma	Senior	109
475	2194	Pedro Félix	00:23:15	00:45:31	00:45:00	458	Tartarugas Solidárias	V50	45
476	385	Rui Vasco	00:22:41	00:45:31	00:45:14	480		V40	102
477	735	Manuel Rosa	00:21:54	00:45:32	00:45:19	485		V50	46
478	2226	Nuno Morgado	00:22:00	00:45:33	00:45:21	489		V35	57
479	2407	Walter Mota	00:23:37	00:45:33	00:44:15	375	Fitness Hut A. Herculano Runners	V35	58
480	2496	Paulo Tainha	00:22:15	00:45:33	00:45:29	503	GFD Running	V55	26

7.^a CORRIDA MONTEPIO

CORREMOS
UNS PELOS OUTROS

27OUT'19

CLASSIFICAÇÃO

Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
481	2525	Eduardo Ribeiro	00:22:19	00:45:34	00:45:24	492	GDCT Unicre	V50	47
482	2075	Antonio Nascimento	00:22:33	00:45:34	00:45:25	497	SS CGD	V60	11
483	3164	Nicolau Ferreira	00:22:15	00:45:35	00:45:33	508		V35	59
484	1819	Leandro Souza	00:22:48	00:45:35	00:45:23	490		V35	60
485	1007	Fábio Santos	00:22:19	00:45:35	00:45:25	495		Senior	110
486	3709	Ricardo Firmino	00:22:07	00:45:35	00:45:25	496	CLUBE ACCENTURE	V40	103
487	1215	António Pereira	00:21:41	00:45:36	00:45:33	509	CLUBE COLABORADORES AGEAS	V55	27
488	622	Hugo Crescido	00:22:14	00:45:36	00:45:27	499		V40	104
489	3433	José Sabbo	00:22:54	00:45:39	00:45:21	488		Senior	111
490	713	Cédric Monteiro	00:22:44	00:45:39	00:45:29	502	CASEBRES	Senior	112
491	141	Miguel Amaral	00:22:39	00:45:39	00:45:15	481		V40	105
492	509	Armindo Rodrigues	00:22:26	00:45:39	00:45:29	501	Grupo Recreativo Janz e Associados	V50	48
493	1288	Artemisa Mendes	00:22:46	00:45:41	00:45:28	500		Senior	10
494	949	Alma Marques	00:22:33	00:45:41	00:45:25	494		V45	5
495	2647	Francisco Furão	00:22:17	00:45:41	00:45:34	511		V35	61
496	38	Viriato Pataco	00:22:00	00:45:42	00:45:36	518		V45	95
497	289	Luís Balinho	00:22:32	00:45:43	00:45:31	505		V45	96
498	3090	Joao Vilas	00:22:07	00:45:44	00:45:37	519		V35	62
499	87	Nuno Martins	00:23:15	00:45:46	00:45:15	483		V35	63
500	165	Pedro Machado	00:22:27	00:45:47	00:45:39	523		V50	49

7.^a CORRIDA MONTEPIO

CORREMOS
UNS PELOS OUTROS

27OUT'19

CLASSIFICAÇÃO

Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
501	484	Maurício Costa	00:22:59	00:45:48	00:45:36	516		V50	50
502	3329	Mário Ribeiro	00:22:23	00:45:49	00:45:35	512	Run Tejo - CM Socks	V50	51
503	2112	Carlos Folgado	00:22:43	00:45:51	00:45:33	507	Carrasco e Amigos	V55	28
504	2312	João Silva	00:22:15	00:45:51	00:45:38	520		Junior	8
505	1059	Armando Santos	00:22:10	00:45:52	00:45:51	537		V55	29
506	1094	Manuel Duque	00:22:20	00:45:52	00:45:34	510	Eci Running Team	V45	97
507	809	Carlos Soares	00:22:57	00:45:53	00:45:44	528	Correr Lisboa	V50	52
508	1421	Paulo Francisco	00:23:26	00:45:53	00:45:23	491	SRCDRF MONTE GODEL	V50	53
509	3078	Rui Cleto	00:23:00	00:45:53	00:45:51	539	Rui & Ana	V45	98
510	972	Ricardo Santos	00:23:10	00:45:54	00:45:47	531	Casa do Benfica em Castelo Branco	Senior	113
511	1343	Emanuel Oliveira	00:25:04	00:45:54	00:44:38	410		Senior	114
512	635	Marcia Santos	00:22:57	00:45:54	00:45:32	506		V35	7
513	3564	Allan Braga	00:22:31	00:45:54	00:45:51	540		Senior	115
514	2562	António Rodrigues	00:22:37	00:45:54	00:45:45	530		V50	54
515	2095	Vitor Mourão	00:22:03	00:45:55	00:45:47	532	brnightrunners	V50	55
516	1430	Ivo Louro	00:23:21	00:45:55	00:45:51	538		Senior	116
517	3653	Fernando Lourenço	00:23:13	00:45:55	00:45:13	476		V50	56
518	294	João Leitão	00:22:32	00:45:56	00:45:44	529	MTBA	V45	99
519	323	João Valhelhas	00:24:19	00:45:56	00:45:43	527	camara lisboa clube	V45	100
520	173	Alexandre Guerra	00:22:27	00:45:57	00:45:35	514		V40	106

7.^a CORRIDA MONTEPIO

CORREMOS
UNS PELOS OUTROS

27OUT'19

CLASSIFICAÇÃO

Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
521	3215	Tiago Mendes	00:22:09	00:45:57	00:45:53	541	Clube Millennium Bcp	V45	101
522	3806	Camila Picco	00:22:29	00:45:58	00:45:57	546		Senior	11
523	1773	Emanuel Pereira	00:23:07	00:46:00	00:45:35	515		Senior	117
524	3835	Bernardo Figueiredo	00:23:50	00:46:01	00:45:12	473	Move it	Senior	118
525	1644	Fernando Silva	00:22:44	00:46:01	00:45:40	524		V60	12
526	527	Diogo Gomes	00:22:09	00:46:01	00:45:36	517		Senior	119
527	1615	Daniel Morais	00:22:40	00:46:02	00:45:50	535		V45	102
528	1813	Carlos Monteiro	00:22:50	00:46:02	00:46:00	552	GRD OS FIXES	V65	3
529	312	Miguel Velez	00:22:48	00:46:07	00:45:53	542	camara lisboa clube	V55	30
530	1938	Isabel Nunes	00:23:23	00:46:08	00:45:38	522		V45	6
531	1871	Carlos Valente	00:23:09	00:46:09	00:45:50	536		V50	57
532	473	Rui Tavares	00:22:53	00:46:10	00:45:43	526		V35	64
533	2177	Paulo Sousa	00:22:36	00:46:11	00:46:09	562		V45	103
534	1135	Pedro Sanguino	00:22:54	00:46:12	00:45:58	550	Clube Novo Banco	V35	65
535	150	Maria Monteiro	00:22:41	00:46:12	00:45:58	549	Associação Vale Grande	V35	8
536	2916	João Oliveira	00:22:37	00:46:13	00:45:53	543		V40	107
537	3403	Paulo Novais	00:23:12	00:46:14	00:45:57	547		V40	108
538	2473	Vitor Marques	00:23:50	00:46:15	00:45:13	477	Banco BNI Europa	Senior	120
539	2772	Gustavo Santos	00:22:58	00:46:15	00:46:11	564	CF Belenenses	V45	104
540	1592	Jorge Almeida	00:22:52	00:46:16	00:46:11	565	Casa do Benfica Torres Vedras	V50	58

7.^a CORRIDA MONTEPIO

CORREMOS
UNS PELOS OUTROS

27OUT'19

CLASSIFICAÇÃO

Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
541	2340	Paulo Botelho	00:24:00	00:46:16	00:45:38	521	Correr Loures	V45	105
542	717	Bruno Dias	00:22:34	00:46:16	00:46:01	555		V35	66
543	2622	Rui Almeida	00:22:33	00:46:17	00:46:16	571	swimrunners	V45	106
544	1425	Paulo Silva	00:23:15	00:46:18	00:46:17	576	Linda-a-Pastora Sporting Clube	V45	107
545	429	Rui Custódio	00:23:46	00:46:18	00:45:54	544		V40	109
546	74	Joel Calção	00:22:33	00:46:20	00:46:06	560		V35	67
547	396	João Filipe	00:23:33	00:46:21	00:45:35	513		V45	108
548	2655	Afonso Nunes	00:22:45	00:46:22	00:46:20	581		V55	31
549	705	Jorge Bonito	00:23:23	00:46:22	00:45:58	548		V40	110
550	2387	Luís Nabais	00:23:49	00:46:23	00:46:01	553	Correr Lisboa	V35	68
551	3630	Vasco Palma	00:23:12	00:46:23	00:46:02	556		V55	32
552	3082	Rui Marques	00:22:52	00:46:25	00:46:01	554		V40	111
553	2815	Gonçalo Medeiros	00:22:36	00:46:25	00:46:18	579		Junior	9
554	3197	David Simões	00:23:59	00:46:25	00:45:30	504		V40	112
555	1051	Agostinho Rodrigues	00:22:47	00:46:29	00:46:12	567		V50	59
556	194	Luis Palma	00:22:53	00:46:29	00:46:27	592		V40	113
557	2118	Vasco Matos	00:23:18	00:46:31	00:46:04	558	Correr Sociedade Recreativa da Granja	V40	114
558	148	Filipe Morais	00:22:18	00:46:31	00:46:20	580	Clube de Corrida EDL	V40	115
559	1337	Tiago Silva	00:22:25	00:46:31	00:46:21	582		Junior	10
560	2243	Alcindo Almeida	00:23:11	00:46:31	00:46:15	568		V60	13

7.^a CORRIDA MONTEPIO

CORREMOS
UNS PELOS OUTROS

27OUT'19

CLASSIFICAÇÃO

Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
561	2843	José Bastos	00:23:40	00:46:32	00:45:43	525	AON Empower Results	V50	60
562	1420	Ana Francisco	00:23:26	00:46:33	00:46:03	557	SRCDRF MONTE GODEL	V45	7
563	350	Rodrigo Santos	00:22:37	00:46:34	00:46:26	591		V45	109
564	2438	Amável Figueiredo	00:23:10	00:46:34	00:46:25	589	C.C.D. das Autarquias de Almada	V55	33
565	2403	Miguel Sousa	00:22:46	00:46:35	00:46:10	563	Fitness Hut A. Herculano Runners	V40	116
566	2457	Francisco Pacheco	00:23:01	00:46:35	00:46:34	607	Grupo Desportivo "O Independente" - Barreiro	V45	110
567	306	Gonçalo Louro	00:22:57	00:46:36	00:46:16	572		V35	69
568	3471	Lúcio Santos	00:23:13	00:46:36	00:46:17	575		V55	34
569	285	António Ramalho	00:23:28	00:46:37	00:46:16	570		V55	35
570	1600	Pedro Barata	00:22:51	00:46:38	00:46:24	588	Alces Team	V40	117
571	2439	Carlos Coelho	00:23:10	00:46:39	00:46:29	597	C.C.D. das Autarquias de Almada	V55	36
572	1814	Inês Brito	00:23:48	00:46:39	00:46:17	574		V45	8
573	123	Paulo Santos	00:23:23	00:46:39	00:46:11	566		V55	37
574	476	Alberto Matias	00:22:41	00:46:40	00:46:28	593		V60	14
575	1253	Nuno Meia-Onça	00:22:47	00:46:40	00:46:15	569		V35	70
576	28	Henrique Joaquim	00:23:04	00:46:42	00:46:25	590		V45	111
577	976	Miguel Tavares	00:22:57	00:46:42	00:46:33	604	CA Patameiras	V45	112
578	2638	Paulo Manaças	00:22:41	00:46:43	00:46:38	614	sgs moving forward	V45	113
579	2665	Paula Martins	00:23:03	00:46:45	00:46:44	627	ASICS Lisboa Run Club	V45	9
580	3424	Tiago Fernandes	00:23:40	00:46:46	00:46:18	578		V35	71

7.^a CORRIDA MONTEPIO

CORREMOS
UNS PELOS OUTROS

27OUT'19

CLASSIFICAÇÃO

Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
581	1462	João Gouveia	00:22:57	00:46:46	00:46:29	594		V45	114
582	2793	Mário Gaspar	00:23:17	00:46:46	00:46:40	618		V55	38
583	2196	Bruno Amaro	00:22:33	00:46:46	00:46:29	601	Benfica em benfica	V35	72
584	2575	Timóteo Rato	00:23:20	00:46:46	00:46:00	551	Move it	Senior	121
585	2179	Ricardo Faria	00:23:10	00:46:46	00:46:29	599		V40	118
586	1418	Valter Ferreira	00:22:33	00:46:48	00:46:40	619		V35	73
587	1714	Rui Reis	00:23:10	00:46:48	00:46:34	606		V50	61
588	1991	Anabela Moreira	00:23:02	00:46:49	00:46:42	624	CLUBE ORIENTAL DE PECHÃO	V45	10
589	662	Orlando Dias	00:23:38	00:46:49	00:46:24	587		V50	62
590	179	Pedro Monteiro	00:23:22	00:46:51	00:46:29	600	Federação da Família para a Paz Mundial e Unifi	V40	119
591	2529	José Vaz	00:23:36	00:46:51	00:46:21	585	GDCT Unicre	V35	74
592	1984	Miguel Palma	00:23:10	00:46:51	00:46:33	603	brnightrunners	V40	120
593	3250	Fábio Duarte	00:22:41	00:46:52	00:46:50	635		Senior	122
594	3105	André Sousa	00:22:41	00:46:52	00:46:51	636		V35	75
595	1823	João Carreto	00:23:51	00:46:53	00:46:05	559		V55	39
596	629	Gustavo Bastos	00:23:49	00:46:54	00:46:37	612	Quenianos do Sado	V40	121
597	865	Paulo Tomás	00:23:01	00:46:54	00:46:40	621	GMCJamor	V50	63
598	1106	Ricardo Santos	00:23:34	00:46:54	00:46:21	583	2x1	V35	76
599	263	João Ferreira	00:23:11	00:46:55	00:46:39	616	GMCJamor	V40	122
600	2332	Filipe Solha	00:22:46	00:46:55	00:46:41	623		V40	123

7.^a CORRIDA MONTEPIO

CORREMOS
UNS PELOS OUTROS

27OUT'19

CLASSIFICAÇÃO

Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
601	12	Henrique Cruz	00:23:57	00:46:55	00:46:23	586		V50	64
602	2163	Bruno Salvador	00:23:04	00:46:55	00:46:46	630		V40	124
603	2343	Pedro Vermeludo	00:23:15	00:46:57	00:46:41	622	VMA	V35	77
604	2564	Gonçalo Gouveia	00:23:21	00:46:57	00:46:48	633		Senior	123
605	296	Luis Ressurreição	00:22:37	00:46:57	00:46:34	608	FIDELIDADE GDC	V45	115
606	3478	André Nunes	00:24:18	00:46:58	00:46:07	561	SS CGD	Senior	124
607	2528	Rui Ramos	00:23:23	00:47:00	00:46:17	577	GDCT Unicre	V35	78
608	260	João Frade	00:23:09	00:47:00	00:46:42	625		V45	116
609	1393	Flávio Lopes	00:23:06	00:47:01	00:46:37	611		V35	79
610	2729	António Costa	00:23:52	00:47:01	00:46:44	628		V55	40
611	1429	Pedro Cunha	00:23:24	00:47:01	00:46:47	631		V40	125
612	1224	José Caetano	00:23:42	00:47:01	00:47:00	660	CLUBE COLABORADORES AGEAS	V65	4
613	272	Carlos Silva	00:23:33	00:47:02	00:46:34	605	Team do Bairro	V35	80
614	1578	Carla Almeida	00:23:05	00:47:02	00:46:58	653	Casa do Benfica Torres Vedras	Senior	12
615	3734	João Santos	00:22:13	00:47:03	00:46:56	649	AMATIBÁ	Senior	125
616	711	Jose Hilario	00:23:16	00:47:04	00:46:44	626	KonanRunners	V60	15
617	2064	Pedro Fontoura	00:22:08	00:47:04	00:46:59	657	SS CGD	V45	117
618	745	Paulo Santos	00:25:03	00:47:04	00:45:50	533	LISRUNNING CPA	V50	65
619	2861	António Pereira	00:23:27	00:47:05	00:46:53	642		V50	66
620	2161	Daniel Ferrao	00:23:43	00:47:06	00:46:40	620		Senior	126

7.^a CORRIDA MONTEPIO

CORREMOS
UNS PELOS OUTROS

27OUT'19

CLASSIFICAÇÃO

Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
621	2116	David Poço	00:23:23	00:47:07	00:47:04	664	FIDELIDADE GDC	V35	81
622	31	Rogério Fonseca	00:23:49	00:47:08	00:46:39	617	PsiArte	V50	67
623	1718	Luis Lemos	00:22:35	00:47:09	00:47:08	672		V50	68
624	1992	Humberto Borges	00:22:48	00:47:10	00:47:07	671	lesmas	V50	69
625	793	Paulo Fernandes	00:23:46	00:47:10	00:46:53	640		V50	70
626	34	Carlos Craveira	00:23:27	00:47:10	00:46:53	638		V45	118
627	245	Ricardo Grilo	00:23:15	00:47:11	00:46:55	646		V40	126
628	2092	Luisa Landeiro	00:23:23	00:47:11	00:46:56	648	SS CGD	V45	11
629	221	Jorge Aguardenteiro	00:23:11	00:47:11	00:46:53	639		V45	119
630	3348	Tito Nascimento	00:23:43	00:47:12	00:47:00	659		V35	82
631	3033	Dinalva Cutrim	00:23:09	00:47:12	00:46:57	650		V40	6
632	386	Fabiano Loures	00:24:13	00:47:13	00:46:51	637		Senior	127
633	565	Ricardo Oliveira	00:23:56	00:47:14	00:46:46	629		V40	127
634	759	Daniel Revés	00:23:27	00:47:14	00:47:13	687		Junior	11
635	2442	Joaquim Machado	00:23:34	00:47:16	00:47:06	670	C.C.D. das Autarquias de Almada	V65	5
636	3624	Pedro Andrade	00:22:54	00:47:16	00:47:15	695		V45	120
637	3243	Liliana Abreu	00:23:18	00:47:16	00:47:04	666		Senior	13
638	1111	Alexandre Neves	00:23:28	00:47:17	00:47:01	661	Clube Novo Banco	V45	121
639	3005	Mário Lageiro	00:23:28	00:47:18	00:47:04	665	CCD Sintrense	V50	71
640	3849	Francisco Carlos	00:25:03	00:47:18	00:45:56	545		Senior	128

7.^a CORRIDA MONTEPIO

CORREMOS
UNS PELOS OUTROS

27OUT'19

CLASSIFICAÇÃO

Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
641	2091	Luis Sanchez	00:23:38	00:47:18	00:47:14	692	SS CGD	V60	16
642	3448	André Carreiro	00:23:04	00:47:18	00:47:11	682		V35	83
643	1635	Fernando Almeida	00:23:28	00:47:18	00:46:48	632	SRCDRF MONTE GODEL	V50	72
644	639	Joaquim Galvão	00:23:50	00:47:19	00:46:56	647		V60	17
645	515	Miguel Abraços	00:24:12	00:47:19	00:46:54	643	EX FEDERADOS	V40	128
646	3125	Arlindo Martins	00:22:26	00:47:19	00:47:08	675		V55	41
647	2094	Miguel Dias	00:23:11	00:47:20	00:46:58	652	SS CGD	V40	129
648	2548	Carlos Fernandes	00:23:48	00:47:21	00:47:11	678		V55	42
649	978	Luis Rato	00:23:13	00:47:21	00:47:11	680	CA Patameiras	V65	6
650	970	Edgar Anastacio	00:23:24	00:47:21	00:46:53	641	AZA - Azambuja com Alma	V55	43
651	2606	Magda Farinha	00:24:14	00:47:22	00:47:00	658		V35	9
652	1666	David Gonçalves	00:23:12	00:47:23	00:47:08	676		V40	130
653	2135	Rita Fernandes	00:23:32	00:47:24	00:47:19	701	CF Belenenses	Senior	14
654	1145	Nuno Pombo	00:23:14	00:47:24	00:47:06	668	Clube Novo Banco	V40	131
655	3839	Raimo Antero	00:24:01	00:47:24	00:47:19	699		V50	73
656	3247	Nuno Rodrigues	00:24:38	00:47:24	00:46:36	610		V40	132
657	707	Pedro Santos	00:23:41	00:47:25	00:46:58	654	Mulas Running Team	V40	133
658	2652	Pedro Sequeira	00:24:10	00:47:26	00:47:15	694		V40	134
659	2598	Filipe Pinheiro	00:24:49	00:47:26	00:47:02	662		Junior	12
660	420	Nuno Martins	00:23:00	00:47:26	00:47:14	689		V35	84

7.^a CORRIDA MONTEPIO

CORREMOS
UNS PELOS OUTROS

27OUT'19

CLASSIFICAÇÃO

Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
661	1606	José Matos	00:23:56	00:47:27	00:46:59	656	RUN 4 FUN	V55	44
662	1179	Pompeu Aires	00:24:30	00:47:27	00:47:20	703	Grupo Recreativo e Desportivo da Ribeira da Lag	V50	74
663	2717	Daniel Barbosa	00:23:34	00:47:27	00:47:05	667		V60	18
664	235	Jorge Fraga	00:23:22	00:47:27	00:47:24	709		V50	75
665	338	Hugo Sequeira	00:22:52	00:47:28	00:47:12	683		V40	135
666	3071	Nuno Otero	00:24:09	00:47:28	00:47:08	674		V50	76
667	3755	Vasco Brito	00:23:53	00:47:29	00:47:11	679		V45	122
668	3346	Germينو Neves	00:23:25	00:47:29	00:46:59	655		Senior	129
669	805	Mauro Nunes	00:24:05	00:47:29	00:46:49	634		V40	136
670	2766	Joao Ribeira	00:22:53	00:47:30	00:47:28	718	Captain Fly	V40	137
671	3001	Augusto Aguiar	00:22:47	00:47:30	00:47:16	696	CCD Sintrense	V60	19
672	2939	Carlos Marinho	00:23:52	00:47:30	00:47:13	686		V35	85
673	1132	Pedro Catarino	00:23:15	00:47:31	00:47:22	706	Clube Novo Banco	V35	86
674	1035	Renato Alves	00:23:16	00:47:31	00:47:29	720		V35	87
675	37	Mário Nunes	00:23:42	00:47:32	00:47:06	669		V55	45
676	1860	Joao Nunes	00:23:23	00:47:32	00:47:11	681		V35	88
677	290	Luís Trigo	00:22:38	00:47:32	00:47:22	707		V35	89
678	2107	Joao Melo	00:24:18	00:47:32	00:47:30	722	URBAN RUN TEAM	V40	138
679	3644	Sandro Pereira	00:23:00	00:47:32	00:47:31	725		Senior	130
680	1563	Delfim Pratas	00:23:44	00:47:33	00:47:14	690	brnighrunners	V50	77

7.^a CORRIDA MONTEPIO

CORREMOS
UNS PELOS OUTROS

27OUT'19

CLASSIFICAÇÃO

Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
681	1281	Paulo Caldeira	00:24:14	00:47:34	00:47:14	688	Correr Lisboa	V40	139
682	2396	Daniel Melo	00:23:59	00:47:35	00:46:16	573	Fitness Hut A. Herculano Runners	Senior	131
683	2911	José Guerreiro	00:23:38	00:47:35	00:47:21	704		V60	20
684	675	Mario Antonio	00:23:21	00:47:36	00:47:32	728		V70	1
685	1503	António Almeida	00:23:22	00:47:36	00:47:17	698		V45	123
686	2062	Nuno Costa	00:23:42	00:47:36	00:47:27	715	SS CGD	V40	140
687	1864	André Robalo	00:24:31	00:47:37	00:47:09	677		V40	141
688	973	Albino Tomás	00:24:32	00:47:37	00:47:08	673	CA Patameiras	V60	21
689	342	Harun Rashid	00:22:59	00:47:38	00:47:38	741		V35	90
690	3192	José Augusto	00:23:50	00:47:38	00:47:26	714		V55	46
691	1983	Oswaldo Barros	00:23:54	00:47:38	00:47:12	684	brnightrunners	V60	22
692	1181	Francisco Vilela	00:23:46	00:47:39	00:47:32	727	Grupo Recreativo e Desportivo da Ribeira da Lag	V45	124
693	2570	Miguel Judas	00:23:51	00:47:39	00:47:24	710		V45	125
694	3775	António Raimundo	00:23:19	00:47:40	00:47:39	742		V70	2
695	3411	Pedro Vicente	00:24:25	00:47:41	00:47:14	691		V55	47
696	2360	Vitor Gouveia	00:23:37	00:47:42	00:47:28	717	Musg@41	Senior	132
697	1113	Ana José	00:23:30	00:47:43	00:47:33	729	Clube Novo Banco	V45	12
698	1130	Luis José	00:23:30	00:47:43	00:47:32	726	Clube Novo Banco	V45	126
699	2672	Ruben Silva	00:24:19	00:47:43	00:47:13	685	AFRS	V60	23
700	2577	Fábio Neves	00:24:42	00:47:43	00:46:29	598		Senior	133

7.^a CORRIDA MONTEPIO

CORREMOS
UNS PELOS OUTROS

27OUT'19

CLASSIFICAÇÃO

Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
701	1319	Pedro Costa	00:24:50	00:47:44	00:47:34	732		Junior	13
702	250	Nuno Nunes	00:23:47	00:47:45	00:47:21	705		V45	127
703	2967	Nuno Condeço	00:24:19	00:47:45	00:47:16	697		V35	91
704	3305	Anabela Salazar	00:23:35	00:47:45	00:47:30	724	Run Tejo - CM Socks	V45	13
705	324	Carlos Rocha	00:24:19	00:47:45	00:47:22	708	camara lisboa clube	V45	128
706	1180	Amadeu Brigas	00:24:03	00:47:46	00:47:30	723	Grupo Recreativo e Desportivo da Ribeira da Lag	V50	78
707	1818	Pedro Dias	00:24:31	00:47:46	00:47:19	700		V45	129
708	1027	Raul Santos	00:23:20	00:47:46	00:47:34	733		V60	24
709	1483	Ana Mendes	00:23:20	00:47:46	00:47:34	731	Grupo Recreativo e Desportivo Ribeira da Lage	V35	10
710	1688	Rodrigo Quental	00:25:57	00:47:48	00:46:32	602	RunRUs	Junior	14
711	1392	Fernando Almeida	00:23:57	00:47:48	00:47:25	712		V50	79
712	247	Rúben Almeida	00:23:46	00:47:48	00:47:19	702		Senior	134
713	259	Abílio Oliveira	00:23:29	00:47:49	00:47:28	716		V50	80
714	3201	Fernando Rodrigues	00:23:57	00:47:50	00:47:39	743	Clube Millennium Bcp	V55	48
715	319	Nuno Moreira	00:24:19	00:47:50	00:47:26	713	camara lisboa clube	V40	142
716	1098	Paulo Farinha	00:23:25	00:47:51	00:47:42	749	Eci Running Team	V45	130
717	2726	Carlos Jesus	00:23:19	00:47:52	00:47:24	711		V35	92
718	2210	Henrique Santos	00:22:58	00:47:52	00:47:51	765		Senior	135
719	231	Célia Rosa	00:24:24	00:47:53	00:47:38	740		V40	7
720	655	Eduardo Silva	00:23:44	00:47:53	00:47:49	757		V55	49

7.^a CORRIDA MONTEPIO

CORREMOS
UNS PELOS OUTROS

27OUT'19

CLASSIFICAÇÃO

Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
721	543	Paulo Costa	00:25:49	00:47:53	00:44:27	393		V40	143
722	678	Hugo Pires	00:23:21	00:47:53	00:47:36	734		V40	144
723	3425	Augusto Fernandes	00:23:41	00:47:54	00:47:29	719		V60	25
724	54	Patrick Simões	00:23:18	00:47:56	00:47:50	759		V35	93
725	553	Renato Ramos	00:22:31	00:47:56	00:47:42	748	TASCA RUNNERS	V40	145
726	3567	Fernando Martins	00:22:55	00:47:57	00:47:37	737		V35	94
727	2856	Joana Salvador	00:23:35	00:47:57	00:47:36	735		Senior	15
728	3133	Nelma Craveiro	00:23:39	00:47:58	00:47:51	764	Grupo Desportivo "O Independente" - Barreiro	Senior	16
729	3724	Ricardo Conceição	00:23:46	00:47:58	00:47:52	769		Senior	136
730	910	Jorge Costa	00:23:51	00:47:59	00:47:38	739		V50	81
731	3575	Luís Sebastião	00:24:09	00:48:00	00:47:51	763		V40	146
732	1397	Evelino Magalhães	00:23:16	00:48:00	00:47:37	738		V45	131
733	1019	Miguel Lourenco	00:23:38	00:48:04	00:47:40	744		Senior	137
734	3634	João Varanda	00:24:08	00:48:04	00:47:33	730		V45	132
735	1409	Jorge Gonçalves	00:24:02	00:48:05	00:47:50	761		V45	133
736	1776	Ricardo Lourenço	00:24:12	00:48:05	00:47:47	755		V35	95
737	750	João Monteiro	00:24:05	00:48:06	00:47:50	760		V45	134
738	1433	Ana Araújo	00:23:25	00:48:06	00:47:37	736	SRCDRF MONTE GODEL	V45	14
739	2308	Bruno Almeida	00:24:32	00:48:07	00:47:40	745		V35	96
740	2175	Bruno Goncalves	00:24:21	00:48:07	00:47:47	754		Senior	138

7.^a CORRIDA MONTEPIO

CORREMOS
UNS PELOS OUTROS

27OUT'19

CLASSIFICAÇÃO

Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
741	951	Luís Duarte	00:24:03	00:48:07	00:47:52	770		V50	82
742	1808	Hugo Sobreira	00:23:52	00:48:08	00:47:58	780		V40	147
743	167	Francisco Passos	00:23:48	00:48:09	00:47:50	762		V55	50
744	2823	Paula Fernandes	00:23:38	00:48:10	00:48:09	802	Linda-a-Pastora Sporting Clube	V50	3
745	1447	Sónia Brandão	00:23:50	00:48:10	00:47:41	747		V45	15
746	2164	João Estevão	00:23:22	00:48:12	00:47:58	781		V35	97
747	2273	Sérgio Nunes	00:22:52	00:48:12	00:48:03	786		V45	135
748	1767	Pragneche Rugnat	00:23:11	00:48:12	00:48:07	795		Senior	139
749	3381	Virgínia Pereira	00:23:54	00:48:13	00:48:11	806		V50	4
750	879	Fernando Dinis	00:23:37	00:48:13	00:48:09	803	Mourareal	V35	98
751	3431	Hugo Ramires	00:24:06	00:48:14	00:47:55	777		V40	148
752	422	Carlos Correia	00:23:27	00:48:14	00:47:57	779	AVR	V50	83
753	3324	Jorge Curvelo	00:24:30	00:48:14	00:47:59	783	Run Tejo - CM Socks	V45	136
754	1783	Nuno Marques	00:24:21	00:48:14	00:47:51	766	RunLovers	V50	84
755	1632	Fernando Santos	00:23:44	00:48:15	00:48:13	813		V35	99
756	1861	Acácio Clemente	00:23:54	00:48:15	00:47:46	751		V50	85
757	2137	Marta Nunes	00:24:18	00:48:15	00:47:53	773	CF Belenenses	V35	11
758	1827	Pedro Proença	00:24:32	00:48:15	00:47:49	758		V45	137
759	974	Paulo Gamboa	00:24:33	00:48:16	00:47:46	753	CA Patameiras	V45	138
760	2891	José Brito	00:23:45	00:48:16	00:47:55	776		V35	100

7.^a CORRIDA MONTEPIO

CORREMOS
UNS PELOS OUTROS

27OUT'19

CLASSIFICAÇÃO

Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
761	3769	Jérôme Freling	00:23:30	00:48:17	00:48:01	784		V50	86
762	2204	João Sousa	00:23:56	00:48:17	00:47:59	782		V50	87
763	344	Nuno Almeida	00:23:37	00:48:18	00:48:14	817		V40	149
764	1152	Paulo Ricardo	00:23:46	00:48:19	00:48:10	804	Clube Novo Banco	V50	88
765	1044	Nuno Emerenciano	00:23:42	00:48:19	00:48:17	823		V45	139
766	977	António Morais	00:24:33	00:48:19	00:47:53	772	CA Patameiras	V65	7
767	1461	Carlos Lopes	00:24:12	00:48:20	00:48:12	809		V45	140
768	1588	Quirino Caetano	00:23:35	00:48:20	00:48:17	822	Casa do Benfica Torres Vedras	V45	141
769	1977	Pedro Pereira	00:23:34	00:48:20	00:47:53	771	brnighrunners	Senior	140
770	822	José Barradas	00:23:27	00:48:20	00:48:07	794		V40	150
771	2397	Fernando Custódio	00:25:48	00:48:20	00:47:02	663	Fitness Hut A. Herculano Runners	V45	142
772	2797	João Ferreira	00:24:12	00:48:21	00:47:57	778		V60	26
773	3252	Jorge Sousa	00:24:11	00:48:21	00:48:11	807		V55	51
774	2049	João Fernandes	00:24:19	00:48:22	00:48:02	785		V40	151
775	3648	José Marques	00:23:44	00:48:22	00:47:52	768		V45	143
776	51	Rui Serafim	00:24:04	00:48:23	00:48:18	831		V45	144
777	2884	Cristina Ribeiro	00:25:41	00:48:23	00:46:58	651		V50	89
778	3470	Nelson Moreira	00:24:39	00:48:23	00:47:51	767	Correr Loures	Senior	141
779	1273	Rui Correia	00:25:04	00:48:25	00:47:30	721		V40	152
780	986	José Tomé	00:24:02	00:48:25	00:47:55	774	Grupo Barraqueiro	V55	52

7.^a CORRIDA MONTEPIO

CORREMOS
UNS PELOS OUTROS

27OUT'19

CLASSIFICAÇÃO

Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
781	3524	Pedro Paulo	00:23:56	00:48:26	00:48:18	826	Tartarugas do asfalto	V40	153
782	463	Tiago Luis	00:24:03	00:48:26	00:47:55	775		Senior	142
783	1973	Daniel Pinto	00:24:02	00:48:27	00:48:09	799	brnightrunners	Senior	143
784	1124	João Batista	00:24:16	00:48:29	00:48:09	800	Clube Novo Banco	V40	154
785	1487	João Santos	00:23:17	00:48:29	00:48:18	825		V55	53
786	3747	Frank Legrand	00:24:27	00:48:31	00:48:21	838		V45	145
787	2122	Óscar Rodrigues	00:23:40	00:48:31	00:48:15	819	CF Belenenses	V45	146
788	2222	João Faro	00:23:40	00:48:31	00:48:18	827		V40	155
789	2565	Pedro Gomes	00:25:30	00:48:32	00:44:50	442		V40	156
790	2401	João Serra	00:24:15	00:48:32	00:48:24	844	Fitness Hut A. Herculano Runners	V45	147
791	714	Hugo Branco	00:24:10	00:48:33	00:48:04	787	Correr Lisboa	Senior	144
792	1532	Nuno Guerra	00:23:44	00:48:35	00:48:17	821	FIDELIDADE GDC	V40	157
793	771	Jorge Sousa	00:23:45	00:48:35	00:48:17	820		V45	148
794	2586	Beatriz Ferreira	00:24:46	00:48:35	00:48:14	815		Senior	17
795	228	Ricardo Ribeiro	00:24:38	00:48:35	00:47:46	752		Senior	145
796	3565	Paulo Simoes	00:24:03	00:48:35	00:48:28	854		V40	158
797	946	Luis Dias	00:24:33	00:48:35	00:48:27	851		Senior	146
798	947	Virgínio Pateiro	00:24:33	00:48:36	00:48:28	853		V45	149
799	2935	Nuno Bernardo	00:25:25	00:48:37	00:48:07	793		V35	101
800	3445	Valter Onofre	00:22:46	00:48:37	00:48:23	842		V40	159

7.^a CORRIDA MONTEPIO

CORREMOS
UNS PELOS OUTROS

27OUT'19

CLASSIFICAÇÃO

Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
801	642	Bruno Mendes	00:24:21	00:48:38	00:48:31	859	Boa Cama Boa Mesa	V40	160
802	1652	Paulo Caldeira	00:24:26	00:48:38	00:48:14	816		V40	161
803	2854	Isidro Fontes	00:24:38	00:48:40	00:48:38	878		V50	90
804	758	Paulo Revés	00:23:55	00:48:40	00:48:38	875		V45	150
805	2464	Gonçalo Santos	00:24:33	00:48:41	00:47:40	746	Banco BNI Europa	V35	102
806	440	Jose Boom	00:24:44	00:48:41	00:48:13	814	Mulas Running Team	V50	91
807	637	Ivo Abrantes	00:25:52	00:48:41	00:47:15	693		V45	151
808	604	Carlos Tomé	00:23:27	00:48:42	00:48:33	864	Quarentões na Bisga	V50	92
809	1456	José Amaral	00:24:51	00:48:42	00:48:21	836		Senior	147
810	1910	Jose Rodrigues	00:24:09	00:48:42	00:48:17	824		V60	27
811	3072	Armando Lacerda	00:23:40	00:48:42	00:48:18	832		V60	28
812	1778	Nuno Pereira	00:24:03	00:48:42	00:48:12	808		Senior	148
813	2048	José Carretas	00:24:38	00:48:43	00:48:20	833		V50	93
814	43	Mário Santos	00:24:26	00:48:44	00:48:22	840		V45	152
815	3225	Jorge Salvado	00:24:13	00:48:44	00:48:13	812	Clube Millennium Bcp	V55	54
816	3318	Gentil Pereira	00:23:31	00:48:45	00:48:30	856	Run Tejo - CM Socks	V45	153
817	3541	Rui Suzana	00:24:55	00:48:45	00:48:08	796	Correr Loures	V35	103
818	1166	Carlos Duarte	00:25:17	00:48:45	00:48:18	830	CD ARNEIRO	V65	8
819	1368	Diogo Rebelo	00:24:14	00:48:46	00:48:15	818	Quarentões na Bisga	Senior	149
820	541	João Neves	00:23:38	00:48:47	00:48:18	829		V50	94

7.^a CORRIDA MONTEPIO

CORREMOS
UNS PELOS OUTROS

27OUT'19

CLASSIFICAÇÃO

Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
821	2195	Fabiano Ferreira	00:24:33	00:48:47	00:48:21	835	Benfica em benfica	V35	104
822	3794	Pedro Bau	00:23:29	00:48:48	00:48:25	847	TEAMITSUPTOYOU	V40	162
823	3594	Pedro Monteiro	00:23:57	00:48:48	00:48:23	843		Senior	150
824	3796	Patrícia Roque	00:25:00	00:48:49	00:48:18	828		V35	12
825	2925	Jorge Gonçalves	00:24:45	00:48:50	00:48:25	846	Clube TAP PORTUGAL	Senior	151
826	2035	Luis Pereira	00:24:15	00:48:50	00:48:29	855		V45	154
827	3540	Vitor Azevedo	00:24:56	00:48:51	00:48:13	811	Correr Loures	V40	163
828	369	Renato Franco	00:23:48	00:48:51	00:48:35	867		V40	164
829	600	José Ferreira	00:24:22	00:48:51	00:48:33	863	Ortobest Running Team	Senior	152
830	3108	João Veiga	00:24:06	00:48:51	00:48:48	897		V45	155
831	3791	Paulo Guerreiro	00:24:45	00:48:51	00:48:50	908		V50	95
832	335	Pedro Duarte	00:24:22	00:48:51	00:48:24	845		V45	156
833	223	Luis Cunha	00:23:59	00:48:52	00:48:31	858		V45	157
834	944	Jorge Sousa	00:25:07	00:48:52	00:48:08	797		Senior	153
835	1261	Leonel Trigo	00:24:17	00:48:53	00:48:26	849		Senior	154
836	3446	Artur Carvalho	00:24:26	00:48:53	00:48:20	834		V50	96
837	2025	Adelino Barros	00:24:00	00:48:53	00:48:32	860		V55	55
838	3204	Fernando Ferreira	00:23:57	00:48:54	00:48:43	888	Clube Millennium Bcp	V70	3
839	240	Joana Mendes	00:24:31	00:48:54	00:48:46	893		Senior	18
840	1691	Acácio Barata	00:24:13	00:48:54	00:48:39	880	dar corda aos sapatos	V40	165

7.^a CORRIDA MONTEPIO

CORREMOS
UNS PELOS OUTROS

27OUT'19

CLASSIFICAÇÃO

Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
841	2894	Flavio Silva	00:24:40	00:48:55	00:48:30	857		Senior	155
842	3654	Goncalo Goncalves	00:24:36	00:48:55	00:48:26	850		Senior	156
843	2214	Paulo Silva	00:23:58	00:48:55	00:48:42	886		V50	97
844	1891	Luís Santos	00:25:02	00:48:55	00:48:22	839		V35	105
845	1913	Rui Guerreiro	00:25:02	00:48:55	00:48:23	841		Senior	157
846	39	Joao Sotomayor	00:23:40	00:48:56	00:48:50	906		V55	56
847	564	João Fernandes	00:24:54	00:48:56	00:48:44	889		V35	106
848	1160	Vitor Paulino	00:24:18	00:48:57	00:48:41	884	GMCJamor	V45	158
849	1689	Pedro Marques	00:24:13	00:48:57	00:48:41	883	dar corda aos sapatos	V40	166
850	162	Bruno Lopes	00:24:31	00:48:57	00:48:48	901	#BEIRHEMIOS	Senior	158
851	200	Luis Loureiro	00:24:08	00:48:57	00:48:25	848		V35	107
852	1690	Luis Brunheta	00:24:13	00:48:57	00:48:40	881	dar corda aos sapatos	V40	167
853	205	Nuno Figueiredo	00:24:14	00:48:58	00:48:36	871		V40	168
854	1518	Pedro Silva	00:24:34	00:48:58	00:48:37	873	Dentaleader	V40	169
855	3605	Tiago Antunes	00:23:56	00:48:59	00:48:33	862		V35	108
856	3767	Manuel Valença	00:24:50	00:48:59	00:48:48	903		V35	109
857	518	Jorge Venancio	00:24:34	00:48:59	00:48:34	866	EX FEDERADOS	V40	170
858	1244	Nuno Morais	00:23:22	00:48:59	00:48:57	921		V40	171
859	2758	Rui Pinto	00:24:17	00:49:00	00:48:45	892	GRUPO CORRIDA JCS	V50	98
860	1022	Rui Vieira	00:23:47	00:49:00	00:48:41	885		V50	99

7.^a CORRIDA MONTEPIO

CORREMOS
UNS PELOS OUTROS

27OUT'19

CLASSIFICAÇÃO

Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
861	1883	Rui Martins	00:24:35	00:49:00	00:48:36	870		V60	29
862	1245	Alfredo Bacelar	00:24:18	00:49:00	00:48:45	891		V50	100
863	1952	Paulo Sarroeira	00:24:28	00:49:01	00:48:36	869	Clube Ferroviário de Portugal	V45	159
864	836	Mauro Monteiro	00:23:53	00:49:01	00:48:39	879		V35	110
865	2621	João Alpendre	00:24:14	00:49:01	00:48:50	909	swimrunners	V45	160
866	636	Ricardo Pinto	00:24:16	00:49:01	00:48:38	877		V40	172
867	2028	Pedro Reis	00:23:42	00:49:01	00:48:49	904		V40	173
868	2886	Nuno Mateus	00:24:20	00:49:01	00:48:32	861		V35	111
869	736	Pedro Matos	00:24:25	00:49:03	00:48:48	899		V55	57
870	1296	Joaquim Santos	00:23:22	00:49:03	00:48:46	894		V60	30
871	1619	João Oliva	00:25:39	00:49:03	00:48:12	810		V55	58
872	3296	Rui Silva	00:23:49	00:49:04	00:49:03	938	Run Tejo - CM Socks	V45	161
873	3868	Hugo Marques	00:26:01	00:49:05	00:45:50	534		V40	174
874	1232	Rui Garcia	00:24:54	00:49:05	00:48:41	882	CLUBE COLABORADORES AGEAS	V40	175
875	286	Nuno Lourenço	00:24:30	00:49:06	00:48:37	872		V45	162
876	3290	Paulo Morais	00:23:50	00:49:06	00:48:50	907	Run Tejo - CM Socks	V45	163
877	1103	Luis Carvalho	00:24:57	00:49:06	00:48:38	874	run4beer	V55	59
878	3313	Cláudia Borralho	00:23:48	00:49:06	00:48:52	912	Run Tejo - CM Socks	V45	16
879	3416	Victória Quintã	00:23:59	00:49:08	00:48:48	898	JF Massagista	Senior	19
880	3415	João Santos	00:23:58	00:49:08	00:48:48	902	JF Massagista	Senior	159

7.^a CORRIDA MONTEPIO

CORREMOS
UNS PELOS OUTROS

27OUT'19

CLASSIFICAÇÃO

Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
881	3295	Rui Parreira	00:23:50	00:49:08	00:49:07	948	Run Tejo - CM Socks	V50	101
882	3771	José Dinis	00:24:28	00:49:08	00:48:43	887		V40	176
883	2977	Bruno Valente	00:25:19	00:49:10	00:48:27	852		Senior	160
884	2563	Vitor Morais	00:24:18	00:49:10	00:49:03	936		V60	31
885	3177	Andre Barbosa	00:24:55	00:49:11	00:48:50	905		V40	177
886	3640	Duarte Porém	00:24:18	00:49:12	00:48:56	920		V45	164
887	3546	Tiago Silva	00:25:16	00:49:13	00:48:04	789		Senior	161
888	699	Pedro Lourenço	00:24:24	00:49:14	00:48:58	923		V40	178
889	991	Jorge Assunção	00:24:53	00:49:14	00:48:51	910		V45	165
890	280	Maximiano Santos	00:24:32	00:49:15	00:49:04	939		V55	60
891	3334	José Morgado	00:24:03	00:49:16	00:49:02	934		V50	102
892	856	Rui Melo	00:24:29	00:49:17	00:48:58	925	CCD CRÉDITO AGRÍCOLA MÚTUO	V45	166
893	1675	Carlos Palma	00:24:24	00:49:17	00:48:58	924	Link	V50	103
894	649	José Batista	00:24:07	00:49:17	00:49:05	943	KonanRunners	V45	167
895	2831	Patrícia Matos	00:24:52	00:49:20	00:49:01	930	Linda-a-Pastora Sporting Clube	V45	17
896	1332	Nuno Alves	00:24:31	00:49:20	00:48:52	913	Run 4 Fun	V45	168
897	2317	Ricardo Oliveira	00:24:33	00:49:20	00:48:53	914		V35	112
898	1569	Rui Lacerda	00:24:50	00:49:21	00:49:03	937	Linda-a-Pastora Sporting Clube	V45	169
899	826	Roberto Bettencourt	00:24:51	00:49:21	00:49:02	933		V40	179
900	439	Pedro Lourenço	00:24:42	00:49:21	00:48:55	916	Mulas Running Team	V50	104

7.^a CORRIDA MONTEPIO

CORREMOS
UNS PELOS OUTROS

27OUT'19

CLASSIFICAÇÃO

Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
901	2566	Antonio Martins	00:24:24	00:49:22	00:49:04	940		V55	61
902	546	João Doce	00:24:42	00:49:22	00:48:55	915	Mulas Running Team	V45	170
903	1974	Helder Silva	00:24:54	00:49:22	00:49:04	941	brnightrunners	V45	171
904	1176	Manuel Alves	00:24:54	00:49:22	00:49:11	950	CD ARNEIRO	V50	105
905	1990	Elizabeth Nobrega	00:24:41	00:49:22	00:49:01	931	CLUBE ORIENTAL DE PECHÃO	V45	18
906	2076	Catia Fonseca	00:24:00	00:49:23	00:49:00	926	SS CGD	V35	13
907	2800	Luis Pereira	00:23:48	00:49:23	00:49:21	979		V55	62
908	3489	Miguel Rego	00:24:39	00:49:23	00:48:05	790		Senior	162
909	3410	João Teixeira	00:25:01	00:49:24	00:47:48	756		V50	106
910	3701	Daniel Rodrigues	00:24:48	00:49:24	00:49:01	929	CLUBE ACCENTURE	Senior	163
911	2644	António Pessoa	00:25:00	00:49:26	00:48:46	895	sgs moving forward	Senior	164
912	1045	Gonçalo Alves	00:24:22	00:49:26	00:49:02	935		V40	180
913	3618	Daniela Langaro	00:24:32	00:49:26	00:49:07	946	Try@least	V45	19
914	2958	João Garcia	00:24:00	00:49:27	00:49:13	957		Senior	165
915	3718	Pedro Mota	00:28:16	00:49:27	00:48:09	801		V35	113
916	2432	Gonçalo Seabra	00:24:54	00:49:27	00:49:01	932	Salesianos running	V50	107
917	279	Luis Marques	00:24:49	00:49:27	00:49:07	947		V50	108
918	50	Paulo Moura	00:24:10	00:49:28	00:49:18	966		V35	114
919	2987	Luis Martins	00:24:41	00:49:28	00:49:04	942		V55	63
920	3270	Fernando Celestino	00:24:05	00:49:28	00:49:16	962	CCD TRANQUILIDADE	V60	32

7.^a CORRIDA MONTEPIO

CORREMOS
UNS PELOS OUTROS

27OUT'19

CLASSIFICAÇÃO

Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
921	958	Ricardo Patrocinio	00:25:29	00:49:28	00:49:06	945	Lisbon South Bay Running Club	V40	181
922	83	Helder Furtado	00:24:11	00:49:30	00:49:22	983		V35	115
923	278	Arlindo Rolo	00:24:49	00:49:31	00:49:12	956		V50	109
924	2612	Filipe Balseiro	00:24:50	00:49:32	00:49:08	949		Senior	166
925	2271	Rui Mendes	00:24:02	00:49:33	00:49:19	967		V35	116
926	124	Fernando Oliveira	00:24:51	00:49:34	00:49:15	960		V50	110
927	316	Licínio Fidalgo	00:24:19	00:49:34	00:49:20	975	camara lisboa clube	V60	33
928	739	Carlos Alves	00:23:36	00:49:34	00:49:12	953		V55	64
929	2982	Pedro Barroso	00:24:22	00:49:35	00:49:14	958		V35	117
930	2310	João Matias	00:24:50	00:49:35	00:49:17	964		V40	182
931	215	António Varela	00:24:02	00:49:35	00:49:33	1010		V50	111
932	195	Rita Corrente	00:24:27	00:49:35	00:49:17	965		Senior	20
933	213	João Rato	00:24:51	00:49:35	00:49:21	981		V55	65
934	2435	Jorge Ferreira	00:23:56	00:49:36	00:49:20	973	Salesianos running	V40	183
935	1199	João Fernandes	00:25:20	00:49:36	00:49:05	944		V35	118
936	2997	Pedro Serra	00:26:29	00:49:36	00:48:06	791	Authentic Pilates	V35	119
937	3293	Rosa Freitas	00:24:30	00:49:36	00:49:21	980	Run Tejo - CM Socks	V50	5
938	2086	João Silveira	00:24:53	00:49:36	00:49:12	954	SS CGD	V50	112
939	1754	Joana Soeiro	00:25:03	00:49:36	00:49:25	990		V45	20
940	309	Jorge Sousa	00:24:40	00:49:37	00:49:20	977		V40	184

7.^a CORRIDA MONTEPIO

CORREMOS
UNS PELOS OUTROS

27OUT'19

CLASSIFICAÇÃO

Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
941	2302	João Pereira	00:23:55	00:49:37	00:49:31	1004		V55	66
942	437	Joaquim Cardoso	00:25:21	00:49:38	00:49:12	955		V45	172
943	3069	Alexandre Soares	00:24:01	00:49:38	00:49:25	991		V40	185
944	1134	Pedro Ferreira	00:24:18	00:49:38	00:49:24	989	Clube Novo Banco	V45	173
945	3089	Fernando Marques	00:24:26	00:49:38	00:49:12	952		V50	113
946	1077	Nelson Santos	00:24:53	00:49:39	00:49:21	982		V35	120
947	1752	Manuel Pereira	00:25:00	00:49:39	00:49:20	976		V60	34
948	3526	Filipe Paulo	00:23:58	00:49:39	00:49:32	1008	Tartarugas do asfalto	V35	121
949	1679	João Agostinho	00:24:55	00:49:40	00:49:19	971	Link	Senior	167
950	1673	João Santos	00:24:44	00:49:40	00:49:20	978	Link	Senior	168
951	2455	Fábio Alves	00:24:52	00:49:41	00:49:26	994	Grupo Desportivo "O Independente" - Barreiro	Senior	169
952	1844	Sérgio Ferreira	00:24:23	00:49:41	00:49:32	1007		V35	122
953	2807	António Castro	00:24:58	00:49:41	00:49:19	968		V75	1
954	2372	Daniel Machado	00:24:31	00:49:42	00:49:25	992	Os Galgos	V35	123
955	3742	Cleonice Oliveira	00:24:25	00:49:42	00:49:33	1011	AMATIBÁ	V50	6
956	595	Maria Lacerda	00:24:24	00:49:42	00:49:23	986		V50	7
957	211	António Almeida	00:24:55	00:49:42	00:49:29	1002	VIA3Runners	V55	67
958	2639	Vítor Gonçalves	00:24:57	00:49:43	00:49:22	985	sgs moving forward	V50	114
959	647	Guilherme Gonçalves	00:24:13	00:49:43	00:49:27	997	Clube Ferroviário de Portugal	V55	68
960	27	Jaime Silva	00:24:10	00:49:43	00:49:30	1003		V40	186

7.^a CORRIDA MONTEPIO

CORREMOS
UNS PELOS OUTROS

27OUT'19

CLASSIFICAÇÃO

Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
961	3723	Miguel Pardal	00:25:13	00:49:43	00:49:19	972	PARDAIS	V50	115
962	2895	André Silva	00:26:11	00:49:44	00:48:56	919		Senior	170
963	780	Fabio Dias	00:24:54	00:49:44	00:49:25	993		Senior	171
964	508	Vitor Pereira	00:24:21	00:49:44	00:49:15	959	Grupo Recreativo Janz e Associados	V40	187
965	451	Miguel Barradas	00:24:40	00:49:45	00:49:16	963		V35	124
966	2460	Cristina Fernandes	00:24:42	00:49:45	00:48:44	890	Banco BNI Europa	V35	14
967	3093	Antonio Soares	00:24:53	00:49:46	00:49:27	996		V55	69
968	1750	João Lopes	00:24:39	00:49:46	00:49:19	969		V45	174
969	3592	Francisco Fatela	00:24:26	00:49:47	00:49:43	1031		V55	70
970	3116	Ricardo Bordalo	00:24:28	00:49:47	00:49:22	984		V50	116
971	3853	Daniel Patrício	00:24:36	00:49:48	00:49:45	1035		V35	125
972	3569	5 Min/Km	00:24:53	00:49:48	00:49:37	1017		Senior	172
973	433	Alexandra Machado	00:25:11	00:49:48	00:49:20	974		V35	15
974	3088	Filipe Pereira	00:24:33	00:49:48	00:49:23	987		V35	126
975	1564	Jorge Pereira	00:25:02	00:49:49	00:49:31	1006	brnighrunners	V50	117
976	64	José Freitas	00:24:42	00:49:50	00:49:24	988		V40	188
977	1192	Adelvino Tavares	00:25:03	00:49:50	00:49:38	1022		V35	127
978	3717	Antonio Godinho	00:23:35	00:49:50	00:49:42	1028		V45	175
979	1254	Luís Antunes	00:23:27	00:49:51	00:49:47	1038		V35	128
980	3844	Leonel José	00:24:42	00:49:51	00:49:37	1014		V50	118

7.^a CORRIDA MONTEPIO

CORREMOS
UNS PELOS OUTROS

27OUT'19

CLASSIFICAÇÃO

Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
981	881	Rodrigo Costa	00:25:05	00:49:51	00:49:26	995	FunParra	Senior	173
982	2211	Rodrigo Oliveira	00:24:04	00:49:51	00:49:50	1044		V40	189
983	1194	Diogo Barata	00:24:55	00:49:53	00:49:37	1016		V35	129
984	3504	José Alves	00:24:16	00:49:53	00:49:50	1045		V50	119
985	2398	Gilberto Cabrita	00:24:02	00:49:53	00:48:34	865	Fitness Hut A. Herculano Runners	Senior	174
986	3123	Pedro Carvalho	00:24:48	00:49:55	00:49:44	1033		V40	190
987	1161	Jose Maio	00:25:18	00:49:56	00:49:28	998	CD ARNEIRO	V55	71
988	2364	Rui Grancho	00:25:02	00:49:56	00:49:40	1024	Os Galgos	V40	191
989	11	Jorge Nunes	00:25:11	00:49:57	00:49:28	1000		V40	192
990	3025	Vitor Silva	00:25:45	00:49:57	00:49:32	1009		V50	120
991	1890	Pedro Fevereiro	00:25:27	00:49:58	00:49:31	1005		V40	193
992	58	Joao Moiteiro	00:25:19	00:49:58	00:49:28	1001		V45	176
993	737	Antonio Lavajo	00:24:32	00:49:59	00:49:44	1032		V40	194
994	2264	João Barros	00:25:13	00:49:59	00:49:48	1041		Senior	175
995	3603	Jose Gomes	00:25:28	00:49:59	00:48:57	922		V40	195
996	1090	José Teigão	00:24:11	00:49:59	00:49:33	1012	Eci Running Team	Senior	176
997	2498	Paula Costa	00:25:02	00:49:59	00:49:38	1019	GFD Running	V35	16
998	3813	Sofia Alcântara	00:25:52	00:50:00	00:48:38	876		Senior	21
999	2978	Simão Vinhas	00:24:33	00:50:00	00:49:35	1013		V50	121
1000	819	Icaro Soares	00:25:25	00:50:00	00:48:36	868		V40	196

7.^a CORRIDA MONTEPIO

CORREMOS
UNS PELOS OUTROS

27OUT'19

CLASSIFICAÇÃO

Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
1001	2889	Carlos Oliveira	00:24:14	00:50:01	00:49:47	1039		V45	177
1002	3079	Ana Cleto	00:23:46	00:50:02	00:50:00	1067	Rui & Ana	V50	8
1003	2887	Vasco Gonçalves	00:23:41	00:50:02	00:49:59	1060		V35	130
1004	270	Nuno Santos	00:24:42	00:50:02	00:49:47	1040	ASAS	V40	197
1005	1388	Ricardo Santos	00:23:45	00:50:03	00:50:01	1069		V40	198
1006	3477	Gonçalo Amorim	00:24:35	00:50:04	00:49:59	1063		V40	199
1007	3251	Vidal Castro	00:25:44	00:50:04	00:49:28	999		V55	72
1008	2006	Fernando Dias	00:24:39	00:50:05	00:49:54	1050		V55	73
1009	72	António Silva	00:24:11	00:50:05	00:49:56	1053		V35	131
1010	920	Jose Coelho	00:24:55	00:50:05	00:49:42	1030		V60	35
1011	2623	Nuno Oliveira	00:25:43	00:50:05	00:49:57	1055	swimrunners	V45	178
1012	3178	Pedro Cruz	00:25:19	00:50:06	00:49:37	1015		V40	200
1013	3418	Serafim Silva	00:24:03	00:50:06	00:49:57	1057		Senior	177
1014	2851	Carlos Teixeira	00:24:41	00:50:06	00:49:48	1042	lebres e tartarugas	V55	74
1015	3345	Rui Gomes	00:25:12	00:50:06	00:49:55	1052		V35	132
1016	56	Almerindo Silva	00:24:28	00:50:06	00:49:54	1051	A.D.C.Catuja	V60	36
1017	2687	Daniela Afonso	00:24:12	00:50:06	00:50:02	1071		Senior	22
1018	2645	Vítor Martins	00:24:51	00:50:07	00:49:38	1021	RUN 4 FUN	V40	201
1019	1467	Pedro Costa	00:24:51	00:50:07	00:49:38	1020	TASCA RUNNERS	V40	202
1020	547	Jorge Gonçalves	00:24:44	00:50:08	00:49:41	1026	Mulas Running Team	V45	179

7.^a CORRIDA MONTEPIO

CORREMOS
UNS PELOS OUTROS

27OUT'19

CLASSIFICAÇÃO

Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
1021	288	Rafael Martins	00:24:28	00:50:08	00:49:38	1018		V35	133
1022	201	Nelson Esteves	00:25:21	00:50:08	00:49:59	1062		V35	134
1023	274	Paulo Teixeira	00:24:32	00:50:09	00:49:51	1048		V55	75
1024	224	Sofia Cruz	00:25:08	00:50:09	00:49:56	1054		Senior	23
1025	3621	José Amaro	00:23:58	00:50:09	00:50:06	1078	Liz Runners	V40	203
1026	3210	Jose Ferreira	00:24:53	00:50:10	00:49:59	1061	Clube Millennium Bcp	V45	180
1027	643	Sandro Almeida	00:25:06	00:50:11	00:49:44	1034	TASCA RUNNERS	V45	181
1028	603	Carlos Trombinhas	00:25:16	00:50:12	00:50:02	1070	Quarentões na Bisga	V45	182
1029	1068	Carlos Morais	00:24:58	00:50:13	00:50:11	1088		V50	122
1030	2412	Bento Quaresma	00:24:34	00:50:14	00:50:11	1087	Linda-a-Pastora Sporting Clube	V45	183
1031	1905	Antonio Teixeira	00:24:12	00:50:15	00:50:10	1086		V55	76
1032	2981	João António	00:26:19	00:50:15	00:48:51	911		V50	123
1033	1717	Paulo Palminha	00:23:51	00:50:16	00:50:03	1073		V45	184
1034	2913	Luis Pilar	00:25:03	00:50:17	00:49:57	1058		V50	124
1035	2341	Paula Lemos	00:24:34	00:50:18	00:50:17	1102	Linda-a-Pastora Sporting Clube	V50	9
1036	1512	Alberto Bernardo	00:24:34	00:50:18	00:50:13	1092		V50	125
1037	2090	Luis Gomes	00:24:54	00:50:18	00:49:46	1036	SS CGD	V35	135
1038	271	Nuno Damiães	00:25:23	00:50:20	00:49:51	1047	Team do Bairro	V35	136
1039	1979	Luis Morgado	00:24:15	00:50:20	00:50:15	1096	100NOÇÃO	V45	185
1040	3281	António Barbosa	00:24:21	00:50:21	00:50:13	1089		V40	204

7.^a CORRIDA MONTEPIO

CORREMOS
UNS PELOS OUTROS

27OUT'19

CLASSIFICAÇÃO

Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
1041	3118	Jose Carlos	00:24:42	00:50:21	00:50:17	1104		V60	37
1042	2219	Joao Assude	00:24:25	00:50:22	00:50:16	1097		V40	205
1043	878	Miguel Garcia	00:26:43	00:50:22	00:46:39	615	Mourareal	V35	137
1044	2835	Rita Paulino	00:25:18	00:50:23	00:49:47	1037		Senior	24
1045	1971	Francisco Costa	00:25:19	00:50:23	00:49:57	1056	brmighrunners	V40	206
1046	1466	Carlos Carvalho	00:24:15	00:50:23	00:50:13	1090	RB RUNNING	V45	186
1047	1509	Roberto Freitas	00:24:37	00:50:25	00:50:07	1079		V40	207
1048	2261	Carlos Afonso	00:25:11	00:50:26	00:50:16	1098		V40	208
1049	1191	Tiago Oliveira	00:25:40	00:50:26	00:50:03	1074		V40	209
1050	122	Bruno Santos	00:24:38	00:50:27	00:50:00	1064	GoRun Vendas Novas	V40	210
1051	749	Andre Santos	00:26:43	00:50:28	00:46:29	595		V40	211
1052	1934	Antonio Marino	00:24:51	00:50:29	00:50:13	1093		V45	187
1053	57	João Passeiro	00:24:33	00:50:29	00:50:16	1100	A.D.C.Catujal	V55	77
1054	883	João Bandadas	00:25:05	00:50:29	00:50:04	1075	FunParra	Senior	178
1055	3815	Blandino Silva	00:26:20	00:50:30	00:50:09	1084		V45	188
1056	2713	Artur Aguiar	00:24:47	00:50:30	00:50:00	1065		V45	189
1057	1054	Joaquim Mendes	00:24:25	00:50:30	00:50:19	1109		V55	78
1058	2691	Maria Branco	00:25:06	00:50:30	00:50:07	1080		V50	10
1059	2712	Nuno Charrua	00:25:40	00:50:30	00:50:07	1081		V40	212
1060	308	Miguel Santos	00:26:44	00:50:30	00:49:42	1029		V45	190

7.^a CORRIDA MONTEPIO

CORREMOS
UNS PELOS OUTROS

27OUT'19

CLASSIFICAÇÃO

Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
1061	3745	Marta Nunes	00:27:30	00:50:31	00:49:11	951		V45	21
1062	2355	Carlos Pena	00:25:19	00:50:32	00:50:19	1110	GE "Os Económicos"	V50	126
1063	3414	Keila Mendes	00:24:46	00:50:33	00:50:22	1115	Run Forrest Run	Senior	25
1064	1269	José Mendes	00:24:08	00:50:37	00:50:33	1136		V40	213
1065	3209	Pedro Tome	00:24:59	00:50:37	00:50:28	1121	Clube Millennium Bcp	V40	214
1066	1344	Luis Santos	00:24:44	00:50:37	00:50:14	1095	condores varge mondar	V45	191
1067	1364	António Ferreira	00:24:43	00:50:38	00:50:19	1108		V50	127
1068	2902	Paulino Pacheco	00:24:37	00:50:38	00:50:17	1105		V60	38
1069	2904	Francisco Bando	00:24:50	00:50:39	00:50:08	1082		V65	9
1070	1122	Hernani Bonifácio	00:25:02	00:50:39	00:50:26	1119	Clube Novo Banco	V45	192
1071	1672	Fernando Faria	00:24:23	00:50:40	00:50:35	1138	Link	V55	79
1072	3601	Sérgio Antunes	00:24:57	00:50:42	00:50:22	1114		V40	215
1073	1995	Carlos Rodrigues	00:24:55	00:50:42	00:50:30	1126	Clube EDP Lisboa	V60	39
1074	1169	Paulo Barrocas	00:25:20	00:50:42	00:50:01	1068	CD ARNEIRO	Junior	15
1075	2255	Angelo Godinho	00:23:52	00:50:43	00:50:36	1140		V35	138
1076	2765	Victor Nascimento	00:25:48	00:50:44	00:49:50	1046	GRUPO CORRIDA JCS	V55	80
1077	2476	João Santos	00:26:02	00:50:44	00:50:23	1116	Tartarugas Solidárias	V50	128
1078	160	Jonathan Aparício	00:24:58	00:50:45	00:50:13	1091		Senior	179
1079	3829	Gonçalo Loureiro	00:24:30	00:50:46	00:50:41	1150		V40	216
1080	1803	António Diogo	00:24:28	00:50:46	00:50:31	1132	GMCJamor	V55	81

7.^a CORRIDA MONTEPIO

CORREMOS
UNS PELOS OUTROS

27OUT'19

CLASSIFICAÇÃO

Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
1081	2876	Elioenay Eloy	00:24:40	00:50:46	00:50:45	1158		Senior	180
1082	2975	David Saraiva	00:24:42	00:50:47	00:50:44	1155		V35	139
1083	3253	Jun Liang	00:24:54	00:50:47	00:50:23	1117		V45	22
1084	84	Pedro Rodrigues	00:25:16	00:50:48	00:50:22	1113		V50	129
1085	1321	Ana Cortes	00:24:46	00:50:48	00:50:45	1156	Running Club Santa Casa	V40	8
1086	3389	Fábio Soares	00:26:45	00:50:49	00:49:58	1059		Senior	181
1087	3352	Antonio Cruz	00:25:47	00:50:49	00:50:30	1127	GD SANTANDERTOTTA	V70	4
1088	45	Tiago Delgado	00:24:18	00:50:49	00:50:25	1118		Senior	182
1089	1863	Pedro Barros	00:25:05	00:50:50	00:50:21	1112		Senior	183
1090	1747	Fernando Carreiro	00:24:34	00:50:50	00:50:48	1164		V55	82
1091	161	Rui Oliveira	00:24:31	00:50:50	00:50:42	1152	#BEIRHEMIOS	V35	140
1092	2491	Margarida Pinto	00:25:13	00:50:51	00:50:30	1130	GFD Running	V45	23
1093	35	Nuno Barra	00:24:39	00:50:52	00:50:29	1125	Run Forrest Run	V40	217
1094	2633	Sérgio Afonso	00:25:17	00:50:52	00:50:38	1145	sgs moving forward	V40	218
1095	2791	David Coelho	00:25:19	00:50:53	00:50:10	1085		Senior	184
1096	2931	Fernando Coelho	00:25:00	00:50:53	00:50:26	1120	Clube TAP PORTUGAL	V50	130
1097	2930	Carlos Silva	00:25:00	00:50:53	00:50:28	1122	Clube TAP PORTUGAL	V50	131
1098	159	Emanuel Magalhães	00:25:11	00:50:54	00:50:36	1141		Senior	185
1099	2132	Miguel Gomes	00:25:09	00:50:54	00:50:50	1166	CF Belenenses	V45	193
1100	1188	Pedro Teigas	00:26:10	00:50:55	00:50:33	1135	Tartarugas Solidárias	V45	194

7.^a CORRIDA MONTEPIO

CORREMOS
UNS PELOS OUTROS

27OUT'19

CLASSIFICAÇÃO

Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
1101	2469	Pedro Carvalheiro	00:25:33	00:50:55	00:49:53	1049	Banco BNI Europa	V35	141
1102	108	Miguel Meireles	00:24:23	00:50:55	00:50:53	1173		V40	219
1103	2362	Nuno Azul	00:25:04	00:50:55	00:50:39	1148	Os Galgos	V40	220
1104	3426	Miguel Almeida	00:25:50	00:50:56	00:49:49	1043		V35	142
1105	3611	Luís Xavier	00:27:41	00:50:56	00:50:28	1123		V45	195
1106	1347	Pedro Nobre	00:24:30	00:50:56	00:50:32	1133	condores varge mondar	V40	221
1107	494	Cristina Cunha	00:26:10	00:50:57	00:50:36	1139		V45	24
1108	442	Jose Louro	00:24:57	00:50:57	00:50:30	1131	Mulas Running Team	V50	132
1109	3283	João Romana	00:25:13	00:50:57	00:50:37	1142		V50	133
1110	1092	Luis Martins	00:25:46	00:50:57	00:50:35	1137	Eci Running Team	V45	196
1111	2723	Raquel Correia	00:26:29	00:50:57	00:50:17	1101		Junior	1
1112	3609	Sergio Carvalho	00:24:45	00:50:58	00:50:56	1177		V45	197
1113	2881	Fernando Gonçalves	00:25:00	00:50:58	00:50:39	1147		V50	134
1114	121	Maria Felizardo	00:24:31	00:51:00	00:50:58	1183	GoRun Vendas Novas	V40	9
1115	884	Paulo Martins	00:25:22	00:51:00	00:50:52	1169		V55	83
1116	2784	Edgar Santos	00:24:35	00:51:00	00:50:30	1128		V35	143
1117	3277	António Sena	00:23:58	00:51:00	00:50:44	1153	CCD TRANQUILIDADE	V45	198
1118	3465	Fábio Lima	00:25:56	00:51:01	00:50:33	1134	Cofina Runners	Senior	186
1119	207	Filipe Pinto	00:24:00	00:51:01	00:50:50	1167		V40	222
1120	880	Inês Krug	00:25:27	00:51:02	00:50:46	1161	Clube de Corrida EDL	V35	17

7.^a CORRIDA MONTEPIO

CORREMOS
UNS PELOS OUTROS

27OUT'19

CLASSIFICAÇÃO

Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
1121	3795	Jose Madeira	00:26:18	00:51:02	00:49:40	1025		Senior	187
1122	1277	Marianela Figueiredo	00:26:09	00:51:02	00:50:39	1149		V45	25
1123	2973	Rui Parente	00:26:18	00:51:02	00:49:41	1027		Senior	188
1124	199	Francisco Rafael	00:25:21	00:51:03	00:50:53	1171		V40	223
1125	392	Pedro Figueiredo	00:27:58	00:51:04	00:50:53	1172		V45	199
1126	2736	Pedro Alves	00:27:16	00:51:06	00:50:00	1066	PowerBoost Club	V35	144
1127	239	João Cabaço	00:26:00	00:51:06	00:50:16	1099		V40	224
1128	3746	Rui Costa	00:25:48	00:51:07	00:51:02	1192		Senior	189
1129	269	João Conceição	00:24:57	00:51:07	00:51:01	1186	ASAS	V40	225
1130	2998	Julio Finote	00:24:41	00:51:07	00:51:04	1193	CCD Sintrense	V50	135
1131	152	Rafael Azriel	00:25:19	00:51:08	00:50:45	1160		V45	200
1132	2046	Luís Afonso	00:26:16	00:51:09	00:50:02	1072		V40	226
1133	25	Joaquim Costa	00:24:30	00:51:09	00:51:08	1198		V65	10
1134	1586	Sónia Parreira	00:24:50	00:51:10	00:51:00	1185	Casa do Benfica Torres Vedras	V40	10
1135	859	Paulo Brito	00:24:40	00:51:10	00:50:57	1178	J.O.M.A.	V45	201
1136	407	Olvier Durao	00:25:38	00:51:11	00:50:14	1094		V40	227
1137	593	Nuno Correia	00:25:14	00:51:13	00:50:41	1151		V45	202
1138	2654	Luis Murilhas	00:25:44	00:51:13	00:50:37	1144		Senior	190
1139	517	Gonçalo Rodrigues	00:25:47	00:51:13	00:50:47	1162	EX FEDERADOS	V60	40
1140	2578	Cheila Dias	00:25:45	00:51:14	00:50:38	1146		Senior	26

7.^a CORRIDA MONTEPIO

CORREMOS
UNS PELOS OUTROS

27OUT'19

CLASSIFICAÇÃO

Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
1141	3242	Alexandre Mateus	00:25:12	00:51:17	00:51:01	1191		V40	228
1142	3493	Vitor Pereira	00:25:45	00:51:18	00:51:12	1204		V40	229
1143	450	Sonia Figueiredo	00:26:05	00:51:18	00:50:57	1181		V40	11
1144	3429	Tiago Silva	00:20:42	00:51:18	00:51:12	1203		V40	230
1145	3847	Paula Almeida	00:25:28	00:51:19	00:51:01	1189		V50	11
1146	434	António Rodrigues	00:25:00	00:51:19	00:50:51	1168		V45	203
1147	1573	Victor Revés	00:24:53	00:51:19	00:51:01	1188	Carrasco&Amigos	V60	41
1148	1858	Pedro Ferreira	00:25:03	00:51:20	00:51:04	1194		V40	231
1149	844	Bruno Lima	00:24:14	00:51:20	00:51:15	1211	CCD CRÉDITO AGRÍCOLA MÚTUO	Senior	191
1150	3632	Tito Santos	00:24:44	00:51:21	00:51:16	1214		V40	232
1151	933	António Silva	00:25:24	00:51:21	00:51:19	1220		V60	42
1152	2536	Constança Ferreira	00:25:12	00:51:22	00:51:15	1212	LIFETRAIN & DREAMING ABOUT	Senior	27
1153	2535	João Oliveira	00:25:12	00:51:22	00:51:15	1213	LIFETRAIN & DREAMING ABOUT	Senior	192
1154	3530	Fernando Mendes	00:25:04	00:51:25	00:51:21	1222	Clube Olímpico de Oeiras	V65	11
1155	1780	Filipe Augusto	00:24:34	00:51:26	00:51:07	1197	Alces Team	V45	204
1156	3658	Nelson Melo	00:26:16	00:51:26	00:51:09	1200		V40	233
1157	838	José Duarte	00:25:36	00:51:27	00:50:55	1175		V45	205
1158	2972	João Martinho	00:27:24	00:51:28	00:49:40	1023		Senior	193
1159	900	Bruno Silva	00:24:53	00:51:28	00:51:00	1184	1 Km/x	V40	234
1160	2327	Maria Goncalves	00:25:21	00:51:28	00:51:18	1219		V55	1

7.^a CORRIDA MONTEPIO

CORREMOS
UNS PELOS OUTROS

27OUT'19

CLASSIFICAÇÃO

Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
1161	1485	Vanda Badé	00:24:58	00:51:28	00:51:26	1225	Grupo Recreativo e Desportivo Ribeira da Lage	V35	18
1162	230	Eduardo Reis	00:25:01	00:51:29	00:51:01	1190		V45	206
1163	545	Bruno Faria	00:25:00	00:51:29	00:51:27	1227		V45	207
1164	3841	Frederico Guedes	00:25:10	00:51:29	00:51:05	1195	GFD Running	V45	208
1165	2716	João Compoete	00:27:17	00:51:30	00:50:20	1111		Junior	16
1166	3351	Carlos Teixeira	00:27:46	00:51:31	00:50:18	1106	GD SANTANDERTOTTA	V45	209
1167	1530	Henrique Fernandes	00:26:03	00:51:32	00:50:45	1157	Os Manecas	Senior	194
1168	3375	Antonio Louro	00:27:46	00:51:32	00:50:19	1107	GD SANTANDERTOTTA	V45	210
1169	1205	João Neves	00:24:52	00:51:32	00:51:14	1210	Linda-a-Pastora Sporting Clube	V45	211
1170	1118	Fabio Pinto	00:25:40	00:51:32	00:51:21	1221	Clube Novo Banco	Senior	195
1171	1396	Sérgio Ferreira	00:25:33	00:51:35	00:51:32	1236		V40	235
1172	1260	Sérgio Cardoso	00:25:22	00:51:36	00:51:05	1196		V40	236
1173	1162	Raul Gomes	00:27:10	00:51:37	00:51:14	1209	CD ARNEIRO	Junior	17
1174	3397	Gonçalo Duarte	00:26:57	00:51:37	00:50:37	1143	Correr Lisboa	Senior	196
1175	3527	Marcos Madeira	00:25:13	00:51:37	00:51:16	1216	Clube Olímpico de Oeiras	V45	212
1176	1528	Pedro Fernandes	00:26:03	00:51:39	00:50:52	1170	Os Manecas	Senior	197
1177	1154	Armando Velho	00:25:26	00:51:39	00:51:18	1217		V50	136
1178	3824	Pedro Gomes	00:26:56	00:51:40	00:50:57	1180		V45	213
1179	3357	Jose Santos	00:25:30	00:51:40	00:51:10	1201	GD SANTANDERTOTTA	V45	214
1180	504	Mário Nunes	00:25:21	00:51:40	00:51:16	1215	Os Corre para Comer	V45	215

7.^a CORRIDA MONTEPIO

CORREMOS
UNS PELOS OUTROS

27OUT'19

CLASSIFICAÇÃO

Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
1181	898	Pedro Correia	00:25:20	00:51:41	00:51:14	1208	1 Km/x	V50	137
1182	3497	Ricardo Contardo	00:27:38	00:51:42	00:50:45	1159		V45	216
1183	1967	Sario Nunes	00:25:21	00:51:43	00:51:41	1258	Correr Lisboa	Senior	198
1184	2402	Jorge Serra	00:30:35	00:51:44	00:43:28	301	Fitness Hut A. Herculano Runners	V50	138
1185	1125	João Ramos	00:25:19	00:51:45	00:51:33	1238	Clube Novo Banco	V45	217
1186	3303	Ana Gil	00:25:34	00:51:45	00:51:29	1232	Run Tejo - CM Socks	V55	2
1187	3254	Sergio Costa	00:25:44	00:51:45	00:51:39	1250		V45	218
1188	3175	Rui Gomes	00:26:32	00:51:46	00:51:23	1223		V45	219
1189	2827	Pedro Sequeira	00:25:23	00:51:46	00:51:18	1218	EVELX - Associação de Estilos de Vida Saudável	V40	237
1190	3454	Fernando Silva	00:25:26	00:51:48	00:51:33	1239		V60	43
1191	1095	Marcos Serrano	00:25:53	00:51:48	00:51:41	1257	Eci Running Team	V35	145
1192	1706	Luís Rato	00:25:51	00:51:49	00:51:41	1259		V50	139
1193	1384	Filipe Gonçalves	00:25:20	00:51:50	00:51:37	1246		V45	220
1194	3171	Nuno Frias	00:27:52	00:51:50	00:48:10	805		Senior	199
1195	994	André Costa	00:26:26	00:51:51	00:51:40	1253		Senior	200
1196	2737	Rui Dinis	00:27:16	00:51:51	00:50:44	1154	PowerBoost Club	V40	238
1197	3230	Luis Sousa	00:24:27	00:51:51	00:51:36	1243	Clube Millennium Bcp	V55	84
1198	3650	Bruna Melo	00:26:25	00:51:51	00:51:39	1251		Senior	28
1199	1049	Irina Freitas	00:25:34	00:51:52	00:51:31	1235		V35	19
1200	874	Vitor Moreira	00:25:49	00:51:53	00:51:49	1275	Clube EDP Lisboa	V65	12

7.^a CORRIDA MONTEPIO

CORREMOS
UNS PELOS OUTROS

27OUT'19

CLASSIFICAÇÃO

Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
1201	768	Rodrigo Correia	00:28:08	00:51:53	00:48:04	788		V45	221
1202	1262	Marco Bastos	00:26:24	00:51:53	00:51:42	1261		V40	239
1203	3475	Eduardo Campelo	00:26:13	00:51:53	00:51:52	1282		V60	44
1204	2089	Jose Ferreira	00:26:06	00:51:54	00:51:38	1248	SS CGD	V60	45
1205	1852	Júlio Costa	00:25:29	00:51:54	00:51:37	1245		V40	240
1206	1484	Antónia Paiva	00:25:35	00:51:55	00:51:51	1280	Grupo Recreativo e Desportivo Ribeira da Lage	V45	26
1207	2111	Elisabete Macedo	00:25:20	00:51:55	00:51:49	1274	GRCD Leião	V35	20
1208	3316	Filipe Castro	00:27:13	00:51:55	00:48:21	837	Run Tejo - CM Socks	V35	146
1209	3311	Carla Nascimento	00:26:14	00:51:55	00:51:48	1270	Run Tejo - CM Socks	V35	21
1210	42	João Antunes	00:25:48	00:51:55	00:51:27	1228		V60	46
1211	1572	António Santos	00:25:42	00:51:57	00:51:51	1279	Carrasco&Amigos	V75	2
1212	1062	Tiago Nascimento	00:24:54	00:51:58	00:51:54	1290	Running Club Santa Casa	Senior	201
1213	1649	Ricardo Carvalho	00:25:54	00:51:58	00:51:35	1242		V45	222
1214	3246	Jorge Dourado	00:25:35	00:51:58	00:51:23	1224		V40	241
1215	646	Cândida Ganchas	00:25:59	00:51:59	00:51:38	1249	Lotus Centro de Estetica	V40	12
1216	3827	Filipe Grenho	00:27:02	00:51:59	00:51:28	1230		V40	242
1217	1988	Alexandre Lopes	00:25:11	00:51:59	00:51:38	1247	CLUBE ORIENTAL DE PECHÃO	V45	223
1218	3319	Hugo Baptista	00:26:06	00:52:00	00:51:53	1283	Run Tejo - CM Socks	V45	224
1219	993	Miguel Falé	00:28:43	00:52:00	00:47:43	750		Senior	202
1220	2796	Helena Cardoso	00:26:07	00:52:01	00:51:51	1278		V40	13

7.^a CORRIDA MONTEPIO

CORREMOS
UNS PELOS OUTROS

27OUT'19

CLASSIFICAÇÃO

Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
1221	2485	Madalena Andrade	00:25:19	00:52:01	00:51:40	1254	GFD Running	V40	14
1222	349	Maikel Varela	00:26:46	00:52:02	00:51:11	1202		Senior	203
1223	990	Anabela Assunção	00:25:43	00:52:02	00:51:55	1294		V45	27
1224	3460	André Cabral	00:25:17	00:52:03	00:51:41	1256		V40	243
1225	2425	Manuel Joaquim	00:25:26	00:52:03	00:52:00	1303	N. A. PAPAGAIOS DE CASCAIS	V75	3
1226	1970	Andreia Castanheira	00:25:18	00:52:04	00:51:39	1252	brnightrunners	V35	22
1227	3266	João Gonçalves	00:25:54	00:52:04	00:52:03	1311	CCD TRANQUILIDADE	Senior	204
1228	1164	Belchior Barrocas	00:25:15	00:52:05	00:51:53	1287	CD ARNEIRO	V50	140
1229	1143	Manuel Correia	00:26:05	00:52:05	00:51:48	1269	Clube Novo Banco	V40	244
1230	1131	Paulo Verissimo	00:24:59	00:52:05	00:51:46	1265	Clube Novo Banco	V50	141
1231	2692	Abílio Campos	00:25:33	00:52:05	00:51:53	1285		V45	225
1232	3172	Rui Frias	00:24:34	00:52:05	00:52:04	1313		V55	85
1233	1895	Paulo Balula	00:27:10	00:52:06	00:51:13	1206		V45	226
1234	427	Luís Miguel	00:24:23	00:52:07	00:51:57	1297		V40	245
1235	909	Tiago Gaspar	00:24:58	00:52:07	00:51:46	1266		V35	147
1236	811	Nuno Vicente	00:26:20	00:52:09	00:51:54	1288		V40	246
1237	3774	Jesus Elespe	00:26:06	00:52:09	00:51:45	1264		V45	227
1238	725	Rafaela Gonçalves	00:25:54	00:52:09	00:51:53	1286		Senior	29
1239	1219	Fernando Matias	00:26:30	00:52:09	00:52:07	1319	CLUBE COLABORADORES AGEAS	V60	47
1240	3666	Marika Grossi	00:26:00	00:52:09	00:52:05	1314		V40	15

7.^a CORRIDA MONTEPIO

CORREMOS
UNS PELOS OUTROS

27OUT'19

CLASSIFICAÇÃO

Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
1241	3663	Giuseppe Derosa	00:26:00	00:52:09	00:52:05	1317		V40	247
1242	2615	Luís Figueiredo	00:26:49	00:52:10	00:51:33	1237		V55	86
1243	651	Pedro Franco	00:27:05	00:52:10	00:50:48	1163		V35	148
1244	1350	Nuno Mestre	00:25:15	00:52:11	00:52:00	1304	condores varge mondar	V45	228
1245	1939	Jose Dias	00:25:30	00:52:11	00:51:55	1293		V50	142
1246	403	Carlos Cardoso	00:26:01	00:52:11	00:52:02	1308		V55	87
1247	1140	Rui Paiva	00:26:15	00:52:11	00:52:01	1306	Clube Novo Banco	V40	248
1248	3793	Renato Veloso	00:27:25	00:52:12	00:51:28	1229		Senior	205
1249	1912	Álvaro Raposeiro	00:26:51	00:52:12	00:50:49	1165		Senior	206
1250	914	Manuel Barrote	00:28:26	00:52:13	00:48:06	792		V45	229
1251	2798	Sérgio Ferreira	00:25:32	00:52:13	00:52:09	1320		V40	249
1252	2870	Sofia Benedito	00:26:53	00:52:13	00:50:55	1174		Senior	30
1253	889	Luis Rebelo	00:25:45	00:52:14	00:52:05	1315		V40	250
1254	903	Hélio Augusto	00:25:55	00:52:14	00:52:14	1334	CORRIDAS E COMIDAS	V40	251
1255	516	Luis Cunha	00:25:47	00:52:14	00:51:48	1271	EX FEDERADOS	V50	143
1256	445	Rui Martins	00:27:09	00:52:14	00:51:52	1281		Senior	207
1257	1057	Carlos Pereira	00:25:52	00:52:15	00:51:53	1284		V35	149
1258	2152	Miguel Campos	00:23:56	00:52:16	00:52:14	1333	Correr Loures	V45	230
1259	969	Miguel Horta	00:25:30	00:52:16	00:51:55	1292		V40	252
1260	2019	Carlos Júnior	00:25:46	00:52:17	00:52:03	1310		V45	231

7.^a CORRIDA MONTEPIO

CORREMOS
UNS PELOS OUTROS

27OUT'19

CLASSIFICAÇÃO

Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
1261	890	Rúben Pagaimé	00:26:39	00:52:17	00:51:13	1205		V35	150
1262	1925	Manuel Venâncio	00:24:52	00:52:17	00:52:15	1335		V45	232
1263	2734	Sónia Bento	00:26:58	00:52:18	00:51:54	1289	PowerBoost Club	V45	28
1264	1069	Sandra Silva	00:26:02	00:52:19	00:51:41	1255		V45	29
1265	198	Célia Silva	00:24:49	00:52:19	00:52:17	1338		V40	16
1266	331	Adriano Cotrim	00:25:19	00:52:19	00:52:03	1309	Federação da Família para a Paz Mundial e Unifi	V75	4
1267	2060	Ivo Anjos	00:26:49	00:52:19	00:50:55	1176		Senior	208
1268	1962	Mário Vicente	00:26:17	00:52:20	00:52:06	1318	Gil Eanes Running	V70	5
1269	1544	Luis Valadas	00:26:44	00:52:20	00:51:08	1199	Valadas	V45	233
1270	1117	Dinis Martins	00:25:46	00:52:20	00:52:09	1321	Clube Novo Banco	V45	234
1271	644	Sílvia Miranda	00:26:02	00:52:23	00:52:02	1307	Lotus Centro de Estetica	V35	23
1272	692	Luis Espada	00:25:23	00:52:24	00:51:59	1300		V50	144
1273	810	Tiago Cardao-Pito	00:25:47	00:52:25	00:52:05	1316		V40	253
1274	3741	Fernando Figueiredo	00:30:11	00:52:26	00:44:58	454	AMATIBÁ	V45	235
1275	3499	Manuel Mendes	00:25:14	00:52:26	00:52:18	1342		V45	236
1276	2714	Ruben Pereira	00:24:20	00:52:26	00:52:25	1358		Junior	18
1277	2705	Carlos Silvério	00:25:46	00:52:28	00:52:27	1364		V50	145
1278	1916	Henrique Santos	00:27:05	00:52:28	00:51:42	1262		V35	151
1279	962	Paulo Henriques	00:27:05	00:52:29	00:51:42	1260		V40	254
1280	3482	Rui Monteiro	00:26:31	00:52:29	00:52:13	1329		V35	152

7.^a CORRIDA MONTEPIO

CORREMOS
UNS PELOS OUTROS

27OUT'19

CLASSIFICAÇÃO

Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
1281	3422	Luís Souto	00:24:53	00:52:29	00:52:27	1365		V50	146
1282	2239	Francisco Fernandes	00:26:36	00:52:30	00:52:21	1345		V35	153
1283	3506	José Almeida	00:25:27	00:52:30	00:52:10	1322		V40	255
1284	1643	Sérgio Russo	00:26:10	00:52:31	00:52:22	1348		V50	147
1285	1642	Maria Augusto	00:26:09	00:52:31	00:52:23	1351		V50	12
1286	533	Alexandre Tam	00:27:12	00:52:31	00:52:23	1353		V40	256
1287	3837	Frederico Nobre	00:30:10	00:52:32	00:45:02	462	AMATIBÁ	Senior	209
1288	1182	Rui Cunha	00:25:41	00:52:32	00:52:11	1323	OCR PORTUGAL LAB	V45	237
1289	2804	António Alves	00:28:10	00:52:33	00:48:47	896		V55	88
1290	1708	António Jorge	00:26:18	00:52:33	00:52:22	1350		V65	13
1291	3481	Rui Soares	00:26:24	00:52:33	00:52:13	1328		V35	154
1292	1185	Beatriz Cunha	00:25:43	00:52:34	00:52:14	1332	OCR PORTUGAL LAB	Junior	2
1293	1480	Ricardo Alves	00:26:53	00:52:35	00:51:58	1298	GDCTINCM	V40	257
1294	1473	Cristina Rainha	00:26:52	00:52:35	00:51:58	1299	GDCTINCM	V50	13
1295	658	António Flor	00:27:14	00:52:37	00:51:35	1240		V50	148
1296	2033	João Coutinho	00:26:53	00:52:37	00:52:31	1367		V60	48
1297	2218	Luis Correia	00:25:48	00:52:37	00:52:25	1360		V50	149
1298	1196	Pedro Morais	00:24:58	00:52:37	00:52:36	1377		V50	150
1299	3461	Patrícia Pedroso	00:26:05	00:52:37	00:52:35	1374	Salesianos running	V35	24
1300	1238	Nelson Pinto	00:25:53	00:52:37	00:52:17	1339		V40	258

7.^a CORRIDA MONTEPIO

CORREMOS
UNS PELOS OUTROS

27OUT'19

CLASSIFICAÇÃO

Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
1301	1252	Manuel Francisco	00:25:19	00:52:39	00:52:11	1324		V50	151
1302	2999	Gonçalo Jorge	00:25:31	00:52:39	00:52:26	1363	CCD Sintrense	V35	155
1303	3378	Diogo Viveiros	00:26:26	00:52:40	00:51:29	1231	GD SANTANDERTOTTA	Senior	210
1304	33	Ana Valente	00:26:04	00:52:40	00:52:23	1354		Senior	31
1305	2453	Carla Martins	00:29:33	00:52:41	00:48:56	918	Grupo Desportivo "O Independente" - Barreiro	V40	17
1306	2277	Ricardo Campos	00:25:25	00:52:41	00:52:11	1325		V40	259
1307	3668	Higor Rodrigues	00:25:31	00:52:42	00:52:35	1373		Senior	211
1308	1568	Francisco Machado	00:26:20	00:52:42	00:52:36	1378	Run 4 Fun	V40	260
1309	1488	Osvaldo Pinto	00:27:38	00:52:43	00:51:49	1273		Senior	212
1310	3262	Carlos Bargado	00:25:42	00:52:44	00:52:41	1394	CCD TRANQUILIDADE	V50	152
1311	24	Joana Pereira	00:26:37	00:52:45	00:52:22	1349		Senior	32
1312	829	Paulo Rosa	00:25:54	00:52:45	00:52:36	1380		V40	261
1313	2571	Nuno Cruz	00:25:56	00:52:45	00:52:25	1357		V40	262
1314	1641	Hélder Silvério	00:26:20	00:52:45	00:52:18	1341	Correr Lisboa	V45	238
1315	670	Ana Rijo	00:26:02	00:52:46	00:52:13	1327		V35	25
1316	849	Luís Damião	00:25:23	00:52:48	00:52:28	1366	CCD CRÉDITO AGRÍCOLA MÚTUO	V50	153
1317	728	Jose Borges	00:25:54	00:52:48	00:52:39	1388		V55	89
1318	1369	Nuno Ferreira	00:26:35	00:52:49	00:52:24	1356	Correr Loures	V40	263
1319	708	João Maria	00:25:20	00:52:49	00:52:22	1347	Mulas Running Team	V35	156
1320	2877	Pedro Loureiro	00:25:06	00:52:50	00:52:36	1381		V35	157

7.^a CORRIDA MONTEPIO

CORREMOS
UNS PELOS OUTROS

27OUT'19

CLASSIFICAÇÃO

Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
1321	410	Jorge Nunes	00:26:02	00:52:50	00:52:46	1401		V65	14
1322	2335	André Dias	00:26:42	00:52:51	00:52:31	1368	AZA - Azambuja com Alma	Senior	213
1323	845	Lúisa Mourão	00:26:15	00:52:52	00:52:33	1370	CCD CRÉDITO AGRÍCOLA MÚTUO	V40	18
1324	1789	João Raposo	00:25:51	00:52:52	00:52:00	1305	JuniRacers	Senior	214
1325	720	David Coelho	00:25:06	00:52:52	00:52:36	1376	MTBA	V40	264
1326	3790	Pedro Sardinha	00:27:00	00:52:53	00:52:41	1395		V40	265
1327	2068	Olga Borges	00:25:18	00:52:53	00:52:38	1384	SS CGD	V40	19
1328	842	Manuel Rijo	00:26:13	00:52:53	00:52:37	1382	PinhAlverca	V65	15
1329	2140	Pedro Carqueijeiro	00:25:54	00:52:53	00:52:23	1352	CF Belenenses	V35	158
1330	777	Paulo Lucas	00:27:58	00:52:54	00:51:27	1226		V45	239
1331	275	Carlos Costa	00:25:59	00:52:55	00:52:14	1331		V50	154
1332	2694	André Gomes	00:27:23	00:52:55	00:51:47	1267		Senior	215
1333	926	Alexandre Rodrigues	00:25:27	00:52:56	00:52:54	1414		V40	266
1334	1533	Mario Monteiro	00:23:47	00:52:58	00:52:48	1403	Clube Ferroviário de Portugal	V45	240
1335	1137	Ricardo Rodrigues	00:25:43	00:52:58	00:52:40	1391	Clube Novo Banco	V45	241
1336	413	Mário Coelho	00:25:42	00:52:58	00:52:48	1404		V55	90
1337	3228	Karen Campo	00:26:54	00:52:59	00:52:38	1386	Clube Millennium Bcp	Senior	33
1338	3227	Filipe Araujo	00:26:54	00:52:59	00:52:36	1375	Clube Millennium Bcp	V35	159
1339	3047	Carlos Martinho	00:25:48	00:53:00	00:52:43	1398		V55	91
1340	853	António Amaral	00:26:17	00:53:00	00:52:42	1396	CCD CRÉDITO AGRÍCOLA MÚTUO	V50	155

7.^a CORRIDA MONTEPIO

CORREMOS
UNS PELOS OUTROS

27OUT'19

CLASSIFICAÇÃO

Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
1341	2589	José Nunes	00:29:17	00:53:00	00:49:00	927		V45	242
1342	1308	David Almeida	00:25:54	00:53:01	00:52:55	1415		V35	160
1343	2459	Catarina Silva	00:26:50	00:53:01	00:51:55	1295	Banco BNI Europa	V40	20
1344	1585	Liliana Pereira	00:25:38	00:53:02	00:52:58	1424	Casa do Benfica Torres Vedras	Senior	34
1345	3692	Pedro Pereira	00:25:01	00:53:02	00:52:57	1420		Senior	216
1346	1647	António Piteira	00:27:25	00:53:02	00:52:38	1385		V45	243
1347	2581	Pedro Barata	00:26:11	00:53:03	00:52:41	1392		V50	156
1348	3613	Paulo Dores	00:26:47	00:53:03	00:53:02	1431		V45	244
1349	3840	Cristina Silvério	00:25:42	00:53:04	00:53:04	1434		V40	21
1350	3823	Edgar Silva	00:25:33	00:53:06	00:52:26	1361		Senior	217
1351	1385	Isabel Cardeal	00:26:17	00:53:06	00:52:49	1405		V50	14
1352	2874	João Sousa	00:26:23	00:53:06	00:52:40	1390		V45	245
1353	2910	Rui Silva	00:26:38	00:53:06	00:52:43	1397		V45	246
1354	1342	Paulo Velez	00:26:42	00:53:09	00:52:26	1362		V45	247
1355	1667	Andreia Mesquita	00:27:03	00:53:09	00:53:01	1429		V35	26
1356	1088	José Cruz	00:25:09	00:53:10	00:52:57	1421	Eci Running Team	V45	248
1357	2806	José Migliorini	00:25:29	00:53:10	00:53:07	1437		V55	92
1358	2066	Rui Soares	00:25:34	00:53:12	00:52:51	1406	SS CGD	V40	267
1359	2065	Rogério Luis	00:25:19	00:53:12	00:52:44	1400	SS CGD	V45	249
1360	1211	Tiago Cotrim	00:27:05	00:53:13	00:52:18	1340	grelhada mista	V35	161

7.^a CORRIDA MONTEPIO

CORREMOS
UNS PELOS OUTROS

27OUT'19

CLASSIFICAÇÃO

Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
1361	3520	José Dias	00:26:13	00:53:14	00:53:03	1433	Corrida Noturna Parque das Nações	V55	93
1362	3427	Nelson Silva	00:26:30	00:53:14	00:52:37	1383		V35	162
1363	1930	Pedro Madrugo	00:27:06	00:53:15	00:52:21	1346		Senior	218
1364	3060	Jean Bernard	00:25:43	00:53:15	00:53:12	1455	Running Club Santa Casa	V55	94
1365	3714	Nuno Pinto	00:25:46	00:53:16	00:53:09	1442		V45	250
1366	3703	Júlio Miranda	00:26:10	00:53:17	00:53:08	1439	CLUBE ACCENTURE	V55	95
1367	628	Ciro Silva	00:26:33	00:53:17	00:52:58	1423	Quenianos do Sado	V40	268
1368	2079	Fernando Lima	00:26:01	00:53:17	00:52:53	1411	SS CGD	V50	157
1369	2067	Sergio Amaral	00:26:01	00:53:17	00:52:53	1410	SS CGD	V40	269
1370	568	Manuel Estevens	00:25:41	00:53:17	00:53:12	1454		V60	49
1371	893	João Carvalho	00:25:46	00:53:18	00:53:14	1461		V50	158
1372	320	Helena Pereira	00:26:35	00:53:18	00:53:03	1432	camara lisboa clube	V40	22
1373	3636	Rodrigo Sanchez	00:24:07	00:53:19	00:53:18	1467		Junior	19
1374	3404	Silverio Rodrigues	00:26:35	00:53:19	00:53:09	1445		V45	251
1375	899	Gil Pereira	00:25:36	00:53:19	00:52:53	1408	1 Km/x	V50	159
1376	1496	Isabel Reis	00:25:30	00:53:20	00:53:18	1468		V45	30
1377	40	Elisabete Pinto	00:26:08	00:53:20	00:53:14	1460		V45	31
1378	1249	Rui Casanova	00:25:47	00:53:20	00:53:13	1459		Senior	219
1379	3508	Paulo Moniz	00:26:30	00:53:20	00:53:17	1465		V60	50
1380	2746	Diogo Félix	00:27:45	00:53:23	00:52:13	1330	GRUPO CORRIDA JCS	Senior	220

7.^a CORRIDA MONTEPIO

CORREMOS
UNS PELOS OUTROS

27OUT'19

CLASSIFICAÇÃO

Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
1381	712	Luis Guerreiro	00:25:41	00:53:23	00:52:53	1409	CASEBRES	V35	163
1382	3761	Moises Rodrigues	00:26:44	00:53:24	00:53:17	1464		V55	96
1383	696	Joao Serra	00:24:27	00:53:24	00:53:21	1478		V40	270
1384	748	Luis Rodrigues	00:26:21	00:53:25	00:53:12	1457		V50	160
1385	3619	Carla Morgado	00:26:25	00:53:25	00:52:56	1419		V45	32
1386	1570	Ana Frutuoso	00:24:52	00:53:25	00:53:07	1438	Linda-a-Pastora Sporting Clube	V45	33
1387	2810	Diogo Amorim	00:27:25	00:53:26	00:52:32	1369		Senior	221
1388	1450	Andriy Tkachenko	00:29:34	00:53:27	00:46:21	584		V40	271
1389	1335	Miguel Melo	00:26:01	00:53:29	00:53:25	1487		V50	161
1390	3119	Jose Monteiro	00:28:02	00:53:29	00:52:16	1336		V60	51
1391	1302	Ricardo Ribeiro	00:26:18	00:53:30	00:53:25	1489		V35	164
1392	3188	Aníbal Carvalho	00:28:02	00:53:30	00:52:16	1337		V65	16
1393	876	Rui Duarte	00:26:43	00:53:30	00:53:10	1449	Tartarugas Solidárias	V45	252
1394	659	Carlos Cabarrão	00:26:04	00:53:31	00:53:20	1474		V60	52
1395	2305	Maurício José	00:26:53	00:53:31	00:52:44	1399		Senior	222
1396	3387	Bruno Raimundo	00:27:14	00:53:32	00:53:10	1447	marvila jovem	Senior	223
1397	2382	Elisa Piteira	00:26:06	00:53:32	00:53:16	1463	Couple Runners	V50	15
1398	2545	Rui Soares	00:25:38	00:53:32	00:53:11	1452	CCD PM CASCAIS	V40	272
1399	1316	Bruno Costa	00:25:11	00:53:34	00:53:12	1453		Senior	224
1400	305	Raul Moita	00:26:24	00:53:34	00:53:28	1493		V60	53

7.^a CORRIDA MONTEPIO

CORREMOS
UNS PELOS OUTROS

27OUT'19

CLASSIFICAÇÃO

Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
1401	1406	Paulo Silva	00:25:58	00:53:34	00:53:30	1496		V50	16
1402	1370	Fernando Oliveira	00:25:29	00:53:35	00:53:20	1472	Tartarugas Solidárias	V55	97
1403	1291	Nuno Oliveira	00:26:01	00:53:35	00:53:08	1440		V45	253
1404	617	Fernanda Camacho	00:26:25	00:53:35	00:53:15	1462	Carrasco&Amigos	V45	34
1405	1716	Ana Santos	00:27:09	00:53:36	00:52:39	1387		Senior	35
1406	3135	Nuno Dias	00:28:47	00:53:36	00:51:57	1296	Frufresh Runners	V40	273
1407	1365	Olga Mota	00:27:07	00:53:37	00:53:22	1480		V45	35
1408	3258	Nelson Lopes	00:25:59	00:53:38	00:53:09	1444	Gazelas cintilantes	V35	165
1409	791	Ana Pisco	00:26:43	00:53:39	00:53:24	1485		Senior	36
1410	790	Pedro Mariano	00:26:43	00:53:39	00:53:23	1484		Senior	225
1411	3828	Filipe Paulo	00:27:34	00:53:40	00:53:09	1443		V40	274
1412	597	Carla Miranda	00:27:11	00:53:40	00:52:12	1326		V50	17
1413	1178	João Marques	00:31:29	00:53:42	00:46:37	613	Grupo Recreativo e Desportivo da Ribeira da Lag	V50	162
1414	2370	Carlos Garcia	00:26:37	00:53:42	00:53:26	1492	Os Galgos	V45	254
1415	16	Vitor Martins	00:26:35	00:53:42	00:53:20	1473		V65	17
1416	2323	Fábio Alexandre	00:28:02	00:53:42	00:53:00	1426		Senior	226
1417	1283	Inês Mariquitos	00:27:07	00:53:43	00:53:20	1476		Senior	37
1418	426	Paulo Cabanas	00:26:26	00:53:43	00:53:33	1505	FIDELIDADE GDC	V40	275
1419	1280	Marta Bilro	00:27:07	00:53:43	00:53:21	1477		V35	27
1420	3492	Abel Felicio	00:26:07	00:53:43	00:53:23	1481		V45	255

7.^a CORRIDA MONTEPIO

CORREMOS
UNS PELOS OUTROS

27OUT'19

CLASSIFICAÇÃO

Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
1421	2561	Ricardo Soares	00:26:54	00:53:43	00:52:34	1371		Senior	227
1422	1351	Rita Certã	00:27:09	00:53:43	00:53:23	1483	Tartarugas Solidárias	V40	23
1423	157	Cecilia Santiago	00:26:41	00:53:44	00:53:25	1488		V35	28
1424	3412	Sandra Alves	00:27:08	00:53:44	00:53:31	1497	Run Forrest Run	V45	36
1425	1201	Humberto Mendes	00:26:08	00:53:45	00:53:43	1520		V60	54
1426	3241	José Reis	00:29:15	00:53:46	00:53:12	1456		V45	256
1427	367	Rui Pinheiro	00:25:35	00:53:47	00:53:29	1495	AVR	V45	257
1428	2301	David Lucas	00:26:44	00:53:48	00:53:23	1482		Senior	228
1429	952	Erisvaldo Lima	00:26:07	00:53:48	00:53:28	1494		V45	258
1430	3275	Nuno Franco	00:26:00	00:53:49	00:53:26	1491	CCD TRANQUILIDADE	V45	259
1431	763	Ricardo Faria	00:26:23	00:53:49	00:53:36	1506		V45	260
1432	2809	Isabel Fernandes	00:27:24	00:53:49	00:52:54	1412		Senior	38
1433	1063	Joaquim Fernandes	00:26:39	00:53:51	00:53:48	1530		V65	18
1434	630	David Sousa	00:26:15	00:53:52	00:53:33	1504	Ortobest Running Team	Senior	229
1435	567	Francisco Oliveira	00:24:41	00:53:53	00:52:36	1379		V40	276
1436	3496	Maria Passarinho	00:27:59	00:53:54	00:50:30	1129	TRY@LEAST	V35	29
1437	1964	Alexandra Santos	00:26:30	00:53:55	00:53:48	1527	Correr Lisboa	V35	30
1438	3109	Henrique Santos	00:27:09	00:53:56	00:53:36	1507		Senior	230
1439	3719	Tiago Pereira	00:27:08	00:53:56	00:53:37	1509		Senior	231
1440	255	Luis Lança	00:26:29	00:53:56	00:53:31	1499		V40	277

7.^a CORRIDA MONTEPIO

CORREMOS
UNS PELOS OUTROS

27OUT'19

CLASSIFICAÇÃO

Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
1441	1272	João Serafim	00:25:13	00:53:56	00:53:51	1534		V45	261
1442	911	Pedro Cordeiro	00:26:58	00:53:57	00:52:57	1422		V35	166
1443	590	Armando Valente	00:26:56	00:53:57	00:53:11	1451		V45	262
1444	417	Mário Rogado	00:26:51	00:53:57	00:53:52	1535		V40	278
1445	2767	Mário Sousa	00:27:36	00:53:58	00:52:35	1372	Captain Fly	V45	263
1446	3190	Joao Gomes	00:26:58	00:53:58	00:53:52	1536		V55	98
1447	831	Paulo Sá	00:27:02	00:53:58	00:53:56	1544		V45	264
1448	982	Alexandre Ribeiro	00:27:14	00:53:59	00:53:38	1510	Grupo Barraqueiro	V45	265
1449	1928	Tiago Cairrão	00:27:12	00:53:59	00:53:47	1526		Senior	232
1450	1740	João Marçal	00:27:01	00:54:00	00:53:46	1524		V40	279
1451	1784	Nuno Anastacio	00:25:44	00:54:00	00:53:37	1508	RunLovers	V40	280
1452	1972	Irina Pedro	00:27:01	00:54:00	00:53:43	1518	brnighrunners	V35	31
1453	1868	Carina Guerreiro	00:26:19	00:54:01	00:53:53	1537		V40	24
1454	2365	Sónia Pinto	00:26:44	00:54:03	00:53:46	1525	Os Galgos	V45	37
1455	520	Fernando Jerónimo	00:26:35	00:54:04	00:53:54	1541	EX FEDERADOS	V65	19
1456	1757	Mario Lopes	00:28:50	00:54:04	00:50:17	1103		V40	281
1457	3245	Nuno Coelho	00:27:01	00:54:04	00:52:55	1417		V40	282
1458	3031	António Boavida	00:26:18	00:54:04	00:54:03	1562		V55	99
1459	2850	Nuno Vendeira	00:27:25	00:54:05	00:53:19	1470	AON Empower Results	V40	283
1460	587	Manuel Sebastiao	00:27:20	00:54:06	00:53:49	1532		V40	284

7.^a CORRIDA MONTEPIO

CORREMOS
UNS PELOS OUTROS

27OUT'19

CLASSIFICAÇÃO

Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
1461	1236	Eduardo Rodrigues	00:26:16	00:54:06	00:54:03	1564		V45	266
1462	648	Catarina Vargas	00:27:07	00:54:06	00:53:49	1531	Clube Ferroviário de Portugal	V45	38
1463	2270	Joaquim Palma	00:26:49	00:54:06	00:54:01	1557		V65	20
1464	782	João Vieira	00:26:56	00:54:07	00:53:48	1529		V40	285
1465	3379	Jose Barata	00:26:23	00:54:08	00:54:04	1568	GD SANTANDERTOTTA	V55	100
1466	2156	João Niza	00:27:12	00:54:08	00:53:50	1533	FunBus - Barreiro	V50	163
1467	683	João Marques	00:25:26	00:54:08	00:53:43	1517		Senior	233
1468	1768	Marco Santos	00:26:50	00:54:08	00:54:02	1558		V40	286
1469	1919	Pedro Andre	00:27:05	00:54:09	00:53:55	1542	Alces Team	V45	267
1470	1546	Daniel Valadas	00:26:57	00:54:09	00:53:00	1427	Valadas	Junior	20
1471	1795	Patrícia Oliveira	00:27:33	00:54:10	00:53:48	1528	Runners of Shield	Senior	39
1472	1728	Paulo Carvalho	00:27:23	00:54:11	00:52:55	1416	Bingo	Senior	234
1473	1463	Francisco Freitas	00:27:14	00:54:11	00:54:02	1560		V35	167
1474	2246	Paulo Santos	00:27:17	00:54:11	00:54:06	1573		V45	268
1475	1727	Marisa Brás	00:27:24	00:54:11	00:52:56	1418	Bingo	Senior	40
1476	2702	Paulo Carvalho	00:27:12	00:54:12	00:53:41	1515		V40	287
1477	3096	Bruno Dionisio	00:27:02	00:54:12	00:54:01	1556		Senior	235
1478	2544	Rui Vieira	00:27:36	00:54:12	00:53:19	1469	CCD PM CASCAIS	V50	164
1479	2539	Carla Destapado	00:27:36	00:54:14	00:53:21	1479	CCD PM CASCAIS	V45	39
1480	1312	Miguel Guilherme	00:26:32	00:54:15	00:54:10	1583		V35	168

7.^a CORRIDA MONTEPIO

CORREMOS
UNS PELOS OUTROS

27OUT'19

CLASSIFICAÇÃO

Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
1481	1311	Patrícia Machado	00:26:32	00:54:16	00:54:13	1588		V35	32
1482	2424	Manuel Braz	00:27:27	00:54:17	00:54:03	1563	N. A. PAPAGAIOS DE CASCAIS	V70	6
1483	2501	Carlos Bernardino	00:26:58	00:54:17	00:54:04	1566	Correr Lisboa	V45	269
1484	2037	Jaime Veiga	00:26:40	00:54:18	00:54:10	1584		V55	101
1485	2203	Diogo Santos	00:28:53	00:54:18	00:53:08	1441		V40	288
1486	3337	Miguel Gama	00:26:41	00:54:18	00:54:14	1591		V50	165
1487	2280	Rui Oliveira	00:26:18	00:54:19	00:54:17	1601		V45	270
1488	1093	Maria Garcia	00:26:34	00:54:19	00:54:11	1585	Eci Running Team	V45	40
1489	1015	Ernesto Gomes	00:27:07	00:54:20	00:53:43	1519		V60	55
1490	2381	Carlos Piteira	00:27:17	00:54:20	00:54:02	1561	Couple Runners	V50	166
1491	1822	Marta Adão	00:27:54	00:54:20	00:53:01	1428		V40	25
1492	2728	Jorge Cunha	00:27:17	00:54:20	00:54:09	1579		V45	271
1493	1202	Patrícia Alves	00:27:27	00:54:21	00:53:59	1550		V35	33
1494	441	Carlos Interras	00:26:34	00:54:21	00:53:55	1543	Mulas Running Team	V50	167
1495	63	Tiago Carreiro	00:27:56	00:54:21	00:54:15	1596	Chihuahua & Suricata	V35	169
1496	62	Sandra Silva	00:27:57	00:54:22	00:54:14	1593	Chihuahua & Suricata	V45	41
1497	1361	Anubhav Goyal	00:26:43	00:54:22	00:54:13	1587		Senior	236
1498	1792	Inês Diegues	00:27:40	00:54:23	00:53:32	1501	JuniRacers	Senior	41
1499	538	Paulo Durão	00:32:00	00:54:23	00:46:29	596		V45	272
1500	1676	Renato Alves	00:27:12	00:54:24	00:54:20	1603	Link	V35	170

7.^a CORRIDA MONTEPIO

CORREMOS
UNS PELOS OUTROS

27OUT'19

CLASSIFICAÇÃO

Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
1501	2942	José Rodrigues	00:25:23	00:54:24	00:54:07	1574		V50	168
1502	1614	Artur Farinha	00:26:56	00:54:24	00:54:05	1571		V55	102
1503	2651	Rita Rodrigues	00:27:19	00:54:24	00:54:15	1594		Senior	42
1504	1318	Lígia Costa	00:27:23	00:54:25	00:54:14	1590		V45	42
1505	2905	Carlos Fino	00:27:13	00:54:25	00:54:14	1592		V50	169
1506	1151	Paulo Gonçalves	00:26:58	00:54:25	00:54:13	1589	Clube Novo Banco	V50	170
1507	1112	Ana Ferreira	00:26:58	00:54:25	00:54:15	1595	Clube Novo Banco	V50	18
1508	2002	Paulo Santos	00:26:42	00:54:26	00:53:41	1513		V45	273
1509	2138	Joana Domingos	00:27:17	00:54:26	00:54:20	1605	CF Belenenses	V40	26
1510	922	Nelson Joao	00:25:32	00:54:27	00:53:59	1551		Senior	237
1511	3127	Marta Araújo	00:25:58	00:54:27	00:54:06	1572		Junior	3
1512	851	Carlos Silva	00:27:19	00:54:27	00:53:57	1547	CCD CRÉDITO AGRÍCOLA MÚTUO	V55	103
1513	3269	Ana Panela	00:27:03	00:54:28	00:54:22	1608	CCD TRANQUILIDADE	V45	43
1514	1359	Mário Alves	00:28:03	00:54:28	00:52:52	1407		Senior	238
1515	368	Helder Escobar	00:27:18	00:54:28	00:53:45	1523		V40	289
1516	180	Rui Pereira	00:29:28	00:54:28	00:53:31	1498	CASA DO PESSOAL DA RTP	V45	274
1517	1865	Francisco Gonçalves	00:25:37	00:54:30	00:54:25	1619		V45	275
1518	2882	Rafael Almeida	00:26:36	00:54:30	00:53:59	1549		Junior	21
1519	740	Patricia Lopes	00:27:24	00:54:31	00:54:17	1598		V45	44
1520	1889	Alexandra Candeias	00:27:04	00:54:31	00:54:05	1569		V40	27

7.^a CORRIDA MONTEPIO

CORREMOS
UNS PELOS OUTROS

27OUT'19

CLASSIFICAÇÃO

Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
1521	940	Norberto Marques	00:29:28	00:54:32	00:50:28	1124		V45	276
1522	1830	Daniela Rebelo	00:29:18	00:54:32	00:53:26	1490		Senior	43
1523	1769	Neuza Rebelo	00:29:18	00:54:32	00:53:25	1486		Senior	44
1524	2361	Rodrigo Gomes	00:26:22	00:54:33	00:54:17	1599	Musg@41	V35	171
1525	1174	Raluca Martins	00:27:11	00:54:33	00:54:00	1552	CD ARNEIRO	V40	28
1526	1020	Maria Cardoso	00:25:46	00:54:34	00:54:24	1615		V60	1
1527	1303	Paulo Lopes	00:27:56	00:54:34	00:54:25	1617		V45	277
1528	1607	Marcia Correia	00:27:11	00:54:34	00:54:17	1600	GRCD Leião	Senior	45
1529	802	Ricardo Marques	00:27:28	00:54:36	00:53:33	1502		V35	172
1530	3051	Luis Gargão	00:26:28	00:54:37	00:54:30	1629		V50	171
1531	918	Fernando Coelho	00:28:23	00:54:37	00:53:05	1435		V45	278
1532	852	João Vieira	00:26:43	00:54:38	00:54:20	1604	CCD CRÉDITO AGRÍCOLA MÚTUO	V60	56
1533	1782	António Teixeira	00:26:14	00:54:40	00:54:25	1616	Alces Team	V35	173
1534	1966	Ligia Valerio	00:25:42	00:54:40	00:54:32	1635	Correr Lisboa	V35	34
1535	1965	Nuno Barradas	00:25:42	00:54:41	00:54:33	1638	Correr Lisboa	V35	174
1536	3263	Tam Afonso	00:26:40	00:54:41	00:54:30	1627	CCD TRANQUILIDADE	V65	21
1537	3341	Cristina Otero	00:26:37	00:54:41	00:54:33	1640	Linguagest LusItaMexGal	Senior	46
1538	3820	Ricardo Leal	00:26:12	00:54:41	00:54:20	1602		Senior	239
1539	3538	Nuno Manana	00:26:58	00:54:42	00:54:31	1632		V45	279
1540	2706	Mário Costa	00:28:53	00:54:42	00:53:10	1446		V50	172

7.^a CORRIDA MONTEPIO

CORREMOS
UNS PELOS OUTROS

27OUT'19

CLASSIFICAÇÃO

Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
1541	1774	Antonio Rebelo	00:28:54	00:54:42	00:53:11	1450		V45	280
1542	3487	Antero Rocha	00:26:52	00:54:43	00:53:44	1521	GRUPO CORRIDA JCS	V35	175
1543	2653	Nuno Vicente	00:29:30	00:54:44	00:53:10	1448		V40	290
1544	1082	Manuel António	00:26:21	00:54:44	00:54:34	1644	Clube Ferroviário de Portugal	V60	57
1545	1072	Manuel Vaz	00:26:20	00:54:44	00:54:30	1631		V45	281
1546	3129	Tiago Catalão	00:28:12	00:54:44	00:53:53	1538	Rangers do Texas	V35	176
1547	2503	Artur Gomes	00:25:53	00:54:45	00:54:35	1649	Corrida Noturna Parque das Nações	V55	104
1548	677	Jose Carvalho	00:27:04	00:54:46	00:54:26	1620		V55	105
1549	511	Filipe Teixeira	00:26:07	00:54:47	00:54:43	1665	Grupo Recreativo Janz e Associados	Senior	240
1550	3647	José Brito	00:27:28	00:54:47	00:54:29	1626		V55	106
1551	1453	Nuno Rodrigues	00:27:14	00:54:48	00:54:39	1657		V35	177
1552	1686	Bruno Quental	00:32:56	00:54:48	00:46:35	609	RunRUs	V45	282
1553	2943	António Oliveira	00:26:55	00:54:48	00:54:26	1621		V60	58
1554	1943	António Rodrigues	00:27:08	00:54:49	00:54:37	1652	Goodfelas	V40	291
1555	2096	Cecília Craveiro	00:27:22	00:54:49	00:54:46	1673	Grupo Recreativo e Desportivo Ribeira da Lage	V45	45
1556	955	José Rocha	00:27:12	00:54:49	00:54:43	1667		V55	107
1557	3620	Fernanda Moura	00:27:09	00:54:50	00:54:28	1624		V55	3
1558	2468	Lucas Teixeira	00:29:54	00:54:50	00:53:44	1522	Banco BNI Europa	Senior	241
1559	3205	Luis Silva	00:27:25	00:54:51	00:54:34	1642	Clube Millennium Bcp	V50	173
1560	668	António Fonseca	00:27:01	00:54:51	00:54:33	1637		V70	7

7.^a CORRIDA MONTEPIO

CORREMOS
UNS PELOS OUTROS

27OUT'19

CLASSIFICAÇÃO

Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
1561	1138	Ricardo Silva	00:26:57	00:54:51	00:54:30	1628	Clube Novo Banco	V40	292
1562	3374	Jose Ribeiro	00:28:39	00:54:52	00:53:41	1514	GD SANTANDERTOTTA	V70	8
1563	3095	Raul Carvalho	00:26:17	00:54:52	00:54:35	1645		V60	59
1564	3752	João Novais	00:28:00	00:54:53	00:54:35	1647		V35	178
1565	3002	Orlando Martins	00:27:21	00:54:55	00:54:43	1663	CCD Sintrense	V60	60
1566	2515	Fernando Ribeiro	00:29:21	00:54:55	00:53:53	1540	Corrida Noturna Parque das Nações	V35	179
1567	3521	Elisa Esteves	00:29:21	00:54:55	00:53:53	1539	Corrida Noturna Parque das Nações	Senior	47
1568	1735	Rui Pécurto	00:28:27	00:54:55	00:54:20	1606	O3R	V45	283
1569	788	Vitor Rodrigues	00:27:19	00:54:56	00:54:43	1664		V35	180
1570	3525	Alceu Paulo	00:27:07	00:54:56	00:54:42	1662	Tartarugas do asfalto	V65	22
1571	945	Jorge Gonçalves	00:26:57	00:54:56	00:54:49	1681		V55	108
1572	3705	Marcos Ratola	00:25:54	00:54:57	00:54:30	1630	CLUBE ACCENTURE	V40	293
1573	638	Sandra Silva	00:27:29	00:54:57	00:54:44	1669		V40	29
1574	1559	Luís Almeida	00:27:00	00:55:00	00:54:51	1685		V45	284
1575	939	Jorge Ferreira	00:27:23	00:55:00	00:54:36	1651		V50	174
1576	1251	André Martins	00:26:27	00:55:02	00:55:01	1710		Senior	242
1577	2546	Carlos Marques	00:27:18	00:55:02	00:54:47	1676	Correr Sociedade Recreativa da Granja	V45	285
1578	2386	Anabela Ruivo	00:27:12	00:55:03	00:55:00	1706	Correr Lisboa	V45	46
1579	671	Alexandre Ferreira	00:27:04	00:55:03	00:54:45	1670		V60	61
1580	1597	Carlos Silva	00:28:48	00:55:04	00:54:04	1567		V50	175

7.^a CORRIDA MONTEPIO

CORREMOS
UNS PELOS OUTROS

27OUT'19

CLASSIFICAÇÃO

Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
1581	2517	Paulo Duarte	00:29:27	00:55:04	00:51:30	1234	GDCT Unicre	V50	176
1582	2325	Diogo Varelas	00:26:02	00:55:05	00:54:31	1633		Senior	243
1583	2605	José Alves	00:26:34	00:55:05	00:55:00	1707		V55	109
1584	2380	Tiago Florentim	00:27:57	00:55:05	00:54:09	1581	grelhada mista	V35	181
1585	1857	Elisa Goncalves	00:26:51	00:55:06	00:54:59	1705		V45	47
1586	2518	Gonçalo Oliveira	00:27:33	00:55:07	00:55:05	1717	GDCT Unicre	V55	110
1587	2704	David Serigado	00:26:08	00:55:07	00:54:52	1688		V40	294
1588	325	Edgar Tavares	00:26:58	00:55:07	00:54:50	1684	camara lisboa clube	V35	182
1589	1491	Maria Cardoso	00:28:28	00:55:08	00:54:28	1625		V40	30
1590	1498	Luis Vitorino	00:26:46	00:55:08	00:54:53	1690		V35	183
1591	924	Daniel Baltazar	00:28:09	00:55:08	00:54:43	1666		V35	184
1592	1031	Ricardo Nunes	00:26:35	00:55:09	00:54:47	1675		V35	185
1593	1086	Fernando Figueiredo	00:26:29	00:55:09	00:54:48	1680	Eci Running Team	V40	295
1594	3310	Carla Coelho	00:27:06	00:55:10	00:55:02	1711	Run Tejo - CM Socks	V45	48
1595	359	João Seiça	00:28:24	00:55:10	00:54:08	1577		V40	296
1596	3811	Ricardo Silva	00:28:22	00:55:10	00:53:20	1471		V50	177
1597	3708	Rafael Murta	00:26:29	00:55:12	00:55:11	1731	CLUBE ACCENTURE	V35	186
1598	3596	José Ramos	00:28:14	00:55:12	00:54:34	1643	Correr Loures	V65	23
1599	3369	Miguel Costa	00:29:34	00:55:12	00:54:00	1554	GD SANTANDERTOTTA	Junior	22
1600	2624	Jorge Sampaio	00:27:13	00:55:13	00:55:00	1708	swimrunners	V45	286

7.^a CORRIDA MONTEPIO

CORREMOS
UNS PELOS OUTROS

27OUT'19

CLASSIFICAÇÃO

Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
1601	1356	Carlos Lopes	00:28:44	00:55:13	00:55:05	1715	Serranos	V45	287
1602	2085	João Correia	00:27:05	00:55:13	00:54:57	1697	SS CGD	V55	111
1603	1719	António Ribeiro	00:27:55	00:55:13	00:54:52	1689	quarteto	V55	112
1604	1362	Mariana Martins	00:27:01	00:55:13	00:54:54	1692		Senior	48
1605	1167	Jose Sousa	00:27:46	00:55:14	00:54:52	1687	CD ARNEIRO	V65	24
1606	775	António Ramos	00:27:37	00:55:14	00:54:55	1694		V65	25
1607	3018	Rogério Falcao	00:26:32	00:55:15	00:54:44	1668		V50	178
1608	2018	Paulo Cardoso	00:27:40	00:55:15	00:54:51	1686		V55	113
1609	1648	Luis Vicente	00:27:49	00:55:16	00:55:03	1712		V55	114
1610	276	António Pina	00:27:06	00:55:16	00:54:57	1696		V65	26
1611	3744	Jorge Sales	00:26:56	00:55:17	00:54:38	1653		Senior	244
1612	2342	Nuno Anjos	00:27:44	00:55:17	00:53:41	1516	O MUNDO DA CORRIDA	V45	288
1613	3720	Carlos Nunes	00:27:23	00:55:18	00:54:48	1678		V50	179
1614	2392	Marta Sousa	00:27:24	00:55:18	00:54:54	1693	Explosive Girls	Senior	49
1615	835	Ricardo Sequeira	00:27:13	00:55:18	00:55:14	1743		V40	297
1616	588	Camila Rocha	00:27:29	00:55:18	00:54:23	1613		V35	35
1617	1146	Nuno Valente	00:26:38	00:55:19	00:55:08	1722	Clube Novo Banco	V35	187
1618	1416	Pedro Costa	00:27:07	00:55:19	00:55:06	1720		V55	115
1619	2580	Henrique Capelas	00:28:11	00:55:20	00:54:00	1553		Senior	245
1620	953	Nuno Robalo	00:29:00	00:55:21	00:51:30	1233		V40	298

7.^a CORRIDA MONTEPIO

CORREMOS
UNS PELOS OUTROS

27OUT'19

CLASSIFICAÇÃO

Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
1621	2389	Inês Campos	00:27:07	00:55:21	00:54:59	1704	Explosive Girls	V35	36
1622	485	Carlos Lomba	00:26:20	00:55:21	00:55:15	1745		V50	180
1623	2557	Jorge Neves	00:26:26	00:55:21	00:55:15	1746		V55	116
1624	3639	Mário Curado	00:28:31	00:55:22	00:53:58	1548		V45	289
1625	2885	Rui Pinto	00:27:24	00:55:22	00:55:21	1759		V65	27
1626	3597	Tania Couto	00:27:23	00:55:22	00:55:04	1714	TRY@LEAST	V45	49
1627	1937	José Ramalho	00:32:40	00:55:22	00:46:55	645		V50	181
1628	2883	Paulo Ribeiro	00:32:41	00:55:23	00:46:55	644		V50	182
1629	2005	José Gonçalves	00:27:04	00:55:23	00:55:07	1721		V55	117
1630	2227	Carla Neves	00:27:00	00:55:23	00:55:15	1747		V35	37
1631	733	Rui Reis	00:27:39	00:55:24	00:54:59	1698		V55	118
1632	2158	João Ferreira	00:27:05	00:55:24	00:55:12	1732	Buen Camino	Senior	246
1633	579	Pedro Palrão	00:28:24	00:55:24	00:54:34	1641		V50	183
1634	3110	Luís Pombo	00:27:01	00:55:25	00:55:23	1766		V45	290
1635	1216	Carolina Morais	00:27:19	00:55:25	00:55:17	1749	CLUBE COLABORADORES AGEAS	V35	38
1636	3583	Carlos Fernandes	00:28:51	00:55:26	00:54:03	1565		V55	119
1637	1026	Selma Silva	00:26:52	00:55:26	00:55:13	1736		V50	19
1638	681	Luís Grencho	00:27:07	00:55:27	00:54:38	1655		V45	50
1639	2937	Nuno Reis	00:28:35	00:55:27	00:55:19	1755		V35	188
1640	96	Valério Passarinho	00:28:29	00:55:28	00:54:25	1618		Senior	247

7.^a CORRIDA MONTEPIO

CORREMOS
UNS PELOS OUTROS

27OUT'19

CLASSIFICAÇÃO

Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
1641	1270	Ricardo Correia	00:29:19	00:55:28	00:54:27	1623		V40	299
1642	1978	Pedro Pereira	00:27:26	00:55:29	00:55:11	1729	brnighrunners	V45	291
1643	1612	André Amado	00:28:06	00:55:29	00:54:53	1691	Bolt	Senior	248
1644	3753	Miguel Fevereiro	00:29:22	00:55:30	00:54:59	1699		V35	189
1645	2221	Suzana Morais	00:26:59	00:55:31	00:55:30	1778		V55	4
1646	1328	João Osório	00:27:19	00:55:32	00:55:11	1727	Tartarugas Solidárias	V40	300
1647	820	Helder Romano	00:27:45	00:55:32	00:55:05	1718		V50	184
1648	1720	Joaquim Bentes	00:27:54	00:55:32	00:55:14	1738	quarteto	V65	28
1649	2595	Celestino Oliveira	00:27:59	00:55:33	00:54:35	1646		V60	62
1650	3551	Nuno Monteiro	00:27:01	00:55:33	00:55:14	1741		V40	301
1651	3633	António Jubilado	00:27:35	00:55:33	00:55:26	1770		V60	63
1652	3358	Luis Dias	00:29:01	00:55:33	00:54:05	1570	GD SANTANDERTOTTA	V40	302
1653	3600	Jose Francani	00:27:27	00:55:33	00:55:21	1762		V50	185
1654	1734	Olga Pécurto	00:28:32	00:55:33	00:54:59	1701	O3R	V40	31
1655	1339	Rui Salvador	00:27:27	00:55:34	00:55:14	1739		V45	292
1656	3545	Americo Cacheira	00:27:23	00:55:34	00:54:26	1622		V55	120
1657	1052	Jose Rodrigues	00:27:21	00:55:34	00:55:14	1737		V60	64
1658	3114	Joao Mourato	00:28:57	00:55:34	00:55:26	1769		V35	190
1659	902	Luis Romaneiro	00:29:16	00:55:34	00:52:19	1343	CORRIDAS E COMIDAS	V55	121
1660	1373	João Carvalho	00:27:26	00:55:34	00:54:12	1586	Ticketline	V45	293

7.^a CORRIDA MONTEPIO

CORREMOS
UNS PELOS OUTROS

27OUT'19

CLASSIFICAÇÃO

Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
1661	2110	Jorge Silva	00:28:59	00:55:35	00:51:49	1272	GRCD Leião	V45	294
1662	2257	Helena Sousa	00:26:15	00:55:35	00:55:26	1768		V40	32
1663	283	Armando Cruz	00:26:52	00:55:35	00:55:19	1757		V50	186
1664	2629	Tiago Monteiro	00:25:44	00:55:35	00:55:28	1774	swimrunners	Junior	23
1665	3779	Anabela Santos	00:27:34	00:55:36	00:55:33	1786	Linda-a-Pastora Sporting Clube	V45	51
1666	599	Marta Berneaud	00:27:19	00:55:36	00:55:17	1750	Ortobest Running Team	V35	39
1667	830	Rui Abel	00:28:16	00:55:37	00:55:11	1728		V45	295
1668	3784	Antonio Martins	00:28:13	00:55:38	00:54:59	1703		Senior	249
1669	2162	Diogo Barroso	00:30:12	00:55:39	00:54:36	1650		Junior	24
1670	2031	Ramiro Madureira	00:29:53	00:55:39	00:51:55	1291		V40	303
1671	1687	Helena Quental	00:27:03	00:55:40	00:55:18	1752	RunRUs	V45	52
1672	3510	José Cavaco	00:27:39	00:55:40	00:55:34	1787		V55	122
1673	3548	Tiago Sérgio	00:32:03	00:55:40	00:54:16	1597		Junior	25
1674	2642	Bruno Alle	00:26:47	00:55:41	00:55:35	1789	sgs moving forward	Senior	250
1675	3003	José Borges	00:28:42	00:55:41	00:51:59	1301	CCD Sintrense	V55	123
1676	3700	Daniel Fonseca	00:27:22	00:55:41	00:55:32	1782	CLUBE ACCENTURE	Senior	251
1677	3822	Francisco Neto	00:29:22	00:55:41	00:55:09	1724		Senior	252
1678	3699	André Barreiro	00:27:23	00:55:41	00:55:32	1784	CLUBE ACCENTURE	Senior	253
1679	598	Diogo Santos	00:26:26	00:55:42	00:55:41	1799	Coxos do Palmeira	V40	304
1680	3812	Francisco Rocha	00:27:32	00:55:42	00:55:40	1796		Senior	254

7.^a CORRIDA MONTEPIO

CORREMOS
UNS PELOS OUTROS

27OUT'19

CLASSIFICAÇÃO

Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
1681	2802	Samuel Martins	00:30:26	00:55:42	00:51:44	1263		V40	305
1682	514	Orlando Santos	00:27:16	00:55:43	00:55:32	1781	EX FEDERADOS	V45	296
1683	3220	Mario Campos	00:27:43	00:55:44	00:55:33	1785	Clube Millennium Bcp	V70	9
1684	2602	Daniel Gomes	00:28:32	00:55:44	00:54:35	1648		Senior	255
1685	2914	João Martinho	00:28:32	00:55:44	00:54:33	1636		V40	306
1686	3641	Jorge Epifanio	00:28:39	00:55:44	00:54:21	1607	SRED	V40	307
1687	3713	Tiago Costa	00:27:12	00:55:45	00:54:59	1702	CLUBE ACCENTURE	Senior	256
1688	339	Vitor Silva	00:27:16	00:55:45	00:55:28	1773		V60	65
1689	70	João Póvoas	00:27:16	00:55:45	00:55:15	1744		Senior	257
1690	3368	Susana Guerreiro	00:29:35	00:55:45	00:54:33	1639	GD SANTANDERTOTTA	V40	33
1691	69	Joana Jesus	00:27:15	00:55:46	00:55:16	1748		Senior	50
1692	421	Nuno Fragoso	00:30:16	00:55:47	00:51:47	1268		V40	308
1693	544	Ana Carreira	00:27:34	00:55:48	00:55:28	1772		V40	34
1694	3112	Eugénio Santos	00:27:08	00:55:48	00:55:42	1801		V50	187
1695	975	Rute Santos	00:27:43	00:55:48	00:55:19	1758	CA Patameiras	V50	20
1696	455	Catarina Dias	00:27:53	00:55:48	00:55:38	1791		Senior	51
1697	1796	Joana Luís	00:27:34	00:55:50	00:55:27	1771	Runners of Shield	Senior	52
1698	3349	Pedro Reis	00:29:00	00:55:52	00:54:23	1614	GD SANTANDERTOTTA	V45	297
1699	1969	Sofia Ambrioso	00:27:26	00:55:53	00:55:36	1790	brnighrunners	V40	35
1700	383	Telmo Carvalho	00:26:57	00:55:53	00:55:43	1804		V40	309

7.^a CORRIDA MONTEPIO

CORREMOS
UNS PELOS OUTROS

27OUT'19

CLASSIFICAÇÃO

Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
1701	3126	Domingos Machado	00:28:10	00:55:53	00:54:41	1658		V55	124
1702	746	Sara Madeira	00:27:57	00:55:53	00:55:40	1794		V40	36
1703	1071	Beatriz Santos	00:27:49	00:55:54	00:54:39	1656		Senior	53
1704	1725	Vanessa Vieira	00:27:51	00:55:54	00:54:38	1654	Bingo	Senior	54
1705	2727	Jorge Generoso	00:26:44	00:55:54	00:55:40	1795		V40	310
1706	3678	Rodrigo Menezes	00:29:59	00:55:54	00:54:42	1661	Derraik & Menezes	V40	311
1707	175	Hugo Fradique	00:29:19	00:55:56	00:55:32	1783	Olhar de Prata	V35	191
1708	989	Crina Oltean	00:28:27	00:55:56	00:54:59	1700	FarmAtiva	V35	40
1709	1751	Pedro Paulo	00:29:29	00:55:56	00:54:46	1672		V35	192
1710	3284	Carlos Oliveira	00:27:34	00:55:56	00:55:05	1716		V35	193
1711	3702	Fabricio Matos	00:28:25	00:55:57	00:54:48	1677	CLUBE ACCENTURE	Senior	258
1712	2504	Carlos Dias	00:30:34	00:55:57	00:51:35	1241	Corrida Noturna Parque das Nações	V60	66
1713	2788	Pedro Gomes	00:27:52	00:55:57	00:55:42	1800		Senior	259
1714	3399	Pedro Ramalho	00:26:31	00:55:57	00:55:08	1723		Senior	260
1715	2898	Pedro Teixeira	00:31:46	00:55:58	00:48:48	900		V45	298
1716	3543	Marco Barros	00:27:21	00:55:58	00:55:54	1818		V50	188
1717	2003	Paulo Cabaço	00:28:07	00:55:58	00:55:29	1776		V50	189
1718	2700	Manuel Clemente	00:27:59	00:55:59	00:55:43	1802		V70	10
1719	1741	Paulo Rascão	00:27:01	00:55:59	00:55:44	1805		V55	125
1720	2371	Catarina Nicho	00:27:35	00:56:00	00:55:46	1807	Os Galgos	V50	21

7.^a CORRIDA MONTEPIO

CORREMOS
UNS PELOS OUTROS

27OUT'19

CLASSIFICAÇÃO

Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
1721	1739	Jaime Lopes	00:27:00	00:56:00	00:55:46	1808		V40	312
1722	580	Jorge Oliveira	00:27:18	00:56:00	00:55:29	1777		V55	126
1723	3614	Daniel Ferrada	00:27:29	00:56:00	00:54:55	1695		V35	194
1724	792	Marta Fernandes	00:27:36	00:56:00	00:55:55	1824		V50	22
1725	3780	Jorge Lopes	00:26:53	00:56:01	00:55:54	1820		V50	190
1726	1214	Ana Matias	00:27:25	00:56:02	00:55:59	1838	CLUBE COLABORADORES AGEAS	V50	23
1727	372	Antonio Pombinho	00:26:40	00:56:02	00:56:02	1843		V60	67
1728	1233	Sérgio Rodrigues	00:29:58	00:56:03	00:52:21	1344	CLUBE COLABORADORES AGEAS	V45	299
1729	303	Luis Rebelo	00:29:06	00:56:03	00:55:12	1733	Samurais	V50	191
1730	3836	Sofia Caetano	00:27:17	00:56:03	00:55:55	1821	AMATIBÁ	V45	53
1731	1657	Mário Costa	00:30:04	00:56:04	00:54:49	1682		V40	313
1732	742	Susan Pereira	00:27:36	00:56:04	00:55:53	1815	Os Internacionais	V40	37
1733	741	João Tomás	00:27:35	00:56:04	00:55:53	1816	Os Internacionais	V60	68
1734	1413	Paulo Pimpão	00:28:18	00:56:04	00:55:23	1767		Senior	261
1735	907	Monica Azenha	00:28:27	00:56:05	00:55:48	1810		V40	38
1736	1980	Nuno Morgado	00:26:29	00:56:06	00:56:04	1848	100NOÇÃO	V45	300
1737	154	Nuno Rosa	00:28:19	00:56:06	00:55:41	1798		V45	301
1738	401	Fernando Oliveira	00:28:23	00:56:06	00:54:41	1660		V40	314
1739	3200	Antonio Almeida	00:27:54	00:56:06	00:55:54	1817	Clube Millennium Bcp	V50	192
1740	3045	André Henriques	00:26:41	00:56:06	00:55:58	1832	Os Galgos da Picheleira	Senior	262

7.^a CORRIDA MONTEPIO

CORREMOS
UNS PELOS OUTROS

27OUT'19

CLASSIFICAÇÃO

Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
1741	2408	João Almeida	00:27:09	00:56:08	00:56:06	1849	CLUBE ATLETISMO AMIGOS DE BELÉM	V40	315
1742	999	Diogo Santos	00:29:04	00:56:09	00:54:50	1683		Senior	263
1743	3763	Lúis Caldeira	00:28:57	00:56:09	00:54:47	1674		V45	302
1744	2057	Pedro Soveral	00:29:38	00:56:10	00:55:13	1735		Senior	264
1745	2240	Carla Mendes	00:26:49	00:56:10	00:56:09	1855		V35	41
1746	2216	Filipe Cardoso	00:28:31	00:56:11	00:55:34	1788		V45	303
1747	210	Mario Maximino	00:27:19	00:56:11	00:55:59	1834		V40	316
1748	3271	Jose Sousa	00:27:43	00:56:11	00:55:55	1823	CCD TRANQUILIDADE	V55	127
1749	3468	Raul Girão	00:28:04	00:56:11	00:56:08	1853	URBAN RUN TEAM	V60	69
1750	328	Daniel Antunes	00:27:27	00:56:12	00:55:56	1826	camara lisboa clube	V55	128
1751	2434	Ana Cunha	00:27:46	00:56:13	00:56:04	1847	Salesianos running	V40	39
1752	1660	Rodrigo Neves	00:27:51	00:56:13	00:55:57	1828		Senior	265
1753	397	Aníbal Sousa	00:29:28	00:56:15	00:54:45	1671	Sousas	V50	193
1754	1006	Andreia Vieira	00:28:15	00:56:15	00:55:50	1811		Senior	55
1755	2920	Manuel David	00:27:26	00:56:17	00:56:11	1860	N. A. PAPAGAIOS DE CASCAIS	V60	70
1756	2454	Neuza Santos	00:27:39	00:56:17	00:56:02	1844	Grupo Desportivo "O Independente" - Barreiro	Senior	56
1757	722	Nuno Oliveira	00:30:32	00:56:17	00:49:16	961	Santos & Oliveira Lda	V40	317
1758	987	Joao Galveia	00:28:26	00:56:17	00:55:18	1753	FarmAtiva	V40	318
1759	1981	Sofia D.V.C.Morgado	00:26:46	00:56:19	00:56:15	1871	100NOÇÃO	V45	54
1760	2632	Cláudio Branco	00:28:49	00:56:19	00:55:13	1734	sgs moving forward	Senior	266

7.^a CORRIDA MONTEPIO

CORREMOS
UNS PELOS OUTROS

27OUT'19

CLASSIFICAÇÃO

Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
1761	673	José Cruz	00:27:47	00:56:20	00:55:58	1831		V65	29
1762	3610	Vera Guimarães	00:28:54	00:56:21	00:55:22	1763		Senior	57
1763	265	Bernardo Moreno	00:26:33	00:56:22	00:56:13	1867	GINjinha Runners	Junior	26
1764	1267	Nuno Lourenço	00:29:59	00:56:23	00:51:59	1302		V35	195
1765	1325	Filipa Brandão	00:28:13	00:56:23	00:55:57	1829	Correr Loures	V40	40
1766	3087	Marcos Pereira	00:32:45	00:56:24	00:48:08	798		V60	71
1767	3474	Rui Perdigao	00:27:30	00:56:25	00:55:46	1806		V35	196
1768	660	Nuno Neto	00:27:09	00:56:25	00:56:23	1882		V40	319
1769	171	Francisco Morais	00:31:25	00:56:25	00:51:14	1207		V55	129
1770	1493	Marta Lopes	00:27:06	00:56:26	00:56:07	1852		V50	24
1771	1016	Hugo Lopes	00:27:22	00:56:26	00:56:10	1858		V35	197
1772	1220	Inês Rodrigues	00:27:57	00:56:26	00:56:17	1875	CLUBE COLABORADORES AGEAS	V35	42
1773	1602	Rui Vieira	00:29:44	00:56:27	00:52:54	1413	Alces Team	V50	194
1774	2613	Joao Gouveia	00:27:31	00:56:27	00:56:10	1859		V45	304
1775	3173	Lisa Santos	00:27:57	00:56:27	00:56:15	1870		V40	41
1776	2052	Marta Girao	00:27:45	00:56:28	00:56:09	1854		V40	42
1777	2430	Nuno Domingues	00:26:11	00:56:29	00:56:26	1889	Salesianos running	V45	305
1778	596	Luis Inácio	00:30:15	00:56:29	00:51:37	1244		V45	306
1779	2486	Conceição Pina	00:27:24	00:56:31	00:56:25	1886	GFD Running	V50	25
1780	697	João Marques	00:28:29	00:56:31	00:55:23	1765		V40	320

7.^a CORRIDA MONTEPIO

CORREMOS
UNS PELOS OUTROS

27OUT'19

CLASSIFICAÇÃO

Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
1781	3476	Alexandre Costa	00:28:38	00:56:32	00:55:14	1742		Senior	267
1782	3517	Junior Barroso	00:28:12	00:56:32	00:56:19	1877		Senior	268
1783	1893	Diogo Augusto	00:29:26	00:56:33	00:55:17	1751		Senior	269
1784	3138	David Almeida	00:28:53	00:56:33	00:54:41	1659		V45	307
1785	967	Rui Martins	00:28:26	00:56:33	00:55:09	1726		V40	321
1786	2462	Diogo Andraz	00:30:20	00:56:33	00:55:28	1775	Banco BNI Europa	Senior	270
1787	1975	Flavia Penan	00:28:13	00:56:34	00:55:55	1822	brnightrunners	Senior	58
1788	2509	André Rolão	00:29:34	00:56:34	00:53:02	1430	Corrida Noturna Parque das Nações	V35	198
1789	2620	Patrícia Trindade	00:27:04	00:56:34	00:56:25	1887	swimrunners	Senior	59
1790	980	Diogo Barroco	00:29:14	00:56:36	00:55:18	1754	Os Quebra-milhas	Senior	271
1791	2555	João Gaspar	00:27:25	00:56:36	00:56:30	1893		V55	130
1792	1786	Miguel Vasconcelos	00:30:04	00:56:37	00:52:25	1359	JuniRacers	Senior	272
1793	2641	Luísa Henriques	00:27:54	00:56:37	00:56:24	1883	sgs moving forward	V40	43
1794	1250	Nuno Lamas	00:27:58	00:56:37	00:56:12	1863		V40	322
1795	3515	Carlos Amador	00:26:10	00:56:38	00:55:53	1814		V50	195
1796	3711	Ricardo Prazeres	00:28:50	00:56:39	00:55:51	1813	CLUBE ACCENTURE	Senior	273
1797	1128	Laura Horta	00:28:00	00:56:42	00:56:30	1895	Clube Novo Banco	V45	55
1798	2868	Tiago Cavaco	00:33:09	00:56:42	00:48:55	917		Senior	274
1799	3013	João Ramos	00:29:04	00:56:42	00:55:14	1740		V50	196
1800	1323	Catarina Pinto	00:28:58	00:56:43	00:55:58	1833		Senior	60

7.^a CORRIDA MONTEPIO

CORREMOS
UNS PELOS OUTROS

27OUT'19

CLASSIFICAÇÃO

Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
1801	242	Paulo Lourenço	00:29:03	00:56:43	00:55:32	1780		V50	197
1802	3825	Jorge Castanheira	00:28:38	00:56:43	00:56:13	1864		V50	198
1803	724	Jose Pereira	00:28:13	00:56:44	00:56:17	1874		V50	199
1804	774	Ana Correia	00:27:19	00:56:44	00:56:32	1899		V40	44
1805	2230	Manoel Neto	00:29:28	00:56:44	00:55:21	1761		Senior	275
1806	3154	Emanuel Francisco	00:28:54	00:56:47	00:56:21	1881	Hiscox	Senior	276
1807	3070	Manuel Aco	00:27:15	00:56:47	00:56:33	1900		V50	200
1808	2433	Patricia Silva	00:27:17	00:56:48	00:56:34	1905	Salesianos running	V45	56
1809	482	Fernando Marques	00:28:21	00:56:49	00:56:32	1898		V70	11
1810	2779	João Torres	00:28:14	00:56:49	00:56:41	1915		V65	30
1811	769	Sandra Cardoso	00:29:26	00:56:49	00:56:01	1842		V45	57
1812	615	Vasco Santos	00:27:31	00:56:50	00:56:26	1888		V60	72
1813	3430	Miguel Ribeiro	00:29:28	00:56:50	00:56:13	1866		V45	308
1814	1948	João Alves	00:27:45	00:56:50	00:56:39	1911	Goodfelas	V40	323
1815	1177	Ana Neto	00:27:50	00:56:52	00:56:49	1928	Linda-a-Pastora Sporting Clube	V40	45
1816	3782	Fernando Palma	00:27:54	00:56:53	00:56:11	1861		V40	324
1817	3026	João Martins	00:28:00	00:56:53	00:56:14	1868		V45	309
1818	3383	Hélder Conceição	00:28:23	00:56:53	00:56:46	1925		V40	325
1819	3447	Joana Onofre	00:27:52	00:56:53	00:56:42	1919		V35	43
1820	3183	Carina Condeço	00:29:09	00:56:55	00:56:16	1873	WONDER COUPLE	V35	44

7.^a CORRIDA MONTEPIO

CORREMOS
UNS PELOS OUTROS

27OUT'19

CLASSIFICAÇÃO

Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
1821	3615	Jonathan Ellis	00:30:17	00:56:55	00:55:50	1812		V45	310
1822	81	Pedro Amaro	00:28:23	00:56:55	00:56:48	1927		Senior	277
1823	3743	António Reis	00:30:15	00:56:56	00:53:13	1458	Ex-corridos	V55	131
1824	134	Maria Ferreira	00:28:18	00:56:56	00:56:33	1901		V45	58
1825	1884	Albano Silva	00:27:52	00:56:57	00:56:33	1902		V50	201
1826	550	Daniel Pinho	00:31:00	00:56:57	00:49:19	970	Vimos pela francesinha!	Senior	278
1827	3111	Luis Jorge	00:28:11	00:56:58	00:56:37	1908		V55	132
1828	1945	Fernando Marques	00:28:32	00:56:58	00:56:46	1924	Goodfelas	V50	202
1829	3715	Fernando Figueiredo	00:29:09	00:56:58	00:53:18	1466		V50	203
1830	3850	Maurizio Cacucci	00:28:33	00:56:58	00:55:38	1792		V40	326
1831	2471	Rui João	00:30:21	00:57:01	00:55:56	1825	Banco BNI Europa	V45	311
1832	583	José Vale	00:28:23	00:57:01	00:56:53	1940		V55	133
1833	1243	Sofia Farinha	00:28:09	00:57:02	00:56:42	1917		Senior	61
1834	1760	Luís Filipe	00:27:22	00:57:02	00:56:58	1955		V40	327
1835	2553	Marisa Garcia	00:27:58	00:57:03	00:56:35	1907		V40	46
1836	2516	Carolina Alves	00:28:13	00:57:03	00:56:03	1846	Corrida Noturna Parque das Nações	Senior	62
1837	2526	Nuno Azevedo	00:27:38	00:57:03	00:57:01	1959	GDCT Unicre	V45	312
1838	1354	Nuno Mendes	00:27:59	00:57:03	00:56:40	1914	Quarentões na Bisga	V45	313
1839	3617	Marco Santos	00:28:07	00:57:04	00:56:10	1857		Senior	279
1840	191	Sérgio Valente	00:30:29	00:57:05	00:52:23	1355		V40	328

7.^a CORRIDA MONTEPIO

CORREMOS
UNS PELOS OUTROS

27OUT'19

CLASSIFICAÇÃO

Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
1841	2113	José Alves	00:28:46	00:57:05	00:56:50	1931	FIDELIDADE GDC	V40	329
1842	1423	Manuel Dantas	00:28:00	00:57:05	00:56:53	1938		V50	204
1843	1560	Sofia Almeida	00:28:31	00:57:05	00:56:54	1944		Senior	63
1844	3004	Emília Borges	00:27:49	00:57:05	00:56:50	1930	CCD Sintrense	V55	5
1845	2044	João Dias	00:28:20	00:57:05	00:55:59	1835		V45	314
1846	685	Jorge Vieira	00:27:02	00:57:06	00:56:45	1922		V35	199
1847	98	Miguel Silva	00:28:50	00:57:06	00:56:10	1856		Senior	280
1848	3180	Luis Valente	00:30:52	00:57:06	00:56:00	1841		V50	205
1849	2699	Júlio Alves	00:28:29	00:57:06	00:56:52	1937		V55	134
1850	2675	João Pereira	00:28:24	00:57:07	00:56:14	1869	Linda-a-Pastora Sporting Clube	V40	330
1851	2989	Frederico Sousa	00:28:37	00:57:07	00:56:54	1945	lebres e tartarugas	V55	135
1852	2852	André Catela	00:26:27	00:57:08	00:56:54	1943	lebres e tartarugas	Senior	281
1853	743	Jacinto Pereira	00:28:30	00:57:08	00:56:49	1929	LISRUNNING CPA	V60	73
1854	3067	Gualter Barão	00:28:35	00:57:09	00:56:35	1906		V45	315
1855	566	Sandra Oliveira	00:28:02	00:57:10	00:56:47	1926		V45	59
1856	2841	Pedro Authoguia	00:28:27	00:57:10	00:56:18	1876	AON Empower Results	V45	316
1857	3347	Miguel Peixoto	00:29:10	00:57:11	00:56:19	1878		V50	206
1858	106	Luisa Rebordão	00:28:06	00:57:11	00:57:07	1964	Correr Lisboa	Senior	64
1859	2927	Nuno Seabra	00:29:45	00:57:12	00:53:20	1475	Clube TAP PORTUGAL	V45	317
1860	3834	Susana Antunes	00:28:30	00:57:12	00:56:25	1885	Move it	Senior	65

7.^a CORRIDA MONTEPIO

CORREMOS
UNS PELOS OUTROS

27OUT'19

CLASSIFICAÇÃO

Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
1861	3063	Sérgio Pereira	00:28:35	00:57:12	00:56:40	1913		V45	318
1862	1434	Zé Bonifácio	00:28:26	00:57:13	00:57:08	1968	SRCDRF MONTE GODEL	V60	74
1863	1738	Thiago Souza	00:29:48	00:57:13	00:56:19	1879		V35	200
1864	3533	António Bila	00:29:51	00:57:14	00:56:54	1946	Clube Olímpico de Oeiras	V60	75
1865	2478	Aires Ildefonso	00:28:48	00:57:14	00:56:51	1934	Cabeleireiro moda jovem	V60	76
1866	1241	Tatiana Ildefonso	00:28:48	00:57:14	00:56:51	1933		V35	45
1867	2202	Andreia Banha	00:30:25	00:57:16	00:53:39	1512		V35	46
1868	1156	Paulo Ferreira	00:29:39	00:57:16	00:56:50	1932	PPP	V45	319
1869	2440	Henrique Veloso	00:28:12	00:57:17	00:57:09	1969	C.C.D. das Autarquias de Almada	V40	331
1870	212	Joana Pinha	00:28:26	00:57:18	00:57:00	1958	TRY@LEAST	V40	47
1871	3169	João Lamúria	00:28:20	00:57:19	00:56:27	1891		V55	136
1872	3773	Pedro Magalhães	00:28:36	00:57:19	00:57:07	1965		V50	207
1873	888	Pedro Silveira	00:27:58	00:57:19	00:56:51	1935		V45	320
1874	688	António Andrade	00:27:56	00:57:19	00:57:13	1976		V55	137
1875	176	José Lopes	00:29:19	00:57:19	00:56:55	1947	Olhar de Prata	V50	208
1876	177	Antonio Alves	00:29:20	00:57:19	00:56:57	1950	Olhar de Prata	V60	77
1877	2331	Jorge Campos	00:27:22	00:57:20	00:56:39	1912		V45	321
1878	1399	Paula Leão	00:29:13	00:57:21	00:56:00	1840		V45	60
1879	3439	António Fernandes	00:28:02	00:57:21	00:57:10	1970		V40	332
1880	3830	João Martins	00:27:39	00:57:21	00:56:53	1941		V35	201

7.^a CORRIDA MONTEPIO

CORREMOS
UNS PELOS OUTROS

27OUT'19

CLASSIFICAÇÃO

Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
1881	1538	Ricardo Rei	00:29:30	00:57:22	00:56:29	1892	Rangers do Texas	V35	202
1882	1839	Luis Almeida	00:29:31	00:57:22	00:56:16	1872		V45	322
1883	2922	David Roldao	00:29:07	00:57:22	00:57:11	1972	Duo Maravilha	V40	333
1884	983	Augusto Caria	00:27:09	00:57:22	00:56:53	1942	Grupo Barraqueiro	V65	31
1885	2921	Joana Roldao	00:29:07	00:57:23	00:57:11	1973	Duo Maravilha	V35	47
1886	925	Sezinanda Guerreiro	00:28:20	00:57:24	00:56:59	1957		V35	48
1887	475	Pedro Dias	00:27:47	00:57:24	00:57:16	1981		V45	323
1888	1862	Pedro Baptista	00:30:36	00:57:25	00:55:59	1837		V35	203
1889	1961	Fernando Lopes	00:30:38	00:57:25	00:53:33	1503	Gil Eanes Running	V45	324
1890	447	João Esteves	00:28:24	00:57:25	00:55:56	1827		V60	78
1891	1439	Bruno Magalhaes	00:28:04	00:57:25	00:56:30	1894		V45	325
1892	1053	Joaquim Belo	00:31:38	00:57:25	00:50:08	1083		V60	79
1893	2215	Carmen Silva	00:28:38	00:57:25	00:56:57	1952		V35	49
1894	557	Ricardo Dourado	00:27:48	00:57:25	00:57:17	1983		V45	326
1895	1603	Diamantino Pereira	00:26:57	00:57:26	00:57:08	1967	Alces Team	V40	334
1896	431	Alexandre Silva	00:27:53	00:57:26	00:57:04	1961		V40	335
1897	2688	Maria Pedro	00:28:28	00:57:27	00:57:02	1960		V40	48
1898	1674	António Dias	00:27:25	00:57:27	00:57:10	1971	Link	V50	209
1899	246	Eduardo Lopes	00:28:49	00:57:28	00:57:21	1991		V45	327
1900	1793	Gonçalo Felício	00:29:52	00:57:28	00:56:43	1920	JuniRacers	Senior	282

7.^a CORRIDA MONTEPIO

CORREMOS
UNS PELOS OUTROS

27OUT'19

CLASSIFICAÇÃO

Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
1901	1198	Sérgio Castanho	00:27:31	00:57:29	00:56:58	1953		V45	328
1902	2315	Nelson Rua	00:27:58	00:57:29	00:57:14	1977		V35	204
1903	3206	Fernando Serrano	00:30:08	00:57:29	00:53:31	1500	Clube Millennium Bcp	V50	210
1904	2984	Carlos Ferreira	00:28:42	00:57:29	00:56:34	1904		Senior	283
1905	866	Duarte Vargas	00:33:28	00:57:30	00:49:00	928	Authentic Pilates	Senior	284
1906	3304	Ana Godinho	00:27:39	00:57:30	00:57:22	1994	Run Tejo - CM Socks	V45	61
1907	443	José Baixinho	00:28:05	00:57:31	00:57:20	1990		V60	80
1908	3669	Luiz Smelan	00:27:25	00:57:31	00:57:23	1996		Senior	285
1909	654	Paulo Mendes	00:30:11	00:57:32	00:56:12	1862		V45	329
1910	2794	António Gouveia	00:29:21	00:57:32	00:56:57	1951		V45	330
1911	1856	Hugo Colaço	00:28:03	00:57:32	00:57:21	1993		V40	336
1912	2952	António Duarte	00:28:52	00:57:34	00:57:12	1974	Clube do Stress	V55	138
1913	1087	Isabel Rodrigues	00:28:03	00:57:35	00:57:25	1998	Eci Running Team	V50	26
1914	469	Conceicao Ferreira	00:27:27	00:57:36	00:57:28	2005		V65	1
1915	2646	Inês Coelho	00:28:41	00:57:37	00:56:58	1954	brnightrunners	Senior	66
1916	1033	Beatriz Silva	00:28:31	00:57:37	00:57:28	2004		V60	2
1917	2871	Maria Teixeira	00:27:58	00:57:39	00:57:28	2003	Running Club Santa Casa	Senior	67
1918	1705	Nuno Alves	00:28:29	00:57:39	00:57:39	2015		V65	32
1919	3282	Miguel Carrilho	00:29:54	00:57:40	00:57:18	1986		V45	331
1920	2320	Rui Oliveira	00:28:28	00:57:40	00:57:27	2001		V60	81

7.^a CORRIDA MONTEPIO

CORREMOS
UNS PELOS OUTROS

27OUT'19

CLASSIFICAÇÃO

Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
1921	3732	Bruno Conceição	00:30:31	00:57:42	00:53:56	1545	Ex-corridos	V40	337
1922	2084	João Almeida	00:30:29	00:57:42	00:53:57	1546	SS CGD	V50	211
1923	1650	João Duarte	00:28:12	00:57:42	00:57:29	2006		V65	33
1924	2207	João Paulo	00:29:36	00:57:43	00:56:27	1890		V50	212
1925	322	Carlos Sousa	00:33:22	00:57:44	00:50:05	1077	camara lisboa clube	V40	338
1926	326	Paulo Gonçalves	00:33:23	00:57:44	00:50:05	1076	camara lisboa clube	V45	332
1927	913	Miguel Caldas	00:28:12	00:57:44	00:57:34	2012		V50	213
1928	1944	Bruno Barragão	00:28:38	00:57:44	00:57:18	1985	Goodfelas	V40	339
1929	1828	Esmeralda Ramalho	00:28:25	00:57:46	00:57:32	2009		V45	62
1930	798	Joao Alves	00:29:25	00:57:50	00:57:08	1966		V45	333
1931	1947	Pedro Melo	00:28:38	00:57:50	00:57:23	1997	Goodfelas	V45	334
1932	75	Patricia Pires	00:29:13	00:57:51	00:56:59	1956		V40	49
1933	3244	Nuno Contramestre	00:29:50	00:57:51	00:57:19	1988		V45	335
1934	3635	Luisa Pica	00:30:26	00:57:52	00:56:30	1896		V55	6
1935	3585	Rita Infante	00:28:07	00:57:53	00:57:31	2007		V35	50
1936	2114	Diogo Pereira	00:29:14	00:57:53	00:57:19	1987	FIDELIDADE GDC	V50	214
1937	243	Margarida Partidário	00:27:47	00:57:53	00:57:47	2025		Senior	68
1938	1514	José Calheiros	00:31:30	00:57:54	00:54:01	1555		V45	336
1939	3535	Luis Magalhaes	00:27:52	00:57:54	00:57:41	2017		V45	337
1940	3256	Ana Almeida	00:29:52	00:57:55	00:56:38	1909	SS CGD	V35	51

7.^a CORRIDA MONTEPIO

CORREMOS
UNS PELOS OUTROS

27OUT'19

CLASSIFICAÇÃO

Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
1941	1136	Ricardo Fernandes	00:28:12	00:57:55	00:57:53	2036	Clube Novo Banco	V60	82
1942	761	Marco Silva	00:29:24	00:57:56	00:57:15	1979		V45	338
1943	2400	João Santos	00:29:44	00:57:57	00:56:39	1910	Fitness Hut A. Herculano Runners	V50	215
1944	1562	António Faria	00:31:44	00:57:58	00:53:06	1436		V50	216
1945	1223	José Valentim	00:29:18	00:57:58	00:57:43	2021	CLUBE COLABORADORES AGEAS	V45	339
1946	2695	Mafalda Almeida	00:30:30	00:57:59	00:56:43	1921		V35	52
1947	1120	Fernando Filipe	00:28:11	00:58:00	00:57:50	2032	Clube Novo Banco	V50	217
1948	3501	Aline Castro	00:28:00	00:58:00	00:57:47	2026		V40	50
1949	3662	Ágnes Koppányi	00:28:48	00:58:01	00:57:53	2035	Run Tejo - CM Socks	Senior	69
1950	1668	Luis Langa	00:27:57	00:58:04	00:58:00	2049		V55	139
1951	762	Josue Xavier	00:29:59	00:58:05	00:57:19	1989		V40	51
1952	801	Giulia Casagrande	00:29:41	00:58:05	00:57:07	1963		Senior	70
1953	800	Vasco Monteiro	00:29:42	00:58:05	00:57:06	1962		Senior	286
1954	3049	Bruno Silva	00:31:22	00:58:05	00:56:42	1918		V40	340
1955	3268	Artur Gaio	00:29:38	00:58:06	00:54:07	1575	CCD TRANQUILIDADE	V35	205
1956	3274	Elizete Duarte	00:30:41	00:58:06	00:54:22	1610	CCD TRANQUILIDADE	V45	63
1957	2165	Tito Ferreira	00:30:34	00:58:07	00:57:44	2022		Senior	287
1958	2959	Paula Rodrigues	00:29:51	00:58:07	00:57:32	2008		V40	52
1959	1100	Bea Figueiredo	00:28:14	00:58:08	00:57:52	2033	FIDELIDADE GDC	V40	53
1960	2134	Sara Caldas	00:28:51	00:58:09	00:58:04	2056	CF Belenenses	V40	54

7.^a CORRIDA MONTEPIO

CORREMOS
UNS PELOS OUTROS

27OUT'19

CLASSIFICAÇÃO

Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
1961	2668	Luís Castilho	00:29:40	00:58:09	00:56:41	1916		Senior	288
1962	2860	Rodrigo Hartmann	00:29:31	00:58:10	00:57:27	2000		Senior	289
1963	1901	Daniela Pinheiro	00:30:12	00:58:10	00:57:13	1975		V35	53
1964	3015	Miguel Pedro	00:31:42	00:58:11	00:54:09	1578	GRUPO CORRIDA JCS	V45	340
1965	1829	Alexandra Baptista	00:27:40	00:58:11	00:58:08	2067		V40	55
1966	2661	João Costa	00:29:47	00:58:12	00:57:16	1982		Senior	290
1967	163	Ivone Costa	00:28:39	00:58:12	00:58:00	2048	Lotus Centro de Estetica	V35	54
1968	1809	Vera Vicente	00:30:34	00:58:12	00:56:53	1939		V35	55
1969	1873	Filipe Martins	00:30:34	00:58:12	00:56:52	1936		Senior	291
1970	979	Miguel Santos	00:29:14	00:58:13	00:56:55	1948	Os Quebra-milhas	V35	206
1971	2119	Teresa Martins	00:28:41	00:58:13	00:58:08	2066	SS CGD	V60	3
1972	3428	Maria Almeida	00:27:41	00:58:14	00:58:10	2070		V45	64
1973	1957	Peter Jesus	00:28:31	00:58:15	00:58:02	2052	Rio Homem	V45	341
1974	2519	Carlos Viegas	00:27:41	00:58:15	00:58:12	2074	GDCT Unicre	V60	83
1975	1665	Bruno Batista	00:28:16	00:58:15	00:57:42	2018		V35	207
1976	1958	Gonçalo Sousa	00:28:32	00:58:15	00:58:03	2055	Rio Homem	V40	341
1977	3074	Óscar Pereira	00:27:55	00:58:17	00:57:34	2011		V45	342
1978	3326	Luis Isabelinha	00:28:38	00:58:17	00:58:10	2072	Run Tejo - CM Socks	V45	343
1979	2777	Paulo Dinis	00:28:44	00:58:17	00:58:05	2059	Rte O Cartaxeiro - Caneças	V40	342
1980	202	Gonçalo Rocha	00:27:31	00:58:18	00:58:15	2083		V50	218

7.^a CORRIDA MONTEPIO

CORREMOS
UNS PELOS OUTROS

27OUT'19

CLASSIFICAÇÃO

Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
1981	2732	Elisabete Assunção	00:28:08	00:58:19	00:58:07	2064	Assunção	V45	65
1982	2559	Diana Lopes	00:28:25	00:58:20	00:58:18	2087		Senior	71
1983	3115	Jose Ribeiro	00:31:31	00:58:21	00:54:22	1612		V55	140
1984	1779	André Poejo	00:28:25	00:58:21	00:57:27	2002		Senior	292
1985	2906	Fábio Gaudencio	00:32:03	00:58:21	00:53:38	1511		V35	208
1986	182	Tânia Sena	00:27:24	00:58:21	00:58:03	2054		Senior	72
1987	1295	Manuela Machado-Friel	00:29:28	00:58:21	00:57:36	2014		V45	66
1988	631	Rui Soares	00:27:03	00:58:22	00:58:13	2078	HM Motos	V45	344
1989	2502	Ana Gonçalves	00:29:01	00:58:23	00:58:13	2076	Corrida Noturna Parque das Nações	V50	27
1990	558	A Balsemão	00:27:50	00:58:23	00:58:20	2093		V65	34
1991	2306	Sandrine Silva	00:28:42	00:58:24	00:58:10	2071		V45	67
1992	3189	Carlos Vieira	00:28:45	00:58:25	00:57:59	2044		V50	219
1993	627	Luis Matos	00:27:55	00:58:25	00:58:12	2075		V60	84
1994	1171	Andre Silva	00:30:04	00:58:25	00:54:22	1611	CD ARNEIRO	Junior	27
1995	1004	António Monteiro	00:29:49	00:58:26	00:58:06	2061		V70	12
1996	351	Ana Gonçalves	00:26:54	00:58:26	00:58:22	2096		V40	56
1997	3751	Nayara Pinheiro	00:28:46	00:58:26	00:58:12	2073		Senior	73
1998	3037	Hugo Venâncio	00:28:22	00:58:28	00:58:25	2102	SS CGD	V40	343
1999	3224	Fernando Almeida	00:29:53	00:58:28	00:57:59	2043	Clube Millennium Bcp	V50	220
2000	378	João Pereira	00:27:36	00:58:28	00:58:26	2108		V50	221

7.^a CORRIDA MONTEPIO

CORREMOS
UNS PELOS OUTROS

27OUT'19

CLASSIFICAÇÃO

Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
2001	3059	Liliana Correia	00:29:23	00:58:29	00:57:41	2016	Tartarugas Solidárias	Senior	74
2002	1247	Fernando Vaz	00:30:42	00:58:29	00:54:48	1679		V35	209
2003	2127	Catarina Ferreira	00:28:51	00:58:30	00:58:26	2107	CF Belenenses	V45	68
2004	3222	Leonel Brandao	00:28:46	00:58:31	00:58:00	2047	Clube Millennium Bcp	V50	222
2005	3750	Carla Bernardino	00:27:32	00:58:32	00:58:20	2092		V40	57
2006	1680	Rui Guerreiro	00:32:53	00:58:32	00:51:01	1187	Guerreiros de Queluz	V45	345
2007	2839	Miguel Esteves	00:30:58	00:58:32	00:54:22	1609	AON Empower Results	V45	346
2008	2590	Jorge Rebelo	00:29:27	00:58:32	00:58:01	2051		Senior	293
2009	313	Eduardo Manso	00:31:12	00:58:33	00:54:31	1634	camara lisboa clube	V55	141
2010	1438	Jorge Xarepe	00:29:29	00:58:33	00:58:08	2065		V50	223
2011	2584	José Almeida	00:26:08	00:58:33	00:58:20	2094		V50	224
2012	885	Luis Reis	00:28:29	00:58:33	00:57:55	2039		V60	85
2013	2285	Elisabete Farinha	00:28:53	00:58:34	00:58:25	2101		V55	7
2014	78	Ricardo Marques	00:29:27	00:58:35	00:58:05	2058		V35	210
2015	2334	Sofia Antunes	00:29:29	00:58:36	00:58:23	2097	OsAntunes	V40	58
2016	348	Paulo Borges	00:30:52	00:58:37	00:57:35	2013		V50	225
2017	481	Ana Vaz	00:28:52	00:58:39	00:57:56	2040		Senior	75
2018	3259	Rita Nune	00:28:42	00:58:39	00:58:10	2068	Gazelas cintilantes	V35	56
2019	2289	Jorge Chaves	00:27:34	00:58:39	00:58:37	2126		V45	347
2020	594	Rita Correia	00:29:44	00:58:40	00:58:14	2080		V35	57

7.^a CORRIDA MONTEPIO

CORREMOS
UNS PELOS OUTROS

27OUT'19

CLASSIFICAÇÃO

Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
2021	3637	Sara Catita	00:28:32	00:58:41	00:58:18	2090		Senior	76
2022	3638	Alexandre Silva	00:28:31	00:58:41	00:58:18	2088		V35	211
2023	3350	Tiago Pito	00:29:20	00:58:41	00:58:29	2113	GD SANTANDERTOTTA	V40	344
2024	3553	Ana Gonçalves	00:29:42	00:58:41	00:57:48	2027		V40	59
2025	3544	Paula Silva	00:29:42	00:58:42	00:57:49	2029		V45	69
2026	2251	Paulo Faustino	00:27:35	00:58:42	00:58:37	2127		V45	348
2027	3807	Katharina Silva	00:28:01	00:58:42	00:58:38	2129		V50	28
2028	244	Nuno Santos	00:30:39	00:58:44	00:57:22	1995		V40	345
2029	3677	Bruno Almeida	00:30:39	00:58:44	00:57:21	1992		V35	212
2030	2256	Bruno Pinto	00:29:01	00:58:44	00:58:01	2050		V40	346
2031	1517	Ângelo Rosário	00:29:06	00:58:46	00:57:55	2038	Samurais	V40	347
2032	2893	Carla Gomes	00:29:49	00:58:47	00:58:06	2062		V45	70
2033	197	Paulo Sousa	00:29:40	00:58:49	00:58:43	2137		V45	349
2034	1486	Ventura Saraiva	00:25:38	00:58:49	00:58:36	2123	Grupo Recreativo e Desportivo Ribeira da Lage	V65	35
2035	2153	Licinia Rego	00:28:35	00:58:49	00:58:48	2148	Grupo Recreativo e Desportivo Ribeira da Lage	V50	29
2036	406	Joaquim Mamede	00:28:03	00:58:50	00:58:44	2140		V60	86
2037	1843	Avelino Rodrigues	00:29:31	00:58:50	00:57:43	2019		V55	142
2038	1078	Filipe Diogo	00:30:06	00:58:50	00:58:16	2085		V40	348
2039	380	Ana Martiniano	00:29:05	00:58:50	00:58:46	2143		Senior	77
2040	2812	Laura Coelho	00:28:40	00:58:50	00:58:43	2138		V50	30

7.^a CORRIDA MONTEPIO

CORREMOS
UNS PELOS OUTROS

27OUT'19

CLASSIFICAÇÃO

Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
2041	1922	Andreia Vieira	00:28:47	00:58:51	00:58:46	2144		Senior	78
2042	3513	Pedro Luís	00:29:36	00:58:52	00:57:33	2010		Senior	294
2043	3376	Lucio Silva	00:29:39	00:58:53	00:57:26	1999	GD SANTANDERTOTTA	V50	226
2044	964	Marta Malhadas	00:30:22	00:58:56	00:58:16	2084		V35	58
2045	408	Sandra Torres	00:29:49	00:58:56	00:58:16	2086		V35	59
2046	142	Alexandre Lourinho	00:28:50	00:58:57	00:58:46	2145		V45	350
2047	1237	Susana Jesus	00:29:31	00:58:57	00:57:58	2041		V40	60
2048	3689	Filipe Mendonça	00:29:31	00:58:58	00:57:59	2042	Estoril Praia Credibom	V35	213
2049	3423	Tânia Lourenço	00:30:02	00:59:00	00:58:14	2079		Senior	79
2050	2136	Alexandra Queiroz	00:28:48	00:59:01	00:58:55	2154	CF Belenenses	V50	31
2051	3257	Pedro Moleiro	00:30:58	00:59:01	00:58:25	2103	1 Km/x	V40	349
2052	2597	Alessandra Occelli	00:30:18	00:59:01	00:58:18	2089		Senior	80
2053	483	Carlos Franco	00:30:23	00:59:02	00:58:30	2115		V45	351
2054	1637	Miguel Redmont	00:29:13	00:59:02	00:58:40	2133		V45	352
2055	904	Paulo Antunes	00:27:33	00:59:03	00:58:59	2163		V50	227
2056	2957	Carla Palma	00:29:13	00:59:03	00:58:36	2124		V40	61
2057	1804	Joana Esteves	00:29:27	00:59:05	00:58:57	2157		Senior	81
2058	3731	Paulo Oliveira	00:30:31	00:59:05	00:55:21	1760	Ex-corridos	V45	353
2059	1997	Nelson Marques	00:27:32	00:59:05	00:59:02	2166	Picoas	Senior	295
2060	2956	Marco Graça	00:29:12	00:59:06	00:58:38	2128		V40	350

7.^a CORRIDA MONTEPIO

CORREMOS
UNS PELOS OUTROS

27OUT'19

CLASSIFICAÇÃO

Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
2061	2506	Pedro Ferreira	00:29:01	00:59:06	00:58:56	2155	Corrida Noturna Parque das Nações	V45	354
2062	3817	Rui Heitor	00:29:38	00:59:07	00:58:39	2130		V40	351
2063	1826	Daniela Moreira	00:27:27	00:59:08	00:58:57	2158		Senior	82
2064	3086	Nuno Soares	00:30:41	00:59:08	00:57:46	2024		V35	214
2065	2656	Joao Santos	00:28:46	00:59:08	00:59:07	2174		V70	13
2066	2042	Miriam Ferreira	00:28:26	00:59:08	00:58:39	2131		V35	60
2067	2619	Pedro Banon	00:31:43	00:59:09	00:57:59	2045	Tartarugas Solidárias	V40	352
2068	2604	Carlos Brito	00:30:53	00:59:09	00:58:28	2110		V45	355
2069	2155	Francisco Pires	00:28:40	00:59:10	00:58:52	2151	FunBus - Barreiro	V45	356
2070	2979	Vanda Martins	00:29:27	00:59:10	00:58:33	2120		V40	62
2071	1432	Carlos Ferreira	00:27:28	00:59:10	00:59:04	2168		Senior	296
2072	1723	Paulo Vaz	00:31:07	00:59:11	00:55:11	1730	quarteto	V45	357
2073	3384	Augusto Fonseca	00:29:17	00:59:11	00:58:53	2152		V60	87
2074	1872	Pedro Pacheco	00:29:41	00:59:11	00:58:21	2095		V45	358
2075	360	Jorge Pinto	00:30:30	00:59:12	00:58:03	2053		V45	359
2076	2527	Fernando Luz	00:30:30	00:59:12	00:55:32	1779	GDCT Unicre	V45	360
2077	2783	Pedro Coelho	00:29:47	00:59:13	00:57:50	2031		V40	353
2078	3704	Lucas Sanabio	00:29:44	00:59:13	00:58:28	2112	CLUBE ACCENTURE	V35	215
2079	1157	Augusto Pereira	00:30:30	00:59:14	00:58:48	2147	PPP	V50	228
2080	1116	Carla Correia	00:29:11	00:59:14	00:58:58	2161	Clube Novo Banco	V40	63

7.^a CORRIDA MONTEPIO

CORREMOS
UNS PELOS OUTROS

27OUT'19

CLASSIFICAÇÃO

Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
2081	273	Hugo Carabineiro	00:31:53	00:59:15	00:57:49	2028	Team do Bairro	V40	354
2082	1770	Esmeraldo Gonçalves	00:28:59	00:59:15	00:58:41	2134		V45	361
2083	2859	Rafael Hartmann	00:29:53	00:59:15	00:58:31	2117		Senior	297
2084	3117	Susana Tavares	00:29:39	00:59:15	00:59:04	2169		Senior	83
2085	1771	Sandra Gonçalves	00:29:01	00:59:15	00:58:42	2135		V45	71
2086	1355	Odete Francisco	00:28:26	00:59:16	00:59:14	2180	Serranos	V45	72
2087	3233	Beatriz Mariz	00:30:20	00:59:16	00:58:14	2081	Clube Millennium Bcp	Senior	84
2088	3234	Nuno Mariz	00:30:21	00:59:16	00:58:13	2077	Clube Millennium Bcp	V45	362
2089	2010	Pedro Alves	00:28:42	00:59:16	00:58:24	2100		V40	355
2090	1278	Paulo Pais	00:28:13	00:59:18	00:58:45	2142		V40	356
2091	2759	Rui Antunes	00:29:43	00:59:19	00:58:24	2098	GRUPO CORRIDA JCS	V50	229
2092	3695	Tiago Mineiro	00:31:31	00:59:20	00:55:19	1756		V35	216
2093	449	Pedro Gonçalves	00:28:52	00:59:20	00:58:10	2069		V45	363
2094	3441	Pedro Almeida	00:27:59	00:59:20	00:59:14	2179		V40	357
2095	444	Judite Baixinho	00:28:49	00:59:20	00:59:10	2175		Senior	85
2096	2617	Acácio Mendes	00:29:53	00:59:20	00:58:26	2104	Tartarugas Solidárias	V70	14
2097	2682	Joanna Paraizo	00:30:13	00:59:21	00:55:43	1803		Senior	86
2098	3405	Luis Catita	00:29:55	00:59:24	00:58:58	2162		V60	88
2099	1204	Rui Duarte	00:29:38	00:59:24	00:58:28	2111		Senior	298
2100	49	João Figueiredo	00:29:41	00:59:26	00:57:54	2037		V35	217

7.^a CORRIDA MONTEPIO

CORREMOS
UNS PELOS OUTROS

27OUT'19

CLASSIFICAÇÃO

Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
2101	1481	Rui Correia	00:33:53	00:59:26	00:51:50	1277	GDCTINCM	V40	358
2102	2078	Dora Pires	00:28:34	00:59:26	00:59:21	2191	SS CGD	V50	32
2103	1042	Nuno Fernandes	00:31:02	00:59:28	00:58:04	2057		V45	364
2104	965	Albertino Soares	00:29:35	00:59:29	00:59:07	2173		V55	143
2105	555	Ana Rolo	00:29:30	00:59:29	00:58:58	2160	As comadres	V60	4
2106	1282	António Correia	00:30:10	00:59:29	00:58:26	2105		V60	89
2107	816	Ricardo Nogueira	00:29:48	00:59:29	00:59:16	2183		V40	359
2108	1853	Pedro Morais	00:30:31	00:59:30	00:58:15	2082		V35	218
2109	3400	João Soeiro	00:28:53	00:59:30	00:59:16	2181	RUN 4 FUN	V45	365
2110	3469	Helga Girão	00:29:59	00:59:32	00:59:12	2178	URBAN RUN TEAM	V65	2
2111	1526	Luis Ferreira	00:29:53	00:59:32	00:58:37	2125	Dentaleader	V45	366
2112	971	Maria Moradas	00:30:05	00:59:32	00:59:21	2190	Casa do Benfica em Castelo Branco	Senior	87
2113	155	João Pires	00:29:22	00:59:33	00:59:24	2204		V45	367
2114	1271	João Lourenço	00:27:25	00:59:33	00:59:27	2208		V35	219
2115	2322	Daniel Ferreira	00:31:46	00:59:33	00:55:40	1797		V35	220
2116	2923	Paulo Serrano	00:29:14	00:59:34	00:59:18	2187	Alces Team	V50	230
2117	3457	José Catita	00:31:10	00:59:34	00:58:20	2091		V60	90
2118	295	Maria Leitão	00:29:09	00:59:35	00:59:17	2184	MTBA	V45	73
2119	832	Sandra Machado	00:29:38	00:59:35	00:59:21	2194		V45	74
2120	1294	Marcos Duarte	00:27:35	00:59:35	00:58:48	2149		V35	221

7.^a CORRIDA MONTEPIO

CORREMOS
UNS PELOS OUTROS

27OUT'19

CLASSIFICAÇÃO

Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
2121	1334	Paula Sobral	00:30:24	00:59:37	00:58:34	2121	Tartarugas Solidárias	V45	75
2122	3402	Rui Fernandes	00:30:06	00:59:38	00:58:27	2109		V45	368
2123	2892	Mário Silva	00:28:56	00:59:38	00:59:31	2213	Clube Ferroviário de Portugal	V65	36
2124	317	João Figueiredo	00:29:42	00:59:39	00:59:23	2202	camara lisboa clube	V60	91
2125	80	Luis Lopes	00:30:02	00:59:39	00:58:06	2060		V45	369
2126	375	Gonçalo Beirão	00:30:51	00:59:40	00:58:07	2063	RAÚL	V35	222
2127	950	José Gil	00:28:42	00:59:40	00:59:27	2209		V45	370
2128	3219	Joao Portugal	00:29:51	00:59:40	00:59:34	2218	Clube Millennium Bcp	V55	144
2129	3203	Nelson Guimaraes	00:30:14	00:59:41	00:59:31	2215	Clube Millennium Bcp	V70	15
2130	2903	Fernando Silva	00:30:01	00:59:41	00:59:01	2165		V65	37
2131	2405	Rute Sobral	00:32:50	00:59:42	00:55:03	1713	Fitness Hut A. Herculano Runners	V40	64
2132	3606	João Pereira	00:31:14	00:59:43	00:55:54	1819		V45	371
2133	1309	Catia Loureiro	00:29:32	00:59:43	00:59:35	2221		V35	61
2134	3396	Pedro Azenha	00:32:05	00:59:44	00:55:48	1809		V40	360
2135	144	João Davim	00:29:08	00:59:44	00:59:18	2186		Senior	299
2136	3725	João Batista	00:31:17	00:59:44	00:59:23	2199		V55	145
2137	786	Francisco Ponciano	00:29:11	00:59:44	00:58:57	2156		V45	372
2138	2426	Sofia Oliveira	00:29:51	00:59:45	00:59:31	2214	Salesianos running	Senior	88
2139	1299	Pedro Cleto	00:35:02	00:59:45	00:51:50	1276		V45	373
2140	3073	Maria Lacerda	00:28:46	00:59:45	00:59:40	2226		V55	8

7.^a CORRIDA MONTEPIO

CORREMOS
UNS PELOS OUTROS

27OUT'19

CLASSIFICAÇÃO

Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
2141	723	Jose Figueiredo	00:28:16	00:59:46	00:59:44	2230	Santos & Oliveira Lda	V65	38
2142	480	Nelson Cadtecas	00:29:53	00:59:46	00:59:38	2224		V50	231
2143	824	Isabel Redmont	00:29:03	00:59:47	00:59:24	2203		V50	33
2144	730	António Vale	00:31:55	00:59:47	00:55:59	1836	Casal Not Fit	Senior	300
2145	1470	Américo Lança	00:29:55	00:59:48	00:59:10	2176	GDCTINCM	V65	39
2146	135	Paula Rodrigues	00:31:38	00:59:49	00:56:07	1851		V45	76
2147	133	Ana Neves	00:31:46	00:59:49	00:56:06	1850		V45	77
2148	1507	Miguel Fernandes	00:31:22	00:59:49	00:56:20	1880		V45	374
2149	571	António Lopes	00:28:50	00:59:50	00:59:36	2222		V65	40
2150	1300	Jorge Santos	00:29:54	00:59:51	00:58:54	2153		V50	232
2151	3505	Telma Abreu	00:28:59	00:59:52	00:59:25	2205		Senior	89
2152	297	Paulo Cruz	00:28:26	00:59:52	00:59:35	2219	FIDELIDADE GDC	V45	375
2153	3278	Luis Violante	00:25:36	00:59:52	00:59:45	2233		V45	376
2154	1820	Francisco Costa	00:31:32	00:59:53	00:55:22	1764		Junior	28
2155	985	Jose Dias	00:29:55	00:59:54	00:59:36	2223	Grupo Barraqueiro	V60	92
2156	1859	Sandra Dias	00:30:37	00:59:54	00:58:26	2106		V40	65
2157	3184	Tiago Nascimento	00:29:24	00:59:55	00:59:16	2182	WONDER COUPLE	V40	361
2158	2452	Sandrina Valente	00:30:10	00:59:56	00:59:28	2210	Grupo Desportivo "O Independente" - Barreiro	V35	62
2159	2817	Andreia Alves	00:31:15	00:59:56	00:59:07	2171		Senior	90
2160	2083	Henrique Mouta	00:30:35	00:59:56	00:58:44	2139	SS CGD	V35	223

7.^a CORRIDA MONTEPIO

CORREMOS
UNS PELOS OUTROS

27OUT'19

CLASSIFICAÇÃO

Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
2161	3686	Francisco Rosa	00:29:10	00:59:57	00:59:44	2229	ACM MONTEMOR ACORRER	V55	146
2162	181	Marisa Gonçalves	00:31:04	00:59:58	00:58:59	2164	CASA DO PESSOAL DA RTP	Senior	91
2163	657	Humberto Soeima	00:30:27	00:59:59	00:58:40	2132		Senior	301
2164	868	André Costa	00:31:26	01:00:00	00:55:09	1725	Kira	Senior	302
2165	2070	João Fontes	00:32:39	01:00:00	00:55:39	1793	SS CGD	V40	362
2166	2950	Maria Centeno	00:30:23	01:00:01	00:59:20	2189		Senior	92
2167	321	Miguel David	00:31:50	01:00:01	00:55:58	1830	camara lisboa clube	V45	377
2168	76	Marco Pinto	00:30:16	01:00:02	00:59:39	2225		Senior	303
2169	1275	Veloso Maria	00:30:17	01:00:04	00:59:26	2207		V65	3
2170	3458	Victor Santos	00:29:36	01:00:06	00:59:19	2188		V50	233
2171	1055	Maribel Silva	00:29:37	01:00:07	00:59:22	2195		V50	34
2172	2915	Nelson Ramos	00:31:06	01:00:07	00:58:42	2136		V40	363
2173	158	Ricardo Reixa	00:29:04	01:00:07	00:59:48	2235		V40	364
2174	653	Sandra Silva	00:29:04	01:00:07	00:59:48	2237		V45	78
2175	192	Angela Brito	00:30:24	01:00:10	00:59:23	2201		V55	9
2176	277	Luciano Marques	00:28:35	01:00:11	01:00:08	2253		V60	93
2177	3826	Paulo Gomes	00:28:57	01:00:11	00:59:45	2231		V50	234
2178	548	Nuno Úlceras	00:30:05	01:00:12	00:59:45	2232	Mulas Running Team	V50	235
2179	2248	Ana Almeida	00:30:01	01:00:12	00:59:57	2242		V45	79
2180	1307	Francisco Esteves	00:33:53	01:00:12	00:52:04	1312		Senior	304

7.^a CORRIDA MONTEPIO

CORREMOS
UNS PELOS OUTROS

27OUT'19

CLASSIFICAÇÃO

Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
2181	3390	Fernando Gonçalves	00:27:25	01:00:14	01:00:01	2244	Grupo Barraqueiro	V45	378
2182	1529	António Pereira	00:29:03	01:00:14	00:59:26	2206	Os Manecas	Junior	29
2183	1946	Luis Reis	00:28:13	01:00:14	01:00:02	2246	Goodfelas	Senior	305
2184	2055	Ana Pauleta	00:29:13	01:00:14	00:59:11	2177		V40	66
2185	2948	Márcia Jeronymo	00:30:44	01:00:17	00:59:02	2167		V40	67
2186	3833	Carlos Gonçalves	00:31:30	01:00:20	00:56:13	1865	lebres e tartarugas	V60	94
2187	3280	João Moreira	00:30:27	01:00:21	01:00:14	2267		V45	379
2188	1534	André Alves	00:29:41	01:00:23	00:59:32	2216	Rangers do Texas	Senior	306
2189	1313	João Diegues	00:28:56	01:00:23	00:59:35	2220		V45	380
2190	2671	Alberto Carvalho	00:31:46	01:00:23	00:55:59	1839	AFRS	V60	95
2191	1200	David Neto	00:30:49	01:00:23	00:58:50	2150		Senior	307
2192	784	Susana Monteiro	00:29:35	01:00:25	01:00:15	2269		Senior	93
2193	783	Aníbal Francisco	00:29:35	01:00:25	01:00:13	2264		V55	147
2194	2814	Paulo Medeiros	00:28:05	01:00:26	01:00:10	2259		V45	381
2195	36	César Guerra	00:31:37	01:00:28	00:58:47	2146		V50	236
2196	2844	Gonçalo Moura	00:33:17	01:00:28	00:52:41	1393	AON Empower Results	V35	224
2197	2849	Gonçalo Almeida	00:30:16	01:00:29	00:59:41	2227	AON Empower Results	V40	365
2198	1222	João Frade	00:28:21	01:00:30	01:00:27	2282	CLUBE COLABORADORES AGEAS	V45	382
2199	3500	Ricardo Fonseca	00:30:05	01:00:31	01:00:09	2257		V45	383
2200	3104	Jose Bravo	00:30:07	01:00:34	01:00:12	2263		V45	384

7.^a CORRIDA MONTEPIO

CORREMOS
UNS PELOS OUTROS

27OUT'19

CLASSIFICAÇÃO

Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
2201	3560	Filipa Manana	00:29:55	01:00:34	01:00:23	2277		V40	68
2202	1329	Tiago Marques	00:29:18	01:00:35	01:00:09	2258	PIKOS	V50	237
2203	2932	Madalena Pina	00:30:20	01:00:36	00:59:48	2236	Clube TAP PORTUGAL	V50	35
2204	3842	Antonio Oliveira	00:28:10	01:00:36	01:00:12	2262		V45	385
2205	374	Ricardo Silva	00:30:51	01:00:36	00:59:04	2170	RAÚL	V35	225
2206	1787	Francisco Oliveira	00:29:58	01:00:36	00:56:31	1897	JuniRacers	Senior	308
2207	2745	Catarina Pereira	00:29:43	01:00:36	00:59:42	2228	GRUPO CORRIDA JCS	Senior	94
2208	1681	Helena Guerreiro	00:30:17	01:00:37	01:00:09	2256	Guerreiros de Queluz	V45	80
2209	1684	António Guerreiro	00:30:18	01:00:37	01:00:06	2251	Guerreiros de Queluz	V40	366
2210	1195	Lucinda Barata	00:29:40	01:00:38	01:00:27	2283		V55	10
2211	2267	Mariana Elvas	00:30:18	01:00:38	01:00:03	2247		Senior	95
2212	1155	Ana Jan	00:30:29	01:00:39	01:00:14	2268	PPP	V40	69
2213	2242	Ivo Joaquim	00:29:43	01:00:40	01:00:05	2248		V45	386
2214	3101	Joana Garcia	00:29:03	01:00:41	01:00:16	2271		Senior	96
2215	3021	Carlos Gameiro	00:32:04	01:00:42	00:59:18	2185		V60	96
2216	625	André Corvo	00:30:17	01:00:42	01:00:06	2252		V35	226
2217	632	Filipe Soares	00:27:02	01:00:44	01:00:34	2289	HM Motos	Senior	309
2218	570	Rute Lopes	00:28:50	01:00:44	01:00:30	2286		Senior	97
2219	1700	Nuno Martinho	00:30:14	01:00:45	01:00:24	2280		V45	387
2220	136	Bruno Gonçalves	00:31:06	01:00:45	00:59:23	2197		V40	367

7.^a CORRIDA MONTEPIO

CORREMOS
UNS PELOS OUTROS

27OUT'19

CLASSIFICAÇÃO

Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
2221	2105	Eduardo Barradas	00:30:32	01:00:46	00:59:28	2212	Mind Runners	V35	227
2222	1609	Ana Amado	00:30:03	01:00:47	01:00:09	2255	Bolt	V35	63
2223	1611	Pedro Silva	00:30:03	01:00:47	01:00:10	2260	Bolt	V35	228
2224	3832	Maria Silva	00:34:38	01:00:47	00:52:40	1389		V40	70
2225	2738	Alexandra Centeno	00:33:08	01:00:49	00:56:24	1884	GRUPO CORRIDA JCS	V45	81
2226	1729	Sandro Taniça	00:30:25	01:00:50	00:59:33	2217	Bingo	Senior	310
2227	3413	Claudia Matos	00:29:24	01:00:52	01:00:37	2290	Run Forrest Run	V40	71
2228	3682	Humberto Galvao	00:32:41	01:00:52	00:56:56	1949		V45	388
2229	1519	Rafael Matos	00:29:39	01:00:52	01:00:01	2245	Dentaleader	V35	229
2230	2878	Ana Belbute	00:29:37	01:00:52	01:00:23	2278	Jobel	V35	64
2231	2879	Joel Gonçalves	00:29:37	01:00:52	01:00:22	2275	Jobel	V45	389
2232	812	Helder Costa	00:30:57	01:00:52	00:59:28	2211		V45	390
2233	3092	Luís Alves	00:29:53	01:00:52	01:00:39	2293		V55	148
2234	2303	Flavio Martins	00:30:00	01:00:53	01:00:25	2281		Senior	311
2235	1815	João Brito	00:30:21	01:00:54	00:59:23	2200		V45	391
2236	1163	Daniela Maia	00:31:31	01:00:57	00:59:51	2239	CD ARNEIRO	V40	72
2237	2628	Lia Moreira	00:30:21	01:00:57	01:00:24	2279	swimrunners	V40	73
2238	765	Marisa Marruz	00:30:12	01:00:57	01:00:32	2287	AZA - Azambuja com Alma	Senior	98
2239	307	Preeti Yadav	00:29:50	01:00:57	01:00:45	2297		Senior	99
2240	1558	Joao Catarino	00:28:56	01:00:57	01:00:13	2266		V50	238

7.^a CORRIDA MONTEPIO

CORREMOS
UNS PELOS OUTROS

27OUT'19

CLASSIFICAÇÃO

Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
2241	2801	Marina Leitão	00:29:13	01:00:58	01:00:56	2314		V35	65
2242	1089	João Faria	00:28:42	01:00:58	01:00:50	2302	Eci Running Team	V45	392
2243	3512	Jorge Ferreira	00:29:26	01:01:00	01:00:58	2317		V45	393
2244	3696	Bruno Fernandes	00:30:27	01:01:01	00:59:52	2241		V45	394
2245	2670	Gonçalo Silva	00:34:52	01:01:02	00:52:59	1425	AFRS	V40	368
2246	3785	Laurent Theysset	00:30:06	01:01:02	01:00:53	2306		V35	230
2247	1926	Joao Luis	00:29:28	01:01:04	01:00:38	2291		V45	395
2248	1401	Ana Serra	00:30:29	01:01:04	00:59:58	2243		Senior	100
2249	932	Nuno Gonçalves	00:30:46	01:01:04	01:00:06	2250		V55	149
2250	1664	André Pires	00:31:41	01:01:05	01:00:18	2273		Senior	312
2251	1756	Paulo Monteiro	00:31:31	01:01:06	01:00:39	2292		V45	396
2252	1821	João Farinha	00:29:12	01:01:07	01:00:50	2300		V40	369
2253	1208	Tania Correia	00:29:27	01:01:07	01:00:12	2261	grelhada mista	V35	66
2254	2313	Paulo Almeida	00:30:57	01:01:07	01:00:15	2270		V45	397
2255	2721	Cristina Vicente	00:31:20	01:01:08	00:59:47	2234	Correr Lisboa	Senior	101
2256	934	Paulo Oliva	00:29:26	01:01:08	01:00:51	2304		V50	239
2257	2359	Graça Fernandes	00:29:29	01:01:08	01:00:55	2311	Musg@41	V55	11
2258	315	Carlos Ferreira	00:28:49	01:01:12	01:00:56	2316	camara lisboa clube	V55	150
2259	563	Gianne Kracik	00:29:22	01:01:12	01:00:54	2309		Senior	102
2260	858	Sónia Andrade	00:29:52	01:01:12	01:00:54	2310	CCD CRÉDITO AGRÍCOLA MÚTUO	V45	82

7.^a CORRIDA MONTEPIO

CORREMOS
UNS PELOS OUTROS

27OUT'19

CLASSIFICAÇÃO

Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
2261	3401	Nuno Fortes	00:32:44	01:01:15	00:57:14	1978		V45	398
2262	510	Fábio Gomes	00:28:46	01:01:17	01:01:02	2320	Grupo Recreativo Janz e Associados	Senior	313
2263	2964	Patrícia Miranda	00:30:49	01:01:18	01:00:33	2288		V45	83
2264	3693	Dora Duarte	00:28:46	01:01:19	01:01:05	2329		V55	12
2265	529	Rui Duarte	00:29:54	01:01:19	01:01:03	2324		V45	399
2266	2731	Óscar Assunção	00:29:25	01:01:20	01:01:10	2338	Assunção	V50	240
2267	1888	Mafalda Silva	00:30:34	01:01:20	01:00:22	2276		V45	84
2268	3041	Sandra Senas	00:30:33	01:01:20	01:00:21	2274		V45	85
2269	3534	Neuza Magalhães	00:30:50	01:01:21	01:01:00	2319		Senior	103
2270	601	Luisa Costa	00:29:45	01:01:21	01:00:58	2318	Quarentões na Bisga	V50	36
2271	387	Catarina Sá	00:29:20	01:01:22	01:01:03	2325		Senior	104
2272	2053	Sandra Ferreira	00:30:06	01:01:22	01:01:12	2343		V45	86
2273	1508	Sergio Serafim	00:30:56	01:01:23	00:59:50	2238		V35	231
2274	2805	Berta Dias	00:29:38	01:01:24	01:01:16	2350		V55	13
2275	1737	Ana Antunes	00:30:58	01:01:25	01:01:04	2327	Buen Camino	Senior	105
2276	3100	Cláudio Mira	00:31:22	01:01:27	01:00:17	2272		Senior	314
2277	2824	Carla Martiniano	00:30:55	01:01:27	01:01:09	2335	Grupo Barraqueiro	V35	67
2278	1070	Joana Penão	00:31:03	01:01:28	01:00:13	2265		V35	68
2279	2640	Ricardo Lopes	00:31:08	01:01:28	01:01:02	2322	sgs moving forward	V40	370
2280	1076	Maria Esteves	00:30:57	01:01:28	01:00:50	2301	brnighrunners	V50	37

7.^a CORRIDA MONTEPIO

CORREMOS
UNS PELOS OUTROS

27OUT'19

CLASSIFICAÇÃO

Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
2281	1798	Fátima Anselmo	00:29:57	01:01:29	01:01:02	2321	Bomba Team	V45	87
2282	3040	Dora Sousa	00:32:46	01:01:29	00:56:45	1923		V40	74
2283	2846	Vitor Morais	00:31:15	01:01:31	01:00:41	2296	AON Empower Results	V35	232
2284	1173	Rita Antunes	00:34:06	01:01:32	00:54:02	1559	CD ARNEIRO	V35	69
2285	262	Manuel Sequeira	00:30:00	01:01:34	01:01:31	2370	G.D.C.T. REPSOL POLÍMEROS	V65	41
2286	702	Rui Ferreira	00:30:20	01:01:35	01:01:22	2355		V45	400
2287	115	Marco Candeias	00:30:25	01:01:36	01:01:14	2345		V40	371
2288	492	Rui Almeida	00:35:51	01:01:36	00:52:47	1402		V40	372
2289	1897	Fernando Rodrigues	00:30:31	01:01:38	01:01:07	2332		V45	401
2290	3022	João Jorge	00:29:08	01:01:38	01:01:22	2354		Senior	315
2291	2198	Nuno Oliveira	00:28:45	01:01:38	01:01:16	2349	Leão Rampante	V40	373
2292	3409	Paulo Padrão	00:31:06	01:01:39	01:00:05	2249		V50	241
2293	2842	Luis Neto	00:31:16	01:01:40	01:00:49	2299	AON Empower Results	Senior	316
2294	2795	José Amorim	00:32:37	01:01:43	01:01:41	2381		V45	402
2295	1900	Ana Lopes	00:30:00	01:01:43	01:01:16	2348		V55	14
2296	2363	Ricardo Piteira	00:30:38	01:01:44	01:01:24	2357	Os Galgos	Senior	317
2297	1753	Isabel Magalhães	00:29:57	01:01:45	01:01:28	2365		V60	5
2298	3593	Anabela Luis	00:30:41	01:01:45	01:01:20	2353	Running Club Santa Casa	V50	38
2299	3207	Goncalo Serrano	00:33:03	01:01:46	00:57:49	2030	Clube Millennium Bcp	Senior	318
2300	1523	Marta Carvalho	00:30:26	01:01:48	01:00:54	2307	Dentaleader	Senior	106

7.^a CORRIDA MONTEPIO

CORREMOS
UNS PELOS OUTROS

27OUT'19

CLASSIFICAÇÃO

Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
2301	3819	Joaquim Palmeiro	00:31:08	01:01:48	01:01:42	2382		V45	403
2302	806	Edmundo Simoes	00:29:53	01:01:48	01:01:38	2376		V60	97
2303	524	Pedro Lopes	00:29:59	01:01:49	01:01:37	2374		V40	374
2304	2808	Carolina Amorim	00:29:44	01:01:49	01:00:55	2312		Senior	107
2305	3818	Cristina Palmeiro	00:31:09	01:01:49	01:01:45	2390		V45	88
2306	1515	Maria Ribeiro	00:30:19	01:01:51	01:01:46	2391		Senior	108
2307	633	Rui Fonseca	00:31:10	01:01:53	01:01:44	2388	HM Motos	V40	375
2308	2579	Pedro Antunes	00:30:04	01:01:57	01:01:11	2340		Senior	319
2309	3537	Paula Soares	00:30:51	01:01:57	01:00:53	2305		V45	89
2310	1242	Adalberto Grilo	00:30:51	01:01:58	01:00:54	2308		V55	151
2311	1927	Catarina Rocha	00:30:39	01:01:58	01:00:40	2294		Senior	109
2312	3772	Paula Saraiva	00:29:37	01:01:58	01:01:57	2402	Linda-a-Pastora Sporting Clube	V45	90
2313	2567	Joana Baleiras	00:30:36	01:01:58	01:01:07	2333	JuniRacers	Senior	110
2314	3372	Pedro Dias	00:30:46	01:01:58	01:00:46	2298	GD SANTANDERTOTTA	V45	404
2315	3231	Paulo Mariz	00:31:09	01:01:58	01:00:56	2313	Clube Millennium Bcp	V50	242
2316	1149	Paula Mello	00:30:22	01:01:59	01:01:07	2331	Clube Novo Banco	V50	39
2317	1248	Tania Goncalves	00:30:11	01:01:59	01:01:47	2392		Senior	111
2318	3388	Andreia Costa	00:29:54	01:01:59	01:01:50	2394	marvila jovem	Senior	112
2319	695	Ana Marçal	00:29:30	01:02:00	01:01:30	2368		Senior	113
2320	343	Nuno Freire	00:30:52	01:02:01	01:01:15	2346		V45	405

7.^a CORRIDA MONTEPIO

CORREMOS
UNS PELOS OUTROS

27OUT'19

CLASSIFICAÇÃO

Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
2321	3091	Mário Caeiro	00:30:33	01:02:02	01:01:12	2342		V45	406
2322	747	Carla Duarte	00:28:47	01:02:02	01:01:59	2405		V50	40
2323	2249	Hugo Roma	00:32:54	01:02:03	00:58:29	2114		V40	376
2324	2637	Carla Gomes	00:31:00	01:02:03	01:01:26	2361	sgs moving forward	V45	91
2325	3010	Antonio Vieira	00:32:52	01:02:04	01:00:30	2285		V50	243
2326	1460	Luis Moreira	00:29:29	01:02:05	01:01:43	2385		V40	377
2327	1494	Silvia Marçal	00:30:52	01:02:05	01:01:41	2380		V35	70
2328	2166	Patrícia Cunha	00:30:35	01:02:06	01:01:44	2387		Senior	114
2329	873	Nuno Gomes	00:29:54	01:02:06	01:01:34	2373	Clube EDP Lisboa	V50	244
2330	1726	Célia Pinto	00:30:26	01:02:06	01:00:51	2303	Bingo	Senior	115
2331	591	Carla Cardoso	00:31:15	01:02:07	01:01:20	2351		V45	92
2332	68	Paulo Isménio	00:35:23	01:02:08	00:54:07	1576		V40	378
2333	352	Joao Gonçalves	00:29:55	01:02:09	01:02:04	2413		V40	379
2334	2890	António Jorge	00:29:19	01:02:09	01:01:47	2393		V60	98
2335	430	Aline Almeida	00:31:59	01:02:09	01:01:24	2358		V40	75
2336	2345	José Varandas	00:31:00	01:02:10	01:01:09	2337	VMA	V50	245
2337	478	Liliane Ruge	00:31:03	01:02:10	01:01:57	2401		V35	71
2338	2344	Estefânia Vermelhudo	00:31:00	01:02:10	01:01:10	2339	VMA	Senior	116
2339	721	Inês Cardoso	00:30:51	01:02:10	01:01:25	2359		Senior	117
2340	2346	Hugo Duarte	00:31:01	01:02:11	01:01:09	2336	VMA	V40	380

7.^a CORRIDA MONTEPIO

CORREMOS
UNS PELOS OUTROS

27OUT'19

CLASSIFICAÇÃO

Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
2341	2182	Nuno Alves	00:31:20	01:02:11	01:00:41	2295	Força nas Canetas	V55	152
2342	1605	Cláudia Gaspar	00:29:50	01:02:13	01:02:01	2409		Senior	118
2343	2393	Ivo Claro	00:33:43	01:02:14	00:57:43	2020	Tartarugas Solidárias	V40	381
2344	767	Solange Comiran	00:26:56	01:02:15	01:02:14	2424		V50	41
2345	3472	Paulo Gonçalves	00:30:22	01:02:16	01:01:04	2326		V45	407
2346	116	Luis Carvalho	00:36:28	01:02:16	00:54:09	1580		V40	382
2347	2542	João Destapado	00:31:36	01:02:17	01:01:23	2356	CCD PM CASCAIS	V45	408
2348	2474	Vitor Santos	00:31:57	01:02:18	01:01:13	2344	Banco BNI Europa	Senior	320
2349	499	Sandro Medina	00:29:09	01:02:18	01:02:05	2417		Senior	321
2350	2838	Diogo Sampaio	00:29:41	01:02:18	01:01:29	2366	AON Empower Results	Senior	322
2351	857	Sérgio Tavares	00:31:32	01:02:19	01:01:57	2400	CCD CRÉDITO AGRÍCOLA MÚTUO	V35	233
2352	1080	João Cunha	00:30:08	01:02:19	01:01:43	2386		Senior	323
2353	487	Maria Sarabando	00:29:35	01:02:19	01:02:08	2420		V65	4
2354	371	Susana Martiniano	00:32:24	01:02:20	00:58:57	2159		Senior	119
2355	3377	Teresa Silvino	00:31:28	01:02:20	01:01:12	2341	GD SANTANDERTOTTA	Senior	120
2356	3217	Joao Seborro	00:30:45	01:02:21	01:02:09	2422	Clube Millennium Bcp	V50	246
2357	3354	Luis Milheiro	00:30:47	01:02:21	01:02:16	2426	GD SANTANDERTOTTA	V55	153
2358	1763	Mariana Faria	00:33:53	01:02:22	01:01:53	2395		Junior	4
2359	2720	Luís Fraga	00:31:14	01:02:22	01:01:05	2328		V35	234
2360	1882	João Reforço	00:30:31	01:02:23	01:02:05	2418		V35	235

7.^a CORRIDA MONTEPIO

CORREMOS
UNS PELOS OUTROS

27OUT'19

CLASSIFICAÇÃO

Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
2361	3765	Adriano Santos	00:30:04	01:02:24	01:01:27	2363		V35	236
2362	467	Sara Dias	00:29:58	01:02:24	01:02:05	2416		Senior	121
2363	3722	Cecilia Pardal	00:30:49	01:02:24	01:02:03	2410	PARDAIS	V45	93
2364	818	Manuel Costa	00:30:53	01:02:24	01:00:56	2315		V35	237
2365	817	Rodrigo Cardoso	00:32:59	01:02:26	00:58:33	2119		Senior	324
2366	1536	André Pereira	00:30:20	01:02:27	01:01:33	2371	Rangers do Texas	Senior	325
2367	698	Sonia Dantas	00:35:04	01:02:27	01:01:15	2347		V40	76
2368	3858	Avone Keene	00:36:09	01:02:27	00:54:10	1582		V35	238
2369	503	Maria Quitéria	00:31:39	01:02:28	01:01:26	2362	ALGYMNS	V45	94
2370	2458	Carolina Gonçalves	00:31:37	01:02:29	01:01:26	2360	Banco BNI Europa	Senior	122
2371	3550	Marcia Matos	00:30:08	01:02:29	01:02:12	2423		V40	77
2372	2160	António Horta	00:35:19	01:02:29	00:58:00	2046	Tartarugas Solidárias	V60	99
2373	1065	Pedro Laranjeiro	00:30:41	01:02:29	01:01:08	2334		V40	383
2374	2869	Guilherme Relvas	00:28:45	01:02:30	01:02:23	2431		Senior	326
2375	1258	Luís Oliveira	00:33:01	01:02:31	00:58:24	2099		V45	409
2376	3017	Emanuel Gancho	00:29:52	01:02:34	01:01:57	2399		Senior	327
2377	377	Ricardo Filipe	00:30:40	01:02:35	01:01:02	2323	RAÚL	Senior	328
2378	554	Leonor Pinto	00:31:23	01:02:35	01:02:00	2408	As comadres	V45	95
2379	537	Nélia Perdigão	00:31:10	01:02:37	01:01:27	2364		V40	78
2380	1777	Rita Silva	00:29:55	01:02:38	01:02:30	2444		Senior	123

7.^a CORRIDA MONTEPIO

CORREMOS
UNS PELOS OUTROS

27OUT'19

CLASSIFICAÇÃO

Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
2381	2768	Vanda Chaves	00:30:16	01:02:39	01:02:29	2441	brnightrunners	V40	79
2382	3570	6 Min/Km	00:33:11	01:02:39	00:59:21	2193		Senior	124
2383	691	Fernando Martins	00:29:59	01:02:39	01:02:22	2429		V40	384
2384	534	Sergio Ramalho	00:33:01	01:02:39	00:57:46	2023		V35	239
2385	860	Nuno Lopes	00:34:26	01:02:40	00:57:53	2034	Kenianos Azuis	V40	385
2386	1762	Tiago Fernandes	00:32:22	01:02:44	01:01:30	2367		V35	240
2387	501	Nelson Inácio	00:30:30	01:02:46	01:02:23	2430		V45	410
2388	2683	Paulo Coelho	00:30:59	01:02:48	01:01:56	2397		V45	411
2389	1899	Arsénio Santos	00:31:23	01:02:49	01:02:29	2438		V45	412
2390	491	Ana Madeira	00:31:43	01:02:49	01:01:39	2378		V35	72
2391	1898	Cidália Carvalheiro	00:31:23	01:02:49	01:02:31	2447		V35	73
2392	103	Nuno Lanita	00:30:36	01:02:50	01:01:20	2352		V40	386
2393	1710	Pedro Almeida	00:30:16	01:02:50	01:02:20	2428		Junior	30
2394	2776	Filipa Godinho	00:31:58	01:02:50	01:02:29	2437	A Bela e o Monstro	Senior	125
2395	2775	José Henriques	00:31:59	01:02:50	01:02:28	2435	A Bela e o Monstro	V40	387
2396	2782	Mónica Cunha	00:31:41	01:02:52	01:02:36	2451		V35	74
2397	2946	Fernando Duarte	00:30:05	01:02:52	01:02:43	2463		V55	154
2398	3273	Luis Palmeiro	00:32:59	01:02:54	01:02:04	2414	CCD TRANQUILIDADE	V45	413
2399	3360	Paula Figueiredo	00:31:34	01:02:56	01:01:56	2398	GD SANTANDERTOTTA	V55	15
2400	521	João Nita	00:30:08	01:02:56	01:02:32	2448	EX FEDERADOS	V45	414

7.^a CORRIDA MONTEPIO

CORREMOS
UNS PELOS OUTROS

27OUT'19

CLASSIFICAÇÃO

Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
2401	505	Carla Nunes	00:31:48	01:02:57	01:01:34	2372	Os Corre para Comer	V40	80
2402	1352	Luís Cabaça	00:33:44	01:02:57	00:58:33	2118	Tartarugas Solidárias	V40	388
2403	3065	Vitor Geraldès	00:31:24	01:02:58	01:01:43	2383		Senior	329
2404	2787	Carlos Goncalves	00:29:49	01:02:58	01:02:50	2471		V35	241
2405	2949	João Gomes	00:32:47	01:02:59	01:01:45	2389		V45	415
2406	2753	Luiz Vaz	00:33:10	01:02:59	00:58:45	2141	GRUPO CORRIDA JCS	Senior	330
2407	3356	Antonio Castro	00:31:33	01:03:00	01:01:59	2404	GD SANTANDERTOTTA	V50	247
2408	1733	Rui Monteiro	00:28:34	01:03:02	01:02:26	2434	O3R	V35	242
2409	1371	Wilson Afonso	00:32:08	01:03:02	01:01:40	2379	Ticketline	V35	243
2410	3023	Filomena Silva	00:31:31	01:03:02	01:02:33	2449		V45	96
2411	1732	Ana Almeida	00:28:32	01:03:03	01:02:29	2443	O3R	Senior	126
2412	1746	Alain Ktende	00:32:19	01:03:04	01:02:37	2455		V40	389
2413	882	João Lança	00:30:22	01:03:04	01:02:40	2459	FunParra	V35	244
2414	2755	Mónica Maceira	00:30:20	01:03:05	01:02:09	2421	GRUPO CORRIDA JCS	V40	81
2415	2828	Mariana Pereira	00:30:34	01:03:05	01:02:37	2456	EVELX - Associação de Estilos de Vida Saudável	V60	6
2416	1102	Vítor Pereira	00:30:17	01:03:06	01:02:31	2446	run4beer	V55	155
2417	2513	Lurdes Santos	00:31:07	01:03:06	01:02:57	2479	Corrida Noturna Parque das Nações	V35	75
2418	3674	Vanda Soares	00:31:27	01:03:08	01:02:33	2450		V40	82
2419	234	Patrícia Janz	00:30:16	01:03:08	01:02:51	2473	TRY@LEAST	V45	97
2420	85	Gilda Ferreira	00:32:21	01:03:09	01:01:43	2384		V50	42

7.^a CORRIDA MONTEPIO

CORREMOS
UNS PELOS OUTROS

27OUT'19

CLASSIFICAÇÃO

Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
2421	1651	Carlos Alves	00:31:30	01:03:10	01:03:08	2496		V60	100
2422	1114	Antonio Reis	00:29:52	01:03:11	01:03:01	2488	Clube Novo Banco	V50	248
2423	468	Miguel Gamboa	00:29:58	01:03:12	01:02:53	2475		Senior	331
2424	2934	Luis Conceição	00:30:40	01:03:13	01:01:31	2369	Clube TAP PORTUGAL	V35	245
2425	1394	Acácio Gamboa	00:33:09	01:03:15	01:01:54	2396		V45	416
2426	2088	Jorge Figueiredo	00:31:25	01:03:16	01:03:06	2492	SS CGD	V50	249
2427	1306	Telma Branco	00:31:47	01:03:16	01:02:00	2407		Senior	127
2428	3193	José Cóias	00:31:46	01:03:16	01:02:00	2406		Senior	332
2429	2378	Marisa Gonçalves	00:30:49	01:03:16	01:03:00	2486	Os Galgos	V40	83
2430	1326	Lurdes Baeta	00:31:53	01:03:17	01:03:03	2489	Correr Loures	V50	43
2431	1218	Catarina Morgado	00:31:39	01:03:19	01:02:40	2460	CLUBE COLABORADORES AGEAS	V40	84
2432	1297	Carina Amaro	00:32:30	01:03:21	01:02:03	2411		Senior	128
2433	2072	Ana Calinas	00:30:59	01:03:21	01:02:54	2477	SS CGD	V45	98
2434	2406	Sérgio Pontes	00:36:36	01:03:21	00:55:00	1709	Fitness Hut A. Herculano Runners	V40	390
2435	129	Rute Maneira	00:32:26	01:03:21	00:59:23	2198		Senior	129
2436	1411	Marta Silva	00:31:24	01:03:21	01:02:06	2419		Senior	130
2437	1474	Mauro Lança	00:29:02	01:03:22	01:02:48	2469	GDCTINCM	V40	391
2438	869	André Loureiro	00:38:27	01:03:24	00:50:57	1182	Clube EDP Lisboa	V35	246
2439	3749	José Cruz	00:38:26	01:03:25	00:50:57	1179		V35	247
2440	2304	Sílvia Vieira	00:30:18	01:03:25	01:02:51	2472		Senior	131

7.^a CORRIDA MONTEPIO

CORREMOS
UNS PELOS OUTROS

27OUT'19

CLASSIFICAÇÃO

Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
2441	3009	Céu Leitão	00:30:02	01:03:25	01:02:58	2483	CCD Sintrense	V50	44
2442	3024	Fernanda Cecilio	00:32:37	01:03:25	01:02:04	2412		V55	16
2443	292	Ana Vieira	00:30:03	01:03:26	01:03:09	2497		V40	85
2444	680	Cláudia Grencho	00:31:19	01:03:28	01:02:36	2453		V45	99
2445	2955	Francisco Sarrasqueiro	00:31:25	01:03:28	01:03:15	2506		V70	16
2446	1030	João Caeiro	00:30:06	01:03:29	01:03:14	2505		Senior	333
2447	1832	Luis Nunes	00:30:31	01:03:29	01:02:42	2462		V45	417
2448	1630	Antonio Alves	00:30:56	01:03:32	01:03:23	2513		V60	101
2449	2701	João Evaristo	00:32:34	01:03:32	01:02:49	2470		V60	102
2450	1917	Débora Almeida	00:31:32	01:03:33	01:02:37	2457		Senior	132
2451	2718	Ana Feijó	00:30:56	01:03:33	01:02:14	2425		Senior	133
2452	1240	Joana Santos	00:31:38	01:03:33	01:03:00	2485		V40	86
2453	3589	Sandra Nunez	00:31:36	01:03:33	01:02:44	2464		V35	76
2454	452	Inês Lourenço	00:30:04	01:03:33	01:02:52	2474		Senior	134
2455	1931	Ricardo Figueira	00:33:19	01:03:34	01:00:08	2254		V35	248
2456	901	Paulo Silva	00:31:05	01:03:35	01:02:58	2484	1 Km/x	V45	418
2457	3733	Ana Gomes	00:31:43	01:03:35	01:03:12	2503	Ex-corridos	V40	87
2458	3148	Tom Vanoverschelde	00:32:42	01:03:38	01:01:59	2403	Hiscox	V40	392
2459	2618	Carla Mendes	00:32:02	01:03:39	01:02:29	2440	Tartarugas Solidárias	V40	88
2460	1527	Henriqueta Solipa	00:32:01	01:03:39	01:02:28	2436	Tartarugas Solidárias	V55	17

7.^a CORRIDA MONTEPIO

CORREMOS
UNS PELOS OUTROS

27OUT'19

CLASSIFICAÇÃO

Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
2461	1067	Marisa Maia	00:31:49	01:03:40	01:03:11	2502		V45	100
2462	1624	Maria Bento	00:30:15	01:03:41	01:03:18	2507		V60	7
2463	2379	Monica Sousa	00:30:50	01:03:41	01:03:25	2516	Os Galgos	V40	89
2464	575	Pedro Curveira	00:31:24	01:03:43	01:03:13	2504		V55	156
2465	612	Tomás Freire	00:34:37	01:03:44	01:02:24	2433		Junior	31
2466	796	Liberto Santos	00:30:50	01:03:44	01:03:22	2511		V50	250
2467	1412	Paulo Santos	00:31:11	01:03:45	01:03:03	2491		V35	249
2468	795	Ana Santos	00:30:51	01:03:45	01:03:23	2514		V50	45
2469	2574	Sofia Peres	00:31:26	01:03:45	01:02:57	2480	Move it	Senior	135
2470	966	Gonçalo Henrique	00:32:28	01:03:45	01:03:07	2495		V35	250
2471	672	João Lourenço	00:32:28	01:03:46	01:03:09	2498		V45	419
2472	2077	Cristiana Reis	00:33:55	01:03:46	00:59:21	2192	SS CGD	V40	90
2473	1811	Vitoria Monteiro	00:30:24	01:03:47	01:03:45	2543	GRD OS FIXES	V65	5
2474	2576	Ana Fernandes	00:31:26	01:03:47	01:02:57	2478	Move it	V45	101
2475	2186	Isabel Bell	00:30:23	01:03:47	01:03:44	2541	Força nas Canetas	V35	77
2476	2880	Débora Morais	00:32:12	01:03:47	01:02:29	2442		Senior	136
2477	3355	Jose Monteiro	00:30:41	01:03:48	01:03:44	2540	GD SANTANDERTOTTA	V70	17
2478	3011	Francisco Linhol	00:31:35	01:03:48	01:03:11	2500		V65	42
2479	256	Bruno Pereira	00:31:14	01:03:50	01:02:54	2476		V35	251
2480	569	Joana Vieira	00:29:29	01:03:50	01:03:42	2534	Musg@41	V35	78

7.^a CORRIDA MONTEPIO

CORREMOS
UNS PELOS OUTROS

27OUT'19

CLASSIFICAÇÃO

Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
2481	1189	Antonio Mendes	00:32:06	01:03:50	01:02:47	2468		V60	103
2482	1601	Luis Mota	00:32:40	01:03:50	00:59:51	2240		V45	420
2483	1622	Susana Travanca	00:31:49	01:03:54	01:03:24	2515		V45	102
2484	2684	Andreina Silva	00:31:03	01:03:55	01:02:40	2461		Senior	137
2485	2188	Ana Almeida	00:34:26	01:03:55	00:59:07	2172	Os fraquinhos	V35	79
2486	624	Pedro Dias	00:35:10	01:03:55	00:56:33	1903		V45	421
2487	2703	Maria Ferreira	00:31:57	01:03:58	01:03:27	2517		V40	91
2488	2108	José Henriques	00:31:08	01:03:59	01:02:57	2481	EXTOM	V45	422
2489	2109	Maria Afonso	00:31:08	01:03:59	01:02:57	2482	EXTOM	V60	8
2490	2678	Luciano Silva	00:30:36	01:04:00	01:03:22	2512	Shar	V65	43
2491	2507	Fernando Serrano	00:35:12	01:04:02	00:56:03	1845	Corrida Noturna Parque das Nações	V50	251
2492	1419	João Borges	00:30:39	01:04:04	01:03:01	2487		V50	252
2493	302	Beatriz Franco	00:31:38	01:04:06	01:03:51	2550		V60	9
2494	2300	José Santos	00:32:09	01:04:06	01:03:41	2533		V60	104
2495	1064	Ana Jordão	00:31:09	01:04:06	01:03:41	2532	Running Club Santa Casa	Senior	138
2496	3727	Filipe Marques	00:31:35	01:04:09	01:03:32	2522	Sofimagos	Senior	334
2497	132	Maria Silva	00:30:44	01:04:12	01:03:38	2526		V50	46
2498	340	Bruno Alexandre	00:27:53	01:04:12	01:03:55	2555		V35	252
2499	1234	Tânia Alvas	00:32:11	01:04:13	01:04:05	2566	CLUBE COLABORADORES AGEAS	Senior	139
2500	2833	Jorge Guapo	00:29:19	01:04:15	01:04:05	2567		V45	423

7.^a CORRIDA MONTEPIO

CORREMOS
UNS PELOS OUTROS

27OUT'19

CLASSIFICAÇÃO

Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
2501	2673	Carlos Marques	00:31:57	01:04:15	01:03:44	2539	Linda-a-Pastora Sporting Clube	V80	1
2502	3480	Sofia Santos	00:31:51	01:04:16	01:03:38	2527		V35	80
2503	2321	Fernando Andrade	00:31:59	01:04:16	01:03:43	2536		V70	18
2504	2192	Isabel Lino	00:31:58	01:04:16	01:03:46	2545	Linda-a-Pastora Sporting Clube	V70	1
2505	2193	Jose Alagador	00:32:00	01:04:16	01:03:46	2546	Linda-a-Pastora Sporting Clube	V70	19
2506	2039	Judite Basilio	00:32:21	01:04:17	01:02:47	2466		V55	18
2507	2050	Nuno Ferreira	00:30:30	01:04:18	01:04:08	2573		V45	424
2508	1348	Luis Fernandes	00:33:17	01:04:20	01:00:27	2284	condores varge mondar	V50	253
2509	3645	Vera Matos	00:30:59	01:04:21	01:03:28	2520		Senior	140
2510	3694	Inês Ribeiro	00:31:49	01:04:23	01:03:42	2535		Senior	141
2511	3232	Estrela Mariz	00:31:59	01:04:24	01:03:22	2510	Clube Millennium Bcp	V50	47
2512	166	Joaquim Paula	00:30:48	01:04:25	01:03:39	2530		V45	425
2513	1322	Ana Pereira	00:32:20	01:04:26	01:03:39	2529		V45	103
2514	560	Dídia Ferreira	00:32:21	01:04:26	01:03:39	2528		V40	92
2515	581	Maria Andrade	00:30:50	01:04:27	01:04:09	2575		V40	93
2516	3075	Jorge Maia	00:31:59	01:04:27	01:03:37	2524		V45	426
2517	2953	Manuel Duarte	00:30:42	01:04:27	01:04:20	2582	Clube do Stress	V50	254
2518	170	Francisco Mimoso	00:32:05	01:04:27	01:04:03	2561		V60	105
2519	690	Joel Silva	00:32:19	01:04:30	01:04:04	2565		V45	427
2520	676	Daniel Leitão	00:32:19	01:04:30	01:04:05	2568		V60	106

7.^a CORRIDA MONTEPIO

CORREMOS
UNS PELOS OUTROS

27OUT'19

CLASSIFICAÇÃO

Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
2521	2101	Tânia Nunes	00:30:48	01:04:31	01:03:54	2553	Explosive Girls	Senior	142
2522	3058	Marta Barros	00:34:33	01:04:31	01:03:07	2494		Senior	143
2523	418	Rui Ribeiro	00:32:53	01:04:32	01:03:06	2493		V45	428
2524	1501	Tânia Pinto	00:32:55	01:04:33	01:02:47	2467		V35	81
2525	495	André Freitas	00:32:35	01:04:36	01:03:21	2509		V40	393
2526	1074	Manuel Landicho	00:30:43	01:04:36	01:03:44	2537		V50	255
2527	1541	Carla Costa	00:33:56	01:04:37	01:03:10	2499	As Quenianas	V40	94
2528	1543	Veronica Piazza	00:33:56	01:04:37	01:03:11	2501	As Quenianas	V35	82
2529	928	Paulo Oliveira	00:32:49	01:04:40	01:03:20	2508		V45	429
2530	2268	Katia Alves	00:31:20	01:04:41	01:04:31	2589		V40	95
2531	390	Joao Dias	00:29:51	01:04:41	01:04:30	2588		V50	256
2532	2384	Luís Abreu	00:31:42	01:04:42	01:03:27	2518	Vimos pela francesinha!	Senior	335
2533	1599	Ricardo Peças	00:30:53	01:04:42	01:03:32	2523		V40	394
2534	2466	João Henriques	00:32:04	01:04:43	01:03:39	2531	Banco BNI Europa	V40	395
2535	206	João Santos	00:31:50	01:04:43	01:04:37	2596		V35	253
2536	1231	Paulo Pinto	00:32:05	01:04:43	01:04:02	2560	CLUBE COLABORADORES AGEAS	V55	157
2537	1217	Catarina Altas	00:32:05	01:04:44	01:04:03	2564	CLUBE COLABORADORES AGEAS	V45	104
2538	781	Carla Vieira	00:31:18	01:04:46	01:04:14	2578		V40	96
2539	1440	Rui Travanca	00:31:48	01:04:49	01:04:19	2580		V50	257
2540	574	José Capucho	00:31:05	01:04:51	01:04:06	2570		V55	158

7.^a CORRIDA MONTEPIO

CORREMOS
UNS PELOS OUTROS

27OUT'19

CLASSIFICAÇÃO

Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
2541	3085	Filipa Inácio	00:31:34	01:04:51	01:04:06	2569		V40	97
2542	2097	Iva Oliveira	00:32:17	01:04:53	01:04:35	2592	Morais Leitão	V45	105
2543	2212	António Gonçalves	00:32:40	01:04:54	01:03:44	2538		V45	430
2544	1542	Ana Maltez	00:33:56	01:04:54	01:03:28	2519	As Quenianas	V35	83
2545	2985	Goncalo Uva	00:31:36	01:04:54	01:04:10	2576		V40	396
2546	1305	Marco Silva	00:34:10	01:04:56	01:04:03	2562		V45	431
2547	2556	Miguel Garanhoto	00:33:23	01:04:57	01:03:56	2556		V40	397
2548	1058	Irene Magalhaes	00:30:51	01:04:57	01:04:53	2624		V65	6
2549	3239	Antonio Henriques	00:31:55	01:04:59	01:03:55	2554		V60	107
2550	2829	Maria Santos	00:32:38	01:04:59	01:04:36	2593	EVELX - Associação de Estilos de Vida Saudável	V60	10
2551	2757	Regina Barbosa	00:33:32	01:05:01	01:03:52	2551	GRUPO CORRIDA JCS	Senior	144
2552	2236	David Koenig	00:33:28	01:05:02	01:03:56	2557		Junior	32
2553	1153	Xana Filipe	00:30:44	01:05:02	01:04:53	2623	Clube Novo Banco	V45	106
2554	1256	Ricardo Nogueira	00:33:36	01:05:03	01:04:07	2571		Senior	336
2555	2715	Luis Compoete	00:31:45	01:05:03	01:03:53	2552		V45	432
2556	2151	Sílvia Campos	00:32:18	01:05:04	01:04:47	2610	Correr Loures	V40	98
2557	1730	Maria Andrade	00:32:33	01:05:05	01:04:48	2614	Doidas	V45	107
2558	1731	Carla Fonseca	00:32:33	01:05:05	01:04:48	2613	Doidas	Senior	145
2559	3768	Izilda Lourenço	00:31:28	01:05:05	01:04:44	2604		V50	48
2560	2117	Ana Silva	00:31:24	01:05:06	01:04:54	2627	FIDELIDADE GDC	V40	99

7.^a CORRIDA MONTEPIO

CORREMOS
UNS PELOS OUTROS

27OUT'19

CLASSIFICAÇÃO

Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
2561	1935	Ana Simões	00:33:33	01:05:06	01:03:49	2549		Senior	146
2562	785	Susana Proença	00:32:37	01:05:06	01:03:38	2525		V40	100
2563	127	Rui Meneses	00:32:55	01:05:06	01:03:45	2542		V40	398
2564	3386	Joaquim Maria	00:32:27	01:05:07	01:03:29	2521	Frufresh Runners	V40	399
2565	1168	Rita Maio	00:31:32	01:05:10	01:04:28	2586	CD ARNEIRO	Junior	5
2566	1345	Luís Meira	00:29:38	01:05:10	01:04:58	2633	condores varge mondar	V45	433
2567	2366	Vanda Costa	00:32:14	01:05:10	01:04:53	2625	Os Galgos	V35	84
2568	2781	Valter Nunes	00:31:40	01:05:11	01:04:55	2629		V40	400
2569	3728	Ana Marques	00:31:13	01:05:11	01:04:34	2591	Sofimagos	Senior	147
2570	732	Anabela Simões	00:33:07	01:05:11	01:04:46	2607		V50	49
2571	3558	Sandra Costa	00:33:07	01:05:12	01:04:55	2628		Junior	6
2572	3665	João Costa	00:36:46	01:05:12	00:57:17	1984	GFD Running	V60	108
2573	2761	Sérgio Santos	00:29:25	01:05:12	01:04:57	2630	GRUPO CORRIDA JCS	Senior	337
2574	1324	Elsa Sousa	00:32:23	01:05:14	01:04:58	2631	Correr Loures	V45	108
2575	3473	Carlos Guerreiro	00:31:34	01:05:16	01:04:37	2594		V60	109
2576	794	Sónia Godinho	00:32:23	01:05:17	01:05:00	2636	Correr Loures	V40	101
2577	3566	Joana Ferreira	00:32:05	01:05:17	01:04:42	2601		Senior	148
2578	1301	Vitor Nunes	00:32:37	01:05:17	01:04:20	2583		V50	258
2579	1315	Dora Gomes	00:32:34	01:05:17	01:04:44	2605		V40	102
2580	400	Sara Sousa	00:31:52	01:05:17	01:03:48	2548	Sousas	Senior	149

7.^a CORRIDA MONTEPIO

CORREMOS
UNS PELOS OUTROS

27OUT'19

CLASSIFICAÇÃO

Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
2581	2609	Silvia Pinto	00:33:55	01:05:18	01:04:07	2572		V40	103
2582	130	Verónica Cruz	00:29:58	01:05:18	01:05:08	2641		V40	104
2583	2780	Rogério Almeida	00:30:47	01:05:26	01:05:18	2650		V40	401
2584	3179	Pedro Faro	00:32:47	01:05:26	01:04:19	2581		V50	259
2585	2650	Gabriel Antunes	00:30:46	01:05:26	01:05:17	2647		V40	402
2586	2054	Mário Rodrigues	00:32:36	01:05:26	01:04:26	2585		V45	434
2587	3783	João Pinto	00:34:36	01:05:28	01:04:31	2590		V55	159
2588	3681	Constâncio Almeida	00:34:37	01:05:28	01:04:30	2587		V60	110
2589	2418	Carlos Cortês	00:33:44	01:05:30	01:01:06	2330	PowerBoost Club	V55	160
2590	1697	Eunice Silva	00:30:52	01:05:30	01:05:27	2661	Roodinhas/Santos Silva-oxygen fitness	V45	109
2591	3748	Augusto Djú	00:31:32	01:05:32	01:05:00	2637		V55	161
2592	3698	Ana Moraes	00:31:29	01:05:33	01:04:47	2612	CLUBE ACCENTURE	V45	110
2593	128	Rogério Fernandes	00:36:41	01:05:34	00:57:16	1980		V45	435
2594	3406	Luis Pimentel	00:32:56	01:05:35	01:03:47	2547		Senior	338
2595	3343	Paulo Levy	00:32:56	01:05:35	01:03:46	2544		V40	403
2596	1279	Carla Correia	00:34:17	01:05:37	01:01:38	2377	brnighrunners	V40	105
2597	3211	Celia Lourenco	00:33:37	01:05:37	01:01:38	2375	Clube Millennium Bcp	V45	111
2598	52	Cristina Aguiã	00:32:32	01:05:37	01:04:46	2609		V50	50
2599	53	Matilde Fernandes	00:32:33	01:05:37	01:04:46	2608		V50	51
2600	1014	Sofia Lourenço	00:32:28	01:05:37	01:04:59	2634		Senior	150

7.^a CORRIDA MONTEPIO

CORREMOS
UNS PELOS OUTROS

27OUT'19

CLASSIFICAÇÃO

Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
2601	281	Tiago Fernandes	00:31:52	01:05:38	01:04:13	2577		Senior	339
2602	1458	Marisa Martins	00:33:33	01:05:39	01:04:03	2563		V40	106
2603	1504	Adelaide Leitão	00:32:09	01:05:41	01:04:58	2632		V45	112
2604	3511	Jacinto Nunes	00:32:58	01:05:41	01:04:17	2579		V60	111
2605	731	Sandra Marques	00:30:54	01:05:41	01:05:14	2643	Casal Not Fit	V35	85
2606	2159	Vanda Oliveira	00:33:37	01:05:42	01:04:39	2598	Tartarugas Solidárias	V45	113
2607	391	Magda Ribeiro	00:33:17	01:05:43	01:04:53	2622		V35	86
2608	2352	Ricardo Fonseca	00:33:42	01:05:43	01:04:50	2615	Casa do Pessoal do IVA	V40	404
2609	2350	Altino Silva	00:33:41	01:05:43	01:04:51	2618	Casa do Pessoal do IVA	V75	5
2610	2353	Sandra Silva	00:33:42	01:05:43	01:04:50	2616	Casa do Pessoal do IVA	V45	114
2611	282	Tiago Sabino	00:33:12	01:05:43	01:02:05	2415		Senior	340
2612	1454	Tânia Rodrigues	00:31:53	01:05:44	01:05:11	2642		V35	87
2613	2041	Carla Almeida	00:31:03	01:05:44	01:05:36	2668		V40	107
2614	3265	Cláudia Tam	00:32:46	01:05:44	01:05:19	2651	CCD TRANQUILIDADE	V35	88
2615	1489	Maria Ribeiro	00:33:34	01:05:45	01:04:51	2617		V50	52
2616	1955	Narendra Ginã	00:32:33	01:05:46	01:05:26	2658	ADRC Mata de Benfica	V40	405
2617	3649	Pedro Teixeira	00:31:39	01:05:46	01:04:37	2595		Senior	341
2618	2374	Galgo Toné	00:32:31	01:05:48	01:05:24	2657	Os Galgos	V55	162
2619	1781	Ana Goncalves	00:32:31	01:05:48	01:05:24	2656		V50	53
2620	2451	Ana Caetano	00:33:47	01:05:49	01:04:47	2611	Grupo Desportivo "O Independente" - Barreiro	Senior	151

7.^a CORRIDA MONTEPIO

CORREMOS
UNS PELOS OUTROS

27OUT'19

CLASSIFICAÇÃO

Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
2621	1555	Tânia Garcia	00:32:39	01:05:49	01:04:40	2599		Senior	152
2622	3756	José Vieira	00:30:02	01:05:50	01:05:37	2670		V55	163
2623	1338	Mario Soares	00:31:57	01:05:52	01:04:52	2620		V65	44
2624	3622	Ana Soares	00:31:59	01:05:52	01:04:52	2619		Senior	153
2625	1449	Sandra Inácio	00:31:45	01:05:52	01:04:46	2606		V40	108
2626	1499	Luis Machado	00:31:30	01:05:57	01:05:37	2671		V40	406
2627	94	João Ferreira	00:31:41	01:05:58	01:05:14	2644	GINjinha Runners	V45	436
2628	1500	Filipa Cardoso	00:31:32	01:05:58	01:05:36	2667		V40	109
2629	1903	Sílvia Pereira	00:29:53	01:06:00	01:05:47	2683		V40	110
2630	2465	Joana Vieira	00:32:07	01:06:00	01:04:54	2626	Banco BNI Europa	Senior	154
2631	1902	Paulo Pereira	00:30:39	01:06:00	01:05:45	2682		V45	437
2632	542	Antonio Franco	00:37:23	01:06:00	00:58:31	2116		V50	260
2633	1255	Ana Almeida	00:32:54	01:06:01	01:04:38	2597		V35	89
2634	3661	Daniela Albuquerque	00:32:14	01:06:02	01:05:43	2677	Correr Lisboa	V35	90
2635	1645	Leticia Silva	00:31:57	01:06:03	01:05:54	2684		V55	19
2636	2080	Francisco Clerigo	00:36:12	01:06:03	00:58:36	2122	SS CGD	V65	45
2637	2051	Eduarda Junça	00:32:33	01:06:04	01:05:20	2654		V45	115
2638	2863	Aline Santos	00:32:55	01:06:04	01:04:43	2603		V35	91
2639	2045	Ana Junça	00:32:33	01:06:04	01:05:21	2655		V45	116
2640	15	Sónia Martins	00:31:54	01:06:05	01:05:44	2680		V35	92

7.^a CORRIDA MONTEPIO

CORREMOS
UNS PELOS OUTROS

27OUT'19

CLASSIFICAÇÃO

Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
2641	2419	João Pires	00:32:00	01:06:07	01:05:03	2638	PowerBoost Club	V50	261
2642	770	Fernando Chasqueira	00:31:48	01:06:08	01:05:45	2681		V65	46
2643	540	Ilda Costa	00:33:58	01:06:09	01:04:42	2602		V40	111
2644	847	Carmen Santos	00:31:56	01:06:10	01:05:42	2674	CCD CRÉDITO AGRÍCOLA MÚTUO	V35	93
2645	3039	Nelson Ramos	00:31:26	01:06:12	01:05:19	2653		V45	438
2646	1043	Nicolau Furtado	00:31:12	01:06:13	01:05:54	2687		V55	164
2647	3625	Sofia Santos	00:32:41	01:06:14	01:05:00	2635		V35	94
2648	1655	Teresa Quaresma	00:33:49	01:06:15	01:05:16	2646		V45	117
2649	3208	Carlos Tome	00:30:09	01:06:16	01:06:07	2698	Clube Millennium Bcp	V65	47
2650	3539	João Alves	00:36:51	01:06:17	00:59:22	2196		V50	262
2651	726	José Martins	00:32:32	01:06:17	01:02:20	2427		V50	263
2652	3276	Luís Silva	00:34:13	01:06:22	01:02:39	2458	CCD TRANQUILIDADE	V45	439
2653	3176	Diogo Baptista	00:32:41	01:06:22	01:05:36	2669		V45	440
2654	174	Ivo Mendes	00:33:48	01:06:24	01:05:27	2660		V40	407
2655	2253	Vanda Lima	00:31:37	01:06:24	01:06:17	2709		V35	95
2656	2299	Maria Santos	00:33:02	01:06:25	01:06:00	2694		V60	11
2657	2748	Felipe Godoy	00:29:51	01:06:26	01:06:13	2703	GRUPO CORRIDA JCS	V35	254
2658	2750	João Colaço	00:29:51	01:06:26	01:06:16	2706	GRUPO CORRIDA JCS	V45	441
2659	2742	Bruno Lucas	00:29:51	01:06:26	01:06:13	2704	GRUPO CORRIDA JCS	V35	255
2660	3392	Rui Vaz	00:32:33	01:06:26	01:05:08	2640		V45	442

7.^a CORRIDA MONTEPIO

CORREMOS
UNS PELOS OUTROS

27OUT'19

CLASSIFICAÇÃO

Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
2661	2410	Manuel Gomes	00:32:24	01:06:26	01:05:17	2648	Clube Marginal	V50	264
2662	2549	Sara Carvalha	00:32:40	01:06:27	01:05:28	2663		V45	118
2663	1833	Luis Lopes	00:32:40	01:06:27	01:05:29	2665		V65	48
2664	1834	Luis Lopes	00:32:39	01:06:27	01:05:28	2662		V35	256
2665	2409	Francisco Coito	00:32:25	01:06:27	01:05:19	2652	Clube Marginal	V65	49
2666	1239	Elsa Alves	00:31:57	01:06:29	01:06:17	2708		V35	96
2667	2826	Manuel Novais	00:32:55	01:06:29	01:05:07	2639	Grupo Barraqueiro	V45	443
2668	1341	Adelaide Almeida	00:32:37	01:06:32	01:05:54	2685		V40	112
2669	2254	Manuel Narciso	00:31:58	01:06:32	01:06:19	2713		V55	165
2670	2523	Paulo França	00:33:00	01:06:33	01:06:24	2716	GDCT Unicre	V55	166
2671	2252	Natália Narciso	00:31:57	01:06:33	01:06:19	2712		V55	20
2672	2524	Bento Correia	00:33:00	01:06:33	01:06:24	2715	GDCT Unicre	V55	167
2673	1226	Margarida Simão	00:34:59	01:06:37	01:02:37	2454	CLUBE COLABORADORES AGEAS	Senior	155
2674	347	Ana Oliveira	00:32:57	01:06:38	01:06:26	2721	Correr Lisboa	V45	119
2675	1520	Sílvia Costa	00:32:39	01:06:39	01:05:44	2678	Dentaleader	V45	120
2676	2530	Pedro Sarrasqueiro	00:34:45	01:06:39	01:03:03	2490	GDCT Unicre	V35	257
2677	2918	Julia Werneck	00:33:19	01:06:39	01:05:14	2645		V35	97
2678	1376	Carla Pereira	00:35:58	01:06:40	01:05:17	2649	Ticketline	V45	121
2679	3854	Dino Lopes	00:32:32	01:06:42	01:05:31	2666		Senior	342
2680	79	Luciano Reis	00:33:41	01:06:42	01:02:36	2452		V55	168

7.^a CORRIDA MONTEPIO

CORREMOS
UNS PELOS OUTROS

27OUT'19

CLASSIFICAÇÃO

Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
2681	3034	Catarina Pestana	00:33:12	01:06:44	01:06:26	2718		V45	122
2682	689	João Miguel	00:33:30	01:06:46	01:06:26	2720		V80	2
2683	2007	Jorge Domingues	00:33:13	01:06:47	01:06:18	2711		V65	50
2684	626	Luis Proença	00:31:55	01:06:52	01:05:28	2664		V45	444
2685	3353	Samuel Rosado	00:32:23	01:06:55	01:05:42	2676	GD SANTANDERTOTTA	V40	408
2686	2191	Cláudia Costa	00:36:41	01:06:56	01:05:26	2659	Os fraquinhos	V55	21
2687	156	Luísa Santos	00:31:50	01:06:57	01:06:50	2739		V50	54
2688	1963	António Pereira	00:33:59	01:06:58	01:05:42	2675	Gil Eanes Running	V65	51
2689	2475	Jorge Delgado	00:33:35	01:06:58	01:05:56	2688	Banco BNI Europa	V35	258
2690	1083	Adriana Pedro	00:30:52	01:06:58	01:06:43	2730	Eci Running Team	Senior	156
2691	877	Carla Duarte	00:35:20	01:06:59	01:02:29	2439	Tartarugas Solidárias	V45	123
2692	1724	Andreia Costa	00:35:23	01:06:59	01:02:30	2445	Tartarugas Solidárias	V40	113
2693	2461	Diana Basílio	00:33:35	01:07:00	01:05:58	2691	Banco BNI Europa	Senior	157
2694	1363	Joao Basilio	00:33:35	01:07:00	01:05:58	2692		V55	169
2695	2223	Carla Pereira	00:32:57	01:07:00	01:05:57	2689		V45	124
2696	2233	Joana Matos	00:32:58	01:07:00	01:05:57	2690		V35	98
2697	1105	Vanda Covas	00:33:07	01:07:01	01:06:41	2726	2x1	V35	99
2698	3503	Teresa Carvalho	00:32:46	01:07:02	01:06:46	2735		Senior	158
2699	1522	Pedro Pereira	00:31:14	01:07:04	01:06:12	2702	Dentaleader	Senior	343
2700	3676	Elisabeth Loureiro	00:33:32	01:07:04	01:06:03	2695	Sporting Clube de Casainhos	V60	12

7.^a CORRIDA MONTEPIO

CORREMOS
UNS PELOS OUTROS

27OUT'19

CLASSIFICAÇÃO

Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
2701	610	Ricardo Freire	00:37:58	01:07:05	01:02:24	2432		V35	259
2702	2337	José Santos	00:32:32	01:07:05	01:06:22	2714	Asas nos pés	V55	170
2703	3866	Mariana Tomaz	00:33:41	01:07:08	01:05:54	2686		Senior	159
2704	1923	Cristina Silva	00:31:05	01:07:08	01:07:03	2750		V45	125
2705	1921	Rosa Silva	00:31:05	01:07:08	01:07:03	2751		V50	55
2706	1639	Tânia Moreira	00:33:03	01:07:10	01:05:40	2673		V35	100
2707	2813	João Santos	00:31:10	01:07:11	01:07:01	2748		V50	265
2708	3488	Bela Cunha	00:34:13	01:07:11	01:05:44	2679		V40	114
2709	687	Artur Martins	00:33:30	01:07:11	01:06:52	2741		V80	3
2710	1333	Ana Alves	00:32:28	01:07:12	01:06:59	2745	Run 4 Fun	V40	115
2711	1623	Sandrine Gomes	00:32:24	01:07:13	01:06:06	2697		Senior	160
2712	464	Carlos Pereira	00:32:24	01:07:15	01:06:41	2729		V55	171
2713	2450	Carla Nobre	00:34:02	01:07:19	01:06:17	2707	Grupo Desportivo "O Independente" - Barreiro	V45	126
2714	2448	Susana Pereirinha	00:34:01	01:07:19	01:06:17	2710	Grupo Desportivo "O Independente" - Barreiro	V45	127
2715	618	Herminio Costa	00:32:15	01:07:23	01:07:14	2762		V55	172
2716	1800	Carla Coelho	00:32:04	01:07:25	01:07:12	2759	Carrasco&Amigos	V40	116
2717	1755	Carla Mota	00:32:05	01:07:25	01:07:00	2746		V45	128
2718	3312	Carlos Alves	00:35:14	01:07:26	01:06:26	2717	Run Tejo - CM Socks	V40	409
2719	3338	Isabella Zanutta	00:34:27	01:07:28	01:05:59	2693	Linguagest LusItaMexGal	V55	22
2720	336	Helena Dores	00:33:06	01:07:29	01:07:12	2760		V50	56

7.^a CORRIDA MONTEPIO

CORREMOS
UNS PELOS OUTROS

27OUT'19

CLASSIFICAÇÃO

Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
2721	2206	Olivia Lucas	00:34:43	01:07:30	01:06:34	2724		V50	57
2722	867	Sara Amorim	00:33:41	01:07:36	01:06:06	2696	Kira	Senior	161
2723	2259	Rui Mustra	00:36:55	01:07:39	01:02:46	2465		V35	260
2724	2324	Pedro Mariano	00:31:14	01:07:41	01:07:24	2767		Senior	344
2725	3485	Pramit Balu	00:32:35	01:07:43	01:06:53	2742		Senior	345
2726	2785	Rodrigo Costa	00:30:55	01:07:46	01:06:33	2722		V40	410
2727	957	Lígia Santos	00:34:23	01:07:46	01:06:11	2701	Lisbon South Bay Running Club	V40	117
2728	1290	Gonçalo Maia	00:34:25	01:07:46	01:06:48	2736		V45	445
2729	1410	Manuela Gonçalves	00:33:02	01:07:48	01:07:42	2786		V40	118
2730	1490	Manuel Lima	00:33:13	01:07:49	01:06:57	2744		V55	173
2731	2749	Isabel Vaz	00:31:30	01:07:50	01:06:53	2743	GRUPO CORRIDA JCS	V35	101
2732	1358	Jonathan Santos	00:31:37	01:07:51	01:07:42	2787		Senior	346
2733	3438	Ricardo Barbosa	00:33:37	01:07:54	01:06:14	2705		Senior	347
2734	3754	Leandro Silva	00:27:04	01:07:55	01:07:31	2773		V50	266
2735	2601	Sónia Baptista	00:32:45	01:07:57	01:07:36	2781		V35	102
2736	3810	Barbara Ian	00:35:28	01:07:58	01:06:26	2719		Senior	162
2737	1443	Mariana Prado	00:33:37	01:07:58	01:07:25	2768		Senior	163
2738	2926	Alexandra Ferreira	00:32:51	01:07:59	01:07:10	2756	Clube TAP PORTUGAL	V45	129
2739	2649	Carla Viegas	00:34:39	01:07:59	01:06:41	2728		V40	119
2740	2648	Hugo Viegas	00:34:39	01:07:59	01:06:41	2727		V35	261

7.^a CORRIDA MONTEPIO

CORREMOS
UNS PELOS OUTROS

27OUT'19

CLASSIFICAÇÃO

Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
2741	233	Ana Santos	00:32:54	01:08:00	01:07:37	2783		V35	103
2742	1749	Dina Ramos	00:33:49	01:08:01	01:07:16	2764		V45	130
2743	552	Ana Adão	00:33:00	01:08:01	01:07:34	2777	Beija Flor	V35	104
2744	551	Francisco Silva	00:32:59	01:08:01	01:07:34	2778	Beija Flor	V40	411
2745	2858	Ricardo Hartmann	00:34:28	01:08:01	01:07:17	2765		V60	112
2746	641	Ana Duarte	00:34:40	01:08:03	01:06:50	2738		V60	13
2747	640	Sergio Fernandes	00:34:40	01:08:03	01:06:51	2740		V55	174
2748	3238	João Granja	00:32:45	01:08:05	01:07:41	2785		V40	412
2749	502	Artur Dinis	00:33:32	01:08:06	01:07:06	2754	ALGYMNS	V60	113
2750	3359	Hugo Cardoso	00:34:16	01:08:06	01:07:05	2752	GD SANTANDERTOTTA	V40	413
2751	3014	Paloma Rosamonte	00:32:37	01:08:08	01:07:30	2772		Senior	164
2752	3522	Daniela Monteiro	00:33:52	01:08:10	01:06:44	2732		V40	120
2753	2012	Tiago Carvalho	00:33:53	01:08:12	01:06:38	2725		V45	446
2754	1993	Maria Jose	00:32:41	01:08:12	01:08:09	2801	lesmas	V50	58
2755	602	Luis Costa	00:32:42	01:08:12	01:07:49	2790	Quarentões na Bisga	V50	267
2756	409	João Botelho	00:34:53	01:08:14	01:04:09	2574		V40	414
2757	1186	Maria Cunha	00:32:30	01:08:15	01:07:54	2793	OCR PORTUGAL LAB	V40	121
2758	1032	Anabela Martins	00:34:20	01:08:15	01:07:34	2779	brnightrunners	V45	131
2759	1516	Isabel Morgado	00:33:29	01:08:17	01:07:28	2770	Samurais	V45	132
2760	138	Marina Melo	00:34:03	01:08:21	01:08:14	2809		V45	133

7.^a CORRIDA MONTEPIO

CORREMOS
UNS PELOS OUTROS

27OUT'19

CLASSIFICAÇÃO

Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
2761	1854	Susana Ribeiro	00:33:31	01:08:21	01:07:07	2755		Senior	165
2762	3800	Luísa Costa	00:34:13	01:08:22	01:08:14	2808		V50	59
2763	2001	Hugo Baptista	00:32:45	01:08:23	01:07:05	2753		V40	415
2764	756	Manuel Barata	00:34:13	01:08:26	01:08:19	2816		V55	175
2765	684	Paula Cabaço	00:32:49	01:08:26	01:07:40	2784		V50	60
2766	2582	Raquel Pires	00:34:45	01:08:27	01:08:12	2807		V35	105
2767	1565	Lídia Pratas	00:33:17	01:08:29	01:08:18	2815	brnightrunners	V50	61
2768	3463	Andreia Vale	00:33:23	01:08:29	01:07:01	2747	Cofina Runners	V40	122
2769	3393	Duarte Gonçalves	00:33:23	01:08:29	01:07:02	2749		V40	416
2770	1566	Carlos Messias	00:33:17	01:08:29	01:08:22	2817	brnightrunners	V50	268
2771	1933	Luis Abreu	00:36:12	01:08:32	01:06:34	2723		Junior	33
2772	2739	Ana Roque	00:32:09	01:08:32	01:07:22	2766	GRUPO CORRIDA JCS	Senior	166
2773	2004	Luigi Rossi	00:33:26	01:08:33	01:08:24	2819		V70	20
2774	3048	Diogo Ferreira	00:34:37	01:08:33	01:07:13	2761		V40	417
2775	423	José Correia	00:32:37	01:08:36	01:08:04	2798	AVR	V60	114
2776	436	Jorge Baptista	00:32:37	01:08:37	01:07:58	2794		V60	115
2777	498	Isilda Barradas	00:32:50	01:08:37	01:08:25	2820		V65	7
2778	2696	Luís Malato	00:33:42	01:08:38	01:07:26	2769		V45	447
2779	3712	Sérgio Brito	00:34:07	01:08:39	01:07:34	2776	CLUBE ACCENTURE	V40	418
2780	2399	Isabel Mota	00:36:02	01:08:39	01:03:59	2558	Fitness Hut A. Herculano Runners	V45	134

7.^a CORRIDA MONTEPIO

CORREMOS
UNS PELOS OUTROS

27OUT'19

CLASSIFICAÇÃO

Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
2781	2328	Paula Costa	00:36:03	01:08:39	01:03:59	2559		V45	135
2782	1150	Paula Silva	00:30:56	01:08:42	01:08:35	2827	Clube Novo Banco	V45	136
2783	530	Cassiano Cunha	00:33:45	01:08:43	01:08:17	2810		V75	6
2784	3107	Tânia Malta	00:33:44	01:08:43	01:08:10	2806		Senior	167
2785	1772	Maria Lemos	00:31:37	01:08:44	01:08:44	2831		V50	62
2786	2385	Inês Marques	00:33:31	01:08:45	01:07:32	2774	Vimos pela francesinha!	Senior	168
2787	2741	Bruna Rochinha	00:34:10	01:08:46	01:07:37	2782	GRUPO CORRIDA JCS	Senior	169
2788	1761	Filipa Serrenho	00:32:45	01:08:48	01:08:27	2822	Tartarugas Solidárias	V40	123
2789	1379	Joana Chouriço	00:31:56	01:08:48	01:08:47	2833	Running Club Santa Casa	V55	23
2790	3145	Patricia	00:33:26	01:08:50	01:07:53	2791	Hiscox	Senior	170
2791	3845	Paulo Figueiredo	00:36:15	01:08:52	01:08:09	2802		V40	419
2792	3846	Leocadio Hocevar	00:36:11	01:08:52	01:08:08	2800		V35	106
2793	1023	Marisa Machado	00:33:48	01:08:55	01:07:29	2771		Senior	171
2794	3716	Filipa Gravelho	00:33:49	01:08:55	01:07:47	2789		Senior	172
2795	1510	António Ruivo	00:34:54	01:08:58	01:07:44	2788		V50	269
2796	330	Geeta Natha	00:34:46	01:08:59	01:08:10	2805		V35	107
2797	3459	Sofia Esteves	00:32:15	01:09:00	01:08:33	2826		V35	108
2798	988	Isabel Oltean	00:34:25	01:09:03	01:08:05	2799	FarmAtiva	Junior	7
2799	266	Helena Cunha	00:36:58	01:09:03	01:04:52	2621	ASAS	V60	14
2800	453	Rui Sousa	00:31:35	01:09:07	01:08:54	2836		V45	448

7.^a CORRIDA MONTEPIO

CORREMOS
UNS PELOS OUTROS

27OUT'19

CLASSIFICAÇÃO

Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
2801	1932	Luis Abreu	00:36:12	01:09:07	01:07:11	2757		V50	270
2802	3146	Marion Pape	00:36:38	01:09:10	01:07:32	2775	Hiscox	Senior	173
2803	3455	Ondina Teodoro	00:34:34	01:09:10	01:08:03	2797		V40	124
2804	217	Nuno Serrão	00:34:14	01:09:10	01:05:39	2672		V40	420
2805	3623	Inês Costa	00:34:02	01:09:13	01:08:44	2830		V45	137
2806	1144	Manuela Lopes	00:34:02	01:09:14	01:08:45	2832	Clube Novo Banco	V40	125
2807	3417	André Figueira	00:34:25	01:09:16	01:08:17	2811	Tartarugas Solidárias	Senior	348
2808	382	Paula Ferreira	00:33:33	01:09:17	01:07:58	2795		V45	138
2809	381	Eduardo Santos	00:33:31	01:09:17	01:07:59	2796		V60	116
2810	3516	Claudia Oliveira	00:34:25	01:09:18	01:08:57	2838		V35	109
2811	815	Rafael Simões	00:33:38	01:09:19	01:08:23	2818		Senior	349
2812	2180	Carla Bernardino	00:33:29	01:09:20	01:08:42	2828		V40	126
2813	1631	Daniela Ramos	00:32:22	01:09:22	01:08:09	2803		Senior	174
2814	373	Carlos Serafim	00:35:18	01:09:28	01:07:54	2792	RAÚL	V35	262
2815	1505	Claudia Espirito-Santo	00:37:31	01:09:30	01:08:17	2812		V40	127
2816	3679	Carlos Derraik	00:34:55	01:09:31	01:08:18	2814	Derraik & Menezes	V50	271
2817	1620	Pedro Crespo	00:37:31	01:09:31	01:08:18	2813		V45	449
2818	650	Sofia Capote	00:32:42	01:09:32	01:08:49	2835		V35	110
2819	2449	Aninhas Isabel	00:34:03	01:09:34	01:08:32	2825	Grupo Desportivo "O Independente" - Barreiro	V40	128
2820	605	Paula Costa	00:33:40	01:09:34	01:09:08	2844	Quarentões na Bisga	V45	139

7.^a CORRIDA MONTEPIO

CORREMOS
UNS PELOS OUTROS

27OUT'19

CLASSIFICAÇÃO

Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
2821	2510	Susana Canto	00:31:07	01:09:36	01:09:27	2854	Corrida Noturna Parque das Nações	V45	140
2822	3809	Fernando Santos	00:34:00	01:09:40	01:08:42	2829		Senior	350
2823	2208	Hugo Marques	00:35:31	01:09:43	01:09:03	2841		V40	421
2824	1709	Paulo Almeida	00:33:19	01:09:47	01:09:11	2846		V50	272
2825	2225	Daniel Romão	00:36:06	01:09:48	01:08:30	2824		Senior	351
2826	2367	Vanessa Alves	00:32:43	01:09:49	01:09:32	2856	Os Galgos	V40	129
2827	1908	Tiago Pombal	00:36:01	01:09:52	01:08:54	2837		V35	263
2828	3688	Patrícia Jonet	00:33:49	01:09:52	01:09:12	2847	Estoril Praia Credibom	V45	141
2829	2326	Rosalina Delgado	00:34:38	01:09:57	01:09:53	2874		V50	63
2830	1521	Pedro Pereira	00:33:11	01:09:59	01:09:05	2842	Dentaleader	V40	422
2831	1575	Patricia Almeida	00:33:06	01:09:59	01:09:09	2845	Carrasco&Amigos	V45	142
2832	1574	Ana Candeias	00:33:07	01:09:59	01:09:08	2843	Carrasco&Amigos	V45	143
2833	2467	Jorge Ramos	00:37:04	01:10:03	01:08:59	2839	Banco BNI Europa	Senior	352
2834	3122	Cristiana Sobreiro	00:35:55	01:10:03	01:08:27	2821		V45	144
2835	2944	Maria Oliveira	00:35:39	01:10:04	01:09:46	2871		V55	24
2836	1000	Rosa Falardo	00:34:57	01:10:07	01:09:21	2848		V55	25
2837	2290	Ines Cisneiros	00:33:34	01:10:08	01:09:00	2840		Senior	175
2838	257	Luís Farinha	00:33:29	01:10:10	01:09:27	2855		V50	273
2839	1633	Custodio Teigão	00:33:34	01:10:10	01:09:41	2868		V65	52
2840	1372	Joana Góis	00:35:10	01:10:11	01:08:48	2834	Ticketline	Senior	176

7.^a CORRIDA MONTEPIO

CORREMOS
UNS PELOS OUTROS

27OUT'19

CLASSIFICAÇÃO

Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
2841	1748	Nuno Ramos	00:33:48	01:10:11	01:09:24	2852		V45	450
2842	996	Joselma Viana	00:34:12	01:10:14	01:10:00	2875		V40	130
2843	995	Adérito Gonçalves	00:34:12	01:10:14	01:10:01	2876		V45	451
2844	1084	Carlos Calmão	00:34:11	01:10:19	01:06:45	2733	Eci Running Team	V35	264
2845	3518	Gabriela Marques	00:35:28	01:10:19	01:06:44	2731	Corrida Noturna Parque das Nações	V40	131
2846	3519	Nuno Fonseca	00:35:27	01:10:19	01:06:46	2734	Corrida Noturna Parque das Nações	V45	452
2847	2836	Catarina Silva	00:34:38	01:10:20	01:09:24	2850		V35	111
2848	2693	Sérgio Estanqueiro	00:34:38	01:10:20	01:09:24	2851		V35	265
2849	2339	Filipa Monteiro	00:35:52	01:10:22	01:09:41	2869	Asas nos pés	Senior	177
2850	2338	Daniela Gonçalves	00:35:53	01:10:23	01:09:40	2866	Asas nos pés	Senior	178
2851	3186	Celia Carvalho	00:32:49	01:10:24	01:09:32	2857		V50	64
2852	3187	Luis Carvalho	00:32:49	01:10:25	01:09:33	2858		V55	176
2853	2231	José Torres	00:34:14	01:10:28	01:10:07	2877		V75	7
2854	394	Paulo Pinto	00:34:40	01:10:32	01:09:33	2859	CASA DO PESSOAL DA RTP	V40	423
2855	2847	Patricia André	00:35:58	01:10:32	01:09:41	2867	AON Empower Results	Senior	179
2856	2698	Sérgio Estevinha	00:42:24	01:10:33	00:55:06	1719		V35	266
2857	3435	Mariana Difini	00:35:40	01:10:34	01:09:40	2865		Senior	180
2858	2470	Pedro Dias	00:33:23	01:10:41	01:09:38	2862	Banco BNI Europa	V40	424
2859	1018	Susana Jesus	00:33:39	01:10:45	01:10:25	2885		V55	26
2860	2583	Nuno Oliveira	00:34:13	01:10:52	01:09:38	2863		V40	425

7.^a CORRIDA MONTEPIO

CORREMOS
UNS PELOS OUTROS

27OUT'19

CLASSIFICAÇÃO

Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
2861	1557	Miguel Santos	00:34:39	01:10:54	01:09:42	2870		V40	426
2862	3370	Ricardo Neves	00:34:06	01:10:55	01:09:26	2853	GD SANTANDERTOTTA	V40	427
2863	3371	Ana Santos	00:34:06	01:10:55	01:09:23	2849	GD SANTANDERTOTTA	V45	145
2864	3099	Isabel Alamo	00:34:36	01:10:57	01:09:46	2872		V50	65
2865	715	António Vidas	00:35:08	01:10:58	01:07:16	2763	CLUBE ANACOM	V55	177
2866	3671	Manuel Norte	00:34:48	01:10:59	01:10:36	2892		V50	274
2867	2864	João Fonseca	00:35:16	01:11:00	01:09:34	2860		V35	267
2868	168	Ana Leandro	00:33:40	01:11:02	01:10:26	2886		V50	66
2869	169	António Jorge	00:33:41	01:11:02	01:10:26	2887		V55	178
2870	2241	José Ferreira	00:34:29	01:11:03	01:09:36	2861		V60	117
2871	3027	Cristina Rainha	00:33:44	01:11:03	01:10:25	2884	GDCTINCM	V50	67
2872	2154	Manuel Rego	00:32:21	01:11:05	01:11:05	2905	Grupo Recreativo e Desportivo Ribeira da Lage	V55	179
2873	956	Pedro Silva	00:37:43	01:11:06	01:06:09	2700	Lisbon South Bay Running Club	V40	428
2874	3134	Francisco Vaz	00:37:47	01:11:08	01:06:07	2699	Frufresh Runners	V50	275
2875	2032	Carmen Lopes	00:33:39	01:11:09	01:10:49	2898		V35	112
2876	2244	Sérgio Ventura	00:33:35	01:11:10	01:10:57	2901		V35	268
2877	2245	Marisa Ventura	00:33:34	01:11:10	01:10:58	2902		V35	113
2878	60	Johnny Thomassen	00:34:58	01:11:19	01:11:01	2903		V55	180
2879	1539	Ana Santos	00:34:47	01:11:19	01:09:52	2873	As Quenianas	V35	114
2880	954	Fernando Dinis	00:36:39	01:11:22	01:10:12	2879		V40	429

7.^a CORRIDA MONTEPIO

CORREMOS
UNS PELOS OUTROS

27OUT'19

CLASSIFICAÇÃO

Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
2881	66	Samuel Joaquim	00:33:40	01:11:23	01:10:12	2880		V65	53
2882	2022	José Gonçalves	00:35:12	01:11:24	01:11:05	2906		V75	8
2883	3559	Paula Marques	00:34:17	01:11:35	01:11:18	2908		V45	146
2884	1764	Leonor Azevedo	00:35:13	01:11:35	01:10:27	2888		V45	147
2885	3557	Sandra Costa	00:34:17	01:11:35	01:11:18	2909		V35	115
2886	2296	João Bairrada	00:35:21	01:11:39	01:10:17	2882		Senior	353
2887	2830	Quintino Vaz	00:33:33	01:11:43	01:11:21	2913	EVELX - Associação de Estilos de Vida Saudável	V55	181
2888	3683	Luís Antunes	00:34:36	01:11:44	01:10:48	2896	Faro Pegadas a Quarta	V55	182
2889	1203	Susana Costa	00:35:19	01:11:46	01:10:42	2893		V35	116
2890	2309	José Alípio	00:33:56	01:11:49	01:11:44	2914		V60	118
2891	2082	Cristina Garoupa	00:35:17	01:11:50	01:10:48	2895	SS CGD	V50	68
2892	248	Maria Moucho	00:32:18	01:11:50	01:11:46	2915		V55	27
2893	2069	Margarida Ferreira	00:35:17	01:11:51	01:10:48	2897	SS CGD	V50	69
2894	3787	Pedro Ferreira	00:35:16	01:11:52	01:11:21	2912		V40	430
2895	424	Bruno Vaz	00:34:26	01:11:52	01:11:20	2910	FIDELIDADE GDC	V40	431
2896	3685	Susana Flamino	00:35:45	01:11:57	01:10:28	2890	ACM MONTEMOR ACORRER	V45	148
2897	3687	Maria Rosa	00:35:45	01:11:58	01:10:28	2889	ACM MONTEMOR ACORRER	V45	149
2898	3196	João Pinto	00:35:03	01:12:00	01:11:51	2922		V60	119
2899	1148	Patricia Santos	00:33:04	01:12:02	01:11:52	2923	Clube Novo Banco	V45	150
2900	3799	Rita Elvas	00:37:05	01:12:04	01:08:10	2804		V40	132

7.^a CORRIDA MONTEPIO

CORREMOS
UNS PELOS OUTROS

27OUT'19

CLASSIFICAÇÃO

Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
2901	186	Rui Melão	00:35:50	01:12:04	01:10:57	2900		V55	183
2902	572	João Simões	00:35:50	01:12:04	01:10:56	2899		V35	269
2903	329	Sanjaysinh Nathá	00:34:11	01:12:08	01:11:20	2911		V45	453
2904	216	Lurdes Serrão	00:35:53	01:12:10	01:10:29	2891		V40	133
2905	586	Sandra Brito	00:36:18	01:12:10	01:10:47	2894		V50	70
2906	1464	Nuno Carrilho	00:39:34	01:12:24	01:04:26	2584		V35	270
2907	1628	Guiomar Tomé	00:34:32	01:12:24	01:11:50	2917		V65	8
2908	3420	Fernando Ganhão	00:35:28	01:12:24	01:11:03	2904		V35	271
2909	1472	António Nascimento	00:37:06	01:12:27	01:11:53	2924	GDCTINCM	V75	9
2910	1159	Zidia Campino	00:35:44	01:12:28	01:11:48	2916	brnightrunners	V45	151
2911	1604	Ana Lladó	00:35:34	01:12:36	01:11:12	2907		V35	117
2912	425	Isabel Caldeira	00:36:01	01:12:44	01:12:06	2928	FIDELIDADE GDC	V45	152
2913	1704	Marisa Costa	00:34:56	01:12:49	01:12:12	2930		V35	118
2914	2594	Inês Martins	00:35:03	01:12:52	01:12:36	2939		V35	119
2915	1513	Pedro Santos	00:36:31	01:13:00	01:11:50	2918		V35	272
2916	1029	Joaquim Dias	00:35:29	01:13:02	01:11:50	2919		V55	184
2917	3240	Antonio Madaleno	00:36:07	01:13:02	01:11:50	2920		V55	185
2918	1003	Lucinda Reis	00:35:29	01:13:03	01:11:51	2921		V55	28
2919	589	Helena Sá	00:36:17	01:13:06	01:12:12	2929		V65	9
2920	46	Filipa Nicolau	00:35:15	01:13:06	01:12:41	2942		Senior	181

7.^a CORRIDA MONTEPIO

CORREMOS
UNS PELOS OUTROS

27OUT'19

CLASSIFICAÇÃO

Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
2921	539	Hugo Paulo	00:40:57	01:13:07	01:04:42	2600		V40	432
2922	1292	Helia Oliveira	00:35:04	01:13:10	01:12:36	2940		V40	134
2923	2680	Helena Ferreira	00:35:46	01:13:11	01:12:24	2934		Senior	182
2924	3158	Maria Ferrada	00:36:20	01:13:11	01:12:05	2927	Hiscox	V35	120
2925	3803	José Valdério	00:36:42	01:13:12	01:11:55	2925		V55	186
2926	3563	Vasco Matos	00:33:51	01:13:20	01:12:59	2946		V60	120
2927	119	Susana Machado	00:36:03	01:13:26	01:12:15	2931		V40	135
2928	402	Neide Santos	00:35:38	01:13:26	01:13:02	2947		Senior	183
2929	1286	Rute Nogueira	00:34:26	01:13:30	01:12:35	2938		Senior	184
2930	592	Vitor Benito	00:36:09	01:13:38	01:12:25	2935		V65	54
2931	3121	Marta Rodrigues	00:37:23	01:13:39	01:12:03	2926		V45	153
2932	3604	Tanamara Santos	00:36:28	01:13:40	01:12:39	2941		V40	136
2933	3362	Fabio Pio	00:37:49	01:13:40	01:12:24	2933	GD SANTANDERTOTTA	V45	454
2934	458	Natalia Ferreira	00:35:05	01:13:44	01:13:12	2951		V40	137
2935	3781	Octávio Amaro	00:36:47	01:13:46	01:12:26	2936		V35	273
2936	1170	Francelina Silva	00:35:06	01:13:47	01:13:04	2948	CD ARNEIRO	V55	29
2937	2184	Vera Alves	00:36:13	01:13:48	01:12:19	2932	Força nas Canetas	Senior	185
2938	1424	Pritesh Manilal	00:34:39	01:13:56	01:13:54	2969		V40	433
2939	1442	Nuno Teresa	00:36:16	01:13:57	01:13:25	2962		V35	274
2940	3339	Lara Guzzetti	00:34:27	01:14:00	01:12:28	2937	Linguagest LusItaMexGal	V35	121

7.^a CORRIDA MONTEPIO

CORREMOS
UNS PELOS OUTROS

27OUT'19

CLASSIFICAÇÃO

Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
2941	2157	Vitor Borges	00:36:34	01:14:10	01:10:12	2878	FunBus - Barreiro	Senior	354
2942	2224	Filipa Andrade	00:36:13	01:14:10	01:12:52	2945		Senior	186
2943	1817	Valter Diniz	00:35:15	01:14:10	01:13:58	2970		V45	455
2944	2260	Ana Rodrigues	00:35:58	01:14:15	01:12:47	2944		V55	30
2945	2258	Sonia Casaca	00:35:59	01:14:15	01:12:46	2943		V40	138
2946	1046	Sara Silva	00:36:11	01:14:19	01:13:35	2963		V40	139
2947	2616	Fátima Mendes	00:35:49	01:14:20	01:13:10	2950	Tartarugas Solidárias	V60	15
2948	912	Cláudia Teles	00:37:09	01:14:21	01:13:45	2965		Senior	187
2949	388	Fernanda Vieira	00:35:27	01:14:22	01:14:05	2975		V60	16
2950	930	Carla Fernandes	00:40:05	01:14:28	01:07:12	2758		V40	140
2951	1941	António Santos	00:36:06	01:14:30	01:14:14	2977		V40	434
2952	3449	Ana Costa	00:35:02	01:14:30	01:13:20	2956		Senior	188
2953	3451	Catarina Morgado	00:35:02	01:14:31	01:13:19	2955		Senior	189
2954	2719	Florabela Soares	00:36:03	01:14:31	01:14:27	2986		V50	71
2955	1050	Ana Freitas	00:36:05	01:14:32	01:14:15	2979		V35	122
2956	3670	Miguel Pica	00:39:01	01:14:33	01:13:05	2949		V45	456
2957	3120	Miguel Silva	00:36:40	01:14:33	01:13:21	2957		V75	10
2958	125	Maria Francisco	00:36:48	01:14:35	01:14:34	2995		V50	72
2959	2514	Rita Madaleno	00:37:47	01:14:36	01:10:16	2881	Corrida Noturna Parque das Nações	V40	141
2960	2505	Diogo Madaleno	00:37:48	01:14:37	01:10:18	2883	Corrida Noturna Parque das Nações	V40	435

7.^a CORRIDA MONTEPIO

CORREMOS
UNS PELOS OUTROS

27OUT'19

CLASSIFICAÇÃO

Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
2961	90	Ana Fontinha	00:36:15	01:14:37	01:13:16	2954		Senior	190
2962	3331	Manuela Carreira	00:36:55	01:14:39	01:13:58	2971		V45	154
2963	3042	Suzana Silveiro	00:36:55	01:14:39	01:13:58	2972		V45	155
2964	3627	Yasmina Stupak	00:30:28	01:14:40	01:14:16	2981		Senior	191
2965	3660	Igor Mourão	00:30:29	01:14:40	01:14:16	2982		Senior	355
2966	1395	Rute Pinto	00:35:14	01:14:44	01:14:15	2980		Senior	192
2967	1259	Tiago Rodrigues	00:35:14	01:14:44	01:14:14	2978		V35	275
2968	1346	Ana Sousa	00:35:37	01:14:44	01:14:29	2993	condores varge mondar	V50	73
2969	1936	Rute Moreira	00:35:59	01:14:47	01:13:23	2961		V35	123
2970	1885	Paulo Domingues	00:35:54	01:14:47	01:13:22	2959		V45	457
2971	1525	Maria Romano	00:35:15	01:14:47	01:13:52	2967	Dentaleader	V45	156
2972	41	Rui Santos	00:36:15	01:14:48	01:14:25	2985		V50	276
2973	395	Nidia Silva	00:36:38	01:14:51	01:14:34	2996		V60	17
2974	841	Marta Calado	00:38:02	01:14:52	01:13:44	2964	PinhAlverca	Senior	193
2975	840	Sérgio Rijo	00:38:02	01:14:52	01:13:45	2966	PinhAlverca	V40	436
2976	2853	Ricardo Carriche	00:35:33	01:14:58	01:14:18	2983		V40	437
2977	232	Paulo Domingues	00:39:52	01:14:59	01:07:36	2780		V45	458
2978	1951	Herminio Madeira	00:37:34	01:14:59	01:13:23	2960	OS TRÊS RELÂMPAGOS	V65	55
2979	1950	Jorge Madeira	00:37:35	01:14:59	01:13:22	2958	OS TRÊS RELÂMPAGOS	V35	276
2980	2508	Isilda Rabasquinho	00:35:47	01:15:01	01:14:50	3000	Corrida Noturna Parque das Nações	V50	74

7.^a CORRIDA MONTEPIO

CORREMOS
UNS PELOS OUTROS

27OUT'19

CLASSIFICAÇÃO

Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
2981	621	Filipe Ginja	00:41:39	01:15:02	01:06:49	2737		Senior	356
2982	959	Joana Oliveira	00:37:05	01:15:03	01:14:27	2987	Operação Casamento	Senior	194
2983	960	Pedro Monteiro	00:37:05	01:15:03	01:14:27	2988	Operação Casamento	Senior	357
2984	1703	Rui Silva	00:34:57	01:15:05	01:14:29	2990		V35	277
2985	2369	Marta Moreira	00:34:49	01:15:09	01:14:53	3001	Os Galgos	V35	278
2986	1040	Ana Montesinos	00:35:45	01:15:10	01:14:29	2992	brnighrunners	V50	75
2987	3141	Dulce Silva	00:35:58	01:15:17	01:13:53	2968		Senior	195
2988	2993	Rita Cunha	00:35:06	01:15:17	01:15:02	3008	TRY@LEAST	V50	76
2989	2994	Vasco Cunha	00:35:08	01:15:17	01:14:58	3004	TRY@LEAST	Senior	358
2990	3786	Fernandes Elísio	00:33:00	01:15:24	01:14:57	3002		V60	121
2991	3440	David Vieira	00:38:55	01:15:25	01:14:12	2976		V45	157
2992	3408	Carla Reis	00:37:21	01:15:31	01:14:29	2991		V45	158
2993	3407	Rui Reis	00:37:21	01:15:31	01:14:29	2989		V50	277
2994	2636	Sandra Viçoso	00:36:04	01:15:37	01:14:32	2994	sgs moving forward	Senior	196
2995	607	Catarina Araújo	00:35:25	01:15:37	01:14:40	2997	Ortobest Running Team	Senior	197
2996	1595	Lino Pires	00:36:00	01:15:49	01:15:15	3009		V35	279
2997	3272	João Ribeiro	00:36:47	01:15:50	01:15:01	3006	CCD TRANQUILIDADE	V55	187
2998	1414	Rodrigo Alves	00:36:08	01:15:52	01:15:37	3021		V50	278
2999	3081	Nuno Paixão	00:37:44	01:15:52	01:14:58	3005		V40	438
3000	1415	Rogério Alves	00:36:08	01:15:52	01:15:37	3020		V45	459

7.^a CORRIDA MONTEPIO

CORREMOS
UNS PELOS OUTROS

27OUT'19

CLASSIFICAÇÃO

Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
3001	448	Ana Dias	00:37:09	01:15:53	01:14:22	2984		V60	18
3002	2848	Henrique Konders	00:36:26	01:15:54	01:15:02	3007	AON Empower Results	V45	460
3003	3612	Carlos Pinto	00:35:04	01:16:11	01:16:06	3026		V55	188
3004	3862	Paula Madeira	00:35:59	01:16:11	01:15:23	3012		V50	77
3005	486	Elsa Costa	00:34:23	01:16:12	01:15:23	3011		V50	78
3006	3421	Ana Marques	00:36:50	01:16:14	01:14:45	2999		Senior	198
3007	3479	Bruno Ferreira	00:36:49	01:16:14	01:14:43	2998		Senior	359
3008	151	José Robalo	00:36:34	01:16:25	01:15:37	3022	Associação Vale Grande	V65	56
3009	414	Rita Carvalhinho	00:36:34	01:16:25	01:15:36	3019		V45	159
3010	3673	Cristina Brizido	00:36:31	01:16:27	01:14:57	3003		V40	142
3011	2030	Alice Pereira	00:36:42	01:16:30	01:16:09	3027		V75	1
3012	2266	Bárbara Cunha	00:36:11	01:16:31	01:15:28	3014		Senior	199
3013	606	Ricardo Araújo	00:36:10	01:16:31	01:15:33	3017	Ortobest Running Team	V40	439
3014	855	Nuno Simões	00:42:55	01:16:32	01:08:29	2823	CCD CRÉDITO AGRÍCOLA MÚTUO	V40	440
3015	3789	Cristina Martins	00:38:07	01:16:33	01:15:26	3013		V55	31
3016	1175	Arlinda Oliveira	00:34:15	01:16:41	01:15:34	3018	CD ARNEIRO	V50	79
3017	3068	Luís Reis	00:34:22	01:17:00	01:16:28	3029		V35	280
3018	3083	Francisco Marques	00:35:46	01:17:03	01:16:35	3031		V60	122
3019	3792	Paula Matias	00:37:24	01:17:03	01:15:31	3015		Senior	200
3020	2100	Patrícia Garcia	00:37:24	01:17:03	01:15:32	3016		Senior	201

7.^a CORRIDA MONTEPIO

CORREMOS
UNS PELOS OUTROS

27OUT'19

CLASSIFICAÇÃO

Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
3021	807	Ricardo Lampreia	00:37:47	01:17:04	01:13:12	2953		V40	441
3022	3036	Nádia Veiga	00:40:00	01:17:05	01:16:03	3024		Senior	202
3023	3642	Sofia Duarte	00:35:36	01:17:06	01:15:40	3023	SRED	V40	143
3024	706	Ana Ciuro	00:36:40	01:17:06	01:16:50	3036	KonanRunners	V45	160
3025	2472	Sara Caracol	00:37:28	01:17:10	01:16:06	3025	Banco BNI Europa	Senior	203
3026	2336	Carlos Santos	00:42:51	01:17:21	01:09:39	2864	Asas nos pés	V35	281
3027	787	Vanessa Neves	00:36:41	01:17:23	01:16:35	3032		V40	144
3028	2865	Esther Domínguez	00:36:51	01:17:35	01:16:45	3034		V45	161
3029	73	Eberhard Wilhelm	00:36:29	01:17:38	01:17:18	3044		V70	21
3030	2822	Joana Silva	00:36:36	01:17:44	01:17:24	3051	Correr Lisboa	V35	124
3031	3437	José Fortunati	00:37:56	01:17:45	01:17:12	3043		V60	123
3032	3236	João Mimoso	00:37:41	01:17:50	01:16:42	3033		V45	461
3033	2189	Eduardo Madeira	00:39:38	01:17:51	01:16:22	3028	Os fraquinhos	V40	442
3034	1896	Luis Campino	00:37:15	01:18:00	01:17:19	3046	brnightrunners	Senior	360
3035	3684	Mariana Veríssimo	00:38:09	01:18:03	01:16:35	3030	ACM MONTEMOR ACORRER	Senior	204
3036	2724	Rosa Cardoso	00:37:19	01:18:07	01:17:27	3053		V40	145
3037	1435	Teresa Florência	00:37:38	01:18:09	01:17:47	3058		V35	125
3038	1264	Rui Almeida	00:38:56	01:18:11	01:16:52	3037		V40	443
3039	2015	Maria Mora	00:38:33	01:18:17	01:16:49	3035		V55	32
3040	2187	Luisa Madeira	00:39:53	01:18:26	01:16:56	3038	Os fraquinhos	V40	146

7.^a CORRIDA MONTEPIO

CORREMOS
UNS PELOS OUTROS

27OUT'19

CLASSIFICAÇÃO

Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
3041	1914	Vera Grilo	00:38:21	01:18:27	01:16:58	3039		V35	126
3042	1101	António Machado	00:38:57	01:18:34	01:17:09	3042	run4beer	V55	189
3043	2608	Manuela Vieira	00:38:59	01:18:41	01:17:31	3055		V50	80
3044	2297	André Mendes	00:33:51	01:18:42	01:17:06	3041		V35	282
3045	3706	Marta Feio	00:38:06	01:18:43	01:17:34	3056	CLUBE ACCENTURE	Senior	205
3046	3364	Paulo Coelho	00:37:49	01:18:43	01:17:27	3054	GD SANTANDERTOTTA	V55	190
3047	2288	Juan Pulido	00:38:19	01:18:47	01:17:35	3057		V70	22
3048	1812	Elisabete Carmo	00:39:09	01:18:52	01:17:19	3047		V40	147
3049	1816	Anabela Coelho	00:39:09	01:18:54	01:17:21	3048		V45	162
3050	2237	Ana Cardoso	00:39:11	01:18:55	01:17:22	3050		V40	148
3051	1621	Rodrigo Santos	00:38:20	01:18:55	01:18:03	3061		V40	444
3052	438	Rita Camecelha	00:39:00	01:18:55	01:17:19	3045		V40	149
3053	1867	João Coelho	00:39:08	01:18:55	01:17:22	3049		V45	462
3054	3456	Maria Lopes	00:38:16	01:18:59	01:17:50	3060		V65	10
3055	1471	António Gaspar	00:40:27	01:19:11	01:15:16	3010	GDCTINCM	V75	11
3056	2551	Rodrigues Roque	00:37:55	01:19:23	01:17:48	3059		V50	279
3057	1745	Estela Carvalho	00:41:07	01:19:24	01:18:13	3062		V45	163
3058	1285	Acacio Pereira	00:38:20	01:19:27	01:18:36	3064		V55	191
3059	2971	Alcino Albuquerque	00:41:36	01:19:35	01:18:14	3063		Senior	361
3060	229	Carlos Ribeiro	00:39:08	01:19:36	01:18:43	3066		V65	57

7.^a CORRIDA MONTEPIO

CORREMOS
UNS PELOS OUTROS

27OUT'19

CLASSIFICAÇÃO

Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
3061	412	Maria Soares	00:38:01	01:19:38	01:19:03	3070		V55	33
3062	666	Marina Pantalião	00:38:27	01:19:38	01:19:01	3069		V40	150
3063	2073	Ana Castro	00:37:26	01:19:46	01:19:32	3071	SS CGD	V50	81
3064	1801	Marina Marques	00:38:47	01:19:51	01:18:59	3068	Carrasco&Amigos	V50	82
3065	1172	Joao Barreto	00:38:56	01:20:01	01:19:37	3072	CD ARNEIRO	Senior	362
3066	2190	Tania Lavra	00:39:53	01:20:12	01:18:43	3065	Os fraquinhos	V40	151
3067	3285	Jorge Pereira	00:34:55	01:20:16	01:20:14	3079		V35	283
3068	1702	Catarina Santos	00:32:40	01:20:28	01:18:49	3067		Senior	206
3069	471	Pedro Ferreira	00:42:03	01:20:43	01:13:12	2952		V40	445
3070	3260	Catarina Mendes	00:38:05	01:20:43	01:20:13	3076	Gazelas cintilantes	V35	127
3071	1028	Jorge Fernandes	00:39:16	01:21:01	01:20:14	3078		V40	446
3072	1227	Margarida Azevedo	00:39:02	01:21:07	01:20:13	3077	CLUBE COLABORADORES AGEAS	V40	152
3073	2181	Alexandra Silva	00:40:24	01:21:17	01:19:50	3073	Força nas Canetas	V45	164
3074	2185	Ester Lopes	00:40:24	01:21:17	01:19:50	3074	Força nas Canetas	V65	11
3075	2907	Maria Barros	00:40:56	01:21:20	01:20:01	3075		Senior	207
3076	3202	Fock Wan	00:42:10	01:21:21	01:17:00	3040	Clube Millennium Bcp	V65	58
3077	2034	José Sousa	00:40:40	01:21:32	01:20:17	3080		V60	124
3078	716	Carlos Faias	00:39:02	01:21:55	01:21:00	3087	CLUBE ANACOM	V50	280
3079	1378	Sonia Monteiro	00:38:49	01:21:55	01:20:32	3081	Ticketline	V35	128
3080	3629	Sandra Dias	00:39:34	01:21:58	01:20:56	3083		Senior	208

7.^a CORRIDA MONTEPIO

CORREMOS
UNS PELOS OUTROS

27OUT'19

CLASSIFICAÇÃO

Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
3081	3264	Ma Hung	00:40:03	01:22:03	01:21:43	3088	CCD TRANQUILIDADE	V65	12
3082	3380	Cristina Costa	00:38:53	01:22:07	01:20:57	3086	GD SANTANDERTOTTA	V40	153
3083	3363	Lina Gomes	00:38:52	01:22:07	01:20:57	3085	GD SANTANDERTOTTA	Senior	209
3084	3366	Raissa Coleho	00:43:19	01:22:12	01:20:55	3082	GD SANTANDERTOTTA	Junior	8
3085	2178	Pedro Carmo	00:40:19	01:22:17	01:17:24	3052		V45	463
3086	1107	Maria Anjos	00:40:12	01:22:46	01:21:47	3089	CONDOR	V70	2
3087	863	Cátia Correia	00:44:32	01:23:03	01:14:02	2974	The Color Run Portugal	V35	129
3088	864	Tiago Pereira	00:44:33	01:23:03	01:14:02	2973	The Color Run Portugal	V40	447
3089	578	Gustavo Gama	00:38:35	01:23:08	01:22:52	3097		V50	281
3090	894	António Marques	00:41:01	01:23:16	01:23:12	3101		V70	23
3091	2217	Carla Alfaiate	00:41:17	01:23:24	01:22:33	3095		V45	165
3092	3131	Cátia Horta	00:38:28	01:23:36	01:22:32	3094	SS CGD	Senior	210
3093	93	Dora Cruz	00:40:37	01:23:36	01:22:54	3098	GINjinha Runners	V45	166
3094	1381	Leonor Silva	00:40:34	01:23:39	01:22:06	3090		Senior	211
3095	67	Antonio Figueiredo	00:39:31	01:23:40	01:22:28	3092		V60	125
3096	778	Sandra Santos	00:38:25	01:23:45	01:22:15	3091		V35	130
3097	2292	Rita Gaspar	00:40:44	01:24:08	01:23:02	3099		V40	154
3098	2610	Helena Nogueira	00:40:57	01:24:18	01:23:06	3100		V40	155
3099	1904	Filipa Braz	00:39:44	01:25:03	01:23:41	3102		Senior	212
3100	1911	Rita Carrilho	00:39:43	01:25:04	01:23:42	3103		Senior	213

7.^a CORRIDA MONTEPIO

CORREMOS
UNS PELOS OUTROS

27OUT'19

CLASSIFICAÇÃO

Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
3101	2318	Maria Veladas	00:41:33	01:25:05	01:24:11	3106		V40	156
3102	3066	Claudia Ventura	00:40:46	01:25:11	01:24:09	3105		Senior	214
3103	225	Sara Sousa	00:41:15	01:25:15	01:24:15	3109		V40	157
3104	2394	Luis Araujo	00:41:15	01:25:15	01:24:15	3108	Tartarugas Solidárias	V50	282
3105	2220	Ana Andrade	00:41:17	01:25:19	01:24:00	3104		V35	131
3106	2866	Luís Ameixa	00:42:00	01:25:43	01:24:53	3112		V50	283
3107	1017	Paula Rodrigues	00:41:36	01:25:50	01:25:30	3117		V45	167
3108	361	Abano Paço	00:41:48	01:26:01	01:24:52	3110		V60	126
3109	3628	Maria Dias	00:40:20	01:26:11	01:25:11	3114		Senior	215
3110	398	Maria Sousa	00:41:10	01:26:23	01:24:53	3111	Sousas	V45	168
3111	399	Raquel Sousa	00:41:10	01:26:24	01:24:54	3113	Sousas	Senior	216
3112	2421	Sílvia Ferreira	00:40:11	01:26:25	01:25:18	3115	PowerBoost Club	V40	158
3113	1330	Domingas Raposo	00:42:30	01:26:33	01:26:06	3119	PIKOS	V40	159
3114	2769	Nuno Costa	00:40:35	01:26:53	01:22:49	3096	Quarentões na Bisga	V45	464
3115	1405	Ana Seabra	00:50:51	01:27:13	01:25:40	3118		V50	83
3116	2058	Catarina Almeida	00:42:27	01:27:23	01:26:26	3120		V40	160
3117	2059	Sandra Borges	00:42:26	01:27:24	01:26:27	3121		V40	161
3118	2725	Chiara Franceschini	00:42:55	01:27:37	01:26:52	3124		Senior	217
3119	1390	Filomena Antunes	00:44:46	01:28:06	01:26:39	3122		V45	169
3120	1391	Sofia Ferreira	00:44:46	01:28:07	01:26:40	3123		Senior	218

7.^a CORRIDA MONTEPIO

CORREMOS
UNS PELOS OUTROS

27OUT'19

CLASSIFICAÇÃO

Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
3121	1802	Sandra Ferreira	00:42:12	01:28:17	01:27:25	3129	Carrasco&Amigos	V45	170
3122	1881	Mónica Amaro	00:42:08	01:28:17	01:27:12	3125		V35	132
3123	2730	Joana Costa	00:40:54	01:28:18	01:28:10	3134		Senior	219
3124	751	Cátia Pereira	00:42:39	01:28:18	01:27:14	3126		Senior	220
3125	3306	Anabela Almeida	00:42:23	01:28:19	01:28:09	3132	Run Tejo - CM Socks	V45	171
3126	3365	Maria Coelho	00:43:42	01:28:31	01:27:17	3127	GD SANTANDERTOTTA	V45	172
3127	2477	Maria Pinto	00:41:54	01:28:33	01:27:23	3128	Cabeleireiro moda jovem	V55	34
3128	1353	Odília Pereira	00:44:35	01:28:35	01:24:15	3107	Tartarugas Solidárias	V45	173
3129	2837	Alexandra Afonso	00:41:16	01:28:39	01:27:49	3130	AON Empower Results	V45	174
3130	1608	Ana Gonçalves	00:43:59	01:28:42	01:28:05	3131	Bolt	V45	175
3131	1610	Celeste Amado	00:44:14	01:29:01	01:28:23	3135	Bolt	V60	19
3132	3367	Mario Costa	00:45:52	01:29:05	01:20:56	3084	GD SANTANDERTOTTA	V40	448
3133	2414	Eduardo Correia	00:43:32	01:29:45	01:25:19	3116	PowerBoost Club	V45	465
3134	3166	António Almeida	00:44:55	01:29:53	01:29:48	3140		V60	127
3135	2600	Susana Vilaça	00:44:43	01:30:26	01:29:04	3136		Senior	221
3136	203	Catarina Rocha	00:44:43	01:30:26	01:29:05	3137		Senior	222
3137	3130	José Monteiro	00:45:32	01:30:35	01:22:31	3093	SS CGD	V35	284
3138	1596	Nelson Batista	00:43:07	01:30:38	01:30:05	3141		V35	285
3139	2635	João Marques	00:31:04	01:30:48	01:30:09	3142	sgs moving forward	V60	128
3140	362	Ana Pinto	00:44:40	01:30:55	01:29:45	3139		V50	84

7.^a CORRIDA MONTEPIO

CORREMOS
UNS PELOS OUTROS

27OUT'19

CLASSIFICAÇÃO

Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
3141	3340	Elena Santos	00:44:33	01:30:59	01:29:28	3138	Linguagest LusItaMexGal	V50	85
3142	3147	Raquel Cavaco	00:44:48	01:31:33	01:30:25	3143	Hiscox	V35	133
3143	1736	Cristina	00:44:08	01:31:55	01:31:34	3144	Buen Camino	Senior	223
3144	3770	Vitor Possidonio	00:44:04	01:33:26	01:33:16	3148		V50	284
3145	3462	Solange Pereira	00:44:58	01:33:48	01:33:46	3149	Cofina Runners	Senior	224
3146	3502	Ana Sousa	00:45:53	01:33:59	01:32:57	3146		Senior	225
3147	2686	Eugénia Lucas	00:46:17	01:34:22	01:32:42	3145		V55	35
3148	3335	Luciana Pimentel	00:46:51	01:34:42	01:34:34	3160		V65	13
3149	937	Rita Brito	00:44:58	01:34:49	01:34:14	3154		V55	36
3150	253	Dalila Brito	00:44:59	01:34:50	01:34:13	3153		V40	162
3151	3861	José Pereira	00:47:29	01:34:56	01:33:14	3147		V50	285
3152	1629	Frederico Tavares	00:44:17	01:35:04	01:34:29	3159		V65	59
3153	3322	João Ferreira	00:49:20	01:35:17	01:28:09	3133	Run Tejo - CM Socks	V60	129
3154	1038	Pedro Fernandes	00:47:42	01:35:20	01:33:52	3150		V40	449
3155	1037	Joana Bragança	00:47:42	01:35:21	01:33:54	3151		V40	163
3156	886	Lurdes Ferreira	00:43:30	01:35:31	01:34:52	3162		V55	37
3157	3542	Lúcia Cavaleiro	00:44:27	01:35:32	01:33:58	3152		V40	164
3158	2013	Fatima Carvalho	00:44:56	01:35:42	01:34:14	3155		V45	176
3159	2415	Sofia Nunes	00:45:20	01:35:44	01:34:37	3161	PowerBoost Club	V35	134
3160	3562	Sónia Alves	00:48:47	01:35:47	01:34:26	3157		V40	165

7.^a CORRIDA MONTEPIO

CORREMOS
UNS PELOS OUTROS

27OUT'19

CLASSIFICAÇÃO

Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
3161	3561	Paulo Alves	00:48:47	01:35:48	01:34:28	3158		V55	192
3162	3577	Rodrigo Alves	00:48:14	01:35:48	01:34:25	3156		Junior	34
3163	3391	Paula Machado	00:50:00	01:37:49	01:37:15	3166		V55	38
3164	2038	Ana Ferreira	00:47:35	01:37:49	01:36:20	3163		V50	86
3165	3165	Maria Almeida	00:50:36	01:38:00	01:37:56	3169		V60	20
3166	3167	Adília Almeida	00:50:37	01:38:15	01:38:10	3170		V55	39
3167	3864	Lynn Tartal	00:52:26	01:38:27	01:36:46	3164		V60	21
3168	3863	Josef Tartal	00:52:26	01:38:28	01:36:46	3165		V60	130
3169	258	Diana Machado	00:48:08	01:38:57	01:37:30	3167		V35	135
3170	237	Carolina Ladeira	00:48:08	01:38:57	01:37:30	3168		Senior	226
3171	1403	Beatriz Magalhães	00:46:08	01:39:54	01:39:11	3171		Junior	9
3172	1377	Inês Sequeira	00:53:16	01:46:18	01:44:55	3172	Ticketline	Senior	227
3173	1375	Rita Amado	00:53:18	01:46:19	01:44:56	3173	Ticketline	V40	166
3174	1374	Ana Ribeiro	00:53:19	01:46:20	01:44:57	3174	Ticketline	V45	177
3175	1402	Paula Magalhães	00:47:12	01:47:28	01:46:39	3175		V40	167
3176	1404	Vanessa Magalhães	00:55:42	01:47:28	01:46:40	3176		Senior	228