



21OUT.'18

CLASSIFICAÇÕES

Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
1	3590	Avelino Eusébio	00:15:45	00:31:24	00:31:23	1	GFD Running	Senior	1
2	2960	Hugo Ganchas	00:15:45	00:31:30	00:31:28	2		Senior	2
3	4352	José Gaspar	00:15:45	00:31:41	00:31:39	3		V40	1
4	3870	Diogo Ramalheira	00:15:44	00:32:01	00:32:00	4		Senior	3
5	3567	João Pereira	00:15:51	00:32:32	00:32:31	5	Maratona Clube de Portugal	Senior	4
6	4663	João Bertolo	00:15:47	00:32:41	00:32:40	6		Senior	5
7	4224	Ricardo Paixão	00:15:51	00:32:48	00:32:47	7	Clube de Futebol "Os Belenenses"	Senior	6
8	3600	Luis Fernandes	00:16:21	00:33:24	00:33:23	8	GFD Running	Senior	7
9	3616	Roberto Ladeiras	00:16:39	00:33:28	00:33:27	9	GFD Running	Senior	8
10	4221	Isaias Gomes	00:16:08	00:33:30	00:33:29	10	Clube de Futebol "Os Belenenses"	Senior	9
11	3598	Helder Grosso	00:16:39	00:33:31	00:33:30	11	GFD Running	V35	1
12	2703	Leonardo Coelho	00:16:31	00:33:38	00:33:37	12	RunLovers	Senior	10
13	4019	Ricardo Madeira	00:16:39	00:33:42	00:33:41	13	GDC Castelo de Paiva	V35	2
14	3420	Filipe Rebelo	00:16:56	00:34:11	00:34:10	14	RUN TEJO	Senior	11
15	4181	Pedro Gomes	00:16:31	00:34:19	00:34:18	15	Federação da Família para a Paz Mundial e Unifi	V40	2
16	3593	Carlos Ruxa	00:16:54	00:34:28	00:34:27	16	GFD Running	Senior	12
17	4622	Marco Mello	00:16:49	00:34:35	00:34:30	17	A.M.Atibá	V45	1
18	3957	Leonardo Pita	00:17:05	00:34:45	00:34:44	18	Maratona Clube de Portugal	Junior	1
19	3419	Pedro Alves	00:17:11	00:34:50	00:34:49	19	RUN TEJO	Senior	13
20	4591	Ricardo Jordão	00:17:11	00:34:57	00:34:56	20		V35	3



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CLASSIFICAÇÕES

Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
21	3423	Vasco Marta	00:16:54	00:35:00	00:34:59	21	RUN TEJO	Senior	14
22	4137	António Pinto	00:17:00	00:35:02	00:35:01	22	GRD OS FIXES	V40	3
23	1823	Júlio Finote	00:17:25	00:35:10	00:35:03	23		V45	2
24	3610	Nuno Romão	00:17:26	00:35:12	00:35:11	24	GFD Running	V45	3
25	4320	João Ferreira	00:17:35	00:35:14	00:35:13	25		Senior	15
26	4565	Jéssica Augusto	00:17:11	00:35:23	00:35:22	29		V35	1
27	3557	Nuno Rocha	00:17:26	00:35:25	00:35:18	26	Natural Force	V40	4
28	794	Sergio Paiva	00:17:26	00:35:26	00:35:21	28		V45	4
29	4056	Tiago Dias	00:17:23	00:35:27	00:35:20	27	RunLovers	Senior	16
30	4728	Paulo Garcia	00:17:26	00:35:29	00:35:28	30	Clube de Futebol "Os Belenenses"	V45	5
31	3010	Luis Pedroso	00:17:26	00:35:33	00:35:32	32		V45	6
32	4004	Carlos Pereira	00:17:18	00:35:35	00:35:28	31	Federação da Família para a Paz Mundial e Unifi	V40	5
33	4505	Guillermo Hernandez	00:17:29	00:35:47	00:35:46	33		V35	4
34	1863	Mário Zorro	00:17:27	00:35:51	00:35:50	34	Amigos do Atletismo de Mafra	V40	6
35	2225	Hugo Silva	00:17:46	00:35:57	00:35:50	35	RB RUNNING	Senior	17
36	2127	Pedro Pedro	00:17:46	00:35:58	00:35:51	36	RB RUNNING	V35	5
37	4294	Jorge Sousa	00:17:45	00:36:02	00:35:55	37		V35	6
38	2044	Bruno Loureiro	00:17:27	00:36:09	00:36:02	39		Senior	18
39	1378	Ricardo Lanceiro	00:17:54	00:36:16	00:36:00	38	ADNO - NucleOeiras	V40	7
40	1405	Miguel Ffwpu	00:17:55	00:36:17	00:36:09	40	Federação da Família para a Paz Mundial e Unifi	V40	8



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CLASSIFICAÇÕES

Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
41	4623	José Dias	00:17:35	00:36:18	00:36:17	45	A.M.Atibá	V40	9
42	4698	David Fernandes	00:17:57	00:36:19	00:36:12	41		V40	10
43	2323	Pedro Serra	00:17:46	00:36:20	00:36:12	42	Tartarugas Solidárias	Senior	19
44	3998	Pedro Ferreira	00:17:58	00:36:21	00:36:20	46		V40	11
45	1527	António Araújo	00:17:46	00:36:23	00:36:22	47		V50	1
46	4374	Joao Faustino	00:18:10	00:36:23	00:36:15	43		V45	7
47	2854	Rodrigo Godinho	00:18:00	00:36:23	00:36:22	48	Maratona Clube de Portugal	Senior	20
48	2737	Jorge Cruz	00:18:01	00:36:24	00:36:17	44	Amigos do Atletismo de Mafra	V50	2
49	3581	Vasco Murteira	00:18:11	00:36:27	00:36:26	49		Junior	2
50	1283	Carlos Gomes	00:18:01	00:36:31	00:36:30	50	Clube EDP Lisboa	V55	1
51	2518	António Reis	00:17:53	00:36:34	00:36:32	51	Clube Desportivo e Recreativo Ribeirinho	V40	12
52	2118	Alcides Estrela	00:18:01	00:36:40	00:36:32	52	SS CGD	V40	13
53	4724	Pedro Marques	00:17:55	00:36:41	00:36:40	53		V40	14
54	1826	Paulo Félix	00:18:00	00:36:41	00:36:40	54		V50	3
55	2414	Nuno Silva	00:18:01	00:36:47	00:36:46	55		V35	7
56	3613	Pedro Cruz	00:18:00	00:36:48	00:36:47	56	GFD Running	Senior	21
57	3594	Cláudia Pereira	00:18:00	00:36:48	00:36:47	57	GFD Running	V40	1
58	276	Flávio Santos	00:18:46	00:36:57	00:36:50	58	Federação da Família para a Paz Mundial e Unifi	Senior	22
59	258	Nuno Silva	00:17:56	00:36:57	00:36:56	59	Federação da Família para a Paz Mundial e Unifi	V35	8
60	4150	Paulo Alves	00:18:33	00:37:04	00:36:56	60	gdctincm	V40	15

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Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
61	4645	Luis Rodrigues	00:18:03	00:37:04	00:36:56	61	GRCD Leião	V45	8
62	1979	António Murteira	00:18:01	00:37:16	00:37:09	63	Grupo Recreativo e Desportivo Ribeira da Lage	V50	4
63	1545	Gonçalo Costa	00:18:16	00:37:17	00:37:09	62	ADNO - NucleOeiras	V45	9
64	3887	Nuno Lopes	00:18:50	00:37:23	00:37:12	64	CLUBE ACCENTURE	Senior	23
65	2912	Fernando Miranda	00:18:11	00:37:29	00:37:28	66		V45	10
66	3413	Frederico Lázaro	00:18:52	00:37:35	00:37:24	65	RUN TEJO	V35	9
67	196	Valter Oliveira	00:18:21	00:37:41	00:37:34	68		V40	16
68	3518	Mário Boucinha	00:18:35	00:37:41	00:37:33	67	A Natureza Ensina	V45	11
69	281	Paulo Carvalho	00:18:39	00:37:55	00:37:54	72		V45	12
70	1902	Cleby Araújo	00:18:54	00:37:57	00:37:47	69		V50	5
71	3951	Diogo Banha	00:18:37	00:37:59	00:37:58	73	Maratona Clube de Portugal	Junior	3
72	34	Ricardo Pires	00:19:06	00:38:01	00:37:48	70		V35	10
73	3116	João Oliveira	00:18:49	00:38:03	00:38:02	74		Senior	24
74	3258	Ana Cabecinha	00:18:59	00:38:03	00:38:02	75	Clube Oriental de Pechão	Senior	1
75	1495	José Fachadas	00:18:53	00:38:04	00:37:53	71		V45	13
76	4220	Fernando Santos	00:18:54	00:38:13	00:38:05	76	Clube de Futebol "Os Belenenses"	V45	14
77	1862	Marius Leordean	00:18:25	00:38:14	00:38:13	79	Amigos do Atletismo de Mafra	V35	11
78	4441	Francisco Laneta	00:18:54	00:38:19	00:38:09	77	Grupo Recreativo e Desportivo Ribeira da Lage	V50	6
79	4466	Pedro Cardoso	00:17:57	00:38:22	00:38:15	81		V35	12
80	518	Miguel Sobral	00:18:54	00:38:22	00:38:12	78	Associação GD Academia do Korpo	V40	17



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Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
81	3417	Luis Teixeira	00:18:51	00:38:23	00:38:13	80	RUN TEJO	Junior	4
82	3414	Elias Fortes	00:18:54	00:38:24	00:38:17	82	RUN TEJO	V50	7
83	3634	Eduardo Quaresma	00:18:52	00:38:28	00:38:27	90	GD SANTANDERTOTTA	V35	13
84	4182	Alex Tavares	00:18:50	00:38:30	00:38:19	83	Federação da Família para a Paz Mundial e Unifi	V35	14
85	3918	Miguel Gonçalves	00:19:19	00:38:30	00:38:19	85	CCD CRÉDITO AGRÍCOLA MÚTUO	V40	18
86	1537	Emanuel Serrazina	00:19:02	00:38:30	00:38:19	84	Escola Atletismo Cartaxo	V35	15
87	1479	Luis Monteiro	00:19:11	00:38:32	00:38:22	86	Clube Novo Banco	V45	15
88	4703	Tiago Amado	00:19:24	00:38:33	00:38:22	87		V35	16
89	1880	Paulo Costa	00:19:24	00:38:35	00:38:26	88		V40	19
90	2232	Clélio Cunha	00:18:41	00:38:36	00:38:26	89		V40	20
91	3936	Jorge Fonseca	00:19:04	00:38:38	00:38:36	94	ccd Sintrense	V40	21
92	3406	Nuno Naia	00:19:11	00:38:39	00:38:30	91	RUN TEJO	V40	22
93	4264	Ruben Pinto	00:18:40	00:38:42	00:38:34	93	RB RUNNING	V35	17
94	3389	David Pereira	00:19:04	00:38:42	00:38:32	92		Senior	25
95	4054	Alexandra Alves	00:18:56	00:38:45	00:38:37	95	J.O.M.A.	V35	2
96	4228	Nuno Santos	00:19:00	00:38:49	00:38:37	96	Clube Vodafone	V40	23
97	624	Francisco Azevedo	00:19:06	00:38:50	00:38:42	97		V45	16
98	3802	Fernando Silva	00:19:06	00:38:52	00:38:44	100		V45	17
99	3372	Nuno Lopes	00:19:35	00:38:53	00:38:43	99	Clube Millennium bcp	V45	18
100	1496	Pedro Marques	00:18:57	00:38:54	00:38:47	103		V40	24



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Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
101	3260	Edna Barros	00:19:35	00:38:55	00:38:48	105	Clube Oriental de Pechão	Senior	2
102	1446	Christoph Fetkenheuer	00:19:19	00:38:56	00:38:45	101		Senior	26
103	1379	Vitor Lima	00:18:54	00:38:57	00:38:56	114	ADNO - NucleOeiras	V50	8
104	2783	Adriel Monteiro	00:19:11	00:38:57	00:38:45	102		Senior	27
105	437	Luís Rodrigues	00:18:39	00:38:58	00:38:51	109		Senior	28
106	3098	João Pereira	00:19:32	00:38:59	00:38:48	106		Senior	29
107	4392	Jorge Abreu	00:19:35	00:39:00	00:38:47	104	RUN TEJO	Senior	30
108	1107	Luís Santos	00:19:36	00:39:00	00:38:50	108	GRCD Leião	V45	19
109	2685	Fábio Pereira	00:19:31	00:39:01	00:38:49	107	Sporting Clube de Casainhos	Senior	31
110	279	Edgar Trigo	00:18:53	00:39:01	00:39:00	120	Federação da Família para a Paz Mundial e Unifi	V45	20
111	1380	Rodrigo Santos	00:19:20	00:39:01	00:38:54	111	ADNO - NucleOeiras	V40	25
112	3705	J. Santos	00:19:36	00:39:01	00:38:54	112		V45	21
113	1548	Tiago Vintém	00:19:06	00:39:03	00:39:01	125	Pontével a Mexer	Senior	32
114	4074	Sandro Silva	00:18:57	00:39:04	00:38:53	110		V35	18
115	3125	Jorge Correia	00:19:12	00:39:05	00:38:57	115	GDR Reboleira	V45	22
116	3823	Francisco Santos	00:19:44	00:39:06	00:38:42	98		V45	23
117	4281	Nuno Gonçalo	00:19:29	00:39:06	00:38:55	113		V35	19
118	592	Miguel Velez	00:19:35	00:39:07	00:38:57	116	CAMARA LISBOA CLUBE	V55	2
119	3269	Maria Bernardo	00:19:35	00:39:07	00:39:00	121	Clube Oriental de Pechão	Junior	1
120	2566	Claus Dowie	00:19:07	00:39:08	00:39:01	124		V40	26



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CLASSIFICAÇÕES

Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
121	3199	Paulo Pinto	00:19:36	00:39:08	00:38:57	117	C.C.D.das Autarquias de Almada	V45	24
122	3767	Jorge Machado	00:19:32	00:39:08	00:38:59	119		Senior	33
123	327	Fernando Vicente	00:19:35	00:39:09	00:39:00	122		V50	9
124	4091	Vitor Pereira	00:19:00	00:39:10	00:39:01	126		Senior	34
125	39	António Graça	00:19:21	00:39:10	00:38:59	118	Linda-a-Pastora Sporting Clube	V50	10
126	4128	Armando Pessoa	00:19:11	00:39:11	00:39:01	123		V45	25
127	3595	Ernesto Ferreira	00:19:35	00:39:12	00:39:03	127	GFD Running	V45	26
128	1183	Rui Grazina	00:19:16	00:39:12	00:39:11	134		V55	3
129	3611	Nuno Ruela	00:19:34	00:39:12	00:39:03	128	GFD Running	V45	27
130	899	Almerindo Seco	00:19:36	00:39:15	00:39:06	129		V60	1
131	3156	Eduardo Pena	00:19:35	00:39:15	00:39:07	130	Keep Running	V50	11
132	4579	Miguel Fragoso	00:19:20	00:39:16	00:39:08	131	Clube Olímpico de Oeiras	V50	12
133	2148	Paulo Pereira	00:19:49	00:39:18	00:39:08	132	TAC - Tranquilidade Atletismo Clube	V50	13
134	1051	Paulo Gamboa	00:20:29	00:39:21	00:39:10	133	Clube Atletico das Patameiras	V45	28
135	3321	Nuno Prazeres	00:19:50	00:39:23	00:39:11	135	Clube Millennium bcp	V50	14
136	3605	Luís Macau	00:19:35	00:39:25	00:39:16	137	GFD Running	Senior	35
137	3606	Luís Machado	00:19:35	00:39:25	00:39:15	136	GFD Running	Senior	36
138	4040	Joaquim Pato	00:19:14	00:39:26	00:39:17	138	Grupo Barraqueiro	V45	29
139	2577	Daniel Alexandre	00:18:55	00:39:31	00:39:24	140		Junior	5
140	1477	Luís Godinho	00:19:12	00:39:33	00:39:23	139	Clube Novo Banco	V50	15



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CLASSIFICAÇÕES

Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
141	3608	Luís Pereira	00:19:20	00:39:33	00:39:32	147	GFD Running	V50	16
142	3046	Henrique Coelho	00:18:44	00:39:35	00:39:34	150		V45	30
143	1942	João Pastor	00:19:35	00:39:36	00:39:27	141	CCDTMETROLX	V45	31
144	1412	Stephane Almeida	00:19:03	00:39:36	00:39:28	142	Caracóis de Pedra	V35	20
145	3490	Nelio Felizardo	00:19:24	00:39:37	00:39:32	145	CRP ribafria	V35	21
146	4222	José Lemos	00:19:20	00:39:37	00:39:36	151	Clube de Futebol "Os Belenenses"	V55	4
147	2939	Tiago Marques	00:19:35	00:39:39	00:39:32	146	Sempre a Correr	V35	22
148	273	Dário Luz	00:19:13	00:39:40	00:39:31	143		V35	23
149	1706	Carlos Pereira	00:19:41	00:39:42	00:39:33	148	correrLoures	V50	17
150	1112	Pedro Mota	00:19:44	00:39:42	00:39:33	149	correrLoures	V45	32
151	3944	Roberto Guerreiro	00:19:34	00:39:44	00:39:36	152	RB RUNNING	V35	24
152	1582	Pedro Ferreira	00:20:10	00:39:44	00:39:31	144	RB RUNNING	V50	18
153	1717	Carlos Teixeira	00:19:42	00:39:50	00:39:40	155		V45	33
154	2704	Fábio Domingos	00:20:00	00:39:52	00:39:37	153	N. A. PAPAGAIOS DE CASCAIS	Senior	37
155	178	Jose Esteves	00:20:02	00:39:52	00:39:40	156		V50	19
156	1127	Carlos Caetano	00:19:43	00:39:52	00:39:42	157		V45	34
157	754	Paulo Silva	00:19:40	00:39:53	00:39:39	154	ROODINHAS-Santos Silva/Oxygen Gym	V45	35
158	933	Fernando Godinho	00:19:36	00:39:53	00:39:44	159	correrLoures	V45	36
159	4577	Nuno Alves	00:20:02	00:39:54	00:39:44	160	Clube Olímpico de Oeiras	V40	27
160	2924	Tiago Ribeiro	00:20:01	00:39:56	00:39:42	158		Senior	38



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Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
161	3583	Mário Macheta	00:20:03	00:39:57	00:39:48	163		Senior	39
162	3028	David Gorgulho	00:20:03	00:39:58	00:39:48	164		V35	25
163	3927	André Cardoso	00:19:20	00:39:58	00:39:47	161		Senior	40
164	4554	Hugo Luz	00:19:44	00:39:58	00:39:48	165	RB RUNNING	V40	28
165	2789	Bruno Francisco	00:20:00	00:40:00	00:39:50	167		V35	26
166	599	Júlio Reis	00:19:43	00:40:01	00:39:51	169	CAMARA LISBOA CLUBE	V45	37
167	2423	Nelson Moreira	00:20:02	00:40:01	00:39:50	166	AZB	V40	29
168	594	João Valhelhas	00:19:44	00:40:01	00:39:51	170	CAMARA LISBOA CLUBE	V45	38
169	1944	José Santos	00:19:37	00:40:02	00:39:51	171	CCDTMETROLX	V45	39
170	3701	Adolfo Leal	00:20:02	00:40:02	00:39:53	172		V50	20
171	1059	Antonio Almeida	00:20:15	00:40:03	00:39:47	162		V40	30
172	2562	4 Min/Km	00:20:01	00:40:03	00:39:54	174		Senior	41
173	4626	Mónica Moreiras	00:20:02	00:40:03	00:39:55	176	A.M.Atibá	V40	2
174	4632	José Heitor	00:20:02	00:40:04	00:39:56	178	A.M.Atibá	V55	5
175	1383	João Afonso	00:20:13	00:40:04	00:39:51	168	MLGTS	V40	31
176	1016	Paulo Patrício	00:19:27	00:40:04	00:39:55	177	Grupo Barraqueiro	V35	27
177	1310	Carlos Lima	00:20:01	00:40:05	00:39:54	175		V45	40
178	1391	Miguel Santos	00:19:25	00:40:06	00:40:04	186	URBAN RUN TEAM	V35	28
179	139	Hernâni Fernandes	00:20:02	00:40:09	00:39:58	179		V45	41
180	1057	Ricardo Castanho	00:19:33	00:40:11	00:40:03	183		V40	32



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CLASSIFICAÇÕES

Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
181	3408	Saul Fino	00:20:09	00:40:11	00:39:59	181	RUN TEJO	V40	33
182	875	Helder Faia	00:19:25	00:40:11	00:39:54	173		V40	34
183	1661	Paulo Vieira	00:20:00	00:40:12	00:39:59	180	100NOÇÃO	V50	21
184	4478	Romário Almeida	00:19:19	00:40:14	00:40:04	184		V45	42
185	2735	José Gonçalves	00:20:01	00:40:14	00:40:02	182	Amigos do Atletismo de Mafra	V50	22
186	1656	Fernando Castela	00:20:12	00:40:17	00:40:06	188	Scalabis Night Runners	V45	43
187	254	Nelson Coelho	00:19:35	00:40:19	00:40:18	195		Senior	42
188	4570	Bruno Sousa	00:20:10	00:40:20	00:40:04	185		V35	29
189	650	Manuel Rocha	00:19:55	00:40:20	00:40:08	190	Runners de Kintal	V40	35
190	3809	Aléxis Martins	00:18:44	00:40:21	00:40:19	196	Núcleo Sportinguista da Lourinhã	Senior	43
191	3573	Pedro Fonseca	00:20:09	00:40:21	00:40:09	191		Senior	44
192	2844	Ricardo Moreno	00:20:06	00:40:22	00:40:05	187		Senior	45
193	2241	Constantino Araujo	00:20:21	00:40:23	00:40:07	189		V50	23
194	2519	Luís Carvalho	00:20:07	00:40:26	00:40:14	193	A Natureza Ensina	Senior	46
195	3424	Nuno Ferreira	00:19:42	00:40:31	00:40:23	198	RUN TEJO	V40	36
196	1864	Rui Batista	00:20:13	00:40:33	00:40:12	192	Amigos do Atletismo de Mafra	V40	37
197	3702	Arlindo Paixão	00:20:02	00:40:36	00:40:26	199		V55	6
198	806	Mario Seabra	00:19:57	00:40:37	00:40:22	197	Grupo recreativo Janz e associados	V45	44
199	1229	Saul Leite	00:19:10	00:40:38	00:40:26	200		Senior	47
200	29	Fábio Teixeira	00:20:29	00:40:38	00:40:16	194		Senior	48



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CLASSIFICAÇÕES

Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
201	4218	Charlotte Baker	00:19:10	00:40:41	00:40:28	201		Senior	3
202	787	Luis Sanches	00:20:05	00:40:42	00:40:31	203		V40	38
203	2674	Gonçalo Ferreira	00:19:44	00:40:44	00:40:33	204		Senior	49
204	3346	Mario Duro	00:20:27	00:40:46	00:40:30	202	Clube Millennium bcp	V40	39
205	3512	Pedro Bravo	00:19:54	00:40:47	00:40:37	207		V45	45
206	2309	Pedro Vitorino	00:20:06	00:40:47	00:40:43	211	Linda-a-Pastora Sporting Clube	V40	40
207	4602	Henrique Mateus	00:20:03	00:40:47	00:40:43	212		V45	46
208	1749	Rui Merendas	00:19:40	00:40:48	00:40:38	209	ADRC Mata de Benfica	V45	47
209	2876	Maria Bernardo	00:20:10	00:40:49	00:40:37	206	NSLF	V50	1
210	4678	Pedro Soares	00:20:02	00:40:50	00:40:37	208		V40	41
211	1567	Fernando Corvelo	00:20:23	00:40:51	00:40:35	205		V45	48
212	4138	Alberto Rodrigues	00:20:00	00:40:52	00:40:44	213	Cotovia Running	V55	7
213	3617	Rui Freitas	00:20:10	00:40:57	00:40:42	210	GFD Running	V40	42
214	4726	Bruno Martins	00:20:02	00:41:02	00:40:50	214		V35	30
215	1956	Nelson Lourenco	00:20:30	00:41:03	00:40:51	215		V45	49
216	1647	Horácio Oliveira	00:19:50	00:41:06	00:40:54	217		V40	43
217	2169	Carlos Pedro	00:20:01	00:41:07	00:40:57	219	Clube TAP PORTUGAL	V45	50
218	3669	Rui Machinho	00:19:46	00:41:08	00:41:05	227	GD SANTANDERTOTTA	V40	44
219	2615	Miguel David	00:20:34	00:41:09	00:40:52	216		V45	51
220	3646	Antonio Louro	00:20:05	00:41:11	00:41:03	224	GD SANTANDERTOTTA	V45	52



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CLASSIFICAÇÕES

Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
221	3816	Bruno Marcelino	00:21:01	00:41:12	00:41:02	222		V35	31
222	3867	Andre Lopes	00:19:40	00:41:13	00:41:04	226		Senior	50
223	3200	Sérgio Santos	00:20:10	00:41:14	00:41:02	221	C.C.D.das Autarquias de Almada	V50	24
224	1397	Antonio Lopes	00:20:11	00:41:15	00:41:05	228		V50	25
225	3603	Artur Pinto	00:20:35	00:41:15	00:41:05	229	GFD Running	V40	45
226	4246	Carlos Catarino	00:20:19	00:41:16	00:41:11	233	GRUPO CORRIDA JCS	V60	2
227	1710	José Gomes	00:20:33	00:41:16	00:41:04	225		V55	8
228	1615	Guilherme Silva	00:20:00	00:41:16	00:41:03	223		Senior	51
229	3815	Pedro Cruz	00:20:01	00:41:17	00:41:05	230		V35	32
230	3614	Ricardo Bernardes	00:19:50	00:41:18	00:41:08	232	GFD Running	Senior	52
231	516	Duarte Costa	00:20:03	00:41:21	00:41:13	235		V35	33
232	418	Teotónio Neto	00:20:16	00:41:22	00:41:12	234	ADRC Mata de Benfica	V50	26
233	3485	Eduardo Santos	00:21:05	00:41:24	00:41:06	231	Sporting Clube de Casainhos	V35	34
234	4629	Fernando Figueiredo	00:20:33	00:41:27	00:41:22	248	A.M.Atibá	V45	53
235	1152	Nuno Mendes	00:20:15	00:41:27	00:41:17	240		V35	35
236	1266	Alexandre Figueiredo	00:20:09	00:41:30	00:41:18	243	NAPA	V45	54
237	1032	Paulo Afonso	00:20:11	00:41:30	00:41:21	246		V40	46
238	3898	João Mendonça	00:19:46	00:41:31	00:41:15	238		Senior	53
239	236	Antonio Rua	00:20:05	00:41:31	00:41:22	247	EX FEDERADOS	V55	9
240	1692	Carlos Sequeira	00:20:34	00:41:32	00:41:14	236		V50	27



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Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
241	1377	Luis Barata	00:20:35	00:41:33	00:41:25	253	ADNO - NucleOeiras	V45	55
242	2269	Bruno Santos	00:20:37	00:41:33	00:41:16	239		V40	47
243	2690	Adilson Lino	00:20:18	00:41:34	00:41:18	242		V45	56
244	3259	Carolina Costa	00:20:23	00:41:34	00:41:24	251	Clube Oriental de Pechão	Senior	4
245	1090	João Alves	00:20:09	00:41:34	00:41:20	244		Senior	54
246	2418	José Aleixo	00:20:43	00:41:36	00:41:26	258		V50	28
247	4226	Nuno Rosa	00:20:24	00:41:37	00:41:25	254	CCD CRÉDITO AGRÍCOLA MÚTUO	V40	48
248	308	David Saraiva	00:20:22	00:41:39	00:41:25	252	Mind Runners	V35	36
249	3596	Filipe Bugalho	00:20:33	00:41:39	00:41:23	250	GFD Running	Senior	55
250	3657	Jose Baptista	00:20:08	00:41:39	00:41:36	264	GD SANTANDERTOTTA	V50	29
251	942	Angelo Godinho	00:20:26	00:41:40	00:41:25	255		V35	37
252	3886	Nuno Aniceto	00:21:03	00:41:40	00:41:21	245	CLUBE ACCENTURE	Senior	56
253	1563	Rui Carvalho	00:20:29	00:41:40	00:41:26	256		V35	38
254	2318	Rafael Fernandes	00:20:18	00:41:43	00:41:27	259	Linda-a-Pastora Sporting Clube	Senior	57
255	3227	Vitor Martins	00:20:32	00:41:43	00:41:23	249	CLUBE COLABORADORES AGEAS	V45	57
256	1986	João Sequeira	00:20:26	00:41:44	00:41:37	265		Senior	58
257	400	Carlos Luz	00:20:30	00:41:44	00:41:33	260	BRRnightRUNNERS	V45	58
258	2792	Deolindo André	00:20:10	00:41:45	00:41:38	267	U.R.C.Abrunheira	V55	10
259	4302	Paulo Sarty	00:21:05	00:41:46	00:41:15	237	Strong Team	V45	59
260	2388	Paulo Garcia	00:21:02	00:41:48	00:41:17	241		V45	60



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Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
261	3358	Diogo Pereira	00:20:33	00:41:48	00:41:38	268	Clube Millennium bcp	V40	49
262	4676	Pedro Nunes	00:21:21	00:41:51	00:40:59	220		V35	39
263	2732	Ruben Rechená	00:20:30	00:41:54	00:41:45	273		Senior	59
264	3494	Valdemar Rente	00:20:21	00:41:55	00:41:50	277		V40	50
265	2509	Carlos Salvador	00:20:36	00:41:55	00:41:38	266		V40	51
266	4219	Rui Coelho	00:20:58	00:41:56	00:41:45	274	Clube de Futebol "Os Belenenses"	V45	61
267	1192	Andre Silva	00:21:12	00:41:56	00:41:41	271		Junior	6
268	3591	Carla Ribeiro	00:20:20	00:41:57	00:41:47	275	GFD Running	V35	3
269	2076	Daniel Verissimo	00:20:57	00:41:58	00:41:34	262	SS CGD	V35	40
270	2980	Bruno Quental	00:21:16	00:41:58	00:41:33	261		V40	52
271	1636	Tiago Pinto	00:20:57	00:41:59	00:41:35	263		V35	41
272	2739	Rui Mota	00:22:02	00:42:00	00:41:39	269	Amigos do Atletismo de Mafra	V40	53
273	247	Alexandre Santos	00:20:11	00:42:01	00:41:51	279		V45	62
274	3850	Lúcia Oliveira	00:20:27	00:42:01	00:41:50	278	GENERG	V35	4
275	3366	Jose Farinha	00:20:39	00:42:03	00:41:54	282	Clube Millennium bcp	V40	54
276	3262	Carina Correia	00:20:38	00:42:03	00:41:53	281	Clube Oriental de Pechão	V40	3
277	3033	Bruno Campos	00:20:45	00:42:05	00:41:42	272		V40	55
278	1694	Manuel Amaro	00:20:38	00:42:05	00:41:49	276		V60	3
279	3202	Eurico Nicho	00:21:01	00:42:07	00:41:57	284	Os Galgos	V55	11
280	2731	Hugo Palmeiro	00:21:30	00:42:08	00:41:26	257		V40	56



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Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
281	3198	Joaquim Machado	00:20:36	00:42:09	00:42:07	293	C.C.D.das Autarquias de Almada	V65	1
282	3203	André Coelho	00:20:58	00:42:09	00:41:58	285	Os Galgos	V40	57
283	3969	Jamie Bower	00:21:32	00:42:10	00:42:00	288		Senior	60
284	1936	Fernando Fernandes	00:21:11	00:42:11	00:42:05	292	CCDTMETROLX	V65	2
285	3511	Luis Teixeira	00:21:18	00:42:11	00:41:40	270		V35	42
286	1870	Vitor Batista	00:20:36	00:42:11	00:41:58	286		V45	63
287	3913	João Rego	00:21:14	00:42:12	00:42:05	291	FIT Runners	V40	58
288	919	Paulo Coelho	00:20:59	00:42:13	00:41:59	287		V40	59
289	1421	Edmundo Fonte	00:20:41	00:42:15	00:42:02	290		V55	12
290	3890	Ricardo Lavareda	00:21:14	00:42:16	00:41:56	283	CLUBE ACCENTURE	Senior	61
291	3013	Stephan Koenig	00:20:58	00:42:17	00:42:01	289		V50	30
292	2938	Ricardo Domingues	00:20:40	00:42:17	00:42:14	297	Caracóis de Pedra	Senior	62
293	3619	Victor Carvalho	00:21:05	00:42:24	00:42:14	298	GFD Running	V55	13
294	1461	Hugo Carago	00:21:06	00:42:27	00:42:13	296	Clube Novo Banco	V45	64
295	4575	Ricardo Martins	00:20:35	00:42:27	00:42:16	299	Clube Olímpico de Oeiras	V40	60
296	438	António Roque	00:20:41	00:42:29	00:42:19	301	Caracóis de Pedra	Senior	63
297	1331	João Ribeiro	00:23:31	00:42:30	00:40:55	218	JRF & Companhia	V35	43
298	2384	Carlos Canha	00:21:11	00:42:30	00:42:18	300		Senior	64
299	439	Tiago Rodrigues	00:20:51	00:42:30	00:42:20	303	Caracóis de Pedra	Senior	65
300	3410	Inocência Amorim	00:21:45	00:42:31	00:42:08	294	RUN TEJO	V40	61



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Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
301	3407	Pedro Pereira	00:21:45	00:42:31	00:42:09	295	RUN TEJO	V40	62
302	3489	Samuel Ribeiro	00:21:16	00:42:34	00:42:29	314	CRP ribafria	Senior	66
303	3090	Bruno Fernandes	00:20:25	00:42:35	00:42:26	308		V35	44
304	4619	Miguel Cruz	00:20:34	00:42:36	00:42:24	306		V40	63
305	654	Cláudio Andrade	00:21:01	00:42:36	00:42:25	307		V35	45
306	2508	Jorge Sousa	00:21:06	00:42:38	00:42:23	305		V50	31
307	4062	Fernando Corda	00:20:50	00:42:38	00:42:27	310		V50	32
308	1066	Fernanda Santinha	00:20:53	00:42:38	00:42:20	304		V45	1
309	2059	Cristiano Marques	00:20:32	00:42:38	00:42:28	312		V45	65
310	2043	Bruno Gomes	00:21:27	00:42:38	00:42:19	302		V35	46
311	62	Rodrigo Silva	00:21:09	00:42:39	00:42:28	313		V50	33
312	3478	Mário Borges	00:21:44	00:42:40	00:41:51	280		Senior	67
313	3924	Sérgio Manso	00:21:29	00:42:41	00:42:27	311		Senior	68
314	1006	Helder Pereira	00:21:15	00:42:43	00:42:26	309		V35	47
315	2196	Fernando Melão	00:21:07	00:42:44	00:42:40	327	Federação da Família para a Paz Mundial e Unifi	V50	34
316	1374	Nuno Almeida	00:20:17	00:42:45	00:42:33	321		V35	48
317	3412	Avelino Soares	00:21:02	00:42:45	00:42:32	318	RUN TEJO	V50	35
318	1146	Leandro Reis	00:21:03	00:42:45	00:42:43	333	SRCD do RF Monte Godel	V45	66
319	891	Gonçalo Porêlo	00:20:55	00:42:46	00:42:30	317		V35	49
320	2539	Joaquim Rosa	00:21:05	00:42:47	00:42:33	320	N. A. PAPAGAIOS DE CASCAIS	V55	14



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CLASSIFICAÇÕES

Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
321	1736	Nuno Dantas	00:21:34	00:42:47	00:42:30	316		V35	50
322	1539	Sadiq Kassamo	00:21:41	00:42:51	00:42:29	315	URBAN RUN TEAM	V40	64
323	2620	Ricardo Leitao	00:21:34	00:42:53	00:42:32	319		V40	65
324	1023	Andre Costal	00:21:25	00:42:53	00:42:39	326		V40	66
325	3880	Fernando Arvelaiz	00:21:37	00:42:54	00:42:34	322	CLUBE ACCENTURE	Senior	69
326	852	Sílvio Horta	00:21:42	00:42:54	00:42:34	323		V35	51
327	526	Mauricio Costa	00:21:42	00:42:55	00:42:42	330		V45	67
328	290	Carlos Cardoso	00:21:22	00:42:57	00:42:43	332		V65	3
329	1669	Hugo Crescido	00:21:07	00:42:58	00:42:42	329		V35	52
330	3111	Fábio Santos	00:21:11	00:42:58	00:42:41	328		Senior	70
331	3971	Rui Ramos	00:21:49	00:43:00	00:42:36	324		V35	53
332	808	Armindo Rodrigues	00:20:50	00:43:01	00:42:45	335	Grupo recreativo Janz e associados	V50	36
333	3805	Miguel Almeida	00:20:54	00:43:02	00:42:53	339		V40	67
334	4351	Pedro Pires	00:21:26	00:43:03	00:42:43	334		V50	37
335	4582	Gustavo Santos	00:22:24	00:43:04	00:42:39	325	Clube de Futebol "Os Belenenses"	V45	68
336	4664	Bart Steensma	00:21:16	00:43:06	00:42:48	336		Senior	71
337	57	Luís Isidoro	00:21:41	00:43:09	00:42:57	341		V35	54
338	1782	Mauro Machado	00:21:52	00:43:10	00:43:08	355		Senior	72
339	4468	Luis Franco	00:21:29	00:43:11	00:42:50	337		V40	68
340	1416	Ricardo Teixeira	00:20:01	00:43:11	00:43:03	349		Senior	73



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Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
341	309	Rafael Lourenço	00:21:16	00:43:11	00:43:06	354	GRF Benedita - Atletismo	V40	69
342	353	Bruno Duque	00:20:49	00:43:13	00:42:52	338		V35	55
343	90	Luis Ferreira	00:20:43	00:43:13	00:43:00	345		V40	70
344	4288	José Ferreira	00:20:43	00:43:15	00:43:10	357		V45	69
345	201	Carlos Ferreira	00:22:07	00:43:15	00:42:54	340	lesmas	V45	70
346	425	Bruno Tavares	00:21:47	00:43:15	00:42:57	342	Referees Margem Sul	Senior	74
347	4730	João Mendes	00:21:30	00:43:17	00:43:01	347		V55	15
348	1574	Carlos Viseu	00:20:31	00:43:17	00:43:04	352		V45	71
349	1678	José Nunes	00:20:53	00:43:17	00:43:04	351		V45	72
350	4173	Margarida Vitorino	00:20:55	00:43:19	00:43:09	356		Senior	5
351	3932	Rui Costa	00:21:08	00:43:23	00:43:10	358	RB RUNNING	Senior	75
352	2837	Eduardo Silva	00:21:51	00:43:24	00:43:15	362		V55	16
353	3265	Miguel Beirão	00:21:48	00:43:24	00:42:59	344	Clube Oriental de Pechão	V40	71
354	3147	Alexandre Martins	00:22:31	00:43:26	00:43:06	353	ADV Runners	Senior	76
355	2641	Miguel Amaral	00:21:33	00:43:26	00:43:00	346	Os Caçulas	V40	72
356	3623	Henrique Carvalho	00:22:18	00:43:27	00:43:01	348	PowerBoost Club	Senior	77
357	3771	Humberto Cruz	00:21:14	00:43:27	00:43:13	360		V40	73
358	2068	Anilson Soares	00:21:30	00:43:28	00:43:04	350		Senior	78
359	753	Fernando Gaspar	00:21:27	00:43:28	00:42:59	343		V35	56
360	4139	José Amigo	00:21:31	00:43:30	00:43:22	374	Cotovia Running	V65	4



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CLASSIFICAÇÕES

Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
361	1513	António Evaristo	00:21:45	00:43:31	00:43:16	366		V50	38
362	1312	Paulo Ramos	00:21:43	00:43:33	00:43:15	363		V40	74
363	3029	José Brito	00:21:42	00:43:33	00:43:22	373		V55	17
364	989	Bruno Godinho	00:20:40	00:43:33	00:43:20	371		V35	57
365	3141	Carlos Pena	00:21:06	00:43:34	00:43:19	368	Pertis Económicos	V45	73
366	3548	Florival Lucas	00:21:25	00:43:35	00:43:23	376	Os Coxos e o Miguel	V55	18
367	3519	Nuno Melo	00:22:00	00:43:35	00:43:15	364	Tivoli Runners	V40	75
368	2204	Rui Vieira	00:21:43	00:43:35	00:43:17	367	CCD PM CASCAIS	V50	39
369	3714	José Pires	00:22:24	00:43:36	00:43:11	359	Os Belenenses	V40	76
370	2991	Marta Sousa	00:21:38	00:43:36	00:43:16	365		Junior	2
371	2851	José Marques	00:21:26	00:43:36	00:43:23	377	CA Nazaré	V40	77
372	3298	Antonio Dolores	00:21:26	00:43:37	00:43:22	375		V45	74
373	2632	Pedro Vieira	00:21:30	00:43:37	00:43:19	369	correrLoures	V45	75
374	1323	António Batalha	00:21:25	00:43:39	00:43:28	383	Scalabis Night Runners	V65	5
375	1087	Rui Santos	00:21:44	00:43:40	00:43:25	378		V35	58
376	2014	Luís Mealha	00:21:46	00:43:41	00:43:20	370		V45	76
377	689	Paulo Palma	00:22:13	00:43:42	00:43:26	382		V40	78
378	892	Luis Aurélio	00:21:43	00:43:43	00:43:31	387	BRRnightRUNNERS	V45	77
379	1109	António Ferreira	00:22:14	00:43:44	00:43:13	361	Clube Atletico das Patameiras	Senior	79
380	1943	José Alves	00:21:55	00:43:44	00:43:26	381	CCDTMETROLX	V45	78



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CLASSIFICAÇÕES

Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
381	1935	Carlos Dias	00:21:55	00:43:44	00:43:26	380	CCDTMETROLX	V55	19
382	3739	José Proença	00:21:29	00:43:45	00:43:38	396		V55	20
383	3078	Antonio Silva	00:21:55	00:43:46	00:43:21	372		Senior	80
384	3268	Anabela Moreira	00:21:49	00:43:46	00:43:36	393	Clube Oriental de Pechão	V45	2
385	1590	João Barral	00:21:42	00:43:48	00:43:32	389		V40	79
386	1126	Hugo Tomé	00:22:18	00:43:49	00:42:42	331	SRCDRF Monte Godel	V35	59
387	2239	Luis Santos	00:21:55	00:43:49	00:43:26	379		V50	40
388	2367	Luis Carvalho	00:21:45	00:43:50	00:43:37	394	Tartarugas Solidárias	V40	80
389	2054	João Ferreira	00:21:43	00:43:50	00:43:37	395		V45	79
390	1009	Ana Correia	00:21:31	00:43:51	00:43:30	384	Grupo Barraqueiro	V35	5
391	4697	Jorge Raminhas	00:21:37	00:43:51	00:43:30	385		Senior	81
392	2302	Paulo Santos	00:21:43	00:43:52	00:43:44	406	LOURDETE PERFUMARIAS	V50	41
393	3601	Jorge Correia	00:21:49	00:43:53	00:43:36	392	GFD Running	V45	80
394	3088	João Santos	00:21:54	00:43:54	00:43:44	405		V55	21
395	3843	Pedro Jorge	00:21:48	00:43:54	00:43:47	414		Senior	82
396	2635	Cédric Monteiro	00:21:42	00:43:55	00:43:42	400	Trio Odemira	Senior	83
397	3744	Bruno Pardal	00:21:29	00:43:56	00:43:50	418		Senior	84
398	1264	Luis Mendes	00:20:06	00:43:56	00:43:44	404	NAPA	V45	81
399	1610	António Carreto	00:21:29	00:43:56	00:43:43	401		V35	60
400	1265	Célia Cecílio	00:21:56	00:43:56	00:43:43	403	NAPA	V45	3



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CLASSIFICAÇÕES

Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
401	809	Paulo Loureiro	00:21:25	00:43:56	00:43:41	398	Grupo recreativo Janz e associados	V40	81
402	3206	Armando Dias	00:22:14	00:43:58	00:43:47	413	Os Galgos	V50	42
403	3163	Álvaro Mendonça	00:22:10	00:43:59	00:43:34	391	GáfeteRunners	V35	61
404	2036	Miguel Antunes	00:23:30	00:43:59	00:43:40	397		Senior	85
405	3094	Rui Sousa	00:21:29	00:44:00	00:43:51	423		V40	82
406	3429	Vitor Gonçalves	00:21:33	00:44:00	00:43:50	421	RUN TEJO	V50	43
407	4286	Nuno Gonçalves	00:20:27	00:44:00	00:43:48	415		V35	62
408	1027	Pedro Canelas	00:21:39	00:44:01	00:43:45	407	Linda-a-Pastora Sporting Clube	V45	82
409	529	Gonçalo Ferreira	00:22:11	00:44:02	00:43:43	402	Linda-a-Pastora Sporting Clube	V40	83
410	3697	David Roberts	00:22:05	00:44:02	00:43:45	408		V55	22
411	4433	Albino Alves	00:21:50	00:44:03	00:43:32	388	Link	V35	63
412	4013	Hélio Costa	00:21:55	00:44:03	00:43:42	399		Senior	86
413	1189	Artur Gonçalves	00:20:39	00:44:03	00:43:54	428		V45	83
414	1198	Orlando Lopes	00:21:48	00:44:05	00:43:47	412		Senior	87
415	2086	Joaquim Frade	00:21:36	00:44:05	00:43:46	409	SS CGD	V60	4
416	2468	Antonio Godinho	00:22:13	00:44:07	00:43:56	433		V40	84
417	1934	Bruno Barbosa	00:22:04	00:44:08	00:44:00	437	CCDTMETROLX	Senior	88
418	3709	Miguel Rocha	00:21:42	00:44:08	00:43:55	429		V45	84
419	1860	Diogo Duarte	00:21:44	00:44:09	00:43:56	432	Go!Runners / OutPro Store	V40	85
420	1861	Francisco Duarte	00:21:47	00:44:10	00:43:56	431	Go!Runners / OutPro Store	Senior	89



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Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
421	2109	Rodrigo Almeida	00:21:47	00:44:10	00:43:53	426	SS CGD	V35	64
422	703	Gil Carneiro	00:21:42	00:44:12	00:43:50	419		V40	86
423	3179	Pedro Quintela	00:21:32	00:44:12	00:43:54	427	GRCD Leião	Senior	90
424	1220	Jaime Pinto	00:21:34	00:44:13	00:44:08	446		V55	23
425	4172	Simon Haberstroh	00:22:04	00:44:13	00:44:07	443		Senior	91
426	1257	Robert Teixeira	00:21:47	00:44:15	00:43:52	424	Konan Runners	Senior	92
427	3320	Carlo Pinho	00:21:38	00:44:15	00:44:00	438	Clube Millennium bcp	V45	85
428	4596	Pedro Domingos	00:23:42	00:44:15	00:43:34	390		V50	44
429	3718	Jose Dias	00:22:34	00:44:16	00:43:47	410		V55	24
430	2111	Rui Pereira	00:22:21	00:44:17	00:43:47	411	SS CGD	V45	86
431	41	Viriato Pataco	00:21:38	00:44:17	00:44:07	444		V45	87
432	3589	António Silva	00:22:43	00:44:18	00:43:49	416	GFD Running	V45	88
433	524	Valdemar Pereira	00:23:31	00:44:19	00:43:50	417		V65	6
434	3814	Marcelo Pinto	00:21:56	00:44:19	00:44:07	445		V50	45
435	1154	António Cerdeira	00:22:29	00:44:20	00:44:04	441		V60	5
436	307	Pedro Palma	00:21:25	00:44:21	00:44:16	457	Mind Runners	V35	65
437	562	Rui Rodrigues	00:21:21	00:44:22	00:44:11	451	Correr Soc. Rec da Granja	V40	87
438	1604	Rui Oliveira	00:22:42	00:44:22	00:43:53	425		V40	88
439	4670	João Fernandes	00:22:04	00:44:23	00:44:00	435		Senior	93
440	3223	Miguel Sousa	00:20:32	00:44:23	00:44:02	440	CLUBE COLABORADORES AGEAS	V40	89



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Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
441	1288	Rui Estriga	00:21:52	00:44:24	00:44:16	456	Clube EDP Lisboa	Senior	94
442	235	Liberto Santos	00:22:25	00:44:24	00:44:06	442		V50	46
443	1768	Henrique Adrega	00:22:10	00:44:25	00:44:09	448	CLUBE ATLETISMO AMIGOS DE BELÉM	V65	7
444	696	Pedro Machado	00:21:59	00:44:25	00:44:11	450		V45	89
445	3469	João Pires	00:21:09	00:44:26	00:44:18	464		V45	90
446	1064	Hugo Calado	00:22:06	00:44:26	00:44:18	463	Runners Pump Bplanet	V35	66
447	2334	Carlos Torres	00:21:35	00:44:26	00:43:57	434	FIT Runners	V35	67
448	3488	Pedro Nunes	00:21:41	00:44:27	00:44:16	458	CRP ribafria	Senior	95
449	2580	Vitor Ferrão	00:22:26	00:44:27	00:43:51	422		V45	91
450	2709	João Lopes	00:22:19	00:44:28	00:44:01	439	N. A. PAPAGAIOS DE CASCAIS	V35	68
451	2173	Diamantino Gamito	00:21:06	00:44:29	00:44:18	462	Clube TAP PORTUGAL	V50	47
452	1195	Gonçalo Ferreira	00:22:19	00:44:29	00:44:19	465	Clube de Futebol "Os Belenenses"	V45	92
453	456	Humberto Castanheira	00:22:06	00:44:29	00:44:15	455		V50	48
454	4229	Avelino Soares	00:22:11	00:44:29	00:44:17	461	Cofina Runners	V50	49
455	266	Jorge Fraga	00:23:02	00:44:30	00:43:50	420		V50	50
456	2002	Hugo Mendonça	00:22:25	00:44:30	00:44:00	436		V40	90
457	1684	Leonel Seleiro	00:21:36	00:44:31	00:44:20	469	Amigos do Atletismo da Aqualva	V60	6
458	2954	Gonçalo Moreira	00:22:08	00:44:31	00:44:12	452		Senior	96
459	3140	Ebrima Bayo	00:21:30	00:44:33	00:44:22	474	Pertis Económicos	Senior	97
460	4153	Rui Correia	00:22:45	00:44:33	00:44:08	447	gdctincm	V40	91



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Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
461	2119	André Filipe	00:21:49	00:44:33	00:44:24	475	SS CGD	Senior	98
462	1524	Mário Resende	00:22:52	00:44:33	00:43:30	386		V50	51
463	2242	Jose Reis	00:22:14	00:44:35	00:44:26	479		V65	8
464	2657	Ricardo Lourenço	00:21:29	00:44:35	00:44:25	478		V40	92
465	1088	Pedro Ribeiro	00:21:49	00:44:36	00:44:22	471		V45	93
466	1970	Vitor Borges	00:21:56	00:44:37	00:44:21	470	FunBus - Barreiro	Senior	99
467	2000	Filipe Morais	00:22:17	00:44:37	00:44:10	449	Clube de Corrida do Externato da Luz	V35	69
468	25	José João	00:21:40	00:44:37	00:44:30	487	Os Galgos	V55	25
469	2590	Vitor Mourão	00:22:05	00:44:38	00:44:25	477	BRRnightRUNNERS	V45	94
470	1010	António Almeida	00:22:09	00:44:39	00:44:20	468	Grupo Barraqueiro	V35	70
471	191	Vítor Canto	00:22:35	00:44:40	00:44:12	453		V45	95
472	386	Domingos Neca	00:21:00	00:44:41	00:44:32	491	Jovens da Serra das Minas	V60	7
473	1151	Jose Freitas	00:21:54	00:44:41	00:44:35	504		V55	26
474	242	Manuel Tavares	00:21:20	00:44:42	00:44:32	494	Run Pirilampo	V60	8
475	51	Paulo Isménio	00:22:10	00:44:43	00:44:22	472		V40	93
476	1617	Tiago Pinto	00:22:22	00:44:43	00:44:22	473	Cotovia Running	Senior	100
477	2406	Vitor Novais	00:22:27	00:44:43	00:44:20	467	Grupo dos Amigos do Atletismo de Vila Franca d	V40	94
478	4257	Pedro Costa	00:21:35	00:44:44	00:44:37	512	GRUPO CORRIDA JCS	Senior	101
479	3195	Amável Figueiredo	00:22:21	00:44:44	00:44:30	488	C.C.D.das Autarquias de Almada	V55	27
480	3958	Rui Sanches	00:21:48	00:44:44	00:44:31	490		V45	96



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Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
481	2246	Daniel Ferreira	00:22:52	00:44:44	00:44:17	459		V40	95
482	2581	João Oliveira	00:22:01	00:44:45	00:44:37	513		Senior	102
483	257	Helena Moreira	00:22:18	00:44:45	00:44:35	505	Caracóis de Pedra	V40	4
484	2138	Nuno Ribeiro	00:22:37	00:44:45	00:44:13	454		V40	96
485	4240	Jose Fernandes	00:21:53	00:44:45	00:44:41	519	CASA BENFICA SEIXAL	V50	52
486	4239	Renato Cristina	00:21:57	00:44:45	00:44:42	522	CASA BENFICA SEIXAL	V45	97
487	2516	Eduardo Carvalho	00:22:20	00:44:47	00:44:34	502		V40	97
488	521	Nuno Diogo	00:22:34	00:44:47	00:44:37	511	Correr Soc. Rec da Granja	V45	98
489	564	Rui Vale	00:22:34	00:44:47	00:44:36	507		V35	71
490	1784	Hugo Machado	00:21:53	00:44:48	00:44:39	514		V40	98
491	1850	Jorge Costa	00:22:26	00:44:49	00:44:34	499		V35	72
492	865	João Lourenço	00:21:33	00:44:49	00:44:40	516		V50	53
493	3934	João Gomes	00:22:40	00:44:50	00:44:29	483	Amigos do Atletismo de Mafra	V45	99
494	849	Tomás Faria	00:22:21	00:44:50	00:44:33	497		V35	73
495	4197	Carlos Jesus	00:21:39	00:44:50	00:44:35	503		V35	74
496	929	Marco Pinto	00:21:49	00:44:51	00:44:30	486		V35	75
497	685	Diogo Assunção	00:21:55	00:44:52	00:44:34	498	Here 4 Beer	Senior	103
498	2106	Pedro Fontoura	00:22:10	00:44:52	00:44:32	492	SS CGD	V45	100
499	200	Humberto Borges	00:22:11	00:44:52	00:44:29	484	lesmas	V50	54
500	3300	Rui Henriques	00:22:35	00:44:53	00:44:33	496		V40	99



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Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
501	104	Nuno Barreto	00:22:00	00:44:53	00:44:32	493		V45	101
502	2028	David Neto	00:23:17	00:44:53	00:44:19	466		Senior	104
503	947	João Rosário	00:22:11	00:44:54	00:44:36	508		Senior	105
504	3491	Tiago Oliveira	00:23:02	00:44:54	00:44:28	481		Senior	106
505	54	Rui Heleno	00:22:51	00:44:54	00:44:26	480		V40	100
506	2018	Helder Grave	00:21:31	00:44:54	00:44:41	520		Senior	107
507	974	Luís Calha	00:21:29	00:44:55	00:44:48	529		V50	55
508	687	Joaquim Santos	00:21:48	00:44:57	00:44:37	510		V60	9
509	1914	David Simões	00:22:30	00:44:58	00:44:44	525		V40	101
510	2337	Luís Candeias	00:22:55	00:44:58	00:44:35	506	FIT Runners	V40	102
511	3791	André Beselga	00:21:42	00:44:58	00:44:43	524	LastRun	Senior	108
512	2809	José Saraiva	00:23:25	00:44:58	00:44:17	460	Corrida Noturna Parque das Nações	V50	56
513	2800	Rui Almeida	00:22:50	00:44:59	00:44:32	495	Corrida Noturna Parque das Nações	V45	102
514	1908	João Guterres	00:22:30	00:44:59	00:44:40	515		V40	103
515	1985	José Guerreiro	00:22:06	00:45:00	00:44:41	518		V60	10
516	4651	Maria Neiva	00:22:52	00:45:01	00:44:31	489		V60	1
517	2209	Albisio Magalhaes	00:22:28	00:45:01	00:44:34	501		V60	11
518	3741	Manuel Gomes	00:21:46	00:45:02	00:44:59	545		V60	12
519	3770	João Navarro	00:22:03	00:45:02	00:44:56	543		V40	104
520	617	Carlos Noronha	00:22:32	00:45:03	00:44:50	534		V35	76



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Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
521	1278	Paulo Francisco	00:22:41	00:45:03	00:43:56	430	SRCDRF Monte Godel	V45	103
522	964	Adelino Trindade	00:22:37	00:45:04	00:44:28	482		V45	104
523	390	Alberto Matias	00:22:04	00:45:04	00:44:53	540		V60	13
524	1311	Rafael Dias	00:22:30	00:45:04	00:44:52	537		V45	105
525	12	Nuno Gonçalves	00:22:40	00:45:04	00:44:41	521		V40	105
526	42	Tiago Marques	00:20:43	00:45:05	00:44:43	523		V35	77
527	1693	Luís Sousa	00:22:44	00:45:05	00:44:53	538		V40	106
528	2219	João Valente	00:19:45	00:45:06	00:45:01	546		Senior	109
529	3895	Nuno Barba	00:22:26	00:45:06	00:44:41	517		V35	78
530	2701	João Leitão	00:22:38	00:45:06	00:44:36	509	RunLovers	V45	106
531	645	Joao Vidinha	00:22:17	00:45:08	00:44:49	532	CORRIDAS E COMIDAS	V45	107
532	2443	Sara Neves	00:22:10	00:45:09	00:44:52	536		V40	5
533	4072	Carlos Santos	00:22:11	00:45:10	00:44:45	526		V35	79
534	4349	Pedro Serra	00:22:50	00:45:10	00:44:48	530		V40	107
535	2927	António Teixeira	00:22:23	00:45:11	00:44:47	528	Grupo dos Amigos do Atletismo de Vila Franca d	V45	108
536	1228	David Martins	00:22:16	00:45:11	00:45:03	553		Senior	110
537	4490	Carlos Ramos	00:22:38	00:45:11	00:44:51	535		V45	109
538	4590	João Veiga	00:22:21	00:45:12	00:44:54	542		Senior	111
539	3299	João Nunes	00:22:04	00:45:12	00:45:02	550		V55	28
540	1788	Daniel Morais	00:22:08	00:45:13	00:44:53	541		V45	110



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Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
541	633	Paulo Antunes	00:22:17	00:45:13	00:44:48	531	condores varge mondar	V45	111
542	3105	David Rosa	00:22:45	00:45:14	00:45:03	552		V40	108
543	2377	Fernando Lourenço	00:22:09	00:45:14	00:45:04	557		V50	57
544	3131	Elmar Derkitsch	00:22:17	00:45:15	00:44:53	539	MARRIOTT LISBOA	V60	14
545	1309	Ana Lopes	00:22:45	00:45:15	00:45:04	555		V45	4
546	4650	Fernando Carvalhão	00:22:56	00:45:16	00:44:46	527		V35	80
547	131	António Martins	00:22:36	00:45:17	00:45:05	558	NAV RUNNERS	V50	58
548	3607	Luís Pires	00:22:51	00:45:18	00:44:49	533	GFD Running	V50	59
549	2817	Luis Martins	00:21:41	00:45:18	00:45:08	562		V50	60
550	4638	Paulo Salgado	00:23:31	00:45:19	00:44:34	500		V50	61
551	3765	João Marques	00:22:39	00:45:20	00:44:24	476		V40	109
552	1286	Luís Rodrigues	00:22:34	00:45:21	00:45:04	554	Clube EDP Lisboa	V35	81
553	4624	Nuno Silva	00:22:24	00:45:21	00:44:57	544	A.M.Atibá	V45	112
554	4731	Luciano Dantas	00:22:26	00:45:21	00:45:06	559		V50	62
555	648	Fábio Correia	00:22:51	00:45:21	00:45:03	551		Senior	112
556	4639	Sónia Neves	00:22:51	00:45:22	00:45:04	556		V40	6
557	1018	Tiago Boleto	00:22:23	00:45:23	00:45:06	560	Galheteiro	V35	82
558	1297	Eduardo Rodrigues	00:22:10	00:45:24	00:45:11	569		V55	29
559	4090	Fernando Agostinho	00:22:23	00:45:26	00:45:01	547		V55	30
560	992	Rodrigo Santos	00:22:22	00:45:26	00:45:11	568		V45	113



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CLASSIFICAÇÕES

Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
561	3196	Carlos Coelho	00:22:45	00:45:26	00:45:11	567	C.C.D.das Autarquias de Almada	V55	31
562	1054	Davide Sena	00:22:35	00:45:27	00:45:08	561		Senior	113
563	4300	Catarina Ventura	00:22:52	00:45:28	00:45:14	572		V40	7
564	4322	Antonio Rebelo	00:23:21	00:45:29	00:44:29	485		V45	114
565	4633	José Silva	00:22:07	00:45:29	00:45:28	593	Federação da Família para a Paz Mundial e Unifi	V35	83
566	2071	Adriano Encarnação	00:22:09	00:45:30	00:45:09	563		Senior	114
567	2480	Ana Mendes	00:22:08	00:45:30	00:45:20	580		V40	8
568	3788	Ricardo Alves	00:22:30	00:45:30	00:45:11	566		Senior	115
569	2347	Eduardo Ribeiro	00:22:23	00:45:31	00:45:16	573	GDCT Unicre	V50	63
570	1542	António Mouro	00:22:16	00:45:32	00:45:22	583		V40	110
571	3188	Joao Caldas	00:22:38	00:45:33	00:45:20	581	NUCLEO DESPORTIVO AUTOCOOPE	V50	64
572	4718	Bruno Dias	00:21:06	00:45:34	00:45:32	604		V35	84
573	115	Pedro Coelho	00:22:49	00:45:34	00:45:09	564		V40	111
574	886	Joel Calção	00:21:55	00:45:34	00:45:13	570		V35	85
575	3683	Bruno Oliveira	00:23:14	00:45:36	00:45:14	571		V40	112
576	980	Manuel Rosa	00:22:49	00:45:36	00:45:02	549		V50	65
577	2348	Miguel Nunes	00:22:41	00:45:37	00:45:21	582	GDCT Unicre	V45	115
578	674	Diogo Bispo	00:22:34	00:45:37	00:45:24	586	Futebol Clube Estrelas Lisboa	Senior	116
579	3938	Joana Vinagre	00:22:14	00:45:38	00:45:35	610	ccd Sintrense	Senior	6
580	3869	Nuno Gomes	00:22:09	00:45:38	00:45:24	585		V40	113



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CLASSIFICAÇÕES

Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
581	2168	Fernando Pereira	00:22:47	00:45:39	00:45:26	592	Clube TAP PORTUGAL	V50	66
582	2116	Tiago Avelãs	00:22:22	00:45:40	00:45:20	578	SS CGD	V40	114
583	915	Marco Rodrigues	00:22:43	00:45:41	00:45:16	575		V40	115
584	2464	Bruno Silva	00:23:56	00:45:41	00:45:29	595		Senior	117
585	1840	Tiago Martins	00:22:34	00:45:42	00:45:31	600		Senior	118
586	832	Paulo Folgado	00:22:45	00:45:42	00:45:30	597		V50	67
587	3280	João Jr	00:22:17	00:45:43	00:45:39	620	Swimrunners	Junior	7
588	1050	Miguel Tavares	00:23:01	00:45:43	00:45:20	579	Clube Atletico das Patameiras	V45	116
589	2596	Ana Vieira	00:22:33	00:45:43	00:45:42	625		V40	9
590	2934	Jorge Ferreira	00:22:48	00:45:44	00:45:24	589	AON Empower Results	V45	117
591	3571	Luis Apolinario	00:22:01	00:45:44	00:45:37	615		V40	116
592	2147	Virgílio Madeira	00:22:43	00:45:44	00:45:34	606	TAC - Tranquilidade Atletismo Clube	V55	32
593	3722	Carlos Rodrigues	00:22:37	00:45:46	00:45:25	591	Amigos do Atletismo de Mafra	V60	15
594	170	José Tomás	00:22:34	00:45:47	00:45:24	588		V45	118
595	4119	Tiago Silva	00:22:31	00:45:48	00:45:16	574		V40	117
596	3612	Paulo Tainha	00:22:38	00:45:48	00:45:38	618	GFD Running	V50	68
597	747	Mauro Marques	00:22:35	00:45:50	00:45:25	590		Senior	119
598	1800	Pedro Ferreira	00:22:13	00:45:50	00:45:32	601		V35	86
599	3954	Artur Pereira	00:22:59	00:45:50	00:45:35	609		V40	118
600	429	João Frade	00:22:52	00:45:52	00:45:29	596		V45	119



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CLASSIFICAÇÕES

Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
601	3061	João Vieira	00:22:29	00:45:53	00:45:46	634		V35	87
602	1238	David Harrison	00:23:32	00:45:54	00:45:11	565		V50	69
603	2175	Jose Sousa	00:23:23	00:45:54	00:45:32	602	Clube TAP PORTUGAL	V50	70
604	2420	Hugo Ramires	00:22:42	00:45:54	00:45:38	617		V35	88
605	3314	Fernando Rodrigues	00:23:12	00:45:54	00:45:18	576	Clube Millennium bcp	V50	71
606	2925	Miguel Oliveira	00:22:59	00:45:54	00:45:24	587		V40	119
607	2315	Ana Frutuoso	00:22:27	00:45:54	00:45:36	612	Linda-a-Pastora Sporting Clube	V40	10
608	1972	Rui Almeida	00:22:14	00:45:55	00:45:40	622	ADRC Mata de Benfica	V45	120
609	3331	Cristina Lourenco	00:23:11	00:45:55	00:45:19	577	Clube Millennium bcp	V50	2
610	2961	Diogo Lemos	00:23:02	00:45:55	00:45:37	616		V40	120
611	2449	Pedro Pinto	00:22:44	00:45:56	00:45:46	635		Senior	120
612	4110	Joao Cabecas	00:22:22	00:45:57	00:45:54	644		V45	121
613	3415	Pedro Favinha	00:22:44	00:45:58	00:45:43	629	RUN TEJO	V45	122
614	3464	Daniel Barbosa	00:22:44	00:45:58	00:45:42	627		V55	33
615	715	Sérgio Ferreira	00:22:34	00:45:59	00:45:52	642		Senior	121
616	2218	Inocencio Dias	00:22:54	00:45:59	00:45:32	603		V55	34
617	4280	Jorge Azevedo	00:23:15	00:45:59	00:45:31	598		V45	123
618	149	Carlos Resa	00:22:20	00:45:59	00:45:43	628		V35	89
619	967	Carlos Pires	00:23:02	00:46:01	00:45:42	626		V40	121
620	4037	Gonçalo Sousa	00:22:11	00:46:01	00:45:47	638		Senior	122



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CLASSIFICAÇÕES

Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
621	1657	Pedro Carvalho	00:22:51	00:46:01	00:45:50	641	Scalabis Night Runners	V50	72
622	2513	José Augusto	00:23:06	00:46:02	00:45:39	621		V55	35
623	4580	Ricardo Santos	00:23:02	00:46:02	00:45:41	623	Clube Olímpico de Oeiras	V35	90
624	1413	David Pinheiro	00:22:57	00:46:02	00:45:31	599		Senior	123
625	870	Liliana Montenegro	00:22:42	00:46:02	00:45:58	655		V35	6
626	1728	Joana Taneco	00:23:03	00:46:03	00:45:42	624		Senior	7
627	3738	Ana Rebelo	00:22:44	00:46:03	00:45:45	632	RUN TEJO	Senior	8
628	1218	Carlos Conceição	00:22:19	00:46:05	00:45:58	656		V35	91
629	799	Joaquim Galvão	00:23:04	00:46:06	00:45:39	619		V60	16
630	1629	Hugo Gomes	00:22:52	00:46:07	00:46:02	664	Colt Runners	V40	122
631	1489	Carlos Reis	00:23:00	00:46:08	00:45:52	643		V50	73
632	3995	António Alves	00:21:55	00:46:08	00:45:50	640		V55	36
633	3106	Jose Graça	00:23:22	00:46:10	00:45:44	630		V55	37
634	3471	Miguel Lourenco	00:22:52	00:46:10	00:45:36	613		Senior	124
635	4313	José Dias	00:23:12	00:46:11	00:45:23	584		V40	123
636	3138	Paulo Cruz	00:22:23	00:46:12	00:45:58	654	BRRnightRUNNERS	V45	124
637	627	Francisco Dias	00:23:29	00:46:12	00:45:34	607	Correr Soc. Rec da Granja	V45	125
638	1625	Rui Santos	00:22:21	00:46:13	00:46:00	658	30 SEGUNDOS AO KM	V35	92
639	4600	Tiago Rocha	00:24:18	00:46:13	00:45:33	605		Senior	125
640	3222	Miguel Esteves	00:23:21	00:46:17	00:45:37	614	CLUBE COLABORADORES AGEAS	Senior	126



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Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
641	2656	Henrique Vaz	00:23:54	00:46:17	00:45:45	631		V70	1
642	2260	Jose Hilario	00:23:18	00:46:17	00:45:54	645		V55	38
643	2832	João Cruz	00:22:55	00:46:17	00:45:58	653		Senior	127
644	1436	Pedro Ferreira	00:22:10	00:46:17	00:46:05	671		V35	93
645	1049	Manuel Rodrigues	00:22:17	00:46:18	00:46:07	673	Clube Atletico das Patameiras	V55	39
646	1903	Luis Antunes	00:23:44	00:46:19	00:45:36	611		Senior	128
647	2165	Jorge Gonçalves	00:23:28	00:46:20	00:45:56	648	Clube TAP PORTUGAL	Senior	129
648	3133	Vitor Monteiro	00:23:11	00:46:20	00:45:57	652	MARRIOTT LISBOA	V55	40
649	2498	Pedro Reis	00:22:41	00:46:21	00:46:06	672		V40	124
650	3933	Helena Martins	00:22:43	00:46:22	00:46:02	663	Amigos do Atletismo de Mafra	V55	1
651	2253	Pedro Oliveira	00:21:57	00:46:22	00:45:56	650		V35	94
652	4559	Vitor Hugo	00:23:20	00:46:23	00:45:58	657	Serrado FC Atletismo	V35	95
653	1853	Pedro Neto	00:23:04	00:46:23	00:45:56	651		V45	126
654	2089	Jose Martins	00:23:21	00:46:23	00:46:03	665	SS CGD	V40	125
655	3517	Ricardo Maia	00:22:49	00:46:24	00:45:55	646	Team Its Up to You	V45	127
656	2433	Nuno Julio	00:23:20	00:46:24	00:46:02	662		V45	128
657	846	Rui Rodrigues	00:23:36	00:46:25	00:45:47	637		V50	74
658	4719	Arlindo Dias	00:24:12	00:46:26	00:45:46	633		V35	96
659	984	Simão Corrente	00:23:56	00:46:26	00:46:19	700		Junior	8
660	4124	Paulo Monteiro	00:23:43	00:46:26	00:46:23	709		V40	126



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CLASSIFICAÇÕES

Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
661	3128	Luís Nogueira	00:22:55	00:46:26	00:46:10	683	GRCD Leião	V40	127
662	1967	António Cardoso	00:23:52	00:46:27	00:46:05	670	URBAN RUN TEAM	V50	75
663	4161	António Silva	00:22:32	00:46:27	00:46:09	681	TAC - Tranquilidade Atletismo Clube	V45	129
664	2628	Pedro Fernandes	00:23:10	00:46:28	00:46:05	669	Martinhal Team	V40	128
665	3492	Mário Pires	00:22:55	00:46:28	00:46:18	699		V55	41
666	391	Gonçalo Lima	00:22:23	00:46:28	00:46:10	685		V35	97
667	4147	Nuno Carvalho	00:23:22	00:46:29	00:46:03	666	gdctincm	V40	129
668	384	Paulo Santos	00:22:44	00:46:30	00:46:09	679		V50	76
669	4241	René Duarte	00:22:53	00:46:30	00:46:25	717	CASA BENFICA SEIXAL	V65	9
670	3719	Emanuel Pereira	00:23:43	00:46:31	00:45:34	608		Senior	130
671	3304	Pedro Goncalves	00:23:23	00:46:31	00:46:13	689		V45	130
672	3561	Luís Godinho	00:22:50	00:46:31	00:46:16	693		V40	130
673	499	Rui Isidoro	00:23:00	00:46:31	00:46:00	660		V40	131
674	4337	José Santos	00:22:37	00:46:32	00:46:16	692		Senior	131
675	4733	Vitor Amado	00:23:33	00:46:32	00:46:05	668		V60	17
676	1068	Rui Freitas	00:23:08	00:46:32	00:46:24	713		V45	131
677	2088	Jorge Morgado	00:23:50	00:46:32	00:45:56	647	SS CGD	V55	42
678	3572	Luís Rua	00:24:01	00:46:33	00:45:02	548		Senior	132
679	1509	Tiago Alves	00:22:42	00:46:34	00:46:33	740		Senior	133
680	3462	Edgar Marques	00:22:46	00:46:34	00:46:26	719		Senior	134



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Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
681	4458	Armando Cruz	00:23:03	00:46:34	00:46:30	726		V50	77
682	30	Luís Mendes	00:24:27	00:46:35	00:45:29	594		V35	98
683	4693	Alvaro Candeias	00:22:39	00:46:35	00:46:21	704		V65	10
684	4358	Ricardo Oliveira	00:22:56	00:46:35	00:46:08	677		V40	132
685	4339	Coste Florent	00:22:43	00:46:36	00:46:33	739		V45	132
686	4338	Sodavalle Christèle	00:23:06	00:46:36	00:46:33	737		V45	5
687	1889	Augusto Semedo	00:23:21	00:46:37	00:46:19	701		V60	18
688	4469	João Fernandes	00:22:46	00:46:38	00:46:21	703		V35	99
689	821	Pedro Ventura	00:23:07	00:46:38	00:46:01	661		V50	78
690	468	David Simao	00:23:00	00:46:38	00:46:30	725		V45	133
691	3939	Catarina Ribeiro	00:22:14	00:46:39	00:46:36	747	ccd Sintrense	Senior	9
692	2321	Rui Lacerda	00:22:41	00:46:39	00:46:22	707	Linda-a-Pastora Sporting Clube	V45	134
693	1095	Luís Balinho	00:23:22	00:46:40	00:46:23	712		V40	133
694	1321	José Santos	00:22:35	00:46:40	00:46:31	729		V45	135
695	4307	André Falcão	00:23:19	00:46:40	00:46:09	678	Elite Runners	Senior	135
696	4567	Ricardo Leal	00:23:15	00:46:40	00:46:07	674		V40	134
697	4057	Tiago Fernandes	00:23:53	00:46:40	00:46:00	659	Tartaruga Ninja	V35	100
698	1249	Gonçalo Rangel	00:23:19	00:46:41	00:46:09	680		Senior	136
699	3184	Orlando Ferreira	00:23:06	00:46:41	00:46:31	730	correrLoures	V45	136
700	1115	Jorge Silva	00:22:41	00:46:41	00:46:08	676		V40	135



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CLASSIFICAÇÕES

Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
701	2126	Carlos Leitão	00:22:52	00:46:42	00:46:23	711	SS CGD	V55	43
702	748	Pedro Duarte	00:22:58	00:46:43	00:46:13	687		V45	137
703	1025	Tito Germano	00:23:09	00:46:43	00:46:21	705		V35	101
704	2101	Noémia Sequeira	00:23:08	00:46:44	00:46:24	715	SS CGD	V45	6
705	265	Hugo Sequeira	00:22:04	00:46:44	00:46:31	731		V40	136
706	1093	Antonio Gonçalves	00:23:02	00:46:44	00:46:14	691		V55	44
707	4412	Joaquim Silva	00:23:40	00:46:44	00:46:03	667	GINjinha Runners	V45	138
708	1013	Carlos Amaro	00:23:21	00:46:44	00:46:14	690	Grupo Barraqueiro	V35	102
709	3234	Tania Garcia	00:23:09	00:46:45	00:46:41	757		Senior	10
710	2801	Fernando Serrano	00:23:42	00:46:45	00:46:18	698	Corrida Noturna Parque das Nações	V45	139
711	1022	Luís Loureiro	00:24:38	00:46:45	00:46:43	764		Senior	137
712	1555	José Neto	00:23:17	00:46:45	00:46:31	728		V60	19
713	2166	Manuel Mexia	00:23:28	00:46:47	00:46:23	710	Clube TAP PORTUGAL	V50	79
714	882	Vitor Marques	00:23:08	00:46:47	00:46:07	675		V55	45
715	2293	Rodrigo Cruz	00:23:10	00:46:47	00:46:10	682	ALCES TEAM	V40	137
716	2341	Tiago Martins	00:22:51	00:46:47	00:46:38	749	FIT Runners	Senior	138
717	3107	José Jacinto	00:23:14	00:46:48	00:46:26	720		V45	140
718	2035	Miguel Castro	00:23:05	00:46:48	00:46:25	718		V50	80
719	2696	Vitor Gonçalves	00:23:21	00:46:48	00:46:27	721	SGS MOVING FORWARD	V50	81
720	807	Vitor Pereira	00:22:36	00:46:48	00:46:33	736	Grupo recreativo Janz e associados	V40	138



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Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
721	2654	João Nova	00:23:13	00:46:49	00:46:22	706	Captain Fly	V35	103
722	4160	Rui Silva	00:22:45	00:46:49	00:46:42	762	TAC - Tranquilidade Atletismo Clube	V35	104
723	3533	Isabel Rodrigues	00:23:29	00:46:49	00:46:17	694	ADCR - Policia Judiciária	V45	7
724	1335	Gonçalo Louro	00:23:08	00:46:50	00:46:45	770		V35	105
725	4148	Nuno Gonçalves	00:23:22	00:46:50	00:46:24	716	gdctincm	V40	139
726	464	Americo Ramos	00:23:16	00:46:50	00:46:45	771		V55	46
727	1336	João Aranha	00:23:08	00:46:51	00:46:46	774		V35	106
728	2750	Nuno Martins	00:23:45	00:46:51	00:46:11	686		Senior	139
729	4058	Augusto Fernandes	00:23:53	00:46:53	00:46:13	688	Tartaruga Ninja	V60	20
730	3685	Ricardo Domingues	00:23:19	00:46:53	00:46:17	695		Senior	140
731	3381	Luis Marçal	00:22:23	00:46:54	00:46:49	782		V40	140
732	69	Evelino Magalhães	00:23:11	00:46:54	00:46:29	724		V40	141
733	2753	José Rebelo	00:23:38	00:46:55	00:46:17	696		V40	142
734	4168	Pedro Franco	00:23:10	00:46:55	00:46:17	697		Senior	141
735	2655	João Vilares	00:23:27	00:46:56	00:46:29	723		Senior	142
736	35	Paulo Silva	00:23:16	00:46:56	00:46:33	735		V50	82
737	4130	Paulo Pais	00:22:40	00:46:57	00:46:48	779		V35	107
738	990	Hugo Hilário	00:23:22	00:46:58	00:46:57	795		V35	108
739	2957	Nuno Otero	00:24:04	00:46:58	00:46:20	702		V45	141
740	2532	João Abrantes	00:23:17	00:46:59	00:46:33	738	A Natureza Ensina	V60	21



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CLASSIFICAÇÕES

Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
741	2216	Paulo Basilio	00:22:36	00:46:59	00:46:44	767		V35	109
742	4665	Martin Geeler	00:23:23	00:47:00	00:46:41	756		Senior	143
743	3941	Luís Custódio	00:23:11	00:47:00	00:46:55	791	ccd Sintrense	V55	47
744	260	Mário Duque	00:22:47	00:47:00	00:46:35	743		V50	83
745	152	Sofia Saldanha	00:23:34	00:47:01	00:46:46	775		Senior	11
746	151	Pedro Santos	00:23:34	00:47:01	00:46:45	772		Senior	144
747	278	Nuno Miguel	00:22:56	00:47:02	00:46:47	777	Federação da Família para a Paz Mundial e Unifi	Senior	145
748	1441	João Quelhas	00:22:44	00:47:02	00:46:30	727		V40	143
749	134	José Reis	00:24:00	00:47:03	00:46:36	746		V45	142
750	3710	Ricardo Furtado	00:23:03	00:47:04	00:46:39	751		V35	110
751	4238	Pedro Santos	00:23:31	00:47:04	00:45:56	649	SRCDRF Monte Godel	V45	143
752	1579	João Oliveira	00:24:15	00:47:04	00:46:36	745		V40	144
753	4078	Lino Vaz	00:24:06	00:47:05	00:46:22	708		V40	145
754	2943	Fernando Domingos	00:23:37	00:47:05	00:46:40	752	N. A. PAPAGAIOS DE CASCAIS	V55	48
755	3921	Rui Almeida	00:22:30	00:47:05	00:47:01	805	Go!Runners / OutPro Store	V35	111
756	3237	Nuno Pereira	00:23:18	00:47:07	00:46:37	748		Senior	146
757	351	Francisco Garnel	00:22:58	00:47:08	00:47:00	804		Senior	147
758	4400	Ruben Simão	00:24:33	00:47:08	00:46:34	742	Equipa APCMVM	Senior	148
759	4324	Isaac Hacamo	00:23:33	00:47:08	00:46:32	733		V35	112
760	381	Eduardo Pinto	00:23:30	00:47:08	00:46:34	741		V35	113



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CLASSIFICAÇÕES

Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
761	501	João Ribeiro	00:22:54	00:47:09	00:46:47	776		Senior	149
762	1160	Miguel Oliveira	00:23:39	00:47:09	00:46:53	788		V55	49
763	1217	Luís Filipe	00:22:55	00:47:10	00:46:52	786		V45	144
764	462	Helder Rosário	00:22:55	00:47:10	00:46:51	783	GRCD Leião	V35	114
765	2317	Alcindo Almeida	00:23:10	00:47:10	00:46:55	790	Linda-a-Pastora Sporting Clube	V60	22
766	286	Tiago Louro	00:23:32	00:47:10	00:46:45	769		Senior	150
767	2003	Antonio Marino	00:23:13	00:47:11	00:47:04	812		V45	145
768	4460	Cláudio Rocha	00:23:03	00:47:12	00:47:07	828		V40	146
769	2745	Tiago Fonseca	00:23:39	00:47:12	00:46:41	755		V40	147
770	4330	Fábio Martins	00:24:03	00:47:12	00:46:24	714		Senior	151
771	2163	João Varanda	00:23:22	00:47:13	00:47:05	815	SISCOG	V40	148
772	2609	Bruno Simões	00:23:03	00:47:13	00:46:36	744		Senior	152
773	399	Mário Nunes	00:23:41	00:47:13	00:46:43	763		V55	50
774	1340	António Costa	00:24:06	00:47:13	00:46:40	753		V55	51
775	1155	Duarte Porém	00:23:03	00:47:15	00:47:14	847		V45	146
776	1106	Maria Santos	00:23:54	00:47:15	00:46:58	798	GRCD Leião	Junior	3
777	811	Luis Carvalho	00:23:37	00:47:16	00:46:42	760		V40	149
778	1957	Carlos Neves	00:23:37	00:47:16	00:46:48	780	Mind Runners	V35	115
779	3009	José Moura	00:22:33	00:47:16	00:47:10	834		Senior	153
780	3602	José Miranda	00:23:43	00:47:17	00:46:59	800	GFD Running	V50	84



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CLASSIFICAÇÕES

Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
781	1352	Pedro Antunes	00:24:42	00:47:17	00:46:47	778	OsAntunes	V40	150
782	486	Edgar Santos	00:23:17	00:47:17	00:46:44	768		V35	116
783	1888	Sérgio Loureiro	00:23:48	00:47:18	00:46:40	754		Senior	154
784	315	João Nunes	00:22:03	00:47:18	00:47:06	825		V35	117
785	3861	Ricardo Lourenço	00:24:13	00:47:18	00:46:52	785		Senior	155
786	4205	André Patrício	00:24:28	00:47:19	00:46:46	773		Senior	156
787	2478	Vitor Pinto	00:24:20	00:47:19	00:46:42	761		V55	52
788	1431	Alexandre Palmeiro	00:23:53	00:47:19	00:47:11	838	APALPA TERRENO	V35	118
789	2843	António Oliveira	00:23:26	00:47:19	00:47:09	832		V40	151
790	2896	Jose Gaspar	00:23:06	00:47:19	00:46:59	799	quarteto	V45	147
791	3942	José Pinho	00:24:12	00:47:20	00:46:44	766	ccd Sintrense	V40	152
792	1641	Carlos Correia	00:24:13	00:47:20	00:46:48	781	Atletico Via Rara	V50	85
793	593	Jose Ferreira	00:23:53	00:47:20	00:47:00	803	CAMARA LISBOA CLUBE	V45	148
794	2150	Fernando Celestino	00:23:14	00:47:20	00:47:03	809	TAC - Tranquilidade Atletismo Clube	V55	53
795	398	Herminio Bento	00:23:32	00:47:21	00:47:20	865		V60	23
796	1832	João Estevão	00:23:14	00:47:21	00:46:52	784		V35	119
797	1620	Francisco Pinto	00:23:19	00:47:21	00:46:59	802	Cotovia Running	V55	54
798	2288	Filipe Gonçalves	00:23:25	00:47:22	00:47:05	817		V45	149
799	1488	Maria Varela	00:23:17	00:47:23	00:46:58	797	CORRER QUELUZ	V40	11
800	836	João Morais	00:23:17	00:47:23	00:46:56	794	CORRER QUELUZ	V40	153



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Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
801	4291	Nuno Venes	00:24:16	00:47:24	00:47:03	811		V40	154
802	653	Manuel Coito	00:23:45	00:47:24	00:46:44	765		V35	120
803	902	Nelson Louro	00:23:16	00:47:24	00:47:23	873		V35	121
804	344	Armando Correia	00:23:29	00:47:25	00:47:08	829	LESMA ALOPRADAS	V65	11
805	3031	Venancio Guerreiro	00:23:22	00:47:25	00:47:14	849		V60	24
806	138	Manuel Rego	00:22:27	00:47:25	00:47:21	870		V45	150
807	2793	Paulo Lagarto	00:23:36	00:47:25	00:47:01	806	U.R.C.Abrunheira	V40	155
808	1809	António Almeida	00:23:15	00:47:25	00:46:56	793		V45	151
809	2966	Rui Reis	00:23:24	00:47:26	00:47:02	807		V50	86
810	4120	Carlos Antonio	00:24:05	00:47:26	00:45:50	639		Senior	157
811	206	Miguel Abraços	00:24:28	00:47:27	00:46:57	796	EX FEDERADOS	V40	156
812	208	David Jerónimo	00:24:28	00:47:28	00:46:59	801	EX FEDERADOS	Senior	158
813	1896	Bruno Silva	00:23:00	00:47:28	00:47:10	833		Senior	159
814	1448	Norberto Nascimento	00:23:09	00:47:29	00:47:05	818		V50	87
815	2467	Nuno Machado	00:23:15	00:47:29	00:47:03	808		V35	122
816	461	Hélder Cotrim	00:22:31	00:47:29	00:47:21	871		V35	123
817	1698	João Barrona	00:24:24	00:47:29	00:46:28	722		Senior	160
818	3588	António Marcelo	00:23:43	00:47:31	00:47:05	816	GFD Running	V55	55
819	2132	José Barreira	00:23:36	00:47:31	00:47:07	826	FunBus - Barreiro	V55	56
820	3126	João Mónica	00:22:45	00:47:32	00:47:06	820	GáfeteRunners	Senior	161



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Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
821	769	Ruben Alves	00:22:51	00:47:33	00:47:21	869		V35	124
822	1429	Paulo Ruivo	00:23:41	00:47:33	00:47:13	843		V40	157
823	383	José Matos	00:23:37	00:47:34	00:47:05	819		V55	57
824	1395	Carlos Fernandes	00:24:38	00:47:35	00:46:10	684		Senior	162
825	1675	Joao Sousa	00:24:01	00:47:35	00:46:56	792		V45	152
826	369	Francisco Bispo	00:23:26	00:47:35	00:47:11	837		V55	58
827	584	Mário Nunes	00:23:47	00:47:35	00:47:07	827	Família Nunes	V45	153
828	1110	Luis Antunes	00:24:05	00:47:35	00:47:06	823	RB RUNNING	V45	154
829	497	Alexandre Guerra	00:24:38	00:47:36	00:47:06	822		V40	158
830	2494	Bruno Amaro	00:23:37	00:47:36	00:47:26	879		V35	125
831	514	Rui Costa	00:23:14	00:47:37	00:47:14	848	CORRER QUELUZ	V45	155
832	2740	Bruno Santos	00:22:57	00:47:37	00:47:18	856	GoRun Vendas Novas	V40	159
833	2870	Rui Martins	00:24:12	00:47:38	00:47:05	814		V60	25
834	1671	José Barradas	00:23:24	00:47:39	00:47:16	852		V35	126
835	4308	José Soares	00:24:06	00:47:39	00:47:06	821	Elite Runners	V35	127
836	1307	Carlos Pereira	00:23:49	00:47:39	00:46:52	787		V35	128
837	186	Vítor Alvito	00:22:53	00:47:39	00:47:28	881		Senior	163
838	1213	António Castro	00:23:24	00:47:39	00:47:19	861		V70	2
839	2476	Luis Palma	00:23:46	00:47:39	00:47:31	888		V45	156
840	4432	José Cardoso	00:23:26	00:47:39	00:47:08	830	Link	V35	129



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Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
841	1745	Pedro Encarnação	00:22:52	00:47:39	00:47:21	867		V45	157
842	1845	Rui Duarte	00:18:56	00:47:40	00:47:35	901		V45	158
843	105	Sandra Monteiro	00:24:01	00:47:40	00:47:06	824		V40	12
844	1279	Cristina Francisco	00:24:19	00:47:40	00:46:33	734	SRCDRF Monte Godel	V40	13
845	828	Pedro Silva	00:23:30	00:47:41	00:47:19	859		V50	88
846	4018	Pedro Ramalho	00:23:34	00:47:41	00:47:24	876		Senior	164
847	3928	Nuno Cabanas	00:23:19	00:47:41	00:47:14	846		V45	159
848	4127	Mariana Passos	00:23:23	00:47:41	00:47:12	841		Senior	12
849	3071	Ricardo Cruz	00:24:11	00:47:41	00:46:38	750		Junior	9
850	3554	David Fróis	00:22:50	00:47:42	00:47:20	863		V45	160
851	4006	André Ventura	00:23:47	00:47:42	00:47:21	868	Academia Fitness Militar	Senior	165
852	2742	Natacha Ribeirinho	00:24:15	00:47:42	00:47:10	836		Senior	13
853	3575	Andriy Tkachenko	00:24:07	00:47:42	00:47:37	907		V40	160
854	1817	Suzete Gomes	00:23:33	00:47:43	00:47:16	851		V35	7
855	2322	Aldónio Fernandes	00:23:28	00:47:43	00:47:11	839	Linda-a-Pastora Sporting Clube	V60	26
856	4524	Maria Loureiro	00:25:15	00:47:44	00:47:24	874	Hiscox	V35	130
857	4407	Bruno Gonçalves	00:22:46	00:47:45	00:47:14	845		Senior	166
858	512	Carlos Magalhães	00:23:16	00:47:45	00:47:16	850	Asas	V45	161
859	1099	José Rodrigues	00:23:36	00:47:45	00:47:31	886		V55	59
860	1074	Diogo Gomes	00:23:48	00:47:47	00:46:55	789		Senior	167



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Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
861	1996	Pedro Correia	00:22:28	00:47:47	00:47:34	896		V35	131
862	3197	José Cabral	00:23:45	00:47:47	00:47:09	831	C.C.D.das Autarquias de Almada	V60	27
863	1437	António Marques	00:24:24	00:47:47	00:47:12	842		V50	89
864	759	Armando Geraldo	00:24:25	00:47:47	00:47:12	840		V45	162
865	1007	Jorge Oliveira	00:23:27	00:47:47	00:47:33	894	RB RUNNING	V55	60
866	986	Paulo Tavares	00:24:14	00:47:49	00:47:27	880		V40	161
867	2998	Norberto Mrques	00:23:33	00:47:49	00:47:40	917		V45	163
868	3256	Pedro Proença	00:24:11	00:47:49	00:47:13	844		V45	164
869	4265	Samuel Gomes	00:23:59	00:47:49	00:47:17	854	Link	Senior	168
870	2495	Pedro Cunha	00:23:47	00:47:49	00:47:31	889		V40	162
871	3393	Pedro Leitão	00:23:35	00:47:50	00:47:10	835		V40	163
872	3987	Francisco Alves	00:22:54	00:47:50	00:47:48	931	Sport Amadora e Pumas	Junior	10
873	734	João Dionísio	00:23:38	00:47:50	00:47:19	860		V35	132
874	4126	Maria Monteiro	00:23:43	00:47:51	00:47:49	934		V35	8
875	4710	Rui Costa	00:22:40	00:47:51	00:47:48	930	NAPA	V50	90
876	1550	Ricardo Rodrigues	00:23:39	00:47:51	00:47:34	897	Clube Novo Banco	V45	165
877	2946	Manuel Martins	00:24:12	00:47:52	00:47:17	853	Os Martins	V60	28
878	1876	Carlos Florência	00:23:28	00:47:52	00:47:48	928		V35	133
879	4227	António Martinho	00:23:28	00:47:52	00:47:48	932	FIDELIDADE GDC	V40	164
880	3457	Pedro Gaspar	00:23:29	00:47:53	00:47:18	857	NAV RUNNERS	V45	166



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Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
881	3546	João Ferro	00:23:41	00:47:53	00:47:29	885		Senior	169
882	3182	Rui Pastor	00:24:41	00:47:54	00:47:03	810	Pastor Racing	V45	167
883	4203	Nelson Costa	00:25:00	00:47:54	00:46:32	732		V35	134
884	801	Pedro Fontes	00:24:07	00:47:54	00:47:21	866		V40	165
885	4049	André Eusébio	00:24:44	00:47:55	00:46:41	758	JuniRacers	Senior	170
886	4484	Lukasz Ziolkowski	00:23:09	00:47:55	00:47:45	922		Senior	171
887	3014	Cristina Gavinho	00:23:57	00:47:55	00:47:20	864		V40	14
888	2285	Eurico Gomes	00:23:36	00:47:56	00:47:31	890		V55	61
889	240	Marco Nunes	00:24:45	00:47:57	00:47:34	895		Senior	172
890	493	Bruno Barbosa	00:23:16	00:47:57	00:47:32	891		Senior	173
891	785	Ricardo Simões	00:23:39	00:47:57	00:47:37	906	RUNNERS4LIFE	V40	166
892	1644	Carlos Lourenço	00:23:34	00:47:57	00:47:37	908	LisRunning CPA	V40	167
893	1755	João Passeiro	00:24:19	00:47:57	00:47:18	858	A.D.C.Catujal	V55	62
894	1735	Fernando Gonçalves	00:23:19	00:47:58	00:47:43	918		V50	91
895	3296	Jose Carvalho	00:24:01	00:47:58	00:47:21	872		V40	168
896	1398	Carlos Marques	00:24:27	00:47:58	00:47:20	862	Correr Soc. Rec da Granja	V45	168
897	2716	Natercia Pinto	00:23:44	00:47:59	00:47:58	949		V55	2
898	2319	Pedro Belo	00:23:35	00:48:00	00:47:28	883	Linda-a-Pastora Sporting Clube	V35	135
899	1521	Tiago Silva	00:22:40	00:48:00	00:47:38	910		Junior	11
900	4357	José Veiga	00:24:16	00:48:01	00:47:46	926		V55	63



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Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
901	1939	Hugo Pinto	00:24:15	00:48:03	00:47:28	882	CCDTMETROLX	V40	169
902	1844	Filipe Balseiro	00:23:56	00:48:04	00:47:33	893		Senior	174
903	123	Ruben Silva	00:24:22	00:48:05	00:47:31	887		V60	29
904	103	Fernando Almeida	00:23:38	00:48:05	00:47:36	902		V50	92
905	1532	Rui Dias	00:25:08	00:48:07	00:47:39	914		V35	136
906	1980	Fernando Correia	00:22:58	00:48:07	00:47:57	944	Grupo Recreativo e Desportivo Ribeira da Lage	V50	93
907	2157	Bruno Duarte	00:23:02	00:48:08	00:47:46	925	TAC - Tranquilidade Atletismo Clube	V35	137
908	4504	Etelvina Vidal	00:24:27	00:48:08	00:47:33	892		V50	3
909	1480	Luis Sousa	00:23:20	00:48:08	00:47:52	937	Clube Novo Banco	V40	170
910	3394	Carlos Marinho	00:24:13	00:48:09	00:47:36	905		V35	138
911	209	Jorge Santos	00:24:29	00:48:10	00:47:39	915	EX FEDERADOS	V50	94
912	2895	Miguel Figueiredo	00:24:27	00:48:11	00:47:38	911	quarteto	V40	171
913	317	Filipe Gonçalves	00:23:30	00:48:11	00:48:00	952		V35	139
914	656	Nuno Morgado	00:23:38	00:48:12	00:48:00	954		V35	140
915	4373	Leonel Trigo	00:23:06	00:48:12	00:47:49	933		Senior	175
916	1926	João Antunes	00:23:46	00:48:13	00:47:35	900	Galp Runners	V35	141
917	3082	Ricardo Serra	00:23:31	00:48:14	00:47:57	945		V40	172
918	4508	Nuno Santos	00:23:27	00:48:14	00:48:04	962		V40	173
919	937	Renato Ramos	00:24:23	00:48:14	00:46:42	759	ECl runnig Team	V35	142
920	1727	João Rosário	00:24:06	00:48:15	00:47:34	898		V40	174



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Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
921	305	Carlos Francisco	00:24:11	00:48:15	00:47:45	923	Mind Runners	Senior	176
922	2705	Manuel Braz	00:22:49	00:48:16	00:48:11	981	N. A. PAPAGAIOS DE CASCAIS	V70	3
923	1452	Ana José	00:23:37	00:48:16	00:47:57	943	Clube Novo Banco	V45	8
924	1478	Luis José	00:23:37	00:48:17	00:47:57	942	Clube Novo Banco	V45	169
925	2103	Paula Martins	00:23:57	00:48:17	00:47:59	951	SS CGD	V35	9
926	952	Inês Coutinho	00:23:28	00:48:17	00:48:13	983		Senior	14
927	2191	Ana Mendes	00:23:29	00:48:17	00:48:15	988	Grupo Recreativo e Desportivo Ribeira da Lage	V35	10
928	1538	Carlos Carvalho	00:23:31	00:48:18	00:48:04	959	RB RUNNING	V45	170
929	3618	Sofia Fraga	00:23:11	00:48:18	00:48:10	974	GFD Running	V35	11
930	3096	Miguel Barradas	00:23:58	00:48:19	00:47:43	919		V35	143
931	2098	Miguel Dias	00:23:29	00:48:20	00:47:48	929	SS CGD	V40	175
932	581	Jorge Goncalves	00:24:21	00:48:20	00:48:11	978	Runners de Kintal	V40	176
933	2598	Graciete Alves	00:24:27	00:48:20	00:47:44	921		V40	15
934	4444	Fernando Marques	00:25:52	00:48:20	00:47:04	813		V50	95
935	587	Patrícia Castanho	00:23:51	00:48:21	00:48:18	1002		Senior	15
936	2805	Rui Antunes	00:24:12	00:48:21	00:47:40	916	Corrida Noturna Parque das Nações	V40	177
937	3636	Carlos Gonçalves	00:24:01	00:48:21	00:47:37	909	GD SANTANDERTOTTA	V45	171
938	452	Gil Pereira	00:23:43	00:48:22	00:47:46	924	1 Km/x	V45	172
939	423	Antonio Ramalho	00:24:08	00:48:22	00:47:50	935		V55	64
940	4479	Andre Guerreiro	00:24:32	00:48:25	00:47:36	904		V35	144



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CLASSIFICAÇÕES

Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
941	3875	António Duarte	00:24:32	00:48:25	00:47:26	878	CLUBE ACCENTURE	V40	178
942	250	Carlos Alves	00:23:23	00:48:25	00:47:44	920		V55	65
943	2771	António Abraços	00:25:24	00:48:26	00:47:24	875		V35	145
944	3792	Ricardo Pires	00:24:04	00:48:26	00:48:10	972	LastRun	Senior	177
945	3186	Antonio Almeida	00:24:25	00:48:26	00:48:11	975	NUCLEO DESPORTIVO AUTOCOOPE	V55	66
946	277	Isabel Santos	00:24:36	00:48:27	00:47:52	936	Federação da Família para a Paz Mundial e Unifi	V45	9
947	3970	Tiago Dias	00:24:00	00:48:29	00:48:16	998		Senior	178
948	3073	André Lopes	00:23:58	00:48:30	00:48:10	973		Senior	179
949	1393	Helga Girão	00:23:00	00:48:30	00:48:26	1013	URBAN RUN TEAM	V65	1
950	810	António Almeida	00:24:22	00:48:30	00:48:04	963	VIA3Runners	V55	67
951	4677	Vítor Almeida	00:25:05	00:48:31	00:47:36	903		Senior	180
952	2124	Bruno Dias	00:24:24	00:48:31	00:48:30	1030	SS CGD	V40	179
953	3385	Magda Farinha	00:24:26	00:48:31	00:48:29	1026		V35	12
954	4061	Frederico Marques	00:24:07	00:48:31	00:48:21	1007		V40	180
955	1181	José Carretas	00:24:03	00:48:31	00:48:02	956		V50	96
956	2554	Cecília Nicolau	00:24:17	00:48:32	00:48:16	997	ASSOCIAÇÃO DE ATLETISMO LEBRES DO SA	V50	4
957	4216	Nuno Pereira	00:24:17	00:48:32	00:48:15	993		V40	181
958	4157	Miguel Palma	00:24:58	00:48:33	00:48:00	953	Galp Runners	Senior	181
959	1067	Valdemar Guerreiro	00:24:04	00:48:33	00:48:32	1035		V65	12
960	4003	Aristide Carneiro	00:24:29	00:48:33	00:47:58	946	Galp Runners	Senior	182



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CLASSIFICAÇÕES

Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
961	600	Paulo Gordinho	00:25:19	00:48:33	00:47:58	948	CAMARA LISBOA CLUBE	V40	182
962	2092	Luisa Landeiro	00:23:53	00:48:34	00:48:30	1028	SS CGD	V45	10
963	1267	Nelson Colaço	00:24:32	00:48:35	00:47:54	940	NAPA	V45	173
964	2151	Filipe Silva	00:23:45	00:48:35	00:48:19	1006	TAC - Tranquilidade Atletismo Clube	V40	183
965	2815	Alexandra Silva	00:23:41	00:48:35	00:48:07	967	Aminhacorrída/Myprotein	V40	16
966	2987	Sónia Brandão	00:23:45	00:48:35	00:48:11	980		V45	11
967	1597	Armando Filipe	00:23:42	00:48:35	00:48:26	1016		V50	97
968	2024	Joao Fernandes	00:24:30	00:48:36	00:47:58	947		Senior	183
969	3677	Nuno Gomes	00:23:13	00:48:36	00:48:17	1001		V45	174
970	1475	Silvio Paiva	00:24:26	00:48:36	00:48:27	1023	Clube Novo Banco	V65	13
971	1621	Nuno Pinto	00:24:11	00:48:36	00:48:26	1019	Cotovia Running	V35	146
972	568	João Função	00:24:37	00:48:36	00:48:06	966		V35	147
973	1372	Vítor Serras	00:24:42	00:48:37	00:48:01	955		V45	175
974	3900	Luis Simão	00:23:56	00:48:37	00:48:31	1034		V35	148
975	597	Licínio Fidalgo	00:25:20	00:48:37	00:48:03	958	CAMARA LISBOA CLUBE	V55	68
976	4234	José Freitas	00:23:30	00:48:37	00:48:04	961	Cofina Runners	V45	176
977	1423	Marco Costa	00:24:42	00:48:38	00:48:03	957		V40	184
978	3755	Luísa Palminhas	00:24:10	00:48:38	00:48:15	991		V45	12
979	3779	David Cavalheiro	00:24:09	00:48:38	00:48:16	996		Senior	184
980	1363	Filipe Alves	00:24:22	00:48:38	00:48:15	992		Senior	185



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CLASSIFICAÇÕES

Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
981	2762	Pedro Curto	00:24:05	00:48:38	00:48:08	969	Link	Senior	186
982	4301	Paulo Sarroeira	00:24:41	00:48:40	00:48:04	960	Clube Ferroviário de Portugal	V45	177
983	1663	Luís Pinto	00:24:00	00:48:40	00:48:05	964	Jobrinde - Montes Saloios	V45	178
984	4184	Vitor Pereira	00:24:13	00:48:41	00:48:15	990		V40	185
985	1932	António Gonçalves	00:24:35	00:48:41	00:48:06	965	CCDTMETROLX	V50	98
986	1940	Isabel França	00:24:36	00:48:41	00:48:07	968	CCDTMETROLX	V45	13
987	1718	Sandra Teixeira	00:24:08	00:48:41	00:48:30	1033		V45	14
988	459	Rui Gonçalves	00:23:49	00:48:42	00:48:26	1020		V40	186
989	3248	Manuel Marques	00:24:15	00:48:42	00:48:29	1025		V50	99
990	3674	Tiago Delgado	00:23:50	00:48:43	00:48:11	976	passito a passito	Senior	187
991	402	Nuno Miguel	00:24:28	00:48:44	00:48:09	971		V45	179
992	844	Telmo Pinto	00:23:57	00:48:45	00:48:23	1009		Senior	188
993	1134	Luis Bica	00:23:48	00:48:46	00:48:42	1059		Senior	189
994	4266	Mariano Rita	00:26:46	00:48:46	00:45:47	636		Senior	190
995	65	Ricardo Claro	00:24:06	00:48:47	00:48:19	1005		V35	149
996	2162	Miguel Dias	00:24:28	00:48:47	00:48:21	1008	SISCOG	V35	150
997	4000	Bruno Carvalho	00:24:21	00:48:48	00:47:53	938	Pimpoes trail team	V40	187
998	2079	Fernando Lima	00:24:29	00:48:48	00:48:13	985	SS CGD	V45	180
999	2482	Helder Coelho	00:23:56	00:48:49	00:48:15	986		V45	181
1000	2857	Tiago Antunes	00:24:37	00:48:49	00:48:12	982		V35	151



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Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
1001	55	Fernanda Gil	00:24:45	00:48:50	00:48:15	987		V45	15
1002	3996	Acácio Clemente	00:24:01	00:48:50	00:48:15	989		V50	100
1003	3587	Luís Santos	00:25:23	00:48:50	00:48:27	1024		V35	152
1004	745	Joao Taborda	00:24:59	00:48:50	00:48:09	970		Senior	191
1005	4015	Ricardo Carvalho	00:24:22	00:48:51	00:48:26	1014		V40	188
1006	2339	David Tadeu	00:24:38	00:48:51	00:48:29	1027	FIT Runners	V35	153
1007	1501	António Duarte	00:24:13	00:48:51	00:48:16	999	Clube do Stress	V65	14
1008	2176	Carlos Nunes	00:24:24	00:48:52	00:48:11	977	Clube TAP PORTUGAL	V45	182
1009	4686	Luis Baptista	00:24:00	00:48:52	00:48:39	1051		Senior	192
1010	4165	Cristina Adroher	00:23:37	00:48:52	00:48:47	1072		Senior	16
1011	2211	Luis Costa	00:25:17	00:48:52	00:47:17	855		V45	183
1012	450	Nuno Lourenço	00:24:24	00:48:52	00:48:13	984	Aldeia Fiscal	V45	184
1013	1274	Daniel Soeiro	00:24:46	00:48:52	00:48:35	1045		Senior	193
1014	3336	Jorge Salvado	00:24:19	00:48:53	00:48:16	994	Clube Millennium bcp	V55	69
1015	1721	Tiago Rosa	00:24:07	00:48:54	00:48:19	1003		Senior	194
1016	3926	Susana Duro	00:24:07	00:48:54	00:48:26	1015		V40	17
1017	413	José Freitas	00:24:02	00:48:54	00:48:30	1032		V40	189
1018	704	Pedro Dias	00:25:52	00:48:54	00:48:24	1010		V45	185
1019	3338	Joao Salvado	00:24:20	00:48:55	00:48:16	1000	Clube Millennium bcp	Senior	195
1020	3145	Cristina Fernandes	00:23:45	00:48:55	00:48:50	1085	ADV Runners	V40	18



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Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
1021	1259	Fernando Almeida	00:24:41	00:48:56	00:47:53	939	SRCDRF Monte Godel	V50	101
1022	678	Luis Cunha	00:23:55	00:48:57	00:48:35	1044		V45	186
1023	2292	Pedro Barata	00:25:14	00:48:57	00:48:34	1041	ALCES TEAM	V40	190
1024	1828	Francisco Fatela	00:24:15	00:48:57	00:48:19	1004		V50	102
1025	1052	António Morais	00:24:42	00:48:57	00:48:27	1022	Clube Atletico das Patameiras	V65	15
1026	1028	Narciso Ferreira	00:24:13	00:48:58	00:48:16	995		Senior	196
1027	453	Bruno Silva	00:23:53	00:48:58	00:48:24	1011	1 Km/x	V40	191
1028	2299	Filipe Augusto	00:23:41	00:48:58	00:48:51	1091	ALCES TEAM	V45	187
1029	1445	Maria Pinheiro	00:24:10	00:48:58	00:48:43	1063		V40	19
1030	4420	Pedro Torres	00:25:17	00:48:58	00:47:26	877	Remax Conquista	V40	192
1031	97	Abílio Oliveira	00:23:53	00:48:58	00:48:41	1057		V50	103
1032	3373	Luis Baixinho	00:23:20	00:48:58	00:48:43	1062	Clube Millennium bcp	Senior	197
1033	2517	Duarte Vargas	00:23:44	00:48:59	00:48:36	1047	Authentic Pilates	Senior	198
1034	3604	Luís Lourenço	00:24:19	00:48:59	00:48:50	1086	GFD Running	Senior	199
1035	2289	Luis Pestana	00:25:00	00:48:59	00:48:25	1012	ALCES TEAM	V45	188
1036	1455	Eduardo Figueiredo	00:23:48	00:48:59	00:48:52	1092	Clube Novo Banco	V45	189
1037	2295	Agostinho Marques	00:25:00	00:49:00	00:48:26	1018	ALCES TEAM	V60	30
1038	248	Mário Costa	00:25:40	00:49:00	00:47:29	884		V35	154
1039	4609	Pedro Cruz	00:24:28	00:49:00	00:47:59	950		V40	193
1040	2164	Antonio Iria	00:25:05	00:49:00	00:48:36	1046	Clube TAP PORTUGAL	V50	104



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Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
1041	502	Hugo Torres	00:24:24	00:49:00	00:48:33	1038		V40	194
1042	3210	Sofia Zurka	00:24:56	00:49:00	00:48:56	1110	Os Galgos	Junior	4
1043	1390	João Melo	00:24:47	00:49:01	00:48:32	1037	URBAN RUN TEAM	V35	155
1044	517	Luis Garcia	00:24:25	00:49:01	00:48:35	1043		V45	190
1045	3318	Jose Rodrigues	00:24:37	00:49:01	00:48:54	1101	Clube Millennium bcp	V65	16
1046	3806	Pedro Correia	00:25:31	00:49:02	00:47:35	899		Senior	200
1047	2774	Rui Almeida	00:24:19	00:49:02	00:48:50	1084		V40	195
1048	1560	Nuno Dias	00:23:44	00:49:02	00:48:49	1081		V40	196
1049	3922	Luis Dias	00:24:40	00:49:02	00:49:00	1125		V45	191
1050	1190	Plamen Damyanov	00:24:00	00:49:02	00:48:40	1054		V35	156
1051	2841	Victor Dourado	00:25:06	00:49:03	00:48:26	1017		V35	157
1052	4722	Bruno Santos	00:24:02	00:49:03	00:48:46	1070		Senior	201
1053	2521	Antonio Diogo	00:24:00	00:49:04	00:48:46	1069	Grupo Marcha e Corrida Jamor	V50	105
1054	2303	Ricardo Conceição	00:24:15	00:49:05	00:48:56	1109	LOURDETE PERFUMARIAS	Senior	202
1055	671	Afonso Tomé	00:24:53	00:49:06	00:48:11	979	Quarentões na Bisga	Junior	12
1056	2146	Elizete Duarte	00:23:45	00:49:07	00:48:47	1073	TAC - Tranquilidade Atletismo Clube	V45	16
1057	1426	Henrique Cruz	00:24:38	00:49:07	00:48:59	1122		V50	106
1058	3075	Mario Gaspar	00:24:10	00:49:07	00:48:59	1120		V50	107
1059	3317	Ricardo Nunes	00:24:23	00:49:08	00:48:33	1039	Clube Millennium bcp	V40	197
1060	2760	André Zeferino	00:23:47	00:49:08	00:48:39	1052	Link	V40	198



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Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
1061	1500	Delfim Pratas	00:24:33	00:49:09	00:48:55	1105	BRRnightRUNNERS	V50	108
1062	1734	Edgar Lobo	00:24:33	00:49:09	00:48:43	1061		V35	158
1063	2258	João Bernardino	00:23:37	00:49:10	00:49:09	1144		V50	109
1064	1483	Nuno Pombo	00:24:58	00:49:11	00:48:34	1042	Clube Novo Banco	V40	199
1065	820	Paulo Santos	00:25:14	00:49:11	00:48:53	1100		V45	192
1066	320	Fernando Lopes	00:24:36	00:49:11	00:48:48	1075	Gil Eanes Running	V45	193
1067	570	Bruno Oliveira	00:25:04	00:49:11	00:48:30	1031		V35	159
1068	3556	João Fonseca	00:24:37	00:49:11	00:48:53	1098	Runners do Caril	Senior	203
1069	4005	Raúl Santos	00:24:04	00:49:11	00:48:58	1118	Federação da Família para a Paz Mundial e Unifi	V60	31
1070	2776	Gustavo Santos	00:25:36	00:49:11	00:48:43	1064	GDRibeirinhos	V35	160
1071	1603	Hugo Pires	00:24:44	00:49:12	00:48:54	1103		V40	200
1072	2777	Hugo Santos	00:25:35	00:49:12	00:48:44	1066	GDRibeirinhos	Senior	204
1073	3949	Rodrigo Ramos	00:24:16	00:49:12	00:48:58	1119		Senior	205
1074	2190	Ventura Saraiva	00:24:12	00:49:12	00:48:52	1095	Grupo Recreativo e Desportivo Ribeira da Lage	V65	17
1075	2594	Pedro Figueiredo	00:25:21	00:49:13	00:48:38	1049		V45	194
1076	3700	Carlos Cortinhal	00:24:12	00:49:13	00:49:05	1136		V50	110
1077	1523	Joao Sayanda	00:24:57	00:49:13	00:48:48	1076		V40	201
1078	2425	Joao Moreira	00:25:20	00:49:14	00:48:48	1077	AZB	V35	161
1079	2752	Ivo Fialho	00:24:38	00:49:14	00:48:53	1099		V40	202
1080	2755	Rui Figueiredo	00:25:21	00:49:14	00:48:40	1053		Senior	206



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Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
1081	3257	André Mandeiro	00:23:11	00:49:14	00:49:01	1129		Senior	207
1082	3989	Joaquim Cristovão	00:26:31	00:49:14	00:47:39	912	Gaeiras Running Team	V45	195
1083	4350	Jorge Dentinho	00:25:01	00:49:14	00:48:32	1036		Senior	208
1084	628	Luis Santos	00:24:12	00:49:14	00:48:47	1071	condores varge mondar	V45	196
1085	813	Luís Simões	00:25:21	00:49:14	00:48:48	1078		V40	203
1086	3988	Gil Querido	00:26:31	00:49:15	00:47:39	913	Gaeiras Running Team	V40	204
1087	1589	Luís Guerra	00:24:32	00:49:15	00:49:09	1146		V40	205
1088	3727	Luis Pereira	00:24:34	00:49:15	00:48:43	1060	Lesmas Empanadas	V45	197
1089	4136	Carlos Madureira	00:23:30	00:49:15	00:49:06	1137		Senior	209
1090	4482	João Costa	00:25:16	00:49:15	00:47:47	927		Senior	210
1091	2121	Antonio Nascimento	00:24:31	00:49:15	00:48:50	1083	SS CGD	V60	32
1092	2714	Antonio Marques	00:24:37	00:49:15	00:48:59	1121		V55	70
1093	4342	Ivo Delgado	00:24:22	00:49:16	00:48:41	1055		V35	162
1094	1917	Samuel Reis	00:23:30	00:49:16	00:49:11	1154		V35	163
1095	2327	Paulo Justina	00:24:50	00:49:17	00:48:54	1102	FIT Runners	V35	164
1096	3925	Luís Pereira	00:24:00	00:49:18	00:49:10	1148		V55	71
1097	661	João Marques	00:23:55	00:49:19	00:49:15	1164	Colt Runners	V40	206
1098	1364	Jose Coelho	00:24:32	00:49:19	00:49:09	1143		V60	33
1099	4452	Joao Caeiro	00:24:02	00:49:19	00:48:48	1080		V45	198
1100	2999	Miguel Teixeira	00:23:33	00:49:20	00:49:11	1155		V35	165



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Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
1101	4594	Gilberto Fernandes	00:24:54	00:49:20	00:48:41	1056		Senior	211
1102	2901	Nuno Damiães	00:24:17	00:49:21	00:48:52	1097		V35	166
1103	2873	Luis Almeida	00:24:25	00:49:22	00:49:16	1167	LisRunning CPA	V55	72
1104	166	Jorge Nunes	00:25:07	00:49:22	00:48:51	1087		V40	207
1105	2429	Bruno Gonçalves	00:25:07	00:49:22	00:48:51	1090		Senior	212
1106	722	Pedro Ribeiro	00:25:07	00:49:22	00:49:02	1132		V40	208
1107	4491	Luis Duarte	00:22:52	00:49:22	00:48:48	1079		V45	199
1108	2345	Paulo Duarte	00:24:42	00:49:23	00:48:57	1113	GDCT Unicre	V50	111
1109	3124	João Carvalho	00:24:18	00:49:23	00:48:57	1115	GáfeteRunners	Senior	213
1110	2112	Rui Santos	00:25:05	00:49:24	00:48:55	1104	SS CGD	V50	112
1111	2188	Francisco Vilela	00:27:21	00:49:24	00:47:56	941	Grupo Recreativo e Desportivo da Ribeira da Lag	V40	209
1112	3032	Diogo Ferreira	00:24:44	00:49:24	00:49:14	1160		Senior	214
1113	1120	Sandro Almeida	00:25:29	00:49:24	00:48:45	1068		V40	210
1114	4306	Faizal Ismael	00:24:48	00:49:25	00:48:52	1093	marvila jovem	V40	211
1115	1194	António Mendes	00:25:58	00:49:25	00:48:55	1106		Senior	215
1116	1097	João Martins	00:25:14	00:49:25	00:49:13	1158		V60	34
1117	2177	Nuno Seabra	00:24:16	00:49:26	00:48:48	1074	Clube TAP PORTUGAL	V45	200
1118	1242	Nuno Sousa	00:24:30	00:49:26	00:49:16	1168		Senior	216
1119	1342	Carlos Elias	00:24:54	00:49:27	00:49:12	1156		V45	201
1120	4329	Fabio Ferreira	00:24:32	00:49:27	00:48:39	1050		Senior	217



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CLASSIFICAÇÕES

Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
1121	33	Francisco Passos	00:24:34	00:49:27	00:48:56	1112		V55	73
1122	2816	Francisco Costa	00:24:37	00:49:28	00:49:25	1202	BRRnightRUNNERS	V40	212
1123	735	Bruno Reis	00:24:19	00:49:28	00:49:09	1145		V40	213
1124	4720	Bruno Santos	00:23:58	00:49:28	00:49:12	1157		V40	214
1125	2751	Joao Ferreira	00:25:13	00:49:29	00:48:52	1094		V55	74
1126	120	Rui Mendes	00:25:04	00:49:29	00:49:01	1128		V45	202
1127	907	Joaquim Cardoso	00:25:00	00:49:30	00:48:52	1096		V45	203
1128	476	Andre Besteiro	00:23:09	00:49:30	00:49:26	1210		Senior	218
1129	774	Luis Marques	00:24:54	00:49:30	00:49:18	1178		V50	113
1130	3362	Fernando Almeida	00:24:26	00:49:31	00:49:03	1133	Clube Millennium bcp	V50	114
1131	3959	Miguel Almeida	00:23:36	00:49:31	00:49:25	1201		V40	215
1132	3055	Ricardo Santos	00:23:56	00:49:32	00:49:11	1153		V35	167
1133	2441	Rita Ferreira	00:23:53	00:49:32	00:48:59	1124		V35	13
1134	3065	Carlos Veredas	00:24:11	00:49:32	00:49:21	1184		V35	168
1135	1516	Jorge Costa	00:25:09	00:49:32	00:48:55	1107		V45	204
1136	1673	Gonçalo Alves	00:24:36	00:49:33	00:48:56	1108		V40	216
1137	3066	Rita Duranza	00:24:11	00:49:33	00:49:23	1196		V40	20
1138	1879	Bruno Almeida	00:25:52	00:49:33	00:49:03	1134		V35	169
1139	3961	João Moreira	00:24:31	00:49:34	00:49:28	1217		Senior	219
1140	4457	Pedro Santos	00:24:20	00:49:34	00:49:28	1218		Senior	220



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CLASSIFICAÇÕES

Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
1141	954	Nuno Oliveira	00:23:50	00:49:34	00:49:26	1206		V40	217
1142	3183	Alexandre Pastor	00:25:31	00:49:34	00:48:45	1067	Pastor Racing	Junior	13
1143	2847	Filipe Marques	00:24:57	00:49:34	00:49:02	1130		V40	218
1144	4071	Joaquim Baltazar	00:25:19	00:49:35	00:48:30	1029		V35	170
1145	3975	Alexandre Mateus	00:24:51	00:49:35	00:49:15	1165		V40	219
1146	352	Rafael Martins	00:24:30	00:49:35	00:48:57	1114		V35	171
1147	1549	Paulo Colaço	00:24:33	00:49:35	00:49:22	1188	BRRnightRUNNERS	V40	220
1148	2968	Filipe Solha	00:24:58	00:49:36	00:49:00	1126		V35	172
1149	2381	Luis Costa	00:24:52	00:49:36	00:49:18	1176		V40	221
1150	4068	Bruno Loureiro	00:26:21	00:49:36	00:48:33	1040		V40	222
1151	2791	José Rodrigues	00:24:33	00:49:38	00:49:32	1232		V45	205
1152	416	Valter Ferreira	00:23:59	00:49:39	00:49:17	1172		Senior	221
1153	2125	Carlos Figueiredo	00:25:22	00:49:39	00:49:04	1135	SS CGD	V45	206
1154	3795	Luis Grenhas	00:25:06	00:49:40	00:49:11	1151	La família	V45	207
1155	75	João Tavares	00:24:52	00:49:40	00:49:08	1141		Senior	222
1156	4106	André Alves	00:24:39	00:49:40	00:49:29	1224		Junior	14
1157	2710	Rute Pereira	00:24:14	00:49:40	00:49:15	1166		V45	17
1158	1401	Pedro Trigo	00:25:14	00:49:41	00:49:20	1183		Senior	223
1159	1328	Rui Dias	00:24:50	00:49:41	00:49:20	1180	JRF & Companhia	V40	223
1160	994	Francisco Sardinha	00:25:07	00:49:41	00:49:09	1147		V45	208



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CLASSIFICAÇÕES

Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
1161	1251	Helena Gonçalves	00:23:50	00:49:42	00:49:36	1243		V40	224
1162	466	José Mota	00:24:36	00:49:42	00:49:28	1216	BRRnightRUNNERS	V45	209
1163	4705	Artur Kozluk	00:25:04	00:49:42	00:49:02	1131		V40	225
1164	4449	Paulo Teixeira	00:25:03	00:49:42	00:49:35	1241		V55	75
1165	1982	Luís Pires	00:25:35	00:49:42	00:49:07	1140		V50	115
1166	1499	Jorge Pereira	00:24:36	00:49:42	00:49:29	1222	BRRnightRUNNERS	V45	210
1167	2975	David Baptista	00:24:37	00:49:43	00:49:06	1138		V35	173
1168	2749	João Desirat	00:24:45	00:49:43	00:49:17	1174		Senior	224
1169	993	Rui Afonso	00:24:58	00:49:43	00:49:19	1179		V40	226
1170	1444	Carlos Quadros	00:24:24	00:49:43	00:49:29	1223		V45	211
1171	1370	Miguel Barreto	00:23:54	00:49:43	00:49:36	1244		Senior	225
1172	3359	Jose Marques	00:24:15	00:49:43	00:49:07	1139	Clube Millennium bcp	V45	212
1173	77	Manuel Serralha	00:24:52	00:49:43	00:49:11	1150		Senior	226
1174	1158	Antonio Nogueira	00:24:44	00:49:44	00:49:17	1173		V45	213
1175	1252	Paulo Silva	00:24:57	00:49:44	00:49:01	1127		V50	116
1176	2691	Pedro Coelho	00:24:23	00:49:44	00:49:21	1186	SGS MOVING FORWARD	V45	214
1177	4367	Rúben Almeida	00:24:33	00:49:44	00:49:15	1162		Senior	227
1178	2715	Luís Quintal	00:24:32	00:49:44	00:49:23	1193		V35	174
1179	4708	Manuel Godinho	00:26:06	00:49:45	00:48:27	1021		Senior	228
1180	1230	Tiago Nunes	00:24:45	00:49:45	00:48:38	1048		Senior	229



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CLASSIFICAÇÕES

Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
1181	2687	Cláudia André	00:24:08	00:49:45	00:49:40	1251	Sporting Clube de Casainhos	V40	21
1182	4309	Carlos Guerra	00:24:22	00:49:45	00:49:31	1228		V45	215
1183	2378	Nuno Moreira	00:25:10	00:49:45	00:49:20	1182		V40	227
1184	2951	Carlos Teixeira	00:24:26	00:49:45	00:49:16	1169	Lebres e Tartarugas	V55	76
1185	3395	Adelino Gomes	00:24:19	00:49:46	00:49:29	1225		V45	216
1186	1348	Aires Pedro	00:23:10	00:49:46	00:49:36	1242		V60	35
1187	4672	Per Olsen	00:24:38	00:49:46	00:49:40	1253		V50	117
1188	3104	Jose Santos	00:25:04	00:49:46	00:49:21	1185		V45	217
1189	2761	Carlos Palma	00:24:56	00:49:47	00:49:18	1177	Link	V45	218
1190	2156	Francisco Pereira	00:24:54	00:49:47	00:49:25	1203	TAC - Tranquilidade Atletismo Clube	V50	118
1191	914	Carlos Dias	00:25:07	00:49:47	00:49:46	1273		V40	228
1192	1923	Américo Santos	00:25:36	00:49:48	00:49:13	1159	A Natureza Ensina	V60	36
1193	3907	Joaquim Belo	00:24:09	00:49:48	00:49:38	1250		V60	37
1194	883	Fernando Teixeira	00:25:09	00:49:48	00:49:11	1152		V45	219
1195	2152	João Serra	00:24:55	00:49:48	00:49:26	1209	TAC - Tranquilidade Atletismo Clube	V45	220
1196	2721	Renata Belo	00:24:45	00:49:48	00:49:20	1181		V45	18
1197	3503	Rui Guerreiro	00:25:23	00:49:49	00:49:25	1204		Senior	230
1198	4030	João Marques	00:24:22	00:49:49	00:49:15	1161		V40	229
1199	2052	Vitor Bento	00:24:05	00:49:49	00:49:35	1240		V40	230
1200	1462	Sergio Eira	00:25:07	00:49:50	00:49:24	1200	Clube Novo Banco	V45	221



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CLASSIFICAÇÕES

Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
1201	1635	Jorge Pereira	00:24:39	00:49:50	00:49:29	1221		V45	222
1202	2328	Nuno Guerra	00:24:58	00:49:50	00:49:28	1219	FIT Runners	V40	231
1203	4497	Nuno Ferro	00:24:57	00:49:50	00:49:10	1149		V35	175
1204	2819	Tiago Saruga	00:24:39	00:49:50	00:49:45	1265		Senior	231
1205	2502	Nuno Gomes	00:25:30	00:49:51	00:48:56	1111		Senior	232
1206	2605	Antonio Soares	00:25:17	00:49:51	00:49:26	1207		V55	77
1207	4738	Bernardo Sousa	00:25:21	00:49:52	00:48:49	1082		Senior	233
1208	2882	Diogo Carvalho	00:24:51	00:49:52	00:49:27	1212	Bobones	V45	223
1209	535	João Martins	00:24:13	00:49:52	00:49:24	1199	Mind Runners	V35	176
1210	4606	Le Baccon	00:24:36	00:49:53	00:49:49	1282		Senior	234
1211	4360	João Calisto	00:24:37	00:49:53	00:49:26	1211		V55	78
1212	930	Ricardo Oliveira	00:24:34	00:49:54	00:49:30	1227		V35	177
1213	3425	Mafalda Martinho	00:24:33	00:49:54	00:49:45	1269	RUN TEJO	Senior	17
1214	1122	Carlos Leão	00:24:48	00:49:54	00:49:42	1257		V55	79
1215	2676	Alvaro Miranda	00:24:37	00:49:54	00:49:36	1246		V45	224
1216	2576	Vitor Revés	00:24:04	00:49:54	00:49:32	1233	Grupo Recreativo e Desportivo Ribeira da Lage	V55	80
1217	644	Joaquim Veiga	00:24:49	00:49:54	00:49:23	1194	CORRIDAS E COMIDAS	V40	232
1218	2996	Nuno Mateus	00:24:49	00:49:55	00:49:28	1220		V35	178
1219	3364	Jose Ferreira	00:24:56	00:49:55	00:49:27	1213	Clube Millennium bcp	V45	225
1220	2758	Fernando Faria	00:23:47	00:49:55	00:49:44	1263	Link	V55	81



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CLASSIFICAÇÕES

Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
1221	4115	Moises Rodrigues	00:24:35	00:49:55	00:49:51	1286		V55	82
1222	2778	Rodrigo Sousa	00:25:04	00:49:56	00:49:17	1171	RunLovers	V35	179
1223	1978	Fernanda Camacho	00:24:37	00:49:56	00:49:36	1247	Grupo Recreativo e Desportivo Ribeira da Lage	V45	19
1224	2217	Ricardo Santos	00:25:46	00:49:56	00:48:51	1089		Senior	235
1225	761	Carlos Morais	00:24:45	00:49:56	00:49:47	1277		V50	119
1226	38	Fernando Oliveira	00:25:06	00:49:57	00:49:28	1214		V50	120
1227	137	Nuno Simão	00:24:54	00:49:57	00:49:26	1208		V50	121
1228	241	Mario Lopes	00:25:32	00:49:57	00:49:23	1191		V40	233
1229	3392	Rui Ucha	00:25:28	00:49:57	00:49:55	1298		V40	234
1230	50	Paulo Alves	00:24:38	00:49:57	00:49:45	1270		V40	235
1231	489	Rui Rodrigues	00:25:31	00:49:57	00:49:23	1192		V45	226
1232	256	Paulo Domingues	00:24:34	00:49:57	00:49:31	1229		V45	227
1233	52	Pedro Santos	00:24:39	00:49:58	00:49:46	1274		V40	236
1234	1690	Manuel Rodrigues	00:25:05	00:49:58	00:49:26	1205	Amigos do Atletismo da Aguvalva	V60	38
1235	4753	Gabriel Henriques	00:25:13	00:49:59	00:49:40	1252		Senior	236
1236	4574	Manuel Duque	00:25:05	00:49:59	00:49:33	1234		V45	228
1237	797	Pedro Matos	00:25:05	00:49:59	00:49:31	1230		V55	83
1238	20	João Moiteiro	00:25:07	00:49:59	00:49:47	1276		V45	229
1239	3132	Rui Gaspar	00:25:03	00:49:59	00:49:34	1239	MARRIOTT LISBOA	V60	39
1240	4752	Marina Henriques	00:25:13	00:49:59	00:49:42	1260		V50	5



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CLASSIFICAÇÕES

Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
1241	1576	Pedro Dias	00:25:06	00:50:00	00:49:51	1287		V45	230
1242	2833	Luis Martins	00:25:34	00:50:00	00:49:43	1261		V45	231
1243	2900	Manue Francisco	00:24:56	00:50:00	00:49:18	1175		V50	122
1244	3559	Bruno Cardoso	00:24:58	00:50:00	00:49:23	1190		Senior	237
1245	3937	Joana Salvador	00:24:33	00:50:00	00:49:24	1198	ccd Sintrense	Senior	18
1246	783	Luis Fortes	00:24:59	00:50:00	00:49:34	1235	The Last Ones	V40	237
1247	1159	Vitor Morais	00:24:40	00:50:01	00:49:42	1259		V60	40
1248	4682	Vítor Correia	00:25:36	00:50:01	00:49:16	1170		V40	238
1249	1417	Tiago Cândido	00:23:56	00:50:02	00:49:23	1189		V40	239
1250	3052	Pedro Monteiro	00:24:38	00:50:02	00:49:24	1197		Senior	238
1251	2471	Pedro Oliveira	00:25:04	00:50:02	00:49:42	1256		V45	232
1252	1871	Sérgio Tavares	00:24:32	00:50:02	00:49:42	1258		Senior	239
1253	3224	Rui Garcia	00:26:30	00:50:02	00:49:44	1262	CLUBE COLABORADORES AGEAS	V35	180
1254	3999	Leandro Souza	00:25:09	00:50:02	00:49:49	1278		V35	181
1255	1885	João Neves	00:24:51	00:50:02	00:49:23	1195		V50	123
1256	1185	Jose Xavier	00:24:46	00:50:03	00:49:58	1304		Senior	240
1257	3110	Rogério Venâncio	00:25:19	00:50:03	00:48:59	1123		V60	41
1258	1186	Lara Rodrigues	00:24:46	00:50:03	00:49:58	1303		Senior	19
1259	2353	Fernando Luz	00:24:33	00:50:03	00:49:38	1249	GDCT Unicre	V45	233
1260	1222	5 Min/Km	00:25:04	00:50:04	00:49:41	1255		V50	124



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CLASSIFICAÇÕES

Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
1261	4347	Sara Barata	00:25:15	00:50:04	00:49:37	1248		Senior	20
1262	243	Cecília Tavares	00:22:41	00:50:04	00:49:59	1306	Run Pirilampo	V50	6
1263	3822	Paulo Rosário	00:25:24	00:50:05	00:49:34	1237		V50	125
1264	4702	Oliver Victor	00:26:13	00:50:05	00:48:41	1058		V45	234
1265	4526	Ivan Meneses	00:25:40	00:50:06	00:49:45	1268	Hiscox	V35	182
1266	2208	Hugo Rebelo	00:25:40	00:50:06	00:49:55	1296	Federação da Família para a Paz Mundial e Unifi	V40	240
1267	4087	António Mina	00:24:24	00:50:07	00:49:57	1299	CAVF	V55	84
1268	4576	Marcos Madeira	00:24:56	00:50:08	00:49:45	1271	Clube Olímpico de Oeiras	V40	241
1269	2585	João Lavadinho	00:25:02	00:50:08	00:49:32	1231		V35	183
1270	1680	Sandro Leitão	00:24:43	00:50:08	00:49:36	1245	BSSL	Senior	241
1271	1642	Carlos Vidais	00:23:54	00:50:09	00:50:00	1310	Aletico Via Rara	V45	235
1272	4253	Jorge Soares	00:25:38	00:50:09	00:48:44	1065	GRUPO CORRIDA JCS	Senior	242
1273	1001	Pedro Neves	00:25:40	00:50:10	00:49:15	1163		V35	184
1274	2266	Artur Silva	00:24:55	00:50:11	00:49:57	1302		Senior	243
1275	2075	Catia Fonseca	00:24:01	00:50:12	00:49:55	1297	SS CGD	V35	14
1276	2395	Carlos Dias	00:25:08	00:50:12	00:49:34	1238		V40	242
1277	3835	Diogo Toscano	00:25:08	00:50:13	00:49:34	1236		V40	243
1278	1679	Matias Duarte	00:26:13	00:50:13	00:48:58	1116		V40	244
1279	2350	Luis Gama	00:24:29	00:50:14	00:50:10	1334	GDCT Unicre	V45	236
1280	4395	Luis Damião	00:24:49	00:50:15	00:49:45	1264	CCD CRÉDITO AGRÍCOLA MÚTUO	V50	126



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CLASSIFICAÇÕES

Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
1281	85	Pedro Rodrigues	00:25:11	00:50:15	00:49:49	1279		V45	237
1282	3902	Fernando Carmo	00:26:22	00:50:15	00:49:09	1142		V50	127
1283	4445	Marcos Pereira	00:26:10	00:50:16	00:48:58	1117		V60	42
1284	4162	João Ferreira	00:25:05	00:50:18	00:49:52	1289	Clube Cimpopor	V45	238
1285	1200	Carlos Pereira	00:26:53	00:50:20	00:50:18	1347		Senior	244
1286	4272	Rui Sol-Posto	00:25:09	00:50:20	00:50:08	1330		V40	245
1287	1063	Teresa Santiago	00:23:56	00:50:21	00:50:00	1309		V50	7
1288	1497	Miguel Leal	00:25:35	00:50:21	00:50:04	1318		V45	239
1289	454	Pedro Silva	00:24:54	00:50:23	00:49:49	1281	1 Km/x	V50	128
1290	3693	Paulo Quintas	00:26:03	00:50:23	00:50:11	1337		V45	240
1291	2871	António Barra	00:23:59	00:50:23	00:50:14	1343		Senior	245
1292	4520	Nuno Lopes	00:25:34	00:50:24	00:50:18	1349	Hiscox	V35	185
1293	1729	Pedro Lopes	00:25:13	00:50:24	00:50:13	1339		V45	241
1294	2672	Carolina Guedes	00:24:55	00:50:24	00:50:12	1338		Senior	21
1295	1900	Ricardo Henriques	00:25:13	00:50:24	00:50:13	1341		Senior	246
1296	896	Maximiano Santos	00:24:58	00:50:24	00:49:50	1283		V50	129
1297	2082	Henrique Amador	00:26:58	00:50:25	00:50:06	1322	SS CGD	V45	242
1298	1226	Bruno Costa	00:25:58	00:50:25	00:49:54	1292		Senior	247
1299	985	Sérgio Belchior	00:23:59	00:50:25	00:50:18	1348		Senior	248
1300	921	Laura Serrazina	00:25:07	00:50:25	00:50:24	1362		V35	15



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CLASSIFICAÇÕES

Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
1301	3155	Pedro Dias	00:25:46	00:50:26	00:49:55	1295	Keep Running	V40	246
1302	851	Nuno Charrua	00:25:16	00:50:27	00:49:59	1307		V40	247
1303	1511	Pedro Pechilga	00:25:38	00:50:27	00:49:51	1285	Tartarugas Solidárias	Senior	249
1304	3929	Marcos Ferreira	00:24:11	00:50:28	00:50:07	1329		Senior	250
1305	2090	Luis Bastos	00:24:52	00:50:28	00:50:05	1321	SS CGD	V55	85
1306	1512	Raimundo Pechilga	00:25:38	00:50:28	00:49:52	1288	Tartarugas Solidárias	V55	86
1307	2012	Catarina Costa	00:24:51	00:50:28	00:50:20	1353		V35	16
1308	2149	Artur Gaio	00:25:12	00:50:30	00:50:10	1335	TAC - Tranquilidade Atletismo Clube	V35	186
1309	211	Gonçalo Rodrigues	00:25:43	00:50:30	00:50:15	1346	EX FEDERADOS	V55	87
1310	490	Adriano Cotrim	00:24:24	00:50:30	00:50:29	1376		V75	1
1311	2850	Ricardo Rodrigues	00:24:59	00:50:30	00:49:54	1293		V40	248
1312	3084	Patrick Simoes	00:25:04	00:50:30	00:50:24	1360		V35	187
1313	316	Paulino Pacheco	00:24:38	00:50:31	00:50:06	1323		V60	43
1314	1432	Sara Ideias	00:24:42	00:50:31	00:50:23	1359	APALPA TERRENO	Senior	22
1315	472	Nuno Alvino	00:24:32	00:50:31	00:50:30	1380		V40	249
1316	2974	Luis Espada	00:25:05	00:50:32	00:49:58	1305		V50	130
1317	226	José Barroso	00:22:49	00:50:32	00:50:27	1369	as lesmas	V55	88
1318	4108	Vasco Rodeia	00:26:05	00:50:32	00:50:14	1342		V45	243
1319	1350	José Neves	00:24:34	00:50:33	00:50:28	1374		V40	250
1320	1993	José Henriques	00:24:32	00:50:33	00:50:28	1373		V45	244



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CLASSIFICAÇÕES

Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
1321	2629	Luís Badalo	00:24:53	00:50:34	00:50:10	1333	Martinhal Team	V45	245
1322	2237	Helio Mota	00:24:52	00:50:34	00:50:23	1358		V35	188
1323	2520	Jose Martins	00:24:00	00:50:35	00:50:07	1328	BRRnightRUNNERS	V50	131
1324	2719	Rui Correia	00:26:37	00:50:35	00:50:22	1356		V40	251
1325	2171	Fernando Coelho	00:25:06	00:50:35	00:50:03	1317	Clube TAP PORTUGAL	V50	132
1326	2170	Carlos Silva	00:25:06	00:50:35	00:50:03	1316	Clube TAP PORTUGAL	V50	133
1327	1491	Bruno Guerreiro	00:25:36	00:50:36	00:49:55	1294		V40	252
1328	267	Nuno Nunes	00:25:30	00:50:36	00:49:57	1300		V40	253
1329	205	Luis Cunha	00:24:55	00:50:36	00:50:21	1354	EX FEDERADOS	V50	134
1330	1821	João Guterres	00:25:55	00:50:37	00:50:00	1308		V55	89
1331	1235	Pedro Fonseca	00:25:45	00:50:38	00:49:28	1215		Senior	251
1332	2634	Andreia Castanheira	00:24:37	00:50:38	00:50:34	1390	BRRnightRUNNERS	V35	17
1333	3036	Luca Ranise	00:24:57	00:50:39	00:50:32	1385		V45	246
1334	2410	Diogo Pinto	00:24:57	00:50:40	00:49:46	1275	The Running Dead	Senior	252
1335	3973	João Martins	00:25:16	00:50:40	00:50:34	1388		V50	135
1336	726	João Alberto	00:25:32	00:50:40	00:50:24	1361	Jobrinde - Montes Saloios	V50	136
1337	3302	Nuno Lamas	00:24:54	00:50:40	00:50:03	1315		V40	254
1338	3706	Manuel Alves	00:25:51	00:50:41	00:50:01	1311		V45	247
1339	61	Mária Santos	00:25:32	00:50:41	00:50:02	1312		V35	18
1340	1470	Paulo Verissimo	00:25:26	00:50:41	00:50:04	1319	Clube Novo Banco	V50	137



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CLASSIFICAÇÕES

Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
1341	1468	Julio Ferreira	00:25:27	00:50:41	00:50:04	1320	Clube Novo Banco	V60	44
1342	3911	Janderlane Silva	00:24:09	00:50:41	00:50:38	1398	Vitória futebol clube	Senior	23
1343	2702	Sandro Pinto	00:25:26	00:50:41	00:50:02	1314	RunLovers	V40	255
1344	4667	Ângelo Caleira	00:24:31	00:50:42	00:50:36	1395		V35	189
1345	4073	Idalécio Barros	00:24:25	00:50:42	00:50:37	1396		V60	45
1346	1695	José Duarte	00:25:41	00:50:42	00:50:07	1325		V40	256
1347	2117	Olga Borges	00:24:39	00:50:43	00:50:39	1405	SS CGD	V40	22
1348	3207	Rui Dias	00:25:31	00:50:45	00:50:08	1332	Os Galgos	V35	190
1349	3842	João Dias	00:25:11	00:50:45	00:50:31	1383		Senior	253
1350	4290	Carlos Nunes	00:24:19	00:50:45	00:50:30	1381		V45	248
1351	1143	Manuel Pereira	00:24:46	00:50:45	00:50:26	1365		V60	46
1352	3266	Elizabete Nobrega	00:25:09	00:50:45	00:50:39	1406	Clube Oriental de Pechão	V45	20
1353	4741	Rui Pita	00:24:28	00:50:46	00:50:41	1411		V40	257
1354	4410	José Costa	00:25:34	00:50:46	00:49:53	1291	Não fazemos nem mais um...km	V55	90
1355	2926	Pedro Ferreira	00:26:17	00:50:46	00:49:41	1254		V45	249
1356	1754	Almerindo Silva	00:25:55	00:50:46	00:50:08	1331	A.D.C.Catuja	V55	91
1357	798	António Lavajo	00:24:34	00:50:46	00:50:34	1389		V40	258
1358	4076	Márcia Silva	00:24:46	00:50:47	00:50:29	1379		Senior	24
1359	410	Sheila Galiano	00:25:05	00:50:47	00:50:15	1344		V45	21
1360	3426	Cláudia Borralho	00:25:47	00:50:48	00:50:13	1340	RUN TEJO	V45	22



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CLASSIFICAÇÕES

Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
1361	4117	Marisa Marques	00:25:11	00:50:48	00:50:39	1403		Senior	25
1362	1927	Miguel Pedro	00:26:05	00:50:48	00:50:28	1375	FRAQUINHOSTEAM	V45	250
1363	2256	Cesar Ganchas	00:24:57	00:50:48	00:50:39	1407		V40	259
1364	3784	Nuno Condeço	00:26:21	00:50:49	00:50:07	1327		V35	191
1365	1987	Rui Nunes	00:24:47	00:50:49	00:50:42	1413		V40	260
1366	2763	Gonçalo Grazina	00:24:10	00:50:49	00:50:39	1408	Link	Senior	254
1367	3030	Antonio Costa	00:25:35	00:50:49	00:50:38	1401		V60	47
1368	1869	Ricardo Silva	00:25:29	00:50:49	00:50:28	1372		V40	261
1369	3910	Acácio Trinta	00:25:41	00:50:49	00:49:45	1266		V40	262
1370	2072	Nuno Silva	00:25:38	00:50:50	00:50:25	1364	Rijos	Senior	255
1371	1716	Luis Alexandre	00:25:25	00:50:51	00:50:19	1352		V45	251
1372	4674	Gonçalo Inácio	00:25:55	00:50:52	00:49:22	1187	Remax Conquista	V40	263
1373	3914	Adelino Barros	00:24:45	00:50:53	00:50:32	1384	LUSITANO FUTEBOL CLUBE ODIVELAS	V55	92
1374	4269	Telmo Ramos	00:25:36	00:50:55	00:50:22	1355		V35	192
1375	1696	Luís Revés	00:25:06	00:50:55	00:50:29	1377	CCD Siemens	V40	264
1376	1526	Filipa Revés	00:25:06	00:50:55	00:50:29	1378		V40	23
1377	2649	João Faro	00:25:55	00:50:56	00:50:28	1371		V40	265
1378	3952	Fernando Rosa	00:25:10	00:50:56	00:50:11	1336		V55	93
1379	4233	Jorge Melão	00:25:42	00:50:56	00:50:44	1416	Cofina Runners	Senior	256
1380	2389	Mário Botequilha	00:25:32	00:50:58	00:50:50	1426		V45	252



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CLASSIFICAÇÕES

Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
1381	2589	Carlos Prazeres	00:25:37	00:50:59	00:50:35	1391		V35	193
1382	751	Fernando Silva	00:24:56	00:50:59	00:50:42	1414		V50	138
1383	4568	Patrícia Cabral	00:25:44	00:50:59	00:49:53	1290		Senior	26
1384	2135	Orlando Mestre	00:25:36	00:50:59	00:50:36	1393		V45	253
1385	4453	Fábio Penteado	00:26:56	00:51:00	00:49:50	1284		Senior	257
1386	680	Helder Raposo	00:25:12	00:51:00	00:50:58	1444		V50	139
1387	1841	Rui Gomes	00:25:04	00:51:00	00:50:26	1366		V35	194
1388	2442	Nuno Oliveira	00:25:35	00:51:02	00:50:33	1387		V45	254
1389	3416	Vanessa Baptista	00:25:47	00:51:02	00:50:26	1367	RUN TEJO	V35	19
1390	4394	Hernâni Costa	00:26:46	00:51:02	00:50:38	1400		V35	195
1391	3157	José Nunes	00:25:04	00:51:02	00:50:50	1427	Keep Running	V50	140
1392	1638	Bruno Letra	00:24:31	00:51:02	00:50:38	1399		Senior	258
1393	2699	Nuno Marques	00:25:48	00:51:02	00:50:46	1422	RunLovers	V50	141
1394	3159	Joaquim Varanda	00:25:05	00:51:02	00:50:50	1429	Keep Running	V55	94
1395	92	Rogério Fernandes	00:25:12	00:51:03	00:50:45	1419		V40	266
1396	4644	José Valente	00:26:07	00:51:04	00:49:46	1272		Senior	259
1397	3655	Diogo Viveiros	00:25:30	00:51:04	00:50:27	1368	GD SANTANDERTOTTA	Senior	260
1398	3167	Sérgio Nunes	00:25:21	00:51:05	00:50:33	1386	marvila jovem	V40	267
1399	1829	Luís Pereira	00:24:53	00:51:05	00:51:04	1462		V40	268
1400	3841	Rui Carmona	00:24:46	00:51:06	00:51:00	1452		V40	269



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CLASSIFICAÇÕES

Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
1401	1937	Francisco Plínio	00:24:44	00:51:06	00:51:00	1449	CCDTMETROLX	V60	48
1402	4403	José Santos	00:24:31	00:51:06	00:50:48	1423	Equipa APCMMV	V50	142
1403	4363	Tiago Santos	00:25:09	00:51:06	00:50:57	1440		Senior	261
1404	82	Jose Rodrigues	00:25:29	00:51:07	00:50:27	1370		V50	143
1405	297	Luís Crespo	00:26:53	00:51:08	00:49:29	1226		V35	196
1406	897	Rui Almeida	00:25:33	00:51:08	00:48:51	1088		V40	270
1407	1562	Miguel Horta	00:25:19	00:51:08	00:50:59	1447		V40	271
1408	2084	João Almeida	00:25:22	00:51:09	00:50:36	1394	SS CGD	V45	255
1409	4178	Brylle Kamen	00:24:51	00:51:09	00:51:05	1467		Senior	262
1410	1387	Pedro Bastos	00:25:44	00:51:10	00:50:35	1392		V45	256
1411	3279	Tiago Monteiro	00:25:28	00:51:10	00:50:56	1435	Swimrunners	Junior	15
1412	1921	Margarida Vieira	00:26:09	00:51:10	00:50:07	1324	Pés com Asas	V40	24
1413	4464	André Martins	00:26:08	00:51:10	00:50:15	1345		Senior	263
1414	2764	João Agostinho	00:25:06	00:51:10	00:50:38	1397	Link	Senior	264
1415	3019	Daniel Nogueira	00:25:16	00:51:10	00:50:43	1415		Senior	265
1416	3500	Rodrigo Oliveira	00:25:45	00:51:11	00:51:01	1456		V40	272
1417	3275	Nuno	00:25:29	00:51:12	00:50:58	1441	Swimrunners	V40	273
1418	1813	João Ferreira	00:25:51	00:51:12	00:51:01	1455		Senior	266
1419	2122	Barbara Brás	00:26:14	00:51:12	00:50:18	1350	SS CGD	Senior	27
1420	3129	Pedro Lopes	00:25:38	00:51:13	00:50:39	1404	Serrado FC Atletismo	V45	257



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CLASSIFICAÇÕES

Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
1421	2568	Nuno Correia	00:25:25	00:51:13	00:50:44	1417		V45	258
1422	784	Nuno Santos	00:24:55	00:51:13	00:51:05	1466	Clube Ogma	V45	259
1423	2187	Pompeu Aires	00:27:59	00:51:14	00:49:45	1267	Grupo Recreativo e Desportivo da Ribeira da Lag	V50	144
1424	3856	Elias Macovela	00:25:13	00:51:14	00:51:00	1448		V40	274
1425	1060	Teresa Ferreira	00:25:41	00:51:15	00:50:49	1424		Senior	28
1426	4620	Luís Nunes	00:25:39	00:51:15	00:50:45	1420	Bola do Dida	V45	260
1427	3660	Antonio Cruz	00:26:43	00:51:15	00:49:57	1301	GD SANTANDERTOTTA	V70	4
1428	2877	Sandra Alves	00:26:06	00:51:16	00:51:04	1463	Run Forrest Run	V45	23
1429	3428	Carla Nascimento	00:24:53	00:51:17	00:51:12	1477	RUN TEJO	V35	197
1430	339	José Calheiros	00:26:41	00:51:17	00:50:58	1445	Naranjitos	V40	275
1431	3043	Rodrigo Correia	00:26:01	00:51:17	00:50:50	1428		V45	261
1432	2186	João Marques	00:28:00	00:51:17	00:49:49	1280	Grupo Recreativo e Desportivo da Ribeira da Lag	V50	145
1433	449	Eduardo Reis	00:25:46	00:51:18	00:50:41	1410		V45	262
1434	4067	Paulo Gonçalves	00:27:04	00:51:18	00:50:40	1409		V50	146
1435	1573	Pedro Barroso	00:24:42	00:51:19	00:50:50	1425		V35	198
1436	889	Jose Dias	00:26:54	00:51:19	00:50:39	1402		V50	147
1437	220	David Sousa	00:25:00	00:51:22	00:51:06	1468	Ortobest Running Team	Senior	267
1438	4296	Mário Almeida	00:25:16	00:51:22	00:50:57	1438		Senior	268
1439	2808	João Pinto	00:25:57	00:51:23	00:50:42	1412	Corrida Noturna Parque das Nações	V55	95
1440	4354	Jose Carlos	00:25:35	00:51:23	00:51:14	1480		V55	96



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CLASSIFICAÇÕES

Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
1441	3041	Joaquim Barroso	00:24:25	00:51:24	00:50:57	1437		V50	148
1442	3817	António Novas	00:25:05	00:51:24	00:50:46	1421		V40	276
1443	4366	Pedro Filipe	00:26:41	00:51:24	00:50:59	1446		V40	277
1444	4371	Sandro Santandertotta	00:24:55	00:51:26	00:51:13	1479		V35	199
1445	3326	Joana Antunes	00:25:38	00:51:26	00:50:52	1432	Clube Millennium bcp	Senior	29
1446	302	Gonçalo Lopes	00:25:36	00:51:26	00:50:52	1430	Serrado FC Atletismo	V40	278
1447	686	Paulo Maciel	00:26:31	00:51:27	00:50:58	1443	Here 4 Beer	Senior	269
1448	4560	José Cruz	00:27:13	00:51:27	00:50:58	1442		V35	200
1449	3243	Luís Moura	00:24:59	00:51:28	00:51:02	1457		V40	279
1450	4498	Marta Lopes	00:25:05	00:51:29	00:51:28	1511		V50	8
1451	1951	Luís Nuno	00:24:48	00:51:29	00:51:23	1500		V45	263
1452	3796	Vitor Pereira	00:26:13	00:51:30	00:51:08	1473	Equipa Glory Runners	V45	264
1453	3357	Ines Bernardo	00:25:25	00:51:30	00:50:55	1434	Clube Millennium bcp	V35	20
1454	4732	Bruno Fernandes	00:25:36	00:51:30	00:51:14	1482		Senior	270
1455	1649	Nuno Romão	00:25:22	00:51:32	00:51:04	1461		V50	149
1456	4194	Sandra Vieira	00:25:44	00:51:33	00:51:03	1459		V45	24
1457	4171	Jonathan Aparício	00:25:46	00:51:33	00:50:56	1436		Senior	271
1458	924	António Martins	00:25:28	00:51:33	00:51:20	1496		V50	150
1459	360	Fernando Oliveira	00:25:49	00:51:33	00:51:00	1451	Tartarugas Solidárias	V50	151
1460	3482	Rogério Guerreiro	00:27:33	00:51:33	00:50:02	1313	Malta da Pesada	Senior	272



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CLASSIFICAÇÕES

Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
1461	107	José Vermelhudo	00:25:45	00:51:33	00:51:15	1485	NAV RUNNERS	V55	97
1462	4630	Sérgio Ferreira	00:25:02	00:51:34	00:51:19	1492	A.M.Atibá	V45	265
1463	3118	Rita Antunes	00:25:15	00:51:34	00:51:21	1498		Senior	30
1464	4285	Rogério Malheiro	00:26:33	00:51:34	00:50:53	1433		V50	152
1465	2189	Amadeu Brigas	00:27:59	00:51:35	00:50:07	1326	Grupo Recreativo e Desportivo da Ribeira da Lag	V50	153
1466	3740	Jacinto Batista	00:25:06	00:51:35	00:51:03	1458		V55	98
1467	2918	José Almeida	00:26:28	00:51:36	00:50:31	1382		V40	280
1468	3216	Cristina Azevedo	00:26:06	00:51:36	00:51:06	1470	CLUBE COLABORADORES AGEAS	V40	25
1469	2320	José Borges	00:25:11	00:51:36	00:51:34	1529	Linda-a-Pastora Sporting Clube	V40	281
1470	2741	Maria Felizardo	00:25:31	00:51:37	00:51:01	1454	GoRun Vendas Novas	V40	26
1471	2312	Ana Neto	00:25:11	00:51:37	00:51:35	1534	Linda-a-Pastora Sporting Clube	V35	21
1472	22	João Antunes	00:25:49	00:51:37	00:51:05	1465		V60	49
1473	545	Fernando Claudino	00:25:33	00:51:38	00:51:06	1472	brunosempre	V65	18
1474	207	Fernando Jeronimo	00:25:28	00:51:39	00:51:25	1504	EX FEDERADOS	V65	19
1475	1616	Patrícia Marujo	00:25:24	00:51:39	00:51:35	1533	Cotovia Running	Senior	31
1476	2019	Miguel Meireles	00:25:01	00:51:41	00:51:27	1507		V40	282
1477	1969	Cristóvão Pereira	00:25:07	00:51:42	00:51:06	1471	FPEREIRA	Junior	16
1478	1977	Henrique Pastor	00:26:52	00:51:42	00:50:52	1431	Pastor Racing	Junior	17
1479	2144	Carlos Bargado	00:25:20	00:51:42	00:51:23	1499	TAC - Tranquilidade Atletismo Clube	V50	154
1480	2584	Hugo Nogueira	00:26:07	00:51:42	00:51:09	1475		V40	283



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CLASSIFICAÇÕES

Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
1481	3273	João Alpendre	00:24:52	00:51:42	00:51:29	1518	Swimrunners	V45	266
1482	4369	Fernando Dinis	00:24:47	00:51:42	00:51:37	1537		V35	201
1483	3711	Nelson Pinto	00:25:56	00:51:42	00:51:20	1497		V40	284
1484	966	Carlos Júnior	00:25:03	00:51:43	00:51:26	1505		V45	267
1485	1874	Patrícia Machado	00:25:14	00:51:43	00:51:40	1548		V35	22
1486	1689	Francisco Pessoa	00:25:37	00:51:43	00:51:11	1476	Amigos do Atletismo da Aqualva	V45	268
1487	228	Rui Simões	00:25:57	00:51:44	00:51:43	1563	as lesmas	V50	155
1488	2129	Pedro Cabral	00:27:37	00:51:44	00:50:45	1418	LisRunning CPA	V40	285
1489	3778	Bruno Correia	00:25:05	00:51:44	00:51:14	1483		V35	202
1490	636	Nuno Mestre	00:25:19	00:51:44	00:51:16	1490	condores varge mondar	V40	286
1491	629	Sérgio Henrique	00:25:19	00:51:44	00:51:19	1493	condores varge mondar	V45	269
1492	2198	Alexandra Machado	00:26:41	00:51:45	00:51:15	1484	CCD PM CASCAIS	V35	23
1493	2300	Helder Correia	00:25:51	00:51:46	00:51:12	1478	ALCES TEAM	V35	203
1494	3289	António Rodrigues	00:25:38	00:51:46	00:51:30	1521	Goodfelas	V40	287
1495	4180	Pedro Teixeira	00:26:45	00:51:47	00:50:57	1439		Senior	273
1496	1179	João Lamúria	00:26:04	00:51:47	00:51:28	1516		V55	99
1497	3507	Pedro Valentim	00:25:42	00:51:47	00:51:37	1538		V45	270
1498	1598	João Coutinho	00:25:01	00:51:47	00:51:43	1565		V60	50
1499	4225	Jorge Madureira	00:25:55	00:51:48	00:51:40	1549	Clube de Futebol "Os Belenenses"	V45	271
1500	2326	Pedro Ribeiro	00:25:11	00:51:48	00:51:30	1520	FIT Runners	V40	288



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CLASSIFICAÇÕES

Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
1501	2616	Daniel Colla	00:25:48	00:51:49	00:51:43	1566		V45	272
1502	2274	Carlos Gil	00:25:31	00:51:50	00:51:20	1495		V45	273
1503	4487	António Pinto	00:25:59	00:51:50	00:51:38	1541		V35	204
1504	732	Helena Pinto	00:25:56	00:51:50	00:51:14	1481	correrLoures	V45	25
1505	3731	Ricardo Serôdio	00:24:53	00:51:52	00:51:41	1553		V40	289
1506	2666	Gustavo Bastos	00:26:19	00:51:52	00:51:28	1515		V40	290
1507	1901	João Sotomayor	00:25:48	00:51:52	00:51:31	1523		V55	100
1508	1345	Nuno Alves	00:24:47	00:51:53	00:51:46	1574		V40	291
1509	480	Pedro Ferreira	00:25:30	00:51:53	00:51:44	1568		V40	292
1510	4170	Francisco Jose	00:27:34	00:51:54	00:50:19	1351		Senior	274
1511	2193	Catia Ramos	00:24:59	00:51:54	00:51:49	1582	Grupo Recreativo e Desportivo Ribeira da Lage	V35	24
1512	3109	Henrique Joaquim	00:25:32	00:51:54	00:51:44	1570		V45	274
1513	3480	Rui Guerreiro	00:27:34	00:51:54	00:50:23	1357	Malta da Pesada	V45	275
1514	375	Joaquim Costa	00:25:19	00:51:55	00:51:45	1573	Café Arco Iris	V65	20
1515	175	Bruno Gonçalves	00:25:46	00:51:55	00:51:23	1501		V35	205
1516	3233	Tiago Marques	00:26:40	00:51:55	00:50:24	1363		Senior	275
1517	2698	Sérgio Afonso	00:25:37	00:51:56	00:51:34	1532	SGS MOVING FORWARD	V40	293
1518	3812	Miguel Carvalho	00:26:12	00:51:56	00:51:05	1464	Grupo FS	Senior	276
1519	1291	Fernando Pinheiro	00:25:51	00:51:57	00:51:27	1509		V50	156
1520	4259	Pedro Santos	00:18:52	00:51:58	00:51:48	1580	GRUPO CORRIDA JCS	V40	294



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CLASSIFICAÇÕES

Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
1521	1072	Pedro Lucas	00:26:07	00:51:58	00:51:16	1489		V40	295
1522	127	Lúis Melo	00:26:18	00:51:58	00:51:34	1531	Mickeys	V35	206
1523	3315	Alexandra Costa	00:25:35	00:51:59	00:51:24	1502	Clube Millennium bcp	V45	26
1524	1974	Antonio Soares	00:26:10	00:52:00	00:51:28	1512	Team Soares	V50	157
1525	1918	Manuel Pina	00:25:38	00:52:01	00:51:51	1589		V60	51
1526	3102	Rafael Azriel	00:25:28	00:52:01	00:51:53	1591		V45	276
1527	230	João Fernandes	00:25:43	00:52:01	00:51:20	1494		Senior	277
1528	2314	Patrícia Matos	00:26:01	00:52:01	00:51:33	1528	Linda-a-Pastora Sporting Clube	V40	27
1529	60	Vasco Delgado	00:25:37	00:52:01	00:51:51	1587		V40	296
1530	3829	Joao Belo	00:26:05	00:52:02	00:51:27	1508		V45	277
1531	370	Bruno Coelho	00:26:25	00:52:02	00:51:55	1599		V35	207
1532	1319	Manuela Lacerda	00:25:03	00:52:03	00:51:34	1530		V50	9
1533	3067	Ricardo Campos	00:25:42	00:52:04	00:51:32	1524		V40	297
1534	1463	João Batista	00:25:46	00:52:04	00:51:27	1506	Clube Novo Banco	V40	298
1535	1792	Antonio Teixeira	00:25:49	00:52:04	00:51:43	1562		V55	101
1536	2915	Juliana Domingues	00:26:18	00:52:05	00:51:27	1510		Junior	5
1537	2310	Marisa Rodrigues	00:25:12	00:52:05	00:52:04	1620	Linda-a-Pastora Sporting Clube	V35	25
1538	494	Duarte Ribeiro	00:26:16	00:52:05	00:51:38	1540		Senior	278
1539	321	Mário Vicente	00:26:17	00:52:05	00:51:44	1572	Gil Eanes Running	V70	5
1540	1933	António Pereira	00:25:57	00:52:06	00:51:46	1577	CCDTMETROLX	V50	158



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CLASSIFICAÇÕES

Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
1541	4745	Thélmo Cunha	00:27:02	00:52:06	00:51:39	1543		V55	102
1542	3985	Marcelo Machado	00:28:34	00:52:06	00:51:04	1460		V40	299
1543	3798	Filipe Rodrigues	00:24:49	00:52:07	00:51:47	1579	Equipa Glory Runners	Senior	279
1544	1487	Paulo Ricardo	00:25:27	00:52:07	00:51:54	1596	Clube Novo Banco	V50	159
1545	3370	Luis Silva	00:25:38	00:52:07	00:51:31	1522	Clube Millennium bcp	V50	160
1546	1440	João Fernandes	00:26:26	00:52:07	00:51:43	1564		V40	300
1547	2812	Conceição Rosa	00:25:27	00:52:08	00:51:50	1583	Corrida Noturna Parque das Nações	V50	10
1548	1145	Armando Martins	00:25:37	00:52:08	00:51:59	1607		V50	161
1549	3225	Sérgio Rodrigues	00:25:52	00:52:08	00:51:29	1517	CLUBE COLABORADORES AGEAS	V45	278
1550	3217	Fernando Matias	00:26:03	00:52:08	00:51:28	1514	CLUBE COLABORADORES AGEAS	V60	52
1551	871	Artur Alfama	00:25:34	00:52:09	00:51:40	1547		V40	301
1552	357	Célio Moreira	00:26:33	00:52:09	00:51:42	1556		V35	208
1553	411	João Fernandes	00:26:32	00:52:10	00:51:41	1551		V35	209
1554	788	Sónia Almeida	00:25:35	00:52:11	00:51:58	1604		V40	28
1555	4365	Ricardo Bertola	00:25:34	00:52:11	00:51:44	1571		V40	302
1556	738	Vasco Almeida	00:25:35	00:52:11	00:51:59	1608		V40	303
1557	3764	Pedro Mendonça	00:25:50	00:52:13	00:51:39	1542		V40	304
1558	330	Rui Morais	00:26:02	00:52:13	00:52:03	1615	broa de mel	V45	279
1559	1827	José Felgueiras	00:26:03	00:52:13	00:52:00	1609		V55	103
1560	2194	Licinia Rego	00:25:28	00:52:13	00:51:54	1593	Grupo Recreativo e Desportivo Ribeira da Lage	V45	27



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CLASSIFICAÇÕES

Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
1561	643	Luis Romaneiro	00:26:08	00:52:14	00:51:56	1601	CORRIDAS E COMIDAS	V55	104
1562	982	Paulo Marques	00:26:04	00:52:14	00:51:41	1554		V45	280
1563	2380	Ramiro Madureira	00:26:01	00:52:15	00:52:03	1614		V40	305
1564	1806	Andriy Nechyporenko	00:26:28	00:52:16	00:51:39	1544		V45	281
1565	1904	Carlos Carvalhas	00:27:49	00:52:16	00:51:15	1488		V55	105
1566	412	Sérgio Cardoso	00:26:42	00:52:17	00:51:46	1576		V35	210
1567	2131	João Niza	00:27:15	00:52:17	00:51:46	1575	FunBus - Barreiro	V50	162
1568	3940	Maria Tarelho	00:25:28	00:52:17	00:52:12	1637	cod Sintrense	V50	11
1569	953	César Vistas	00:25:49	00:52:18	00:52:11	1635		V45	282
1570	2332	Helena Coelho	00:25:53	00:52:18	00:52:08	1624	FIT Runners	V45	28
1571	3638	Nuno Sobral	00:25:02	00:52:19	00:51:55	1600	GD SANTANDERTOTTA	V40	306
1572	3743	Filipe Pimentel	00:26:30	00:52:19	00:51:49	1581		V45	283
1573	1670	Pedro Vitorino	00:25:47	00:52:19	00:51:58	1603		V35	211
1574	1101	Sónia Dantas	00:25:33	00:52:20	00:52:09	1630	Bom Garfo	V35	26
1575	1304	Tiago Gaspar	00:25:09	00:52:21	00:52:17	1654		V35	212
1576	3148	Maria Noronha	00:27:00	00:52:21	00:51:17	1491	ADV Runners	V45	29
1577	1121	Mário Rogado	00:25:27	00:52:21	00:52:08	1625		V35	213
1578	766	Vitor Martins	00:26:14	00:52:21	00:51:46	1578		V65	21
1579	1169	Ana Araújo	00:26:08	00:52:22	00:51:15	1487	SRCD do RF Monte Godel	V45	30
1580	3539	Miguel Gomes	00:25:37	00:52:23	00:52:01	1610		V45	284



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CLASSIFICAÇÕES

Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
1581	2814	Maria Veladas	00:24:50	00:52:23	00:52:09	1631	TARTARUGAS SOLIDARIAS	V40	29
1582	4134	Paulo Jorge	00:26:00	00:52:23	00:51:42	1555		V45	285
1583	523	João Filipe	00:24:59	00:52:24	00:52:17	1651		V35	214
1584	4293	Jorge Dias	00:26:26	00:52:24	00:52:16	1648		V50	163
1585	4443	Filipe Pereira	00:25:54	00:52:24	00:51:06	1469		V35	215
1586	482	Paulo Costa	00:26:28	00:52:24	00:51:52	1590		V35	216
1587	4455	Pedro Franco	00:24:53	00:52:24	00:52:20	1664		V35	217
1588	1607	António Fernandes	00:26:03	00:52:25	00:52:01	1611		V50	164
1589	2678	João Pereira	00:25:18	00:52:25	00:51:58	1606		V55	106
1590	3502	Filipe Madeira	00:26:27	00:52:26	00:52:10	1634		V45	286
1591	2684	João Farinha	00:25:11	00:52:27	00:52:19	1660	Sporting Clube de Casainhos	Senior	280
1592	775	Marta Maia	00:25:43	00:52:27	00:52:08	1627		V40	30
1593	4383	Rafael Madeira	00:25:44	00:52:27	00:52:09	1632		V40	307
1594	946	Luis Morais	00:26:18	00:52:27	00:51:41	1552		V35	218
1595	845	Lukasz Bibik	00:26:03	00:52:27	00:51:29	1519		V40	308
1596	2683	Marta Baptista	00:25:10	00:52:28	00:52:20	1662	Sporting Clube de Casainhos	Senior	32
1597	1044	Bruno Madeira	00:26:45	00:52:28	00:51:54	1595	Os três relâmpagos	Senior	281
1598	150	Rui Braz	00:26:19	00:52:28	00:51:43	1567		V35	219
1599	542	João Cocharro	00:24:45	00:52:29	00:51:50	1586		V40	309
1600	1459	Fernando Filipe	00:25:38	00:52:29	00:52:11	1636	Clube Novo Banco	V50	165



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CLASSIFICAÇÕES

Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
1601	2336	Rosário Carmo	00:25:49	00:52:29	00:52:05	1621	FIT Runners	V50	12
1602	4292	José Saraiva	00:26:56	00:52:29	00:51:33	1527		V55	107
1603	3239	Bruno Targino	00:25:39	00:52:30	00:51:51	1588		Senior	282
1604	119	Luis Rodrigues	00:26:05	00:52:30	00:52:16	1649		V50	166
1605	1686	Fernando Santos	00:25:43	00:52:31	00:52:21	1665	Amigos do Atletismo da Aqualva	V65	22
1606	467	Tiago Figo	00:26:26	00:52:32	00:51:54	1597		Senior	283
1607	2637	Luís Guerreiro	00:25:49	00:52:32	00:52:16	1647	Trio Odemira	V35	220
1608	3100	Luís Figueiredo	00:26:09	00:52:33	00:52:04	1619		V55	108
1609	1381	Paula Costa	00:26:00	00:52:34	00:51:36	1535	Quarentões na Bisga	V45	31
1610	4564	Francisca Dias	00:26:07	00:52:34	00:52:23	1669		Senior	33
1611	3113	Fernando André	00:25:57	00:52:35	00:52:01	1612		V60	53
1612	3142	João Malha	00:25:37	00:52:35	00:52:04	1618	Pertis Económicos	V35	221
1613	2158	Tam Afonso	00:25:22	00:52:36	00:52:17	1650	TAC - Tranquilidade Atletismo Clube	V65	23
1614	3398	Carlos Ferreira	00:26:10	00:52:36	00:52:28	1679		Senior	284
1615	3003	Paulo Palminha	00:25:05	00:52:36	00:52:09	1629		V45	287
1616	3312	Leonel Brandao	00:26:10	00:52:37	00:52:02	1613	Clube Millennium bcp	V50	167
1617	3332	Pedro Sa	00:26:01	00:52:37	00:52:09	1633	Clube Millennium bcp	V45	288
1618	2952	André Catela	00:25:46	00:52:38	00:52:12	1638	Lebres e Tartarugas	Senior	285
1619	326	Helder Lourenço	00:26:11	00:52:38	00:52:13	1640		V45	289
1620	2790	Luís Gama	00:25:12	00:52:39	00:52:28	1678		V55	109



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CLASSIFICAÇÕES

Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
1621	3463	Luis Pombo	00:26:42	00:52:39	00:52:29	1683		V40	310
1622	1685	Bernardo Gradíssimo	00:25:43	00:52:39	00:52:28	1680	Amigos do Atletismo da Aqualva	V60	54
1623	1964	João Dias	00:26:29	00:52:40	00:52:04	1617		V45	290
1624	2048	Pedro Cleto	00:27:42	00:52:40	00:51:42	1561		V45	291
1625	1743	Catarina Lamego	00:26:34	00:52:40	00:52:17	1655		Senior	34
1626	2099	Miraldo Ramos	00:27:19	00:52:41	00:52:08	1626	SS CGD	V40	311
1627	1191	Carlos Silvério	00:24:48	00:52:41	00:52:38	1704		V50	168
1628	838	Ricardo Figueiredo	00:28:05	00:52:43	00:51:00	1453		V45	292
1629	2145	Ana Panela	00:26:01	00:52:43	00:52:33	1697	TAC - Tranquilidade Atletismo Clube	V40	31
1630	1688	Manuel Emídio	00:26:04	00:52:43	00:52:32	1690	Amigos do Atletismo da Aqualva	V60	55
1631	1808	Sónia Figueiredo	00:26:32	00:52:43	00:52:15	1642		V40	32
1632	4009	João Pereira	00:28:05	00:52:44	00:51:00	1450		V40	312
1633	771	José Lopes	00:27:59	00:52:44	00:51:42	1557		V60	56
1634	1651	Ricardo Sousa	00:26:02	00:52:45	00:52:17	1652		V40	313
1635	3901	Rogério Falcao	00:26:09	00:52:45	00:52:07	1623		V50	169
1636	2097	Maria Silva	00:25:00	00:52:45	00:52:40	1708	SS CGD	V45	32
1637	4694	Francisco Carvalho	00:26:59	00:52:45	00:52:23	1671		V45	293
1638	3053	Álvaro Canteiro	00:26:42	00:52:45	00:51:24	1503		Senior	286
1639	4631	Cleonice Oliveira	00:25:49	00:52:46	00:52:21	1667	A.M.Atibá	V50	13
1640	1419	Carlos Magalhães	00:26:53	00:52:46	00:51:08	1474		V35	222



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CLASSIFICAÇÕES

Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
1641	4402	Marta Reis	00:26:34	00:52:46	00:52:15	1643	Equipa APCMMV	V40	33
1642	595	Eduardo Manso	00:26:41	00:52:47	00:51:39	1546	CAMARA LISBOA CLUBE	V55	110
1643	4628	Joana Caldeira	00:25:49	00:52:48	00:52:24	1674	A.M.Atibá	V40	34
1644	613	Fernando Oliveira	00:27:16	00:52:48	00:51:36	1536		V50	170
1645	2986	Carlos Pinto	00:26:39	00:52:48	00:52:18	1658		V40	314
1646	4481	Nuno Fialho	00:27:15	00:52:48	00:51:37	1539		V45	294
1647	4512	Nuno Diao	00:27:20	00:52:48	00:51:15	1486	Frufresh Runners	V40	315
1648	1519	Tiago Cardao-Pito	00:26:28	00:52:49	00:52:28	1681		V40	316
1649	2041	Patrícia Girao	00:26:46	00:52:50	00:52:14	1641		V45	33
1650	559	Tiago Luis	00:25:11	00:52:50	00:52:41	1712		Senior	287
1651	3330	Augusto Lourenco	00:25:42	00:52:50	00:52:19	1661	Clube Millennium bcp	V55	111
1652	2200	Isabel Vieira	00:26:02	00:52:51	00:52:43	1716	CCD PM CASCAIS	V45	34
1653	803	Lívia Lourenço	00:26:00	00:52:51	00:52:44	1720	CORRER QUELUZ	V40	35
1654	3006	Jorge Frazão	00:25:47	00:52:52	00:52:33	1693		V35	223
1655	3568	João Telo	00:26:27	00:52:53	00:52:26	1677		V40	317
1656	908	Carlos Costa	00:25:36	00:52:53	00:52:13	1639		V50	171
1657	1838	Paulo Nunes	00:26:02	00:52:53	00:52:33	1695		V45	295
1658	458	Jose Borges	00:25:32	00:52:53	00:52:43	1717		V55	112
1659	4032	Armando Lacerda	00:26:20	00:52:54	00:52:24	1673		V60	57
1660	4020	Nelson Joao	00:26:26	00:52:54	00:52:33	1694	SushiTime	Senior	288



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CLASSIFICAÇÕES

Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
1661	4618	Pedro Almeida	00:26:45	00:52:55	00:51:33	1526		V40	318
1662	1344	Vitor Lourenço	00:25:18	00:52:55	00:52:39	1706	Jobrinde - Montes Saloios	V50	172
1663	3772	José Cunha	00:28:01	00:52:55	00:51:54	1592		Senior	289
1664	2680	Luis Inácio	00:25:51	00:52:55	00:52:16	1646	NAV RUNNERS	V45	296
1665	407	Jorge Oliveira	00:26:09	00:52:56	00:52:31	1685		V55	113
1666	3839	Luís Correia	00:25:34	00:52:56	00:52:36	1700		V35	224
1667	161	Jorge Nunes	00:26:13	00:52:56	00:52:36	1701		V60	58
1668	1320	Nuno Santos	00:25:55	00:52:57	00:52:19	1659		V40	319
1669	2767	Jorge Mendes	00:25:09	00:52:59	00:52:31	1687	PFCRB	Senior	290
1670	2769	César Mendes	00:25:09	00:52:59	00:52:31	1686	PFCRB	Senior	291
1671	2768	Miguel Martins	00:25:08	00:52:59	00:52:32	1691	PFCRB	Senior	292
1672	2114	Sandro Costa	00:27:16	00:53:00	00:52:35	1699	SS CGD	V35	225
1673	4382	Nuno Martins	00:26:47	00:53:00	00:51:50	1585		Senior	293
1674	2601	José Gonçalves	00:25:15	00:53:01	00:52:52	1740		V50	173
1675	3276	Jorge Sampaio	00:25:53	00:53:01	00:52:48	1728	Swimrunners	V45	297
1676	3277	Pedro Vieira	00:25:34	00:53:01	00:52:53	1741	Swimrunners	V40	320
1677	1275	Antonio Bruno	00:26:41	00:53:02	00:52:22	1668		V45	298
1678	4692	Carlos Rodrigues	00:25:35	00:53:02	00:52:54	1750		V35	226
1679	4083	Alberto Teixeira	00:26:26	00:53:02	00:52:16	1645		Senior	294
1680	2840	Francisco Fernandes	00:26:39	00:53:02	00:52:49	1729		V35	227



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CLASSIFICAÇÕES

Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
1681	31	Rui Serafim	00:25:56	00:53:03	00:52:50	1733		V45	299
1682	4213	Afonso Ataíde	00:26:58	00:53:03	00:51:42	1558		Senior	295
1683	1683	Luis Rebelo	00:26:03	00:53:03	00:52:52	1738		V40	321
1684	1108	Rosa Marques	00:26:18	00:53:04	00:52:44	1718	GRCD Leião	V45	35
1685	3472	Maria Cardoso	00:25:52	00:53:04	00:52:56	1756		V55	3
1686	719	António Gomes	00:26:47	00:53:04	00:52:20	1663		V55	114
1687	1418	André Almeida	00:29:48	00:53:04	00:51:33	1525	CORRER QUELUZ	Senior	296
1688	695	José Alves	00:25:50	00:53:05	00:52:40	1710		V55	115
1689	1129	Carlos Marques	00:27:26	00:53:05	00:52:31	1688		V50	174
1690	3342	Mario Mendes	00:25:55	00:53:06	00:52:57	1759	Clube Millennium bcp	V50	175
1691	2435	Luís Moura	00:27:03	00:53:06	00:52:21	1666		V45	300
1692	4387	Paulo Silva	00:26:47	00:53:06	00:52:31	1684	RUN TEJO	V50	176
1693	1779	Bruno Vintem	00:26:06	00:53:06	00:52:42	1715		V35	228
1694	961	Helder Romano	00:26:05	00:53:06	00:52:41	1713		V50	177
1695	4362	Pedro Leiria	00:27:24	00:53:06	00:52:03	1616		V45	301
1696	3162	Pedro Confraria	00:25:00	00:53:06	00:52:54	1749	Carvalho Confraria	V40	322
1697	4501	Paulo Oliveira	00:28:26	00:53:06	00:51:55	1598		V45	302
1698	1946	Rafael Santos	00:27:06	00:53:07	00:52:45	1723	CCDTMETROLX	V50	178
1699	4699	Marco Santos	00:25:42	00:53:08	00:52:45	1722		V35	229
1700	763	António Sousa	00:26:33	00:53:08	00:52:34	1698		V55	116



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CLASSIFICAÇÕES

Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
1701	1411	Paula Calisto	00:25:24	00:53:08	00:52:33	1696	Caracóis de Pedra	V35	27
1702	328	Susana Vicente	00:27:16	00:53:08	00:52:45	1721	RB RUNNING	V35	28
1703	2463	Ricardo Correia	00:26:24	00:53:09	00:52:53	1744		V40	323
1704	2087	Jorge Figueiredo	00:26:24	00:53:09	00:52:53	1743	SS CGD	V45	303
1705	2611	Filipe Simões	00:25:31	00:53:09	00:52:53	1742		V55	117
1706	3313	Ana Marques	00:26:25	00:53:09	00:52:51	1735	Clube Millennium bcp	V55	4
1707	508	João Conceição	00:26:13	00:53:09	00:52:32	1689	Asas	V35	230
1708	3235	Aleksandra Damyanova	00:26:23	00:53:09	00:52:56	1757		Senior	35
1709	1241	Nuno Bonifácio	00:26:17	00:53:10	00:53:00	1767		V40	324
1710	2706	Renato Franco	00:27:07	00:53:10	00:51:40	1550	Corraticums	Senior	297
1711	4398	Manuel Luz	00:27:07	00:53:10	00:52:37	1702	Equipa APCMVM	V40	325
1712	2945	Crina Oltean	00:27:49	00:53:10	00:52:08	1628	Tartarugas Furiosas	Senior	36
1713	2707	Paulo Vicente	00:27:07	00:53:10	00:51:39	1545	Corraticums	Senior	298
1714	2447	Anibal Carvalho	00:28:32	00:53:10	00:51:42	1559		V65	24
1715	4318	João Leitão	00:27:07	00:53:10	00:52:38	1705		Senior	299
1716	3762	Jose Monteiro	00:28:32	00:53:11	00:51:42	1560		V60	59
1717	1748	Paulo Merendas	00:24:59	00:53:11	00:53:02	1771	ADRC Mata de Benfica	V40	326
1718	1810	Rui Pereira	00:25:45	00:53:11	00:53:01	1768		V35	231
1719	2083	Henrique Mouta	00:27:36	00:53:11	00:52:16	1644	SS CGD	V35	232
1720	2600	Roberto Freitas	00:25:52	00:53:12	00:52:41	1711		V40	327



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CLASSIFICAÇÕES

Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
1721	847	Francisco Bando	00:28:33	00:53:12	00:51:44	1569		V65	25
1722	1868	Deusa Palma	00:26:23	00:53:12	00:53:03	1773		V60	2
1723	3101	Joaquim Palma	00:25:36	00:53:13	00:53:09	1783		V60	60
1724	3651	Joao Barros	00:26:08	00:53:13	00:53:06	1777	GD SANTANDERTOTTA	V55	118
1725	3531	Nuno Barra	00:25:32	00:53:13	00:53:02	1769	Run Forrest Run	V40	328
1726	2921	Guilherme Pereira	00:26:25	00:53:15	00:52:59	1762		Senior	300
1727	1819	Ricardo Duarte	00:27:08	00:53:15	00:53:13	1797		V35	233
1728	3422	Alexandre Bento	00:27:35	00:53:15	00:51:28	1513	RUN TEJO	V55	119
1729	3091	Joaquim Fernandes	00:26:49	00:53:15	00:52:47	1724		V65	26
1730	3515	José Ribeiro	00:26:42	00:53:16	00:53:03	1774		V35	234
1731	4521	Henrique Graça	00:27:33	00:53:17	00:52:51	1734	Hiscox	Senior	301
1732	1531	Emanuel Magalhães	00:26:55	00:53:17	00:52:47	1726		Senior	302
1733	4613	Elizeu Rocha	00:27:49	00:53:17	00:51:54	1594		V35	235
1734	3286	António Quaresma	00:26:44	00:53:17	00:52:40	1707	Linda-a-Pastora Sporting Clube	V45	304
1735	3733	Jorge Ameida	00:27:31	00:53:18	00:52:18	1656		V55	120
1736	2906	Filipe Paulo	00:25:48	00:53:18	00:53:09	1781		V35	236
1737	4431	Paulo Machado	00:28:11	00:53:18	00:52:23	1672	Remax Conquista	V50	179
1738	3516	Raquel Fortes	00:27:08	00:53:19	00:52:50	1731	Team Its Up to You	V40	36
1739	1239	Finlay Harrison	00:26:44	00:53:19	00:52:37	1703		Junior	18
1740	3676	Vítor Martins	00:27:27	00:53:21	00:52:07	1622		V40	329



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CLASSIFICAÇÕES

Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
1741	1847	Tiago Esteves	00:25:44	00:53:22	00:53:10	1790		V35	237
1742	2037	Pedro Batista	00:25:39	00:53:23	00:52:59	1763		V35	238
1743	3074	Manuel Silva	00:25:57	00:53:23	00:53:03	1775		V60	61
1744	1262	Fernando R.Vergamota	00:28:04	00:53:24	00:52:23	1670		V60	62
1745	4562	Luis Borges	00:24:56	00:53:24	00:53:09	1784		V40	330
1746	4151	Paulo Sousa	00:26:24	00:53:24	00:53:13	1798	gdctincm	V40	331
1747	637	Artur Paiva	00:26:39	00:53:24	00:52:54	1746	condores varge mondar	V45	305
1748	4256	Mazoel Santos	00:30:14	00:53:25	00:53:24	1819	GRUPO CORRIDA JCS	Senior	303
1749	776	Mário Joaquim	00:26:38	00:53:25	00:53:11	1794		V45	306
1750	3081	David Almeida	00:25:37	00:53:27	00:53:00	1766		V45	307
1751	4711	Acúrcio Mendes	00:27:21	00:53:27	00:52:47	1725		V45	308
1752	1422	Ivan Russo	00:26:15	00:53:28	00:53:26	1823		Senior	304
1753	603	Ernesto Monteiro	00:26:58	00:53:28	00:52:54	1747	CAMARA LISBOA CLUBE	V45	309
1754	4026	António Neves	00:26:25	00:53:29	00:53:11	1795	Equipa "EpáNaoSeiLOL"	Senior	305
1755	2822	Marianela Figueiredo	00:27:19	00:53:29	00:52:55	1751		V45	36
1756	40	Antonio Pombinho	00:25:18	00:53:30	00:53:19	1810		V60	63
1757	3555	Leonel José	00:27:59	00:53:30	00:51:50	1584	Sport Clube Alfragide	V45	310
1758	2375	Marcos Duarte	00:25:59	00:53:31	00:52:58	1760		V35	239
1759	1193	Filipa David	00:26:39	00:53:31	00:53:09	1785		Senior	37
1760	1014	José Tomé	00:26:42	00:53:31	00:53:10	1792	Grupo Barraqueiro	V55	121



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CLASSIFICAÇÕES

Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
1761	1008	Alexandre Ribeiro	00:26:41	00:53:31	00:53:10	1789	Grupo Barraqueiro	V45	311
1762	1681	Maria Sousa	00:26:32	00:53:31	00:53:15	1802	Scalabis Night Runners	Senior	38
1763	2294	Rui Vieira	00:25:45	00:53:32	00:53:18	1808	ALCES TEAM	V45	312
1764	3833	Manuel Mendes	00:26:20	00:53:32	00:52:44	1719		V40	332
1765	1119	Jorge Serra	00:25:52	00:53:32	00:53:23	1818	CAVF	V45	313
1766	143	João Pereira	00:26:22	00:53:32	00:53:19	1812		V50	180
1767	691	Miguel Fernandes	00:27:21	00:53:32	00:53:08	1780		V40	333
1768	2401	Joaquim Fonseca	00:26:32	00:53:32	00:53:06	1778	Federação da Família para a Paz Mundial e Unifi	V60	64
1769	89	Pedro Barata	00:26:30	00:53:33	00:53:10	1791		V50	181
1770	4556	Marta Bilro	00:27:19	00:53:33	00:52:54	1748	Gangue das 6h10	Senior	39
1771	4359	Ricardo Ribeiro	00:26:36	00:53:33	00:53:09	1787		Senior	306
1772	3076	Luís Correia	00:25:30	00:53:34	00:52:55	1755		V50	182
1773	1660	Carla Carvalho	00:26:24	00:53:34	00:53:15	1800	100NOÇÃO	V40	37
1774	2549	João Almeida	00:26:51	00:53:34	00:53:11	1793	CLUBE ATLETISMO AMIGOS DE BELÉM	V40	334
1775	4007	Marta Sousa	00:26:59	00:53:35	00:53:14	1799	Academia Fitness Militar	Senior	40
1776	2614	António Boavida	00:26:00	00:53:35	00:53:29	1841		V50	183
1777	1263	Jorge Guerreiro	00:26:12	00:53:36	00:53:27	1829		V45	314
1778	95	Francisco Morais	00:25:57	00:53:37	00:53:05	1776		V55	122
1779	4385	Cláudia Novais	00:26:08	00:53:37	00:53:24	1820		V50	14
1780	540	Hugo Casaca	00:27:27	00:53:38	00:53:02	1772		V35	240



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CLASSIFICAÇÕES

Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
1781	4336	Luis Cabecinha	00:27:45	00:53:38	00:53:15	1801		Senior	307
1782	1334	José Rua	00:26:43	00:53:39	00:53:26	1824		V40	335
1783	1333	Susana Rua	00:26:42	00:53:39	00:53:25	1821		V40	38
1784	1836	Rui Casanova	00:27:03	00:53:39	00:53:19	1811		Senior	308
1785	2775	João Baptista	00:27:32	00:53:39	00:52:26	1676		V50	184
1786	1339	Daniel Farinha	00:30:06	00:53:39	00:51:58	1602		Senior	309
1787	4212	Rui Esteves	00:30:08	00:53:39	00:51:58	1605		Senior	310
1788	1818	Bernardo Salavessa	00:24:43	00:53:40	00:53:39	1869		V40	336
1789	4297	Pedro Rito	00:28:21	00:53:40	00:52:17	1653		Senior	311
1790	2603	Ricardo Francisco	00:26:33	00:53:40	00:53:29	1836		V40	337
1791	728	Conceicao Ferreira	00:26:06	00:53:41	00:53:34	1854	Ferreira	V65	2
1792	3456	Inês Campos	00:26:00	00:53:41	00:53:34	1855	Grupo Marcha e Corrida Jamor	V35	29
1793	2872	Raul Matos	00:26:01	00:53:41	00:53:36	1860		V50	185
1794	1020	Nelson Tanganha	00:24:49	00:53:42	00:53:37	1865		V35	241
1795	23	Rute Maneira	00:27:35	00:53:43	00:53:26	1827		Senior	41
1796	2904	Luis Fonseca	00:27:09	00:53:43	00:52:52	1737		V40	338
1797	983	Rita Corrente	00:26:00	00:53:44	00:53:37	1864		Senior	42
1798	1778	Luís Minga	00:26:40	00:53:45	00:53:37	1863		V40	339
1799	3790	Marco Bastos	00:28:23	00:53:45	00:52:49	1730		V40	340
1800	4587	Jorge Castanheira	00:28:33	00:53:46	00:52:18	1657		V45	315



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CLASSIFICAÇÕES

Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
1801	2573	José Araújo	00:25:33	00:53:47	00:53:26	1826	FIDELIDADE GDC	V50	186
1802	1481	Manuel Correia	00:26:35	00:53:48	00:53:41	1876	Clube Novo Banco	V40	341
1803	620	Jose Pereira	00:26:18	00:53:48	00:53:31	1848		V50	187
1804	3830	Luís Dias	00:28:01	00:53:48	00:52:47	1727		V40	342
1805	2909	Pedro Paulo	00:26:30	00:53:48	00:53:38	1868		V35	242
1806	2570	Alexandre Silva	00:26:35	00:53:48	00:53:42	1882	Clube Vodafone	V40	343
1807	815	Jorge Pedro	00:26:11	00:53:49	00:53:29	1837		V50	188
1808	64	Carlos Craveira	00:25:13	00:53:50	00:53:31	1847		V45	316
1809	3521	Luisa Catalão	00:26:57	00:53:50	00:52:57	1758	Tivoli Runners	Senior	43
1810	3022	Rodrigo Sanchez	00:26:56	00:53:50	00:53:42	1881		Junior	19
1811	202	Orlando Santos	00:26:23	00:53:51	00:53:35	1857	EX FEDERADOS	V45	317
1812	1747	Sandra Oliveira	00:26:22	00:53:51	00:53:38	1867		V40	39
1813	4012	Nuno Fortes	00:27:46	00:53:51	00:52:55	1754		V45	318
1814	3997	Marco Silva	00:27:45	00:53:51	00:52:52	1739		V45	319
1815	1566	Carlos Franco	00:26:49	00:53:51	00:53:20	1814		V45	320
1816	2948	Susana Martins	00:24:32	00:53:51	00:53:46	1900	Os Martins	Senior	44
1817	421	Jorge Costa	00:25:46	00:53:51	00:53:44	1893	BRRnightRUNNERS	V50	189
1818	415	Isabel Gonçalves	00:25:47	00:53:51	00:53:45	1896	BRRnightRUNNERS	V35	30
1819	3348	Fernando Serrano	00:26:16	00:53:51	00:53:42	1879	Clube Millennium bcp	V50	190
1820	346	Paulo Revés	00:26:53	00:53:52	00:53:31	1846	LESMA ALOPRADAS	V45	321



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CLASSIFICAÇÕES

Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
1821	945	Rafaela Gonçalves	00:26:09	00:53:52	00:53:29	1840		Senior	45
1822	4744	Thélmo Cunha	00:27:49	00:53:52	00:53:28	1835		V55	123
1823	3278	Alexandre Pinto	00:26:26	00:53:52	00:53:44	1892	Swimrunners	V60	65
1824	4689	Virgílio Rodrigues	00:27:51	00:53:52	00:53:27	1828		V70	6
1825	563	João Reis	00:26:16	00:53:53	00:53:25	1822		V35	243
1826	2222	Álvaro Jorge	00:26:32	00:53:53	00:53:28	1834		V60	66
1827	1930	Cristina Antunes	00:26:31	00:53:53	00:53:43	1883	#runforfun	V45	37
1828	1966	Vitor Modesto	00:26:30	00:53:53	00:53:43	1888	#runforfun	V55	124
1829	621	Fabiano Ferreira	00:26:58	00:53:53	00:52:28	1682		V35	244
1830	498	Mário Santos	00:27:41	00:53:54	00:52:52	1736		V40	344
1831	4740	Aires Ildefonso	00:27:07	00:53:54	00:53:27	1831		Senior	312
1832	2670	Nuno Lopes	00:26:45	00:53:54	00:53:23	1817	Kenianos Azuis	V40	345
1833	2856	Gonçalo Calisto	00:28:17	00:53:55	00:52:55	1752		V40	346
1834	1212	Sérgio Matosa	00:28:40	00:53:55	00:53:29	1842	PPP	V40	347
1835	762	Tomás Teigão	00:28:12	00:53:56	00:52:25	1675		Senior	313
1836	3760	Eunice Lourenço	00:26:38	00:53:56	00:53:48	1905		V40	40
1837	2195	Manuel Rego	00:26:37	00:53:58	00:53:44	1891	Grupo Recreativo e Desportivo Ribeira da Lage	V55	125
1838	4746	Jorge Neves	00:26:00	00:53:58	00:53:50	1914		V50	191
1839	4223	Rui Afonso	00:26:10	00:53:58	00:53:43	1887	Clube de Futebol "Os Belenenses"	V50	192
1840	4100	Francisco Gonçalves	00:26:10	00:53:58	00:53:42	1878		V45	322



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CLASSIFICAÇÕES

Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
1841	216	Paulo Pimpão	00:27:18	00:53:58	00:53:18	1809		Senior	314
1842	3130	Antonio Alves	00:26:31	00:53:59	00:53:49	1909	MARRIOTT LISBOA	V55	126
1843	3400	Rogério Matos	00:27:17	00:54:00	00:53:54	1923		V55	127
1844	647	Francisco Roque	00:28:01	00:54:01	00:53:08	1779		V60	67
1845	970	Paulo Candeias	00:27:25	00:54:01	00:53:44	1889		V45	323
1846	3274	Rui Almeida	00:30:57	00:54:01	00:54:00	1945	Swimrunners	V45	324
1847	1571	Armando Valente	00:28:22	00:54:01	00:53:56	1933		V45	325
1848	2879	Celso Larginho	00:26:27	00:54:01	00:53:48	1903	Run Forrest Run	V35	245
1849	2661	João Oliveira	00:25:25	00:54:03	00:53:54	1921		V50	193
1850	4714	Joao Xavier	00:28:51	00:54:03	00:54:02	1952		V35	246
1851	4114	Nelson Melo	00:27:48	00:54:03	00:53:43	1884		V40	348
1852	1812	Hugo Colaço	00:27:14	00:54:03	00:53:27	1830		V40	349
1853	2630	José Pacheco	00:27:15	00:54:04	00:53:02	1770	Martinhal Team	Senior	315
1854	2250	Helder Martins	00:27:20	00:54:04	00:53:35	1858		V45	326
1855	2448	Luís Martins	00:25:40	00:54:04	00:53:30	1843		Senior	316
1856	3144	Filipe Domingues	00:27:00	00:54:05	00:53:00	1765	ADV Runners	V35	247
1857	11	Bruno Madeira	00:26:01	00:54:05	00:54:02	1953		V40	350
1858	4235	Nelson Barreiros	00:27:22	00:54:05	00:53:50	1912	Cofina Runners	V45	327
1859	557	João Esteves	00:25:30	00:54:06	00:53:55	1924		V55	128
1860	4356	Rui Machado	00:26:19	00:54:06	00:53:40	1873		Senior	317



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CLASSIFICAÇÕES

Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
1861	2272	Paulo Filipe	00:29:03	00:54:07	00:53:38	1866		Senior	318
1862	3862	Lúis Vitorino	00:26:32	00:54:07	00:54:00	1947		V35	248
1863	2537	António Teixeira	00:25:35	00:54:07	00:54:02	1951	N. A. PAPAGAIOS DE CASCAIS	V70	7
1864	869	Carlos Jesus	00:26:51	00:54:08	00:53:49	1907		V50	194
1865	604	Daniel Oliveira	00:27:21	00:54:08	00:53:48	1902	CAMARA LISBOA CLUBE	V60	68
1866	697	Pedro Paulino	00:28:35	00:54:08	00:52:50	1732		V40	351
1867	3627	Sónia Bento	00:28:01	00:54:08	00:53:31	1844	PowerBoost Club	V40	41
1868	3635	Carlos Morais	00:27:30	00:54:09	00:53:29	1838	GD SANTANDERTOTTA	V35	249
1869	823	Francisco Santos	00:26:25	00:54:09	00:53:37	1861		Senior	319
1870	4112	Frederico Madeira	00:25:59	00:54:09	00:54:01	1950		Senior	320
1871	121	Paulo Borges	00:27:14	00:54:10	00:53:41	1877		V50	195
1872	2514	Ricardo Silva	00:26:04	00:54:10	00:53:46	1897		Senior	321
1873	2387	Jose Amaral	00:27:51	00:54:10	00:53:50	1913		V55	129
1874	124	Alberto Carvalho	00:27:13	00:54:10	00:53:41	1875		V60	69
1875	2708	Rodrigo Capeleiro	00:27:08	00:54:10	00:52:40	1709	Corraticums	Senior	322
1876	4287	Vasco Branco	00:27:58	00:54:10	00:53:43	1886		Senior	323
1877	1175	Filipe Basto	00:27:10	00:54:10	00:53:44	1890		V50	196
1878	1240	Humberto Soeima	00:28:12	00:54:10	00:53:20	1813		Senior	324
1879	1100	João Marques	00:26:17	00:54:11	00:54:00	1942	Bom Garfo	V40	352
1880	3051	Daniel Martins	00:27:28	00:54:11	00:52:55	1753		Senior	325



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CLASSIFICAÇÕES

Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
1881	2653	Tiago Martins	00:28:23	00:54:11	00:52:32	1692	Captain Fly	V40	353
1882	1011	Augusto Caria	00:26:57	00:54:11	00:54:05	1962	Grupo Barraqueiro	V65	27
1883	850	Rui Parreira	00:26:37	00:54:12	00:53:58	1938		V50	197
1884	574	José Freitas	00:26:37	00:54:12	00:54:00	1943		V55	130
1885	3819	Diogo Silva	00:28:38	00:54:12	00:53:16	1805		Senior	326
1886	2894	Joaquim Bentes	00:27:42	00:54:12	00:53:48	1904	quarteto	V65	28
1887	4081	Luis Ribeiro	00:27:29	00:54:13	00:53:17	1806		V45	328
1888	1554	Pedro Rodrigues	00:26:09	00:54:14	00:53:51	1916		V35	250
1889	3187	Carlos Ferreira	00:27:09	00:54:15	00:53:46	1898	NUCLEO DESPORTIVO AUTOCOOPE	V60	70
1890	1882	Paulo Silva	00:26:07	00:54:15	00:54:01	1949		V45	329
1891	246	Luis Taborda	00:28:18	00:54:15	00:52:53	1745		Senior	327
1892	935	Nuno Dantas	00:27:00	00:54:16	00:52:59	1764	Cuca Team	V40	354
1893	4496	Bruno Fonseca	00:25:49	00:54:16	00:53:27	1832		V35	251
1894	3292	João Alves	00:26:17	00:54:16	00:53:56	1930	Goodfelas	V40	355
1895	3692	José Seixo	00:27:04	00:54:16	00:53:26	1825		V35	252
1896	3325	Mario Faria	00:28:00	00:54:17	00:53:55	1926	Clube Millennium bcp	V50	198
1897	4122	Oscar Villaamil	00:27:19	00:54:17	00:53:17	1807		V40	356
1898	4507	Pedro Vilela	00:27:05	00:54:17	00:53:42	1880		V35	253
1899	2221	Sílvia Silva	00:27:15	00:54:17	00:53:57	1934		V40	42
1900	2997	Paula Soares	00:27:06	00:54:17	00:54:04	1956		V45	38



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CLASSIFICAÇÕES

Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
1901	1514	Adalberto Grilo	00:27:07	00:54:17	00:54:02	1954		V55	131
1902	3432	João Dias	00:28:17	00:54:18	00:54:16	1991	A Natureza Ensina	V50	199
1903	1578	Diogo Neto	00:27:01	00:54:18	00:52:58	1761		Senior	328
1904	2515	João Paiva	00:27:21	00:54:19	00:54:00	1944		Senior	329
1905	1458	Fernando Brandão	00:27:03	00:54:20	00:53:52	1919	Clube Novo Banco	V55	132
1906	3459	Carla Morgado	00:27:37	00:54:20	00:53:54	1922		V45	39
1907	3717	Paulo Fernandes	00:26:37	00:54:20	00:54:09	1971		V40	357
1908	3569	Ioan Matei	00:26:18	00:54:21	00:54:20	1996		V55	133
1909	2973	Horácio Rodrigues	00:28:22	00:54:21	00:53:35	1856		V50	200
1910	2971	Diogo Rodrigues	00:28:22	00:54:21	00:53:37	1862		Senior	330
1911	129	Inês Almas	00:26:04	00:54:21	00:54:15	1989	INEDU	Senior	46
1912	130	Eduardo Mendes	00:26:04	00:54:21	00:54:15	1990	INEDU	Senior	331
1913	1953	José Alexandre	00:26:32	00:54:21	00:53:49	1908		Senior	332
1914	3799	Jorge Modesto	00:26:25	00:54:21	00:53:59	1940	Equipa Glory Runners	V40	358
1915	876	Dora Simoes	00:26:44	00:54:22	00:53:49	1906		V40	43
1916	1674	Leandro Vila	00:31:14	00:54:22	00:54:21	2004		Senior	333
1917	2243	Alexandre Ferreira	00:26:24	00:54:23	00:54:07	1964		V60	71
1918	2372	Tito Fernandes	00:28:43	00:54:23	00:52:42	1714	Gang dos Pais	V40	359
1919	182	Jose Correia	00:26:54	00:54:24	00:54:13	1982		V55	134
1920	527	Jorge Pereira	00:27:07	00:54:24	00:54:09	1970		V55	135



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Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
1921	3087	Joao Oniratac	00:25:42	00:54:25	00:53:52	1917		V50	201
1922	2765	José Pires	00:26:24	00:54:25	00:54:17	1992	Link	V40	360
1923	1315	João Vieira	00:26:05	00:54:25	00:53:55	1928		V45	330
1924	1553	Francisco Santos	00:26:26	00:54:26	00:54:14	1987		V55	136
1925	1834	Carlos Belo	00:26:41	00:54:26	00:53:55	1929		V50	202
1926	1552	José Freire	00:26:27	00:54:26	00:54:14	1985		V60	72
1927	448	José Rocha	00:27:20	00:54:27	00:53:10	1788		V55	137
1928	4691	Cátia Pinto	00:28:36	00:54:27	00:53:34	1851		V35	31
1929	1746	Pedro Pacheco	00:25:58	00:54:27	00:54:21	2000		V45	331
1930	1137	Marta Santos	00:27:32	00:54:28	00:54:14	1984		V40	44
1931	1140	Andreia Carvalho	00:26:21	00:54:28	00:54:23	2008		Senior	47
1932	900	Gonçalo Domingos	00:27:39	00:54:29	00:53:39	1871		V40	361
1933	1922	Ricardo Vergas	00:26:57	00:54:30	00:54:23	2009	Escola Atletismo Cartaxo	V50	203
1934	2263	Vasco Santos	00:27:20	00:54:30	00:53:50	1915		V55	138
1935	1653	Gonçalo Loureiro	00:28:41	00:54:31	00:53:40	1872		V40	362
1936	2349	Carlos Viegas	00:27:02	00:54:31	00:54:23	2010	GDCT Unicre	V60	73
1937	3012	Marco Pinto	00:27:13	00:54:31	00:53:55	1927		Senior	334
1938	3134	Sergio Morais	00:25:48	00:54:32	00:54:08	1966	MARRIOTT LISBOA	V35	254
1939	3768	Eduardo Gameiro	00:28:54	00:54:32	00:53:11	1796		Senior	335
1940	4335	Catarina Varges	00:28:02	00:54:32	00:53:59	1941		V45	40



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CLASSIFICAÇÕES

Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
1941	157	Pedro Ribeiro	00:27:35	00:54:32	00:53:55	1925		V50	204
1942	1385	Nikolaus Klesl	00:26:32	00:54:34	00:54:10	1976		V45	332
1943	3034	Paulo Silva	00:27:01	00:54:34	00:54:24	2014		V50	205
1944	1791	Sara Jordao	00:27:38	00:54:35	00:54:04	1958		Senior	48
1945	1492	Carlos Lomba	00:26:22	00:54:35	00:54:29	2034		V50	206
1946	1533	João Ferreira	00:26:05	00:54:35	00:53:50	1910	Grupo Marcha e Corrida Jamor	V40	363
1947	1640	Rui Pinheiro	00:27:36	00:54:36	00:54:07	1965	Atletico Via Rara	V45	333
1948	1790	Rodrigo Marques	00:27:37	00:54:36	00:54:05	1961		Senior	336
1949	4375	Marina Paiva	00:27:07	00:54:36	00:53:50	1911		Senior	49
1950	1021	Marco Barros	00:27:17	00:54:37	00:54:26	2026		V45	334
1951	194	Henrique Veloso	00:26:59	00:54:37	00:54:27	2029		V40	364
1952	995	Carlos Tavares	00:28:01	00:54:37	00:53:36	1859		V40	365
1953	3915	Vitor Santos	00:27:49	00:54:38	00:54:11	1978	Carapaus de Corrida	V45	335
1954	3917	Agostinho Dias	00:27:48	00:54:38	00:54:09	1972	Carapaus de Corrida	V50	207
1955	4113	Andre Santos	00:31:16	00:54:38	00:53:39	1870		V35	255
1956	2529	Cláudia Sousa	00:27:20	00:54:39	00:54:25	2018	ADRC Mata de Benfica	V40	45
1957	1842	Hugo Paixão	00:28:57	00:54:39	00:53:09	1786		Senior	337
1958	668	Sérgio Duarte	00:26:59	00:54:40	00:54:04	1955	Quarentões na Bisga	V55	139
1959	2810	Vanda Romão	00:27:05	00:54:40	00:53:58	1937	Corrida Noturna Parque das Nações	V45	41
1960	345	Paulo Antunes	00:26:02	00:54:41	00:54:32	2042	LESMA ALOPRADAS	V50	208



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CLASSIFICAÇÕES

Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
1961	4701	Dominique Carrée	00:27:28	00:54:41	00:54:20	1997		V65	29
1962	2105	Paulo Martins	00:27:49	00:54:41	00:54:05	1960	SS CGD	V50	209
1963	2133	Luís Coelho	00:26:12	00:54:41	00:54:20	1998		V45	336
1964	445	Luis Vicente	00:27:10	00:54:42	00:54:35	2050		V55	140
1965	4690	Pedro Ferreira	00:28:32	00:54:42	00:53:52	1918		V35	256
1966	3242	Rui Oliveira	00:29:01	00:54:42	00:53:40	1874		V45	337
1967	525	Angela Castro	00:26:58	00:54:43	00:54:39	2064		V55	5
1968	3736	Angelica Gafanha	00:27:04	00:54:44	00:54:23	2011	GRCD	V45	42
1969	4725	Rute Henriques	00:26:59	00:54:44	00:54:21	2002		V40	46
1970	2057	Rúben Pagaimé	00:27:52	00:54:44	00:54:10	1973		V35	257
1971	2023	Isabel Faria	00:27:22	00:54:44	00:54:29	2036		Senior	50
1972	2681	Carla Miranda	00:27:28	00:54:44	00:54:04	1959	NAV RUNNERS	V45	43
1973	2085	João Correia	00:27:11	00:54:44	00:54:15	1988	SS CGD	V55	141
1974	2434	Nuno Lourenço	00:27:53	00:54:44	00:54:10	1975		V35	258
1975	2236	Paulo Monteiro	00:28:41	00:54:45	00:53:21	1815		V35	259
1976	4684	Sérgio Almeida	00:28:40	00:54:45	00:53:21	1816		Senior	338
1977	2357	Gerson Fialho	00:29:48	00:54:45	00:53:15	1803	CORRER QUELUZ	Senior	339
1978	2867	Artur Carvalho	00:28:18	00:54:46	00:54:10	1974	CORRER QUELUZ	V45	338
1979	2592	Jose Carvalho	00:27:37	00:54:46	00:54:11	1977		V50	210
1980	2533	Patrícia Alves	00:27:52	00:54:46	00:54:08	1967	Vamos a todas!	V35	32



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CLASSIFICAÇÕES

Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
1981	1465	João Ramos	00:26:43	00:54:46	00:54:09	1968	Clube Novo Banco	V45	339
1982	3558	Elisabete Rocha	00:27:12	00:54:46	00:54:23	2012	Natural Force	V40	47
1983	4483	Iolanda Feliciano	00:27:13	00:54:46	00:54:25	2021		V40	48
1984	3757	Telmo Ferreira	00:27:25	00:54:47	00:54:27	2030	CRP ribafria	Senior	340
1985	4563	Tânia Sena	00:27:24	00:54:47	00:53:09	1782		Senior	51
1986	3597	Frederico Guedes	00:26:34	00:54:47	00:54:39	2062	GFD Running	V45	340
1987	2673	Joao Luis	00:26:32	00:54:48	00:54:33	2047		V45	341
1988	4397	Andreia Costa	00:27:49	00:54:48	00:53:31	1845	Equipa APCMM	Senior	52
1989	2893	Antonio Ribeiro	00:27:49	00:54:49	00:54:25	2019	quarteto	V50	211
1990	4051	Francisco Oliveira	00:28:33	00:54:49	00:53:32	1849	JuniRacers	Senior	341
1991	1026	Rui Reis	00:27:57	00:54:49	00:54:14	1986		V55	142
1992	1219	Ricardo Dias	00:27:43	00:54:49	00:53:16	1804		V35	260
1993	4107	Vergílio Blanco	00:27:05	00:54:50	00:54:14	1983		V55	143
1994	2360	Maria Lucas	00:27:33	00:54:50	00:54:12	1980	FIDELIDADE GDC	V50	15
1995	3838	João Barata	00:27:22	00:54:50	00:53:58	1935		V55	144
1996	158	Pedro Abreu	00:27:32	00:54:50	00:54:12	1979		V40	366
1997	2210	Filipe Mateus	00:25:54	00:54:50	00:54:24	2015		Senior	342
1998	3352	Tiago Rosa	00:27:51	00:54:51	00:54:25	2020	Clube Millennium bcp	V35	261
1999	2799	Diogo Madaleno	00:27:37	00:54:52	00:54:21	2001	Corrida Noturna Parque das Nações	V40	367
2000	4666	Fabian Lucassen	00:27:47	00:54:53	00:54:35	2051		Senior	343



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CLASSIFICAÇÕES

Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
2001	2602	Pedro Marques	00:26:26	00:54:54	00:54:39	2065		V40	368
2002	898	Paulo Moniz	00:28:55	00:54:55	00:53:47	1901		Senior	344
2003	1486	Paulo Gonçalves	00:27:40	00:54:55	00:54:25	2017	Clube Novo Banco	V50	212
2004	1451	Ana Ferreira	00:27:39	00:54:56	00:54:25	2022	Clube Novo Banco	V45	44
2005	3665	Jose Barata	00:27:31	00:54:57	00:54:18	1994	GD SANTANDERTOTTA	V55	145
2006	4749	Alice Dolling	00:27:22	00:54:58	00:54:35	2049		Senior	53
2007	2905	Cecilia Santiago	00:27:17	00:54:58	00:54:24	2013		V35	33
2008	310	Paulo Sena	00:25:26	00:54:58	00:54:25	2023	GRCD Leião	V45	342
2009	4750	Julie Filucci	00:25:13	00:54:58	00:54:41	2070		V45	45
2010	3230	Miguel Marques	00:26:50	00:54:58	00:54:43	2076		V40	369
2011	3532	Tiago Alves	00:27:17	00:54:58	00:54:26	2028	Link	Senior	345
2012	2848	João Lourenço	00:27:23	00:54:59	00:54:41	2072		V35	262
2013	4125	Pedro Palrão	00:27:44	00:54:59	00:54:44	2080		V50	213
2014	3350	Luis Silva	00:27:27	00:54:59	00:54:38	2060	Clube Millennium bcp	V50	214
2015	1040	Carina Araújo	00:27:32	00:54:59	00:54:57	2105	Associação GD Academia do Korpo	V40	49
2016	2329	Catarina Barreiro	00:26:26	00:54:59	00:54:49	2090	FIT Runners	Senior	54
2017	350	Nuno Monteiro	00:28:11	00:54:59	00:54:26	2024		Senior	346
2018	1502	António Duarte	00:27:59	00:55:00	00:54:26	2025	Clube do Stress	V55	146
2019	2830	Liliana Cotrim	00:26:36	00:55:00	00:54:45	2083		Senior	55
2020	2831	João Pimentel	00:26:36	00:55:00	00:54:46	2086		Senior	347



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CLASSIFICAÇÕES

Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
2021	2335	Cláudia Samagaio	00:27:14	00:55:01	00:54:39	2061	FIT Runners	V40	50
2022	3536	André Lopes	00:27:38	00:55:02	00:54:47	2088	CFS	V40	370
2023	910	Marta Soares	00:27:34	00:55:02	00:54:36	2052		V35	34
2024	3355	Pedro Tome	00:27:53	00:55:02	00:54:09	1969	Clube Millennium bcp	V40	371
2025	733	Carlos Bernardino	00:27:11	00:55:03	00:54:36	2053	correrLoures	V45	343
2026	4035	Pedro André	00:27:40	00:55:03	00:54:50	2094		V45	344
2027	3632	Lino Oliveira	00:28:21	00:55:03	00:53:44	1895	GD SANTANDERTOTTA	V70	8
2028	2886	Emanuel Silva	00:28:53	00:55:03	00:53:34	1852	Encosta Team	V35	263
2029	988	Pedro Malheiro	00:25:59	00:55:04	00:54:56	2102		V35	264
2030	1751	Filipe Marques	00:27:49	00:55:05	00:53:34	1853	Sofimagos	Senior	348
2031	337	Paulo Louenço	00:27:05	00:55:05	00:54:50	2095		V50	215
2032	269	Paulo Sousa	00:27:58	00:55:05	00:54:37	2057		V45	345
2033	1349	Gonçalo Estevam	00:29:36	00:55:06	00:53:28	1833		V45	346
2034	3404	Élio Lavado	00:28:23	00:55:06	00:54:30	2037	Lisbon Moonlight Runners	Senior	349
2035	530	Jorge Vieira	00:27:19	00:55:07	00:54:28	2032		V35	265
2036	3205	Catarina Nicho	00:26:43	00:55:07	00:54:59	2109	Os Galgos	V50	16
2037	659	Rui Vieitas	00:27:19	00:55:07	00:54:29	2033		V40	372
2038	4476	Alberto Santos	00:26:42	00:55:07	00:54:28	2031		V60	74
2039	3715	Fábio Gaudencio	00:27:33	00:55:07	00:54:39	2068		V35	266
2040	1409	Maria Almeida	00:27:34	00:55:08	00:54:33	2044	CORRER QUELUZ	V40	51



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CLASSIFICAÇÕES

Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
2041	4611	Rui Agriao	00:26:47	00:55:08	00:54:55	2100		Senior	350
2042	4163	Joana Farinha	00:27:31	00:55:08	00:54:57	2103		Senior	56
2043	651	José Dias	00:27:34	00:55:08	00:54:33	2045	CORRER QUELUZ	V45	347
2044	3158	José Andrade	00:26:20	00:55:08	00:55:07	2131	Keep Running	V50	216
2045	4164	Francisco Eça	00:27:30	00:55:08	00:54:58	2106		Senior	351
2046	2276	Margarida Amigo	00:26:33	00:55:09	00:55:05	2127		V55	6
2047	1577	Rui Carrasqueira	00:26:27	00:55:09	00:55:03	2117		V55	147
2048	4615	Alvaro Amorim	00:28:21	00:55:10	00:53:46	1899		V35	267
2049	3403	António Guedes	00:28:24	00:55:10	00:54:32	2040	Lisbon Moonlight Runners	V45	348
2050	4331	Fernando Robles	00:28:03	00:55:10	00:54:41	2069		V45	349
2051	4572	Pedro Costa	00:28:08	00:55:10	00:54:06	1963		V35	268
2052	457	João Silva	00:27:05	00:55:11	00:54:37	2058		V55	148
2053	2977	Helena Quental	00:27:16	00:55:11	00:54:41	2073		V45	46
2054	3672	Lidia Lopes	00:27:44	00:55:11	00:54:51	2096	GD SANTANDERTOTTA	V55	7
2055	2746	Joana Pereira	00:27:13	00:55:12	00:54:35	2048		Senior	57
2056	1260	Miguel Goulão	00:28:06	00:55:12	00:54:00	1946		V35	269
2057	4098	Clara Augusto	00:26:35	00:55:13	00:55:08	2136		V50	17
2058	323	Mário Gonçalves	00:27:12	00:55:13	00:54:49	2091	Gil Eanes Running	V45	350
2059	1019	Miguel Carvalho	00:27:49	00:55:13	00:53:29	1839		Senior	352
2060	2167	António Fonseca	00:26:54	00:55:14	00:55:07	2134	Clube TAP PORTUGAL	V70	9



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CLASSIFICAÇÕES

Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
2061	181	Pedro Amaro	00:27:03	00:55:14	00:55:10	2140		Senior	353
2062	3894	António Henriques	00:26:31	00:55:14	00:55:07	2133		V65	30
2063	4084	Daniel Nunes	00:26:19	00:55:15	00:55:07	2129		V55	149
2064	3535	Joao Pita	00:27:42	00:55:15	00:55:01	2112	CFS	V35	270
2065	4396	Ana Sousa	00:28:34	00:55:15	00:54:37	2056	Equipa APCMMV	V35	35
2066	3540	João Fernandes	00:28:25	00:55:15	00:54:20	1999		Senior	354
2067	4158	Francisco Vaz	00:28:30	00:55:16	00:53:43	1885	Frufresh Runners	V50	217
2068	3388	Carlos Fino	00:27:52	00:55:16	00:54:56	2101		V50	218
2069	118	José Melo	00:26:24	00:55:16	00:55:04	2124		V45	351
2070	3599	João Costa	00:28:30	00:55:17	00:54:54	2099	GFD Running	V60	75
2071	1474	Ricardo Silva	00:27:05	00:55:17	00:54:45	2085	Clube Novo Banco	V40	373
2072	1551	Ana Pauleta	00:27:47	00:55:18	00:54:39	2066		V40	52
2073	874	Nuno Azul	00:26:56	00:55:19	00:55:09	2137		V40	374
2074	1031	Bruno Gonçalves	00:27:08	00:55:19	00:55:01	2113		V40	375
2075	3271	Inês Ribeiro	00:27:40	00:55:19	00:54:36	2054	Boris Team	Senior	58
2076	32	Joaquim Gamito	00:26:52	00:55:19	00:55:12	2144		V55	150
2077	1128	Marcos Serrano	00:27:31	00:55:19	00:54:44	2078		V35	271
2078	3466	Nuno Quintela	00:27:53	00:55:19	00:55:00	2110		Senior	355
2079	2983	Beatriz Afonso	00:28:24	00:55:19	00:54:25	2016		Senior	59
2080	4416	Paulo Pedro	00:28:08	00:55:20	00:53:44	1894	Remax Conquista	V40	376



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CLASSIFICAÇÕES

Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
2081	4060	Soraia Vaz	00:28:38	00:55:20	00:54:22	2006		V35	36
2082	3776	José Calisto	00:28:25	00:55:20	00:54:22	2005		V45	352
2083	2700	Maria Leitão	00:27:20	00:55:20	00:55:01	2114	RunLovers	V45	47
2084	1346	Paulo Martins	00:29:34	00:55:20	00:53:34	1850		V45	353
2085	3966	Nuno Ochoa	00:29:50	00:55:21	00:54:23	2007		V35	272
2086	3786	Henrique Telhado	00:27:00	00:55:23	00:55:18	2158		V60	76
2087	956	Carlos Telhado	00:27:02	00:55:23	00:55:18	2156		V65	31
2088	3592	Carla Santos	00:28:20	00:55:23	00:54:42	2074	GFD Running	V45	48
2089	3775	Luis Abrunhosa	00:28:19	00:55:24	00:54:45	2082		V50	219
2090	1997	Paulo Dinis	00:26:34	00:55:24	00:55:11	2142		V40	377
2091	2782	Pedro Carvalho	00:27:45	00:55:26	00:54:44	2079		V45	354
2092	3904	Manuel Clemente	00:27:57	00:55:26	00:54:45	2081		V65	32
2093	4341	Jorge Costa	00:26:28	00:55:27	00:55:22	2165		V35	273
2094	2599	Luis Pinheiro	00:28:56	00:55:27	00:53:58	1936		V45	355
2095	4648	Jorge Pêgo	00:28:05	00:55:28	00:54:52	2097		V40	378
2096	2438	Hugo Oliveira	00:28:56	00:55:28	00:53:59	1939		V45	356
2097	3498	João Santos	00:27:29	00:55:28	00:55:24	2170		V65	33
2098	3916	Manuel Duarte	00:27:31	00:55:28	00:55:01	2111	Carapaus de Corrida	V55	151
2099	1999	Pedro Carqueijeiro	00:27:40	00:55:29	00:55:08	2135		V35	274
2100	3874	Andreia Rodrigues	00:27:23	00:55:30	00:54:18	1995	CLUBE ACCENTURE	Senior	60



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CLASSIFICAÇÕES

Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
2101	1633	Malcinete Gonçalves	00:27:36	00:55:30	00:54:50	2093		V40	53
2102	4267	Marta Rodrigues	00:28:37	00:55:31	00:53:56	1931		Senior	61
2103	4509	Maria Magro	00:28:00	00:55:31	00:53:56	1932		V45	49
2104	642	Soraia Mestre	00:27:14	00:55:31	00:55:04	2121	condores varge mondar	Senior	62
2105	3017	Mariana Oliva	00:29:17	00:55:31	00:54:04	1957		Senior	63
2106	3978	Ricardo Dourado	00:27:29	00:55:32	00:55:26	2177		V40	379
2107	2488	Nuno Saraiva	00:29:14	00:55:33	00:55:02	2116		V40	380
2108	66	Ana Silvério	00:27:40	00:55:33	00:55:03	2120		V40	54
2109	424	Alexandre Silva	00:27:22	00:55:34	00:54:50	2092		V40	381
2110	1268	Paulo Moura	00:29:44	00:55:34	00:54:13	1981		V35	275
2111	4608	Ana Cardoso	00:26:46	00:55:34	00:55:17	2155		Senior	64
2112	670	Carlos Tomé	00:27:17	00:55:34	00:54:39	2063	Quarentões na Bisga	V50	220
2113	3253	João Oliva	00:27:43	00:55:35	00:55:18	2157		V50	221
2114	284	Daniel Vasconcelos	00:27:31	00:55:35	00:55:09	2138		V35	276
2115	4558	Marco Mendes	00:26:29	00:55:35	00:55:29	2187		V40	382
2116	3169	Luis Palma	00:31:59	00:55:35	00:55:34	2198	Avigilon	V40	383
2117	895	João Coelho	00:27:03	00:55:36	00:55:17	2154		Senior	356
2118	1711	Artur Farinha	00:27:19	00:55:36	00:55:27	2179		V55	152
2119	1725	Cristina Figueiredo	00:28:40	00:55:38	00:53:53	1920		V40	55
2120	3810	Raúl Carvalho	00:29:03	00:55:39	00:54:48	2089	Grupo FS	V55	153



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CLASSIFICAÇÕES

Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
2121	1907	Patricia Pires	00:26:41	00:55:40	00:55:35	2200		V35	37
2122	3001	Jorge Ferreira	00:26:46	00:55:41	00:55:32	2192		V50	222
2123	1053	Jorge Matos	00:28:18	00:55:41	00:55:04	2122		V50	223
2124	796	Samy Djavidnia	00:27:35	00:55:41	00:54:41	2071		V45	357
2125	4316	Helder Santos	00:26:04	00:55:41	00:55:06	2128		V40	384
2126	2930	Miguel Esteves	00:27:26	00:55:42	00:54:30	2038	AON Empower Results	V45	358
2127	2724	Pragneche Rugnat	00:25:23	00:55:43	00:55:28	2185		Senior	357
2128	2394	Pedro Almeida	00:25:35	00:55:43	00:55:36	2202		V35	277
2129	4353	Ricardo Pereira	00:27:53	00:55:43	00:54:53	2098		Senior	358
2130	2226	Manuel Reia	00:27:16	00:55:43	00:55:23	2169	CLUBE ATLETISMO AMIGOS DE BELÉM	V70	10
2131	2487	Miguel Falé	00:29:54	00:55:43	00:54:44	2077		Senior	359
2132	1203	Carlos Alves	00:27:13	00:55:44	00:55:36	2203	Clube Ferroviário de Portugal	V60	77
2133	2455	Patricia Lopes	00:27:50	00:55:45	00:55:24	2174		V40	56
2134	340	Luis Magalhães	00:26:41	00:55:45	00:55:26	2176	Naranjitos	V40	385
2135	1855	Paulo Sousa	00:28:48	00:55:47	00:54:21	2003	Corredores de Caneças	V45	359
2136	938	Jorge Chaves	00:27:10	00:55:47	00:55:19	2159	Runners de Kintal	V40	386
2137	4344	André Fonseca	00:28:41	00:55:47	00:54:38	2059		V35	278
2138	857	Helder Escobar	00:29:35	00:55:47	00:54:01	1948		V40	387
2139	3290	Fernando Marques	00:27:44	00:55:47	00:55:31	2190	Goodfelas	V50	224
2140	4183	Xiaoke Yin	00:28:50	00:55:48	00:55:05	2126		Senior	360



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CLASSIFICAÇÕES

Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
2141	731	Elsa Mendes	00:27:09	00:55:48	00:55:21	2161	Runners de Kintal	V50	18
2142	949	Ricardo Lopes	00:27:50	00:55:49	00:55:26	2178		V35	279
2143	3893	Jose Rodrigues	00:28:35	00:55:49	00:54:36	2055	CLUBE ACCENTURE	Senior	361
2144	999	Jorge Bonito	00:27:57	00:55:49	00:55:13	2146		V40	388
2145	2403	José Serafim	00:26:38	00:55:49	00:55:46	2229	Grupo dos Amigos do Atletismo de Vila Franca d	V60	78
2146	4597	Joao Compoete	00:27:46	00:55:49	00:55:34	2199		Junior	20
2147	3418	Pedro Henriques	00:26:42	00:55:50	00:55:24	2172	RUN TEJO	V40	389
2148	3347	Antonio Almeida	00:27:12	00:55:51	00:55:34	2197	Clube Millennium bcp	V50	225
2149	1498	António Lima	00:26:52	00:55:51	00:55:46	2231		V55	154
2150	4637	Rita Farinha	00:27:31	00:55:52	00:55:47	2233		V35	38
2151	4206	Sérgio Vasco	00:28:05	00:55:52	00:55:17	2153		V35	280
2152	371	Paula Leão	00:27:10	00:55:52	00:55:30	2189		V45	50
2153	43	Luciano Reis	00:28:16	00:55:53	00:55:22	2167		V55	155
2154	673	Rui Pires	00:27:58	00:55:53	00:55:28	2186	Duarte Pires	V45	360
2155	3879	Fábio Monteiro	00:28:45	00:55:54	00:54:58	2107	CLUBE ACCENTURE	Senior	362
2156	2058	António Oliveira	00:28:04	00:55:55	00:55:20	2160		V40	390
2157	1209	Paulo Ferreira	00:28:42	00:55:55	00:55:27	2180	PPP	V40	391
2158	1994	Luis Garção	00:28:08	00:55:55	00:55:37	2205		V50	226
2159	1995	Amandio Busca	00:28:07	00:55:56	00:55:39	2212		V50	227
2160	1153	Susana Martiniano	00:27:56	00:55:56	00:55:40	2216		Senior	65



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CLASSIFICAÇÕES

Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
2161	2492	Jose Rodrigues	00:27:27	00:55:56	00:55:47	2232		V60	79
2162	2693	Lúisa Henriques	00:27:30	00:55:57	00:55:35	2201	SGS MOVING FORWARD	V40	57
2163	827	Hélder Conceição	00:27:04	00:55:59	00:55:55	2253		V40	392
2164	3483	António Guerreiro	00:28:31	00:56:00	00:54:29	2035	Malta da Pesada	V50	228
2165	2940	Pedro Vitor	00:29:07	00:56:01	00:54:26	2027	Encosta Team	V35	281
2166	626	Amilcar Povia	00:26:37	00:56:01	00:55:57	2258		V70	11
2167	3377	Paulo Rodrigues	00:28:47	00:56:01	00:55:22	2162		V40	393
2168	3379	Elisa Matias	00:28:47	00:56:01	00:55:22	2163		Senior	66
2169	4569	Ricardo Ribeiro	00:29:24	00:56:02	00:54:17	1993		V50	229
2170	4709	Luis Silva	00:27:11	00:56:02	00:55:03	2118		V40	394
2171	4044	Paulo Pinto	00:28:02	00:56:03	00:54:39	2067	CASA DO PESSOAL DA RTP	V40	395
2172	1199	Luis Miguel	00:27:55	00:56:03	00:55:27	2181		V40	396
2173	347	Alexandra Candeias	00:27:12	00:56:04	00:55:43	2222		V40	58
2174	3405	Rui Cardoso	00:28:24	00:56:04	00:55:28	2182	Lisbon Moonlight Runners	V40	397
2175	4088	Clara Mina	00:27:27	00:56:04	00:55:54	2248	CAVF	V55	8
2176	4361	Júlia Calisto	00:27:47	00:56:05	00:55:38	2207		V50	19
2177	1886	Elsa Bruxelas	00:26:31	00:56:05	00:55:59	2268		V55	9
2178	2881	Keila Mendes	00:27:54	00:56:06	00:55:55	2254	Run Forrest Run	Senior	67
2179	1256	João Gonçalves	00:29:24	00:56:06	00:55:04	2123		V60	80
2180	1070	Carlos Casal	00:27:49	00:56:06	00:55:39	2213		V40	398



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CLASSIFICAÇÕES

Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
2181	950	Valter Lopes	00:27:59	00:56:07	00:55:55	2252		V40	399
2182	4086	Joaquim Damas	00:28:36	00:56:07	00:55:17	2152		V60	81
2183	4683	Manuel Bousquet	00:26:59	00:56:07	00:55:24	2173		Senior	363
2184	3470	Ricardo Pereira	00:27:43	00:56:07	00:54:45	2084		V40	400
2185	679	Nuno Vicente	00:29:56	00:56:09	00:54:33	2046		V35	282
2186	608	José Pereira	00:27:33	00:56:09	00:56:00	2274		Senior	364
2187	3365	Eduardo Pinto	00:27:40	00:56:09	00:55:34	2195	Clube Millennium bcp	V50	230
2188	2404	Herminio Costa	00:27:47	00:56:09	00:56:07	2285	Grupo dos Amigos do Atletismo de Vila Franca d	V60	82
2189	255	Joaquim Mamede	00:27:17	00:56:10	00:55:49	2235		V60	83
2190	4561	Jose Batista	00:26:55	00:56:10	00:56:00	2275		V45	361
2191	1392	Raul Girão	00:28:40	00:56:10	00:55:38	2209	URBAN RUN TEAM	V60	84
2192	1332	Pedro Martinho	00:26:46	00:56:11	00:55:42	2219		V40	401
2193	3252	Lara Sequeira	00:28:46	00:56:11	00:55:41	2217		V35	39
2194	3955	Filipe Pêgo	00:28:44	00:56:11	00:54:32	2041		Senior	365
2195	2914	Daniel Ferreira	00:29:05	00:56:11	00:55:49	2236		V35	283
2196	1961	Anselmo Salomão	00:28:32	00:56:11	00:54:47	2087	Mind Runners	V40	402
2197	1586	Rui Aldeano	00:29:11	00:56:11	00:54:30	2039		V35	284
2198	3433	Amelia Vera	00:26:53	00:56:11	00:56:10	2296	PINOY ASTIG	Senior	68
2199	4492	José Santos	00:28:53	00:56:12	00:54:57	2104		V45	362
2200	3303	Catia Curica	00:28:22	00:56:12	00:55:31	2191		V40	59



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CLASSIFICAÇÕES

Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
2201	3977	Sérgio Ferreira	00:27:31	00:56:12	00:55:49	2238		V35	285
2202	2456	Sofia Pinheiro	00:29:16	00:56:13	00:55:57	2260		V40	60
2203	477	Ricardo Dias	00:27:22	00:56:13	00:55:55	2251		Senior	366
2204	2944	Joao Galveia	00:29:09	00:56:13	00:55:10	2141	Tartarugas Furiosas	V40	403
2205	2550	Carlos Trombinhas	00:29:03	00:56:14	00:55:16	2151	Quarentões na Bisga	V40	404
2206	605	Carlos Sousa	00:30:00	00:56:14	00:55:07	2130	CAMARA LISBOA CLUBE	V40	405
2207	4273	Luis Lima	00:28:11	00:56:14	00:55:57	2257		V50	231
2208	729	Nuno Fragoso	00:29:07	00:56:14	00:55:24	2171	Linces da Bela Vista	V40	406
2209	3391	António Pina	00:29:07	00:56:14	00:55:23	2168		V65	34
2210	3756	Margarida Salvado	00:28:27	00:56:14	00:55:34	2196		V35	40
2211	2371	Paulo Figueiredo	00:28:46	00:56:15	00:54:32	2043	Gang dos Pais	V45	363
2212	3576	David Lucas	00:28:48	00:56:15	00:55:36	2204		Senior	367
2213	2053	Marta Mafra	00:28:05	00:56:15	00:55:40	2214		V35	41
2214	3473	Ana Medeiros	00:29:05	00:56:15	00:55:12	2143		V35	42
2215	3341	Sergio Anjos	00:27:54	00:56:16	00:55:44	2223	Clube Millennium bcp	V70	12
2216	221	Bernard Michel	00:27:11	00:56:16	00:55:50	2240		V55	156
2217	2953	Frederico Sousa	00:28:25	00:56:16	00:55:51	2243	Lebres e Tartarugas	V55	157
2218	3172	Bruno Magalhães	00:27:33	00:56:17	00:55:44	2224	Avigilon	V40	407
2219	3873	André Figueiroa	00:28:26	00:56:17	00:55:07	2132	CLUBE ACCENTURE	Senior	368
2220	2342	Carina Guerreiro	00:27:42	00:56:17	00:56:05	2281	FIT Runners	V40	61



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CLASSIFICAÇÕES

Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
2221	2821	João Rito	00:27:59	00:56:18	00:55:49	2237		V55	158
2222	2091	Luis Silva	00:27:39	00:56:18	00:55:59	2270	SS CGD	V45	364
2223	4649	Claudia Pimentel	00:28:20	00:56:19	00:55:51	2245		Senior	69
2224	4327	António Donato	00:27:39	00:56:19	00:55:46	2228		V50	232
2225	3458	Carla Ferreira	00:28:51	00:56:19	00:55:22	2164	Mind Runners	Senior	70
2226	1402	Dinis Fernandes	00:28:07	00:56:19	00:56:00	2272		V55	159
2227	1425	Carlos Carvalho	00:29:06	00:56:20	00:55:02	2115		Senior	369
2228	1313	Graça Matias	00:27:31	00:56:20	00:56:09	2292		V50	20
2229	3294	Fernando Rodrigues	00:29:04	00:56:20	00:55:10	2139		V45	365
2230	841	Paulo Rascão	00:27:28	00:56:21	00:56:07	2287		V50	233
2231	839	Glória Garcia	00:28:01	00:56:22	00:55:58	2263		V45	51
2232	1476	Xana Filipe	00:27:27	00:56:22	00:56:07	2288	Clube Novo Banco	V45	52
2233	2224	Fernando Marques	00:27:29	00:56:22	00:56:19	2316	Clube Pessoal EDP Carregado	V65	35
2234	218	Rita Alves	00:28:05	00:56:23	00:56:00	2273		V45	53
2235	4438	Marta Silva	00:27:58	00:56:24	00:55:51	2242	Equipa APCMM	Senior	71
2236	204	João Nita	00:27:19	00:56:25	00:56:09	2294	EX FEDERADOS	V45	366
2237	251	Elisabete Pinto	00:28:18	00:56:25	00:55:57	2259		V45	54
2238	4713	Anna Aust	00:28:52	00:56:25	00:55:28	2183		V40	62
2239	3509	Paula Monteiro	00:28:51	00:56:25	00:55:28	2184		V50	21
2240	2465	Albano Silva	00:27:55	00:56:26	00:55:58	2264		V50	234



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CLASSIFICAÇÕES

Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
2241	1211	Augusto Pereira	00:28:42	00:56:26	00:55:58	2265	PPP	V45	367
2242	789	Jorge Pinto	00:28:33	00:56:27	00:55:50	2241		V45	368
2243	446	João Duarte	00:27:14	00:56:27	00:56:25	2329		V65	36
2244	2307	Jose Martins	00:28:07	00:56:28	00:55:40	2215	Runners Power	V45	369
2245	2214	Cristina Santa	00:30:16	00:56:28	00:54:59	2108		V40	63
2246	2648	Paulo Cabanas	00:28:12	00:56:29	00:56:06	2283		V40	408
2247	887	Luís Meira	00:27:34	00:56:29	00:56:01	2277	condores varge mondar	V40	409
2248	1593	Manuel Peras	00:27:27	00:56:29	00:56:09	2293		V60	85
2249	4048	Miguel Vasconcelos	00:29:41	00:56:29	00:55:15	2149	JuniRacers	Senior	370
2250	920	Diogo Alfaro	00:28:26	00:56:30	00:55:29	2188		Senior	371
2251	3699	Tânia Antunes	00:28:37	00:56:31	00:56:08	2291		V40	64
2252	4326	Nuno Marques	00:27:18	00:56:31	00:55:58	2266		V45	370
2253	2461	Nelson Rua	00:29:00	00:56:32	00:56:12	2301		V35	286
2254	4588	Nuno Duarte	00:29:32	00:56:32	00:55:05	2125		V45	371
2255	2727	Marco Fortes	00:28:41	00:56:33	00:56:08	2290		V35	287
2256	4399	Tiago Matias	00:27:16	00:56:33	00:56:00	2271	Equipa APCMMV	V40	410
2257	84	Pedro Aquino	00:28:14	00:56:33	00:56:16	2309		V50	235
2258	2913	Adriana Domingos	00:27:49	00:56:33	00:56:01	2278		Senior	72
2259	4034	Pedro Branco	00:29:54	00:56:33	00:55:22	2166		V40	411
2260	1740	João Vieira	00:28:13	00:56:34	00:56:17	2311		V55	160



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CLASSIFICAÇÕES

Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
2261	3640	Luis Milheiro	00:27:49	00:56:34	00:56:23	2326	GD SANTANDERTOTTA	V55	161
2262	3801	Carlos Chanca	00:28:05	00:56:35	00:56:15	2306	Eggbite - Sports App Test Team	V40	412
2263	1767	Jorge Almeida	00:28:42	00:56:35	00:55:56	2255	CLUBE ATLETISMO AMIGOS DE BELÉM	V65	37
2264	1038	Maria Duarte	00:28:50	00:56:36	00:56:07	2286	correrLoures	V50	22
2265	3534	Ricardo Linhares	00:27:42	00:56:37	00:56:22	2324	CFS	V40	413
2266	1709	Orlando Dias	00:29:44	00:56:37	00:55:12	2145		V50	236
2267	2536	Carla Pereira	00:28:05	00:56:38	00:56:00	2276	Vamos a todas!	V45	55
2268	1703	Luís Duarte	00:29:02	00:56:39	00:56:14	2302		V70	13
2269	971	Sofia Tristão	00:28:20	00:56:39	00:56:11	2297	correrLoures	V40	65
2270	972	Fernando Tristão	00:28:20	00:56:39	00:56:10	2295	correrLoures	V40	414
2271	3695	Jorge Melo	00:28:43	00:56:40	00:56:19	2314		V50	237
2272	3244	Isabel Oliveira	00:29:27	00:56:40	00:55:38	2208		V45	56
2273	2228	Hugo Roma	00:28:02	00:56:41	00:56:16	2308		V40	415
2274	543	João Lobo	00:27:35	00:56:42	00:56:01	2279		Senior	372
2275	1270	João Gaspar	00:27:36	00:56:42	00:56:22	2323		V50	238
2276	348	Bruno Gonçalves	00:28:55	00:56:42	00:55:59	2267		V35	288
2277	4275	Luis Matos	00:27:01	00:56:43	00:56:36	2354		V60	86
2278	2472	Filipa Afonso	00:28:12	00:56:43	00:55:46	2230		V35	43
2279	2910	Vasco Lavado	00:28:58	00:56:43	00:56:12	2299		V40	416
2280	4578	António Bila	00:29:26	00:56:43	00:56:06	2282	Clube Olímpico de Oeiras	V60	87



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CLASSIFICAÇÕES

Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
2281	3247	João Pereira	00:29:01	00:56:44	00:55:38	2210		V35	289
2282	2579	Diogo Allegro	00:27:12	00:56:44	00:56:15	2305		V40	417
2283	1659	Sofia D.V.C.Morgado	00:27:31	00:56:45	00:56:26	2334	100NOÇÃO	V45	57
2284	2352	Gonçalo Oliveira	00:27:36	00:56:45	00:56:37	2356	GDCT Unicre	V55	162
2285	749	Jaime Lopes	00:27:27	00:56:45	00:56:31	2344		V40	418
2286	4642	Ricardo Alves	00:28:35	00:56:45	00:55:59	2269		V40	419
2287	652	Ana Santos	00:28:19	00:56:45	00:56:20	2318	CORRER QUELUZ	V35	44
2288	367	Carla Serrano	00:28:18	00:56:46	00:56:20	2319	CORRER QUELUZ	V40	66
2289	693	José Baixinho	00:28:06	00:56:46	00:56:27	2336		V60	88
2290	270	José Gomes	00:28:24	00:56:47	00:55:33	2194		V40	420
2291	588	Jose Machado	00:27:57	00:56:48	00:56:07	2284		V55	163
2292	2457	Mario Ramalho	00:29:16	00:56:49	00:56:32	2345		V45	372
2293	3625	Jorge Antunes	00:27:20	00:56:49	00:55:42	2221	PowerBoost Club	V45	373
2294	1726	João Figueiredo	00:29:10	00:56:49	00:55:03	2119		V35	290
2295	1723	Hugo Sequeira	00:28:15	00:56:50	00:56:26	2332		V40	421
2296	2130	Francisco Pires	00:29:03	00:56:50	00:55:54	2250	FunBus - Barreiro	V40	422
2297	1201	Rute Ferreira	00:28:22	00:56:50	00:56:20	2321	condores varge mondar	Senior	73
2298	3524	José Fins	00:29:45	00:56:51	00:55:56	2256	Tivoli Runners	V45	374
2299	3897	João Jerónimo	00:29:27	00:56:51	00:56:23	2325		Senior	373
2300	3245	Amélia Gonçalves	00:29:26	00:56:51	00:55:48	2234		V45	58



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CLASSIFICAÇÕES

Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
2301	4268	Diogo Santos	00:28:03	00:56:52	00:56:05	2280		Senior	374
2302	625	João Gomes	00:28:20	00:56:52	00:56:20	2320		V45	375
2303	4480	Márcio Ribeiro	00:28:34	00:56:53	00:56:35	2350		Senior	375
2304	3340	Mario Campos	00:28:01	00:56:53	00:56:40	2360	Clube Millennium bcp	V70	14
2305	2903	Ricardo Figueiredo	00:28:26	00:56:53	00:56:26	2333		V40	423
2306	4204	João Carço	00:29:25	00:56:53	00:55:32	2193		V60	89
2307	4174	Miguel Maciel	00:28:21	00:56:54	00:56:50	2386		V35	291
2308	3319	Rui Rodrigues	00:28:27	00:56:54	00:56:30	2343	Clube Millennium bcp	V45	376
2309	3057	Anthony Rosado	00:27:53	00:56:54	00:55:15	2148		Senior	376
2310	376	Gonçalo Carvalho	00:27:53	00:56:54	00:55:15	2147	Patrulha Pata	Senior	377
2311	377	Anthony Rosado	00:27:53	00:56:54	00:55:15	2150	Patrulha Pata	Senior	378
2312	767	Nelson Ferreira	00:27:50	00:56:55	00:56:28	2337		V45	377
2313	816	Fernando Correia	00:26:20	00:56:55	00:56:40	2358		V50	239
2314	833	Luis Alves	00:26:20	00:56:55	00:56:41	2361		V45	378
2315	312	Fernando Silva	00:28:46	00:56:56	00:56:18	2313		V65	38
2316	2989	Joao Sequeira	00:29:18	00:56:56	00:55:49	2239		V40	424
2317	3720	Maria Pedro	00:28:19	00:56:57	00:56:35	2351		V35	45
2318	1410	António Jorge	00:28:14	00:56:58	00:56:48	2378	Sindeq	V65	39
2319	951	Luís Pimentel	00:25:38	00:56:59	00:54:43	2075		Senior	379
2320	3474	Ana Martins	00:28:28	00:56:59	00:56:49	2379		V50	23



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CLASSIFICAÇÕES

Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
2321	2688	Custodio Quibina	00:27:24	00:57:00	00:56:52	2390	Sporting Clube de Casainhos	Senior	380
2322	2304	Mario S.Sousa	00:28:03	00:57:00	00:56:46	2372		V60	90
2323	2988	João Varela	00:28:59	00:57:00	00:56:17	2312		Senior	381
2324	2664	Jose Castro	00:27:11	00:57:02	00:56:58	2404		V60	91
2325	2115	Teresa Martins	00:28:18	00:57:02	00:56:45	2369	SS CGD	V55	10
2326	2402	Mercedes Fonseca	00:28:19	00:57:03	00:56:57	2399	Federação da Família para a Paz Mundial e Unifi	V60	3
2327	866	Beatriz Lourenço	00:28:15	00:57:03	00:57:01	2417		V50	24
2328	1916	Luis Fialho	00:28:39	00:57:03	00:56:08	2289		V45	379
2329	3828	Carlos Goncalves	00:30:27	00:57:03	00:56:11	2298		V70	15
2330	3920	Raquel Reis	00:29:49	00:57:05	00:55:39	2211	A Loja	V35	46
2331	1269	Antonio Silva	00:29:44	00:57:05	00:55:45	2225		V35	292
2332	1113	Pedro Morais	00:30:01	00:57:05	00:55:25	2175		V35	293
2333	2286	Tatiana Livramento	00:29:45	00:57:05	00:55:45	2226		Senior	74
2334	2213	Jose Barreiras	00:28:56	00:57:05	00:55:37	2206		V40	425
2335	2383	Paula Costa	00:29:14	00:57:06	00:56:25	2331		V35	47
2336	4312	Miguel Gomes	00:28:28	00:57:06	00:56:32	2346		Senior	382
2337	4368	Paulo Caniço	00:27:32	00:57:06	00:56:41	2362		V45	380
2338	1833	Hélio Godinho	00:28:20	00:57:07	00:56:53	2391		V65	40
2339	607	Jose Fernandes	00:28:39	00:57:07	00:56:53	2392		V65	41
2340	2325	Elisa Gonçalves	00:27:39	00:57:07	00:56:57	2398	FIT Runners	V45	59



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CLASSIFICAÇÕES

Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
2341	3421	Carla Coelho	00:28:23	00:57:08	00:56:30	2342	RUN TEJO	V40	67
2342	88	Pedro Alves	00:29:27	00:57:08	00:56:36	2355		V40	426
2343	4277	Pedro Domingues	00:28:25	00:57:09	00:56:35	2352		V40	427
2344	2779	Paulo Jerónimo	00:28:45	00:57:10	00:56:50	2382		V55	164
2345	1287	Nuno Gomes	00:28:47	00:57:10	00:56:42	2363	Clube EDP Lisboa	V50	240
2346	2826	Rafael Pedrosa	00:28:53	00:57:10	00:56:27	2335		Junior	21
2347	2682	Vanda Ferreira	00:27:55	00:57:10	00:57:03	2421	Sporting Clube de Casainhos	V45	60
2348	677	Jose Cavaco	00:27:54	00:57:10	00:57:03	2420		V55	165
2349	4169	Joao Machado	00:29:49	00:57:10	00:56:12	2300		V35	294
2350	3628	Sónia Soares	00:28:34	00:57:11	00:56:47	2375	PowerBoost Club	V35	48
2351	3622	Carlos Cortês	00:28:35	00:57:11	00:56:47	2376	PowerBoost Club	V50	241
2352	4503	Natalino Lopes	00:28:15	00:57:11	00:56:48	2377		V55	166
2353	2827	José Sabrosa	00:28:53	00:57:12	00:56:28	2338		V35	295
2354	1968	António Pereira	00:27:37	00:57:12	00:56:36	2353	FPEREIRA	V50	242
2355	2802	José Rolão	00:28:38	00:57:13	00:56:45	2368	Corrida Noturna Parque das Nações	V60	92
2356	3499	Maulide Dias	00:30:04	00:57:13	00:55:52	2246		V40	428
2357	4598	Alexandra Veiga	00:28:01	00:57:13	00:56:44	2366		V50	25
2358	1400	Helena Silva	00:28:06	00:57:14	00:57:00	2413		V50	26
2359	3748	Rui Mostra	00:29:26	00:57:14	00:56:25	2330	Pernas Loucas	V35	296
2360	2390	Fernando Coelho	00:29:26	00:57:14	00:56:24	2327		V45	381



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CLASSIFICAÇÕES

Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
2361	1643	Jacinto Pereira	00:28:10	00:57:14	00:56:57	2402	LisRunning CPA	V60	93
2362	3754	António Valente	00:29:26	00:57:14	00:56:24	2328	Pernas Loucas	V35	297
2363	3968	Tiago Fazendeiro	00:28:56	00:57:14	00:56:46	2370		Junior	22
2364	2512	Sandra Gonçalves	00:28:17	00:57:15	00:56:59	2408		Senior	75
2365	1814	Gonçalo Jorge	00:29:56	00:57:15	00:55:58	2262		V35	298
2366	3967	Luis Fazendeiro	00:28:57	00:57:16	00:56:47	2373		V45	382
2367	1041	Ana Vitorino	00:28:32	00:57:16	00:56:49	2380	correrLoures	V40	68
2368	694	Judite Baixinho	00:28:19	00:57:17	00:56:56	2397		Senior	76
2369	663	Cristina Rebola	00:28:31	00:57:17	00:56:49	2381	correrLoures	V45	61
2370	4712	Patrícia Fernandes	00:29:17	00:57:17	00:55:42	2220		V45	62
2371	4289	João Cardoso	00:27:43	00:57:18	00:57:04	2423		V35	299
2372	2033	Marlene Silva	00:30:26	00:57:18	00:55:51	2244		V40	69
2373	2897	Paulo Vaz	00:28:17	00:57:19	00:56:55	2394	quarteto	V45	383
2374	547	Carlos Gameiro	00:29:28	00:57:20	00:57:07	2433		V60	94
2375	2431	Carlos Ferreira	00:29:54	00:57:21	00:56:21	2322		V40	429
2376	2608	João Miguel	00:28:49	00:57:21	00:56:50	2385		V80	1
2377	2030	Solange Sousa	00:30:16	00:57:21	00:55:53	2247		V35	49
2378	1856	Gonçalo Fernandes	00:29:03	00:57:21	00:55:54	2249	Corredores de Caneças	V40	430
2379	4499	Frederico Fraga	00:27:16	00:57:22	00:56:17	2310		V45	384
2380	3945	Paulo Amaral	00:28:13	00:57:22	00:56:56	2396		V50	243



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CLASSIFICAÇÕES

Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
2381	1955	Gonçalo Vasconcelos	00:28:40	00:57:22	00:57:07	2432		V45	385
2382	4680	Sandra Alves	00:29:21	00:57:24	00:55:41	2218		Senior	77
2383	4409	Carla Costa	00:28:29	00:57:24	00:56:30	2341	Não fazemos nem mais um...km	V45	63
2384	3095	Patrícia Emídio	00:28:27	00:57:24	00:56:30	2340		Senior	78
2385	1569	Luís Matias	00:28:12	00:57:25	00:57:12	2445		V60	95
2386	2231	Miguel Redmont	00:28:44	00:57:25	00:57:00	2410		V45	386
2387	3080	Catia Ramos	00:27:56	00:57:25	00:57:09	2436		V35	50
2388	1456	Elisabete Marques	00:28:19	00:57:26	00:57:14	2447	Clube Novo Banco	V35	51
2389	3086	Luiz Pereira	00:27:57	00:57:26	00:57:09	2438		V35	300
2390	1891	Maria Moradias	00:28:13	00:57:27	00:57:15	2449		Senior	79
2391	1592	Paulo Silveira	00:30:30	00:57:27	00:55:57	2261		V35	301
2392	4232	Francisco Penim	00:29:35	00:57:28	00:56:16	2307	Cofina Runners	V50	244
2393	765	Miguel Marques	00:29:16	00:57:28	00:56:54	2393		V55	167
2394	1564	Lisa Santos	00:28:25	00:57:29	00:56:57	2400		V35	52
2395	1764	Gilberto Gonçalves	00:28:34	00:57:29	00:57:08	2435	CLUBE ATLETISMO AMIGOS DE BELÉM	V65	42
2396	4755	Manuel Sequeira	00:27:45	00:57:29	00:57:10	2441	G.D.C.T. REPSOL POLÍMEROS	V65	43
2397	91	Helio Balinha	00:28:20	00:57:30	00:57:21	2457		V35	302
2398	2849	José Araújo	00:29:48	00:57:30	00:55:46	2227		Senior	383
2399	4176	João Martinez	00:28:54	00:57:31	00:56:51	2388		V50	245
2400	1111	Adelina Brum	00:28:31	00:57:32	00:57:16	2451	correrLoures	V45	64



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CLASSIFICAÇÕES

Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
2401	1210	Ana Jan	00:28:42	00:57:32	00:57:05	2426	PPP	V40	70
2402	3899	Albino Ferreira	00:29:58	00:57:33	00:56:43	2365		V50	246
2403	4386	Adriano Cunha	00:29:23	00:57:33	00:57:01	2416		V60	96
2404	71	Susana Gouveia	00:27:18	00:57:33	00:57:27	2475		V40	71
2405	3042	Miguel Caldas	00:28:21	00:57:33	00:57:04	2424		V50	247
2406	3821	Luís Ferreira	00:28:23	00:57:33	00:57:06	2430		V35	303
2407	893	Marco Marques	00:28:50	00:57:35	00:56:15	2304		V40	431
2408	3460	Augusto Ribeiro	00:28:59	00:57:35	00:57:16	2452		V45	387
2409	4488	Eduardo Pinto	00:28:26	00:57:36	00:57:23	2464		Senior	384
2410	1697	Paulo Antunes	00:28:51	00:57:36	00:56:20	2317		V40	432
2411	4523	Sónia Baião	00:27:42	00:57:36	00:57:30	2482	Hiscox	V35	53
2412	4599	José Trem	00:26:45	00:57:36	00:57:25	2473		V55	168
2413	2466	Mário Marques	00:27:42	00:57:38	00:57:31	2490		V35	304
2414	690	Nuno Fernandes	00:28:57	00:57:38	00:57:21	2456		V55	169
2415	1628	Diogo Barroco	00:29:58	00:57:38	00:56:19	2315	Os Quebra-Milhas	Senior	385
2416	2928	Pedro Pereira	00:29:09	00:57:38	00:57:06	2429	BRRnightRUNNERS	V45	388
2417	4271	Emilia Galinha	00:27:48	00:57:39	00:57:25	2470		V55	11
2418	4017	Rui Soares	00:27:33	00:57:39	00:57:17	2453		V35	305
2419	3962	José Catita	00:28:55	00:57:39	00:57:04	2422		V60	97
2420	3562	Luís Lopes	00:28:54	00:57:40	00:57:09	2437		V35	306



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CLASSIFICAÇÕES

Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
2421	2985	Elisabete Dias	00:29:03	00:57:40	00:57:00	2411		V40	72
2422	2979	Fernando Sousa	00:29:03	00:57:40	00:57:01	2414		V55	170
2423	3135	Jorge Guerreiro	00:28:13	00:57:41	00:57:31	2485	MARRIOTT LISBOA	V40	433
2424	1594	Jorge Costa	00:29:09	00:57:41	00:57:17	2454	Federação da Família para a Paz Mundial e Unifi	V55	171
2425	3136	Paulo Fernandes	00:28:14	00:57:41	00:57:31	2488	MARRIOTT LISBOA	V35	307
2426	1353	Francisco Sanches	00:28:30	00:57:42	00:57:30	2481		V55	172
2427	724	João Abreu	00:27:47	00:57:43	00:57:16	2450	correrLoures	V35	308
2428	3848	Nuno Dias	00:29:12	00:57:44	00:57:09	2440	Os Flechas	Senior	386
2429	3849	Joao Lazaro	00:29:12	00:57:44	00:57:09	2439	Os Flechas	Senior	387
2430	4681	Miguel Santos	00:30:00	00:57:44	00:56:45	2367		V35	309
2431	2379	Helena Pereira	00:28:32	00:57:44	00:57:22	2462		V40	73
2432	2784	Elsa Fernandes	00:27:48	00:57:44	00:57:27	2476		V40	74
2433	2010	Ricardo Ramos	00:27:50	00:57:45	00:57:23	2466		V40	434
2434	1482	Manuel Venancio	00:28:42	00:57:46	00:57:31	2489	Clube Novo Banco	V45	389
2435	1612	Alexandra Baptista	00:28:42	00:57:46	00:57:30	2483		V40	75
2436	4489	Diogo Melo	00:27:54	00:57:46	00:56:29	2339		Senior	388
2437	3455	Jota Moreira	00:29:53	00:57:46	00:56:56	2395	Lousada > Lisboa	Senior	389
2438	2976	Francisco Costa	00:26:40	00:57:46	00:57:30	2484		Junior	23
2439	1945	Paulo Fernandes	00:29:12	00:57:48	00:56:39	2357	CCDTMETROLX	V45	390
2440	3301	Carlos Luis	00:27:26	00:57:48	00:57:28	2477		V45	391



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CLASSIFICAÇÕES

Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
2441	3378	Maria Pereira	00:28:37	00:57:50	00:56:59	2406		V40	76
2442	3673	Lucio Silva	00:29:01	00:57:50	00:56:52	2389	GD SANTANDERTOTTA	V50	248
2443	2932	Luis Fragoso	00:28:43	00:57:51	00:56:47	2374	AON Empower Results	V35	310
2444	338	Miguel Pita	00:28:48	00:57:53	00:57:51	2520		Senior	390
2445	1645	Natacha Mouco	00:28:33	00:57:54	00:57:23	2465		Senior	80
2446	1763	Pedro Teigas	00:29:06	00:57:55	00:57:21	2458	Tartarugas Solidárias	V40	435
2447	4696	Cristiana Reis	00:28:09	00:57:55	00:57:47	2508		V40	77
2448	3527	Diogo Sampaio	00:27:53	00:57:56	00:57:00	2412	Tivoli Runners	Senior	391
2449	1742	Manuel Lamego	00:28:23	00:57:56	00:57:33	2495		V60	98
2450	2838	Andreia Costa	00:29:06	00:57:56	00:57:22	2459		V40	78
2451	4140	Carla Nicomélio	00:28:04	00:57:57	00:57:29	2479	DUO DINÂMICO	V40	79
2452	1822	Henrique Ruivo	00:29:05	00:57:57	00:57:22	2460		V55	173
2453	125	Gonçalo Silva	00:29:07	00:57:57	00:57:24	2468		V40	436
2454	4075	Luis Mota	00:28:32	00:57:57	00:57:33	2494		V40	437
2455	758	Isabel Reis	00:29:07	00:57:57	00:57:31	2486	Runners de Kintal	V45	65
2456	2922	Sara Pereira	00:28:22	00:57:58	00:57:43	2502		Senior	81
2457	2016	Tiago Salvado	00:30:34	00:57:58	00:56:59	2407		Senior	392
2458	1166	Filipe Ginja	00:31:03	00:57:59	00:56:33	2347	Go Go DA DA	Senior	393
2459	1165	Tiago Bento	00:31:06	00:57:59	00:56:34	2349	Go Go DA DA	Senior	394
2460	1631	Joao Oliveira	00:29:24	00:58:00	00:57:28	2478		V60	99



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CLASSIFICAÇÕES

Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
2461	2340	Ricardo Basso	00:29:38	00:58:00	00:57:10	2442	FIT Runners	V40	438
2462	667	Luis Costa	00:29:10	00:58:00	00:57:22	2461	Quarentões na Bisga	V50	249
2463	4276	Fernando Henriques	00:29:24	00:58:00	00:56:15	2303		V50	250
2464	366	Miguel Cirne	00:30:17	00:58:01	00:57:55	2529		Senior	395
2465	1873	Fernando Godinho	00:29:19	00:58:01	00:57:30	2480		V60	100
2466	3908	Jorge Ferro	00:29:23	00:58:01	00:56:57	2403		V50	251
2467	3883	José Almeida	00:28:04	00:58:01	00:57:02	2418	CLUBE ACCENTURE	V35	311
2468	3906	Cláudio Milheiro	00:29:24	00:58:01	00:56:57	2401		V40	439
2469	3845	Ricardo Negrão	00:28:37	00:58:02	00:57:06	2431		V45	392
2470	2660	Teresa Barata	00:28:14	00:58:02	00:57:53	2526		V45	66
2471	1627	Miguel Santos	00:28:31	00:58:03	00:56:43	2364	Os Quebra-Milhas	V35	312
2472	4317	Vitor Lemos	00:29:16	00:58:03	00:57:23	2467		V35	313
2473	225	Luis Matias	00:28:33	00:58:03	00:57:52	2524	as lesmas	V55	174
2474	3712	Pedro Costa	00:28:32	00:58:04	00:57:31	2487		V50	252
2475	4063	Marcos Leonardo	00:31:47	00:58:05	00:57:24	2469		V65	44
2476	3859	Sezinanda Guerreiro	00:28:25	00:58:05	00:57:47	2509		V35	54
2477	618	Alexandra Dias	00:27:34	00:58:06	00:57:57	2536		V35	55
2478	3401	Gonçalo Pombo	00:26:47	00:58:07	00:57:56	2533		V35	314
2479	1083	Tânia Martins	00:28:26	00:58:07	00:58:00	2540		Senior	82
2480	1012	Carla Martiniano	00:27:54	00:58:08	00:57:52	2525	Grupo Barraqueiro	V35	56



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CLASSIFICAÇÕES

Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
2481	3069	Jose Galvao	00:30:38	00:58:08	00:57:05	2428		V50	253
2482	1895	Jose Silva	00:29:57	00:58:08	00:57:05	2427		V60	101
2483	2096	Maria Galvão	00:29:57	00:58:08	00:57:07	2434	SS CGD	V50	27
2484	436	Pedro Mendes	00:27:56	00:58:10	00:58:06	2556		V50	254
2485	4679	Miguel Ferreira	00:28:14	00:58:10	00:57:33	2493		V50	255
2486	2298	Fernando Luis	00:28:25	00:58:10	00:58:04	2553	ALCES TEAM	V60	102
2487	730	Claudia Romão	00:28:36	00:58:10	00:57:32	2491	Jobrinde - Montes Saloios	V35	57
2488	520	João Fernandes	00:29:03	00:58:10	00:57:49	2516	Wool Feet Brothers	V40	440
2489	519	Filipe Fernandes	00:29:03	00:58:11	00:57:50	2517	Wool Feet Brothers	V35	315
2490	1887	André Lopes	00:30:20	00:58:11	00:56:46	2371		Senior	396
2491	4247	Catarina Marques	00:30:25	00:58:12	00:56:51	2387	GRUPO CORRIDA JCS	Senior	83
2492	3704	Sónia Pinto	00:27:54	00:58:12	00:58:02	2545		V45	67
2493	3905	Rui Fernandes	00:29:38	00:58:13	00:57:22	2463		V40	441
2494	4254	Luis Vaz	00:29:57	00:58:13	00:57:01	2415	GRUPO CORRIDA JCS	Senior	397
2495	1024	Nuno Lanita	00:27:56	00:58:14	00:57:59	2538		V40	442
2496	4583	Rui Heitor	00:29:58	00:58:15	00:56:50	2384		V40	443
2497	1359	Silvino Martinss	00:28:35	00:58:15	00:58:03	2552		V65	45
2498	28	Manuel Rijo	00:29:09	00:58:16	00:57:56	2532	PINHALVERCA	V65	46
2499	3866	Catarina Morgado	00:29:30	00:58:17	00:57:11	2443	Clube de Corrida do Externato da Luz	V35	58
2500	3865	Rodrigo Domingues	00:29:30	00:58:17	00:57:12	2444	Clube de Corrida do Externato da Luz	V40	444



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CLASSIFICAÇÕES

Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
2501	2891	Carlos Ferreira	00:29:25	00:58:18	00:56:50	2383	Encosta Team	V35	316
2502	3059	Fernando Palma	00:30:02	00:58:18	00:57:03	2419		V40	445
2503	1399	João Rato	00:29:36	00:58:18	00:57:54	2528		V50	256
2504	1341	Sergio Ramalho	00:29:33	00:58:19	00:56:34	2348		V35	317
2505	2806	Pedro Ferreira	00:28:55	00:58:19	00:57:47	2507	Corrida Noturna Parque das Nações	V45	393
2506	3840	Rui Sabino	00:29:26	00:58:19	00:57:25	2472		V45	394
2507	362	Ivo Joaquim	00:28:57	00:58:19	00:57:44	2503		V45	395
2508	658	Jorge Generoso	00:29:12	00:58:19	00:57:46	2506		V40	446
2509	1920	David Coelho	00:29:00	00:58:20	00:56:59	2405		V40	447
2510	3808	Patrícia Bentes	00:28:42	00:58:20	00:57:18	2455		V35	59
2511	2199	Carla Destapado	00:28:36	00:58:21	00:57:41	2498	CCD PM CASCAIS	V45	68
2512	2203	Pedro Ramos	00:27:32	00:58:21	00:58:03	2551	CCD PM CASCAIS	V35	318
2513	2474	Ana Pinto	00:28:09	00:58:22	00:58:03	2550		Senior	84
2514	1404	Paulo Palitos	00:29:21	00:58:22	00:57:58	2537		V50	257
2515	2136	Albertino Soares	00:29:21	00:58:22	00:58:03	2549		V55	175
2516	3721	Ana Oliveira	00:28:24	00:58:22	00:58:16	2573		Senior	85
2517	109	Heitor Oliveira	00:28:55	00:58:23	00:57:47	2511	Basti Runners	Senior	398
2518	4621	Elsa Nunes	00:28:28	00:58:23	00:58:14	2571	Bola do Dida	V45	69
2519	4133	Antonio Costa	00:29:36	00:58:24	00:57:42	2500		V40	448
2520	4586	Filipe Paulo	00:30:00	00:58:24	00:57:00	2409		V35	319



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CLASSIFICAÇÕES

Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
2521	3751	Antonio Faria	00:29:27	00:58:24	00:57:35	2496	Pernas Loucas	V45	396
2522	108	Gonçalo Marinheiro	00:28:55	00:58:24	00:57:48	2512	Basti Runners	V35	320
2523	3356	Joaquim Fulgencio	00:28:00	00:58:25	00:58:17	2578	Clube Millennium bcp	V60	103
2524	826	Nuno Leitão	00:30:14	00:58:26	00:56:40	2359		V35	321
2525	4451	Eurico Fernandes	00:28:32	00:58:26	00:57:51	2523		Senior	399
2526	1580	José Matos	00:30:09	00:58:27	00:57:13	2446		V55	176
2527	2923	Nuno Freire	00:28:27	00:58:27	00:58:10	2562		V45	397
2528	4033	Maria Lacerda	00:28:35	00:58:28	00:58:19	2581		V50	28
2529	2916	João Correia	00:27:49	00:58:28	00:57:51	2521		Junior	24
2530	1677	Patricia Geraldés	00:27:43	00:58:30	00:58:22	2588		V50	29
2531	3291	Luis Reis	00:28:29	00:58:31	00:58:07	2557	Goodfelas	Senior	400
2532	4700	Alberto Romão	00:30:30	00:58:35	00:57:50	2518		V55	177
2533	2947	Tiago Correia	00:29:20	00:58:36	00:58:21	2585	Os Martins	Senior	401
2534	666	Luisa Costa	00:29:00	00:58:36	00:57:57	2534	Quarentões na Bisga	V45	70
2535	2417	Bruno Alexandre	00:28:58	00:58:36	00:58:17	2576		V35	322
2536	430	Mário Ferreira	00:29:17	00:58:37	00:58:09	2561		V40	449
2537	1595	Dora Duarte	00:27:43	00:58:37	00:58:30	2611		V55	12
2538	2531	Samuel Salvador	00:26:36	00:58:38	00:58:03	2548	Serrado FC Atletismo	V35	323
2539	4175	Francisco Raposo	00:28:53	00:58:38	00:57:25	2471		Senior	402
2540	2485	Carlos Costa	00:28:28	00:58:40	00:58:33	2620		V40	450



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CLASSIFICAÇÕES

Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
2541	548	Fernanda Cecilio	00:29:28	00:58:40	00:58:27	2603		V50	30
2542	2917	Bruno Correia	00:29:07	00:58:40	00:58:03	2547		V35	324
2543	3337	Andre Salvado	00:31:02	00:58:40	00:58:05	2554	Clube Millennium bcp	Senior	403
2544	1781	João Granja	00:29:07	00:58:40	00:58:03	2546		V35	325
2545	2416	Vitor Silva	00:28:56	00:58:40	00:58:22	2587		V60	104
2546	1658	Luis Morgado	00:28:06	00:58:41	00:58:11	2565	100NOÇÃO	V45	398
2547	2859	José Cruz	00:30:19	00:58:41	00:57:51	2519	Linces da Bela Vista	V60	105
2548	3789	Joaquim Cardoso	00:29:37	00:58:41	00:57:27	2474		V45	399
2549	2858	Ricardo Lopes	00:30:20	00:58:41	00:57:49	2514	Linces da Bela Vista	V40	451
2550	2920	Daniel Pinto	00:28:20	00:58:43	00:58:10	2563		Senior	404
2551	2280	João Diegues	00:28:42	00:58:43	00:58:11	2564		V45	400
2552	1371	Joaquim Saramago	00:28:28	00:58:43	00:58:06	2555		V45	401
2553	1599	Nuno Sá	00:28:28	00:58:43	00:58:08	2560		V40	452
2554	4053	Diogo Carlos	00:29:16	00:58:44	00:57:47	2510	The Running Dead	Senior	405
2555	1793	Bruno Teixeira	00:30:04	00:58:44	00:58:24	2594		Senior	406
2556	1630	Susana Luís	00:29:28	00:58:45	00:58:15	2572	Colt Runners	V35	60
2557	711	Ann Macpherson	00:28:49	00:58:45	00:58:08	2559		V40	80
2558	3991	Pedro Calvário	00:29:27	00:58:45	00:58:14	2570	Colt Runners	V45	402
2559	2412	Claudia Correia	00:29:30	00:58:45	00:57:48	2513	The Running Dead	Senior	86
2560	1654	Margarida Gordo	00:28:38	00:58:46	00:58:29	2610		V50	31



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CLASSIFICAÇÕES

Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
2561	2604	Zuzka Simulcikova	00:28:55	00:58:48	00:58:33	2621		Senior	87
2562	4660	André Teixeira	00:29:13	00:58:49	00:58:26	2599	SGS MOVING FORWARD	V35	326
2563	1316	Raluca Martins	00:28:50	00:58:51	00:58:37	2628		V40	81
2564	336	Paulo Fernandes	00:28:58	00:58:53	00:58:41	2646		V45	403
2565	1528	Manuel Sebastiao	00:29:32	00:58:53	00:58:12	2568		V40	453
2566	3930	Jose Alves	00:29:12	00:58:53	00:58:02	2543		V60	106
2567	4103	João Reforço	00:28:00	00:58:55	00:58:38	2634		V35	327
2568	2060	Nuno Fernandes	00:31:16	00:58:55	00:57:05	2425		V45	404
2569	4459	Juliana Silva	00:28:38	00:58:56	00:58:49	2662		Senior	407
2570	4258	Pedro Farinha	00:29:08	00:58:56	00:57:36	2497	GRUPO CORRIDA JCS	Senior	408
2571	3950	Lorena Leite	00:30:09	00:58:56	00:57:57	2535		Senior	88
2572	3045	Inês Santos	00:28:51	00:58:57	00:58:14	2569		Senior	89
2573	2803	Carlos Dias	00:30:05	00:58:57	00:58:17	2577	Corrida Noturna Parque das Nações	V60	107
2574	675	Dina Lobo	00:28:51	00:58:57	00:58:31	2615	Runners de Kintal	V45	71
2575	3836	Marta Sintra	00:28:02	00:58:58	00:58:32	2616		V35	61
2576	2373	Sandra Soares	00:30:51	00:58:58	00:57:15	2448	Gang dos Pais	V35	62
2577	1318	Rui Pinto	00:29:06	00:58:58	00:58:28	2605		V65	47
2578	3089	Liliana Correia	00:30:10	00:58:58	00:57:59	2539		Senior	90
2579	3382	Bruno Martins	00:27:50	00:58:59	00:58:43	2653		V35	328
2580	2139	Jorge Xarepe	00:30:03	00:58:59	00:58:27	2604		V50	258



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CLASSIFICAÇÕES

Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
2581	392	Eduardo Calado	00:29:18	00:58:59	00:58:28	2607		Senior	409
2582	2964	Teresa Felício	00:29:32	00:59:00	00:58:23	2590		Senior	91
2583	1292	Miguel Pinheiro	00:29:05	00:59:00	00:58:35	2625		Senior	410
2584	3367	Carla Lourenco	00:28:40	00:59:00	00:58:56	2672	Clube Millennium bcp	V40	82
2585	1915	Elísio Costa	00:28:44	00:59:00	00:58:21	2586		V60	108
2586	3847	Andreia Sofia	00:27:39	00:59:01	00:58:57	2674		Senior	92
2587	3726	Pedro Silva	00:29:16	00:59:01	00:58:44	2654	Lisboa South Bay Running Club	V35	329
2588	2890	João Paulo	00:29:31	00:59:01	00:57:32	2492	Encosta Team	V45	405
2589	3250	Glória Marques	00:30:49	00:59:02	00:57:55	2530		V55	13
2590	112	Odete Francisco	00:29:11	00:59:02	00:58:40	2640		V45	72
2591	113	Carlos Lopes	00:29:11	00:59:02	00:58:39	2638		V50	259
2592	3564	Lucinda Canoa	00:29:54	00:59:03	00:58:38	2635		V40	83
2593	2936	Henrique Cruz	00:31:42	00:59:03	00:57:51	2522	AON Empower Results	Senior	411
2594	2931	Rui Figueiredo	00:31:42	00:59:03	00:57:55	2531	AON Empower Results	V35	330
2595	3226	Vanda Sequeira	00:29:48	00:59:04	00:58:32	2618	CLUBE COLABORADORES AGEAS	V45	73
2596	3213	Ana Matias	00:29:48	00:59:04	00:58:32	2617	CLUBE COLABORADORES AGEAS	V50	32
2597	4002	Manuela Barreto	00:29:47	00:59:05	00:58:24	2593	FALCÕES SELVAGENS	V45	74
2598	414	Carla Duarte	00:28:22	00:59:06	00:58:54	2668		V50	33
2599	3965	Ricardo Sarmento	00:28:11	00:59:06	00:58:53	2667		Senior	412
2600	1611	Luis Grencho	00:30:06	00:59:07	00:58:00	2541		V45	406



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CLASSIFICAÇÕES

Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
2601	4589	Filipe Grenho	00:31:51	00:59:07	00:57:42	2499		V35	331
2602	4376	João Pedro	00:28:48	00:59:08	00:58:37	2632		V40	454
2603	4011	Antonio Henriques	00:29:20	00:59:08	00:58:23	2589		V60	109
2604	2667	Joaquim Matos	00:29:37	00:59:09	00:58:33	2619		V50	260
2605	3220	João Frade	00:29:46	00:59:10	00:58:38	2636	CLUBE COLABORADORES AGEAS	V45	407
2606	3064	José Bento	00:28:32	00:59:10	00:58:35	2623		V45	408
2607	4557	Joaquim Fernandes	00:28:20	00:59:11	00:58:30	2612	Gangue das 6h10	V40	455
2608	1737	Luís Cagareu	00:28:33	00:59:11	00:58:37	2630		V40	456
2609	2489	Tânia Figueiredo	00:28:41	00:59:11	00:59:04	2685		V35	63
2610	2004	Ricardo Silva	00:30:11	00:59:11	00:57:54	2527		V45	409
2611	3306	Ernesto Delgado	00:29:31	00:59:11	00:58:27	2602		V40	457
2612	511	Isac Dinis	00:29:00	00:59:11	00:59:10	2702	Asas	V65	48
2613	4192	António Oliveira	00:28:44	00:59:12	00:58:27	2601		V45	410
2614	2555	António Vale	00:30:12	00:59:12	00:57:49	2515	Casal Fit	Senior	413
2615	1910	David Murta	00:29:48	00:59:12	00:58:02	2544		V40	458
2616	1204	Aldina Marques	00:25:30	00:59:15	00:58:38	2633	Clube Ferroviário de Portugal	V45	75
2617	3025	Paulo Silva	00:29:36	00:59:15	00:58:51	2666		V50	261
2618	280	Marlene Oliveira	00:29:25	00:59:15	00:59:11	2705		V45	76
2619	1494	Katharina Silva	00:28:28	00:59:15	00:59:03	2683		V50	34
2620	3807	Rui Pinto	00:29:04	00:59:15	00:58:49	2661		V50	262



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CLASSIFICAÇÕES

Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
2621	506	Helena Cunha	00:29:46	00:59:16	00:58:42	2648	Asas	V55	14
2622	261	José Vale	00:29:04	00:59:16	00:58:59	2676		V55	178
2623	56	Luís Miranda	00:29:12	00:59:17	00:58:51	2665		V40	459
2624	2359	Beatriz Figueiredo	00:29:37	00:59:18	00:58:40	2642	FIDELIDADE GDC	V40	84
2625	2569	Marco Dias	00:29:36	00:59:18	00:58:41	2647	FIDELIDADE GDC	V40	460
2626	3851	José Alves	00:29:37	00:59:18	00:58:42	2650	FIDELIDADE GDC	Senior	414
2627	80	Ricardo Mendes	00:29:14	00:59:18	00:58:42	2651		V40	461
2628	361	Rui Fernandes	00:28:31	00:59:18	00:59:12	2706		V45	411
2629	822	Filipe Santos	00:31:02	00:59:19	00:58:16	2575		Senior	415
2630	505	Eduardo Cunha	00:28:40	00:59:19	00:58:24	2591		V35	332
2631	3477	Jorge Pereira	00:28:55	00:59:20	00:58:40	2639		V35	333
2632	4370	Alexandre Vilão	00:29:05	00:59:21	00:58:48	2659		V35	334
2633	2636	Paulo Martins	00:29:30	00:59:21	00:59:08	2696	Trio Odemira	V45	412
2634	2120	André Nunes	00:27:55	00:59:22	00:58:37	2629	SS CGD	Senior	416
2635	1005	Miguel Silva	00:31:51	00:59:22	00:57:42	2501		Senior	417
2636	1787	Bruno Martins	00:30:31	00:59:22	00:58:28	2608		V35	335
2637	364	Jorge Tavares	00:29:51	00:59:23	00:58:01	2542		V50	263
2638	1575	Maria Lourenço	00:29:15	00:59:23	00:59:00	2679	Federação da Família para a Paz Mundial e Unifi	V45	77
2639	1984	Leandro Pereira	00:29:15	00:59:23	00:58:59	2675		Junior	25
2640	3194	Armando Gonçalves	00:29:37	00:59:24	00:58:46	2655	C.C.D.das Autarquias de Almada	V65	49



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CLASSIFICAÇÕES

Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
2641	4243	Ana Teixeira	00:24:29	00:59:24	00:59:15	2710	GRUPO CORRIDA JCS	Senior	93
2642	495	Ricardo Figueira	00:29:33	00:59:24	00:59:06	2691		V35	336
2643	1469	Paulo Sousa	00:29:11	00:59:25	00:59:21	2720	Clube Novo Banco	V50	264
2644	3514	Carla Fernandes	00:27:55	00:59:25	00:59:10	2700		V40	85
2645	141	Fernando Oliveira	00:30:12	00:59:26	00:58:19	2582		V40	462
2646	4200	André Vinhas	00:30:44	00:59:27	00:58:08	2558		V35	337
2647	190	Rute Lopes	00:29:15	00:59:27	00:59:09	2699		Senior	94
2648	3397	Sílvia Marçal	00:28:36	00:59:27	00:59:17	2714		V35	64
2649	3238	A Balsemão	00:29:14	00:59:27	00:59:22	2725		V65	50
2650	4211	Magda Cola	00:30:29	00:59:28	00:58:36	2626		V40	86
2651	2074	Patricia Paula	00:29:39	00:59:28	00:58:55	2670	K.LAV	V35	65
2652	619	Luis Catita	00:29:45	00:59:28	00:59:05	2688		V60	110
2653	3361	Paulo Arsenio	00:29:47	00:59:30	00:58:43	2652	Clube Millennium bcp	V45	413
2654	1245	João Domingues	00:29:53	00:59:31	00:59:01	2680		V40	463
2655	860	Isabel Rodrigues	00:29:36	00:59:31	00:59:06	2692	ECl runnig Team	V50	35
2656	1731	Manuela Machado-Friel	00:30:11	00:59:31	00:58:12	2567		V45	78
2657	440	Ivo Cosme	00:28:12	00:59:32	00:59:21	2722		V35	338
2658	2607	Rita Pereira	00:30:48	00:59:32	00:57:46	2505		V35	66
2659	4145	Dora Sousa	00:29:02	00:59:32	00:59:13	2707	gdctincm	V35	67
2660	2606	Jorge Ralo	00:30:49	00:59:32	00:57:45	2504		V55	179



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CLASSIFICAÇÕES

Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
2661	1271	João Carvalho	00:28:47	00:59:33	00:59:20	2719		V45	414
2662	606	Jorge Duarte	00:30:01	00:59:33	00:58:25	2597	CAMARA LISBOA CLUBE	V50	265
2663	4215	6 Min/Km	00:29:15	00:59:34	00:59:30	2741		Senior	418
2664	2878	Claudia Matos	00:28:53	00:59:34	00:59:22	2723	Run Forrest Run	V35	68
2665	1055	Mélodie Silva	00:29:05	00:59:34	00:59:15	2709		Senior	95
2666	4311	Ana Rocha	00:29:19	00:59:34	00:59:04	2687		V35	69
2667	2078	Fernando Alves	00:30:14	00:59:34	00:58:20	2584	SS CGD	V55	180
2668	707	Rita Rocha	00:26:53	00:59:36	00:58:50	2664		Senior	96
2669	3327	Carlos Tome	00:29:02	00:59:36	00:58:41	2645	Clube Millennium bcp	V65	51
2670	3108	Nuno Camilo	00:30:01	00:59:37	00:58:37	2631		V40	464
2671	3270	Tiago Mineiro	00:30:33	00:59:38	00:58:56	2671	Boris Team	V35	339
2672	1253	Carlos Matoso	00:30:20	00:59:39	00:58:26	2598		V35	340
2673	3002	Marta Manso	00:29:52	00:59:40	00:59:27	2737		V40	87
2674	2291	Paulo Serrano	00:28:34	00:59:40	00:59:26	2734	ALCES TEAM	V45	415
2675	4447	Florence Glen	00:30:51	00:59:40	00:58:56	2673		Senior	97
2676	2865	Mafalda Ribeiro	00:29:28	00:59:43	00:59:11	2703	Mafalda e Orlando	V35	70
2677	3656	Rui Vilela	00:29:12	00:59:43	00:59:22	2724	GD SANTANDERTOTTA	V40	465
2678	1324	Cecília Lourenço	00:29:32	00:59:43	00:59:17	2712	Scalabis Night Runners	V55	15
2679	2888	Nuno Marques	00:31:01	00:59:44	00:58:18	2579	Encosta Team	V45	416
2680	3654	Teresa Silvino	00:29:34	00:59:45	00:59:08	2695	GD SANTANDERTOTTA	Senior	98



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CLASSIFICAÇÕES

Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
2681	1867	Bruno Miranda	00:30:52	00:59:45	00:58:41	2644	Pés com Asas	V35	341
2682	1161	Megal Narenda	00:31:05	00:59:45	00:58:20	2583	Go Go DA DA	Senior	419
2683	4406	Paulo Antunes	00:27:22	00:59:46	00:59:22	2726		Senior	420
2684	3878	Diogo Braga	00:30:25	00:59:46	00:58:34	2622	CLUBE ACCENTURE	Senior	421
2685	664	Hugo Pereira	00:31:18	00:59:46	00:58:18	2580	H&M	V40	466
2686	2240	Ruben Lourenço	00:31:27	00:59:47	00:58:40	2643		V35	342
2687	3324	Carla Faria	00:28:52	00:59:47	00:59:25	2732	Clube Millennium bcp	V50	36
2688	1795	Ricardo Nunes	00:31:27	00:59:47	00:58:40	2641		V35	343
2689	829	Nuno Grandão	00:29:50	00:59:47	00:59:21	2721		V45	417
2690	804	Miguel Cristão	00:29:55	00:59:48	00:59:23	2729	CORRIDAS E COMIDAS	V45	418
2691	4550	Carlos Carvalho	00:30:28	00:59:48	00:58:35	2624	Hiscox	V35	344
2692	805	Virginia Fonseca	00:29:57	00:59:48	00:59:23	2727	CORRIDAS E COMIDAS	V40	88
2693	3680	Carminda Pires	00:29:48	00:59:48	00:59:15	2711		V55	16
2694	1559	Mahomed Hassane	00:31:40	00:59:50	00:58:47	2656		V35	345
2695	3305	Luís Jordão	00:30:41	00:59:51	00:59:05	2689		V40	467
2696	1125	Nídia Agostinho	00:29:50	00:59:51	00:59:20	2717		V35	71
2697	1415	Susana Travanca	00:29:17	00:59:51	00:59:31	2742		V45	79
2698	546	Inês Oliveira	00:29:42	00:59:51	00:59:38	2753	brunosempre	Senior	99
2699	2134	Rui Martins	00:30:39	00:59:53	00:59:51	2781		Senior	422
2700	2141	José Almeida	00:30:38	00:59:53	00:59:35	2748		Senior	423



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CLASSIFICAÇÕES

Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
2701	1928	Tiago Pereira	00:29:39	00:59:53	00:59:35	2749	MM Runners	Senior	424
2702	2591	Rui Gomes	00:29:23	00:59:54	00:58:39	2637		V45	419
2703	1484	Nuno Valente	00:28:41	00:59:55	00:59:46	2771	Clube Novo Banco	Senior	425
2704	4199	Miguel Grazina	00:30:45	00:59:55	00:58:36	2627		V45	420
2705	1851	Ângela Teixeira	00:30:16	00:59:55	00:58:55	2669		Senior	100
2706	4404	Luísa Ferreira	00:29:40	00:59:56	00:59:38	2754	Equipa APCMMV	V45	80
2707	3190	Jorje Moreira	00:31:35	00:59:56	00:59:37	2752	NUCLEO DESPORTIVO AUTOCOOPE	V55	181
2708	1376	Artur Carvalho	00:27:54	00:59:56	00:59:50	2776	CORRER QUELUZ	V45	421
2709	793	Nuno Serrão	00:31:11	00:59:58	00:58:11	2566	Familia Serrão	V40	468
2710	764	Jose Morujo	00:30:19	00:59:58	00:58:16	2574		V55	182
2711	1197	Paulo Rocha	00:29:48	00:59:59	00:58:48	2658		V45	422
2712	72	Nuno Almeida	00:29:17	00:59:59	00:59:39	2757	Anselminho Runners	V35	346
2713	973	Rita Alves	00:29:16	01:00:00	00:59:40	2758	Anselminho Runners	V45	81
2714	3643	Tiago Veiga	00:30:24	01:00:00	00:59:58	2791	GD SANTANDERTOTTA	Senior	426
2715	2869	Herminia Ferreira	00:29:22	01:00:00	00:59:44	2768		V45	82
2716	3642	Carina Veiga	00:30:23	01:00:00	00:58:24	2595	GD SANTANDERTOTTA	Senior	101
2717	1351	Sofia Antunes	00:30:57	01:00:01	00:59:31	2743	OsAntunes	V35	72
2718	4688	Bruno Gonçalves	00:30:08	01:00:02	01:00:00	2797		V35	347
2719	2154	Helena Santos	00:29:00	01:00:03	00:59:52	2784	TAC - Tranquilidade Atletismo Clube	V55	17
2720	2756	Paulo Monteiro	00:32:38	01:00:03	00:59:37	2751		V40	469



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CLASSIFICAÇÕES

Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
2721	4673	Pedro Monteiro	00:30:38	01:00:03	00:58:27	2600	Rapidísimos	Senior	427
2722	213	José Teles	00:28:22	01:00:03	00:59:40	2759		V55	183
2723	2153	António Jorge	00:28:50	01:00:04	00:59:52	2782	TAC - Tranquilidade Atletismo Clube	V60	111
2724	2780	Maribel Silva	00:30:05	01:00:05	00:58:49	2663		V50	37
2725	272	Luis Nunes	00:31:51	01:00:05	00:58:25	2596		V40	470
2726	1839	Pedro Pereira	00:31:52	01:00:05	00:58:24	2592		V40	471
2727	1117	Bruno Cunha	00:31:32	01:00:07	00:59:11	2704		V35	348
2728	1705	Filipe Goucha	00:29:06	01:00:07	01:00:01	2798	ADRC Mata de Benfica	Senior	428
2729	2202	Mario Santos	00:29:09	01:00:08	01:00:01	2799	CCD PM CASCAIS	V45	423
2730	1361	Luis Lança	00:30:25	01:00:08	00:58:29	2609		V40	472
2731	3682	António Saiote	00:30:34	01:00:08	00:58:48	2657		V40	473
2732	2652	Pedro Coelho	00:30:29	01:00:09	00:58:30	2613	Captain Fly	V40	474
2733	1529	Valter Nunes	00:29:10	01:00:10	00:58:28	2606		V40	475
2734	3399	Jackelini Pinheiro	00:31:49	01:00:11	00:59:53	2787		Senior	102
2735	492	Angela Brito	00:29:12	01:00:11	00:59:23	2730		V55	18
2736	2137	João Macário	00:29:46	01:00:11	00:59:42	2763		V60	112
2737	3644	Cristina Sousa	00:30:30	01:00:11	00:59:26	2735	GD SANTANDERTOTTA	V35	73
2738	3663	Susana Guerreiro	00:30:30	01:00:11	00:59:27	2736	GD SANTANDERTOTTA	V40	89
2739	3667	Gonçalo Neves	00:31:15	01:00:12	00:58:59	2677	GD SANTANDERTOTTA	Junior	26
2740	1530	Mónica Cunha	00:31:04	01:00:12	00:58:30	2614		V35	74



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CLASSIFICAÇÕES

Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
2741	2051	Virginia Delgado	00:29:48	01:00:13	00:59:53	2785		V45	83
2742	3427	Maria Fortes	00:30:50	01:00:13	00:59:50	2777	RUN TEJO	V40	476
2743	4391	Ana Serrão	00:30:50	01:00:13	00:59:50	2778	RUN TEJO	V35	75
2744	3339	Virgilio Ferreira	00:30:56	01:00:15	00:59:44	2766	Clube Millennium bcp	V60	113
2745	926	Teresa Nicolau	00:29:23	01:00:16	00:59:25	2733		V55	19
2746	4154	Marta Gomes	00:30:41	01:00:16	00:59:02	2681	VdAmigas	Senior	103
2747	1302	João Goncalves	00:29:36	01:00:16	00:59:52	2783		V55	184
2748	2358	Filomena Fialho	00:31:13	01:00:16	00:59:09	2698	CORRER QUELUZ	V50	38
2749	3679	Damião Rega	00:28:57	01:00:18	00:59:43	2765		V55	185
2750	1949	Daniela Afonso	00:30:04	01:00:19	00:59:59	2792		Senior	104
2751	3085	Jose Serralheiro	00:29:30	01:00:19	00:59:46	2770		V40	477
2752	1058	Filipe Pinheiro	00:27:57	01:00:19	00:59:49	2774		Junior	27
2753	4737	José Dias	00:30:39	01:00:20	00:58:42	2649		V35	349
2754	2880	Tiago Moacho	00:33:36	01:00:20	01:00:19	2836	Run Forrest Run	Senior	429
2755	4551	Jonathan Pires	00:30:27	01:00:20	00:59:07	2693	Hiscox	Senior	430
2756	2754	Sónia Guerreiro	00:29:17	01:00:20	01:00:15	2830		V35	76
2757	1178	Sónia Borrego	00:28:53	01:00:21	01:00:08	2812		V40	90
2758	4581	Irene Inácio	00:30:13	01:00:24	01:00:09	2816	Bruno sempre	V45	84
2759	3508	Ana Rodrigues	00:30:12	01:00:24	01:00:10	2822		V45	85
2760	1330	José Feliciano	00:30:43	01:00:25	00:58:49	2660	JRF & Companhia	V55	186



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CLASSIFICAÇÕES

Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
2761	264	Sandra Almeida	00:30:53	01:00:25	00:59:04	2686		V45	86
2762	3070	Vitor Cruz	00:30:30	01:00:25	00:59:07	2694		V50	266
2763	73	Adriano Zambujeiro	00:29:33	01:00:26	01:00:04	2804	Anselminho Runners	V40	478
2764	3753	Marco Candeias	00:30:18	01:00:26	00:59:37	2750	Pernas Loucas	V40	479
2765	1438	Marisa Serra	00:29:35	01:00:26	01:00:05	2808		V45	87
2766	4001	Sofia Nogueira	00:29:30	01:00:26	00:59:33	2746	Pimpoes trail team	V40	91
2767	1368	Iolanda Vaz	00:30:25	01:00:27	00:59:02	2682		V35	77
2768	1506	Luís Silva	00:29:37	01:00:27	01:00:10	2821	CONSULAI	V50	267
2769	1505	Rita Rijo	00:29:36	01:00:27	01:00:10	2820	CONSULAI	V40	92
2770	4325	Bruno Lagarto	00:30:30	01:00:27	00:59:34	2747		V40	480
2771	4716	Tamara Petkovic	00:31:45	01:00:28	00:59:19	2716		Senior	105
2772	4717	Sebastian Scheiel	00:32:29	01:00:29	00:59:19	2715		Senior	431
2773	2159	Cláudia Tam	00:30:10	01:00:29	01:00:04	2806	TAC - Tranquilidade Atletismo Clube	V35	78
2774	1075	Vitor Escária	00:30:26	01:00:29	00:59:24	2731	escaria&friends	V45	424
2775	3349	Francisco Silva	00:28:42	01:00:29	00:59:59	2793	Clube Millennium bcp	V45	425
2776	3221	José Valentim	00:30:59	01:00:29	00:59:59	2794	CLUBE COLABORADORES AGEAS	V45	426
2777	2306	Jorge Lourenço	00:29:51	01:00:29	00:59:41	2760	Runners Power	V40	481
2778	2398	Tiago Sampaio	00:29:49	01:00:30	01:00:04	2803		V35	350
2779	1714	Rui Ferreira	00:31:32	01:00:30	00:59:05	2690		V45	427
2780	960	Jorge Calejo	00:31:03	01:00:30	00:59:39	2755		V45	428



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CLASSIFICAÇÕES

Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
2781	3668	Luis Dias	00:31:14	01:00:30	00:59:17	2713	GD SANTANDERTOTTA	V40	482
2782	2397	André Jorge	00:29:50	01:00:31	01:00:04	2805		Senior	432
2783	1086	João Mayor	00:30:17	01:00:31	01:00:29	2857		V70	16
2784	2665	Cristina Pita	00:29:57	01:00:31	00:59:41	2761		Senior	106
2785	3896	João Cavaleiro	00:29:48	01:00:31	00:58:59	2678		V40	483
2786	3479	Ana Silva	00:29:56	01:00:31	00:59:41	2762		Senior	107
2787	3666	Ricardo Neves	00:31:13	01:00:32	00:59:20	2718	GD SANTANDERTOTTA	V40	484
2788	3979	Celeste Alves	00:30:34	01:00:32	01:00:03	2801		V60	4
2789	3323	Tiago Nogueira	00:28:20	01:00:32	01:00:10	2823	Clube Millennium bcp	V45	429
2790	1467	Jorge Maximo	00:29:47	01:00:33	00:59:48	2773	Clube Novo Banco	V40	485
2791	349	Sofia Gomes	00:29:45	01:00:34	00:59:50	2775		Senior	108
2792	4024	Adriana Turenschi	00:28:41	01:00:35	01:00:16	2831	ENJOADAS DO ASFALTO	Senior	109
2793	2728	Silvia Soares	00:30:23	01:00:37	00:59:53	2786		V40	93
2794	3579	Ana Reis	00:30:23	01:00:37	00:59:54	2788		V40	94
2795	856	João Davim	00:29:07	01:00:38	01:00:11	2825		Senior	433
2796	4652	Alexandra Rodrigues	00:26:17	01:00:38	01:00:25	2849		V45	88
2797	872	Rui Carvalho	00:29:22	01:00:39	01:00:33	2865		V50	268
2798	2633	Sofia Ambrioso	00:29:55	01:00:39	01:00:09	2817	BRRnightRUNNERS	V40	95
2799	2874	Paula Magalhães	00:30:08	01:00:39	00:59:39	2756	LisRunning CPA	V45	89
2800	3255	José Pardal	00:31:43	01:00:39	00:59:29	2739		V40	486



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CLASSIFICAÇÕES

Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
2801	4549	Joao Melo	00:30:27	01:00:40	00:59:28	2738	Hiscox	Senior	434
2802	3639	Tiago Canhoto	00:31:16	01:00:40	00:59:04	2684	GD SANTANDERTOTTA	V45	430
2803	4548	Diogo Serafim	00:30:28	01:00:41	00:59:29	2740	Hiscox	Senior	435
2804	1724	Amílcar Gonçalves	00:30:21	01:00:42	01:00:23	2842		V55	187
2805	842	Sandro Braz	00:29:17	01:00:43	01:00:18	2832		V35	351
2806	3577	Sergio Oliveira	00:29:41	01:00:43	01:00:24	2846		V45	431
2807	1583	Renato Alves	00:26:19	01:00:44	01:00:39	2879		V35	352
2808	665	Marta Pereira	00:31:18	01:00:44	00:59:15	2708	H&M	V35	79
2809	3884	Júlio Miranda	00:30:57	01:00:44	00:59:08	2697	CLUBE ACCENTURE	V55	188
2810	3016	Ricardo Preguiça	00:29:22	01:00:44	01:00:20	2838		Senior	436
2811	4027	Nuno Mendes	00:29:19	01:00:45	01:00:06	2810	Quarentões na Bisga	V45	432
2812	4097	Sandymary Cross	00:31:32	01:00:46	00:59:10	2701		V40	96
2813	1587	Rui Jacinto	00:31:04	01:00:46	00:59:56	2790		Senior	437
2814	4695	Rita Casimiro	00:30:22	01:00:48	00:59:51	2779		Senior	110
2815	3117	Rita Silva	00:29:16	01:00:48	01:00:41	2882		Senior	111
2816	4142	Ana Pereira	00:29:09	01:00:48	01:00:37	2873	gdctincm	V40	97
2817	612	Vítor Pereira	00:29:15	01:00:48	01:00:39	2876	RUN4BEER	V55	189
2818	2065	Jorge Santos	00:29:56	01:00:50	00:59:51	2780		V50	269
2819	1098	Pedro Curveira	00:30:18	01:00:50	01:00:20	2837		V55	190
2820	1076	Sofia Escária	00:30:27	01:00:51	00:59:46	2772	escaria&friends	Senior	112



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CLASSIFICAÇÕES

Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
2821	4008	António Santos	00:29:05	01:00:51	01:00:42	2883	Grupo Recreativo e Desportivo Ribeira da Lage	V70	17
2822	2313	Ana Aleixo	00:29:57	01:00:51	01:00:32	2864	Linda-a-Pastora Sporting Clube	V40	98
2823	1780	Eunice Graça	00:30:04	01:00:52	01:00:39	2878		Senior	113
2824	4408	Cláudia Cunha	00:30:43	01:00:52	01:00:04	2802		V40	99
2825	2415	Carla Geda	00:30:56	01:00:52	00:59:23	2728		V40	100
2826	3092	Antonio Santos	00:34:27	01:00:54	01:00:53	2896		V45	433
2827	2671	Nelson Ramos	00:29:18	01:00:54	01:00:23	2841	Kenianos Azuis	V35	353
2828	2453	Fernando Saraiva	00:29:15	01:00:56	01:00:25	2850		V60	114
2829	3368	Rodolfo Lima	00:30:15	01:00:56	01:00:23	2844	Clube Millennium bcp	V50	270
2830	1830	João Ferreira	00:30:53	01:00:57	00:59:42	2764		V35	354
2831	4384	Joana Pina	00:32:34	01:00:57	01:00:06	2809		Senior	114
2832	2834	Pedro Henriques	00:31:22	01:00:59	00:59:32	2744		Senior	438
2833	1163	Tiago Oliveira	00:31:22	01:01:00	00:59:32	2745	Go Go DA DA	Senior	439
2834	2042	Francisco Linhol	00:30:42	01:01:00	01:00:34	2866		V60	115
2835	3986	Carla Fernandes	00:34:53	01:01:00	01:00:59	2905	Asas	V40	101
2836	708	Rui Rocha	00:28:53	01:01:00	01:00:14	2828		Senior	440
2837	2853	Manuel Cardoso	00:30:18	01:01:01	01:00:25	2848		V50	271
2838	4198	Maria Ferreira	00:30:45	01:01:02	01:00:01	2800		V60	5
2839	4510	André	00:30:48	01:01:04	01:01:02	2910		Senior	441
2840	1557	Eduardo Santos	00:30:55	01:01:04	01:00:47	2890		V55	191



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CLASSIFICAÇÕES

Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
2841	1606	Daniel Coelho	00:30:17	01:01:04	00:59:59	2795		V40	487
2842	3297	Patrícia Falcão	00:30:00	01:01:07	01:00:31	2859		V40	102
2843	3295	Claudia Matos	00:30:00	01:01:07	01:00:31	2861		V40	103
2844	2008	Rodrigo Cardoso	00:30:29	01:01:07	01:00:38	2875		Senior	442
2845	2007	Ricardo Lampreia	00:30:30	01:01:09	01:00:39	2877		V40	488
2846	2718	Nicolau Furtado	00:29:59	01:01:10	01:00:48	2891		V50	272
2847	4511	Teresa Morais	00:31:21	01:01:12	01:00:10	2824		V45	90
2848	3664	Samuel Rosado	00:30:31	01:01:12	01:00:31	2862	GD SANTANDERTOTTA	V40	489
2849	1648	Carla Reis	00:28:52	01:01:13	01:00:57	2900		V35	80
2850	1911	José Gil	00:30:51	01:01:15	00:59:56	2789		V45	434
2851	224	Madalena Teixeira	00:29:59	01:01:15	01:01:05	2919	as lesmas	V60	6
2852	4217	Céline Dupont	00:32:33	01:01:15	00:59:45	2769		V35	81
2853	227	Elisabete Matias	00:29:59	01:01:16	01:01:06	2920	as lesmas	V50	39
2854	615	Fernando Chasqueira	00:28:41	01:01:16	01:01:04	2918		V65	52
2855	955	José Figueiredo	00:28:33	01:01:16	01:01:10	2923		V65	53
2856	2015	Catarina Machado	00:31:02	01:01:17	01:00:19	2835		Senior	115
2857	3386	Vanda Oliveira	00:29:45	01:01:17	01:01:04	2916		V45	91
2858	3072	Antonio Horta	00:29:46	01:01:17	01:01:04	2917		V60	116
2859	3467	Hugo Pinheiro	00:31:08	01:01:17	01:00:35	2868		Senior	443
2860	1037	Lúisa Nabais	00:31:14	01:01:17	01:00:10	2819	CORRER QUELUZ	V50	40



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CLASSIFICAÇÕES

Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
2861	1036	Paulo Gordo	00:31:13	01:01:17	01:00:09	2814	CORRER QUELUZ	V50	273
2862	3496	Lúis Rodrigues	00:32:36	01:01:17	01:00:24	2845		V40	490
2863	368	Carlos Cabarrão	00:31:16	01:01:18	01:00:52	2894		V60	117
2864	229	Veloso Maria	00:30:12	01:01:18	01:00:36	2871		V65	3
2865	640	Isabel Santos	00:30:26	01:01:19	01:00:35	2867	condores varge mondar	V40	104
2866	632	Orlando Pereira	00:30:24	01:01:19	01:00:31	2860	condores varge mondar	V55	192
2867	1327	Carla Dias	00:30:33	01:01:20	00:59:44	2767	JRF & Companhia	V45	92
2868	1843	Helder Costa	00:30:23	01:01:21	01:00:18	2833		V45	435
2869	1581	Ricardo Silva	00:31:28	01:01:21	01:00:36	2870		V45	436
2870	4517	Dhiren Haresh	00:30:33	01:01:21	01:00:07	2811	Hiscox	Senior	444
2871	596	Carlos Ferreira	00:31:06	01:01:22	01:00:12	2826	CAMARA LISBOA CLUBE	V50	274
2872	3827	Paulo Coelho	00:30:41	01:01:22	01:00:19	2834		V45	437
2873	46	António Tavares	00:31:15	01:01:23	01:00:21	2839		V40	491
2874	1118	Carlos Rodrigues	00:29:51	01:01:23	01:00:32	2863		V40	492
2875	3565	Jorge Coimbra	00:31:01	01:01:25	01:00:09	2815		V40	493
2876	1144	Isabel Magalhães	00:29:54	01:01:26	01:01:13	2929		V60	7
2877	268	Mónica Graça	00:30:36	01:01:26	01:00:40	2880		V40	105
2878	4279	Rosário Nobre	00:30:12	01:01:28	01:00:37	2872		V50	41
2879	81	Ana Gorgueira	00:30:07	01:01:28	01:01:12	2926		Senior	116
2880	4748	Ricardo Prazeres	00:31:47	01:01:28	01:00:43	2884		Senior	445



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Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
2881	63	Paula Antunes	00:30:29	01:01:29	01:01:16	2935		V45	93
2882	214	Maria Marques	00:30:29	01:01:29	01:01:16	2938		V50	42
2883	2055	Pedro Rodrigues	00:30:10	01:01:29	01:01:07	2921		V35	355
2884	1988	Bruno Santos	00:30:55	01:01:30	01:00:00	2796		V40	494
2885	147	Cláudia Nunes	00:30:06	01:01:30	01:01:14	2932		V35	82
2886	2717	Bárbara Coimbra	00:31:01	01:01:31	01:00:15	2829		Senior	117
2887	4500	Pedro Chaves	00:29:42	01:01:31	01:00:27	2854		V45	438
2888	2470	Alex Oliveira	00:29:35	01:01:31	01:00:27	2855		V45	94
2889	2950	Edgar Silva	00:30:18	01:01:31	01:00:23	2840	Wings on Feet	Senior	446
2890	4585	Pedro Gomes	00:31:33	01:01:31	01:00:08	2813		V45	439
2891	4584	Paulo Gomes	00:30:06	01:01:31	01:00:09	2818		V45	440
2892	2949	Marisa Pereira	00:30:17	01:01:31	01:00:23	2843	Wings on Feet	Senior	118
2893	3877	Daniel Fonseca	00:30:17	01:01:32	01:00:25	2847	CLUBE ACCENTURE	Senior	447
2894	393	Nuno Rosa	00:30:49	01:01:32	01:00:36	2869		V45	441
2895	4729	Natanael Pereira	00:30:58	01:01:32	01:00:05	2807		Senior	448
2896	720	Glória Vilela	00:30:08	01:01:32	01:01:16	2937		V40	106
2897	3218	Inês Rodrigues	00:30:54	01:01:32	01:00:57	2901	CLUBE COLABORADORES AGEAS	V35	83
2898	669	Paula Nogueira	00:30:14	01:01:33	01:00:55	2898	Quarentões na Bisga	V45	95
2899	3214	Catarina Altas	00:30:37	01:01:33	01:01:00	2907	CLUBE COLABORADORES AGEAS	V45	96
2900	2898	João Jacinto	00:28:55	01:01:34	01:01:00	2908	Tartarugas Solidárias	V35	356



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CLASSIFICAÇÕES

Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
2901	4473	Cláudia Caseiro	00:32:53	01:01:35	01:00:37	2874		Senior	119
2902	197	Ana Madeira	00:30:28	01:01:36	01:00:55	2899		V35	84
2903	1116	Sandra Cunha	00:31:32	01:01:37	01:00:40	2881		V35	85
2904	3211	Ricardo Piteira	00:30:09	01:01:38	01:01:12	2927	Os Galgos	Senior	449
2905	3236	Sónia Baptista	00:30:39	01:01:38	01:00:28	2856		V40	107
2906	215	Paulo Santos	00:31:33	01:01:38	01:00:26	2851		V35	357
2907	2935	Luis Neto	00:32:09	01:01:38	01:00:27	2853	AON Empower Results	Senior	450
2908	1837	Tania Goncalves	00:30:14	01:01:38	01:01:19	2942		Senior	120
2909	4089	Alexandra Pinto	00:31:14	01:01:41	01:00:30	2858		V45	97
2910	2247	Rui Oliveira	00:31:28	01:01:43	01:00:58	2904		V45	442
2911	2511	Hugo Baptista	00:29:15	01:01:44	01:01:09	2922		V35	358
2912	2804	André Rolão	00:30:13	01:01:44	01:01:03	2915	Corrida Noturna Parque das Nações	V35	359
2913	3520	Edi Pires	00:31:53	01:01:45	01:00:52	2895	Tivoli Runners	V45	443
2914	1799	Cristina Neves	00:30:41	01:01:48	01:01:34	2961		V45	98
2915	1280	André Loureiro	00:35:55	01:01:49	01:01:48	2982	Clube EDP Lisboa	V35	360
2916	911	Beatriz Patrício	00:32:01	01:01:51	01:00:44	2886		Senior	121
2917	835	Paulo Patrício	00:32:01	01:01:51	01:00:44	2885		V45	444
2918	2192	Carla Mendes	00:29:42	01:01:51	01:01:33	2958	Grupo Recreativo e Desportivo Ribeira da Lage	V35	86
2919	3686	João Vieira	00:30:53	01:01:51	01:00:14	2827		Senior	451
2920	1975	Paula Soares	00:30:26	01:01:52	01:01:24	2951	Team Soares	V50	43



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CLASSIFICAÇÕES

Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
2921	3963	João Fortes	00:31:16	01:01:52	01:00:54	2897		V45	445
2922	3000	Sonia Martins	00:29:15	01:01:52	01:01:44	2977		Senior	122
2923	1744	Henrique Koenders	00:31:11	01:01:52	01:00:46	2887		V45	446
2924	3506	Beatriz Leones	00:30:06	01:01:53	01:01:24	2949		V45	99
2925	1959	Eduardo Barradas	00:31:16	01:01:54	01:00:47	2889	Mind Runners	V35	361
2926	598	João Figueiredo	00:31:54	01:01:54	01:00:47	2888	CAMARA LISBOA CLUBE	V60	118
2927	18	Cristina Aguiã	00:30:55	01:01:55	01:01:14	2931		V45	100
2928	21	Matilde Fernandes	00:30:55	01:01:55	01:01:16	2936		V50	44
2929	4210	Luis Bettencourt	00:31:49	01:01:55	01:00:26	2852		V60	119
2930	2623	Ângelo Duarte	00:32:06	01:01:56	01:00:48	2892	Ticket+	V35	362
2931	692	Carla Neves	00:30:47	01:01:56	01:00:57	2902		V35	87
2932	3219	Joana Morim	00:29:43	01:01:59	01:01:26	2952	CLUBE COLABORADORES AGEAS	V35	88
2933	4401	Nuno Balsas	00:30:51	01:02:02	01:00:59	2906	Equipa APCMVM	V40	495
2934	1343	Jaime Trabucho	00:31:59	01:02:02	01:01:15	2933		V50	275
2935	1466	Jorge Ascensão	00:30:00	01:02:03	01:01:32	2955	Clube Novo Banco	V40	496
2936	4595	Luis Compoete	00:30:26	01:02:03	01:01:49	2983		V45	447
2937	948	Ricardo Picanço	00:29:06	01:02:07	01:01:57	2994		V45	448
2938	3461	Virgínia Adegas	00:32:06	01:02:08	01:01:03	2913		Senior	123
2939	3047	José Santos	00:32:28	01:02:09	01:01:18	2940		V60	120
2940	4237	Vitor Pereira	00:29:06	01:02:11	01:01:44	2976	Cofina Runners	V45	449



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CLASSIFICAÇÕES

Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
2941	1976	Teresa Tupholme	00:29:39	01:02:12	01:01:43	2972	Team Soares	V45	101
2942	4059	Tânia Cardoso	00:30:24	01:02:12	01:01:50	2986	Academia Fitness Militar	Senior	124
2943	2505	Joana Braga	00:32:44	01:02:12	01:01:03	2914		Senior	125
2944	2503	Pedro Gomes	00:32:45	01:02:12	01:01:03	2912		Senior	452
2945	1170	Preeti Yadav	00:30:12	01:02:14	01:01:43	2971	Nerds for speed	Senior	126
2946	4527	Margarida Azevedo	00:31:34	01:02:18	01:02:12	3010	Hiscox	V40	108
2947	4129	Vítor Pereira	00:31:44	01:02:23	01:01:21	2946		V45	450
2948	814	Angela Santos	00:31:06	01:02:25	01:01:37	2963		Senior	127
2949	4025	Luís Oliveira	00:30:14	01:02:25	01:02:08	3006	Equipa "EpáNaoSeiLOL"	Senior	453
2950	1366	Pedro Carvalho	00:30:27	01:02:27	01:01:46	2980		V45	451
2951	1759	Ana Silva	00:30:59	01:02:28	01:02:04	3002	K.LAV	V40	109
2952	3431	Flavia Penan	00:30:44	01:02:29	01:01:57	2993	BRRnightRUNNERS	Senior	128
2953	1760	Leonor Loureiro	00:30:59	01:02:29	01:02:04	3001	K.LAV	V40	110
2954	4474	Sónia Alves	00:31:32	01:02:29	01:01:12	2925		V40	111
2955	4411	Alexandra Silva	00:31:29	01:02:30	01:01:13	2928	GINjinha Runners	V40	112
2956	3215	Catarina Morgado	00:31:31	01:02:30	01:01:13	2930	CLUBE COLABORADORES AGEAS	V40	113
2957	2892	Catia Nunes	00:31:28	01:02:30	01:01:01	2909	Encosta Team	Senior	129
2958	3909	Célia Silva	00:31:20	01:02:31	01:00:51	2893		V40	114
2959	3857	Luigi Rossi	00:31:32	01:02:32	01:02:02	2998		V65	54
2960	4472	Carmen Silva	00:30:40	01:02:33	01:01:43	2970		V35	89



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CLASSIFICAÇÕES

Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
2961	721	Carla Santos	00:31:25	01:02:33	01:01:49	2985		V45	102
2962	885	Miguel Santos	00:30:06	01:02:33	01:01:33	2957		Senior	454
2963	1150	Márcia Jeronymo	00:32:13	01:02:34	01:00:58	2903		V40	115
2964	854	Aline Almeida	00:31:05	01:02:35	01:02:13	3011		V35	90
2965	1216	Pedro Paulo	00:32:26	01:02:35	01:01:22	2947		V40	497
2966	3774	Nuno Santos	00:32:18	01:02:35	01:01:16	2934		V35	363
2967	884	Victor Santos	00:32:22	01:02:35	01:01:37	2962		V50	276
2968	2499	Maria Andrade	00:29:45	01:02:37	01:02:14	3012		V35	91
2969	2374	João Carrinho	00:29:12	01:02:37	01:02:25	3029		V50	277
2970	4284	Sandra Santos	00:32:25	01:02:37	01:01:02	2911		V35	92
2971	1702	Joana Fitas	00:32:43	01:02:37	01:01:19	2943		Senior	130
2972	1701	Flávio Pereira	00:32:43	01:02:37	01:01:20	2944		Senior	455
2973	4634	Andrés Pérez	00:32:04	01:02:37	01:02:02	3000		V45	452
2974	2981	João Farinha	00:29:22	01:02:38	01:02:21	3021		V40	498
2975	1221	Maria Bello	00:32:45	01:02:39	01:01:37	2964		V45	103
2976	978	Ana Ventura	00:31:49	01:02:40	01:01:18	2941		V45	104
2977	586	Jorge Domingues	00:30:24	01:02:42	01:02:27	3031		V65	55
2978	3112	Miguel Santos	00:33:22	01:02:42	01:01:38	2965		Senior	456
2979	1875	Jorge Gomes	00:33:22	01:02:42	01:01:39	2966		V55	193
2980	3735	Joaquim Amaral	00:33:23	01:02:42	01:01:39	2967	GRCD	V40	499



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CLASSIFICAÇÕES

Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
2981	199	Pedro Costa	00:31:42	01:02:42	01:02:15	3013		V40	500
2982	4045	Marisa Gonçalves	00:33:38	01:02:43	01:01:12	2924	CASA DO PESSOAL DA RTP	Senior	131
2983	253	Mariana Pinheiro	00:31:42	01:02:43	01:02:17	3017		V35	93
2984	565	Cesar Guerra	00:31:40	01:02:43	01:01:44	2973		V45	453
2985	4029	Paulo Inácio	00:30:25	01:02:44	01:02:16	3015	Clube Venus	V35	364
2986	4028	Alexandra Inácio	00:30:39	01:02:44	01:02:16	3016	Clube Venus	V40	116
2987	3566	Ana Silva	00:31:57	01:02:45	01:01:34	2960		Senior	132
2988	3882	Inês Ferreira	00:31:56	01:02:45	01:01:34	2959	CLUBE ACCENTURE	Senior	133
2989	93	Rui Meneses	00:31:12	01:02:45	01:02:28	3032		V40	501
2990	3881	Hussein Rassid	00:29:13	01:02:45	01:01:44	2975	CLUBE ACCENTURE	Senior	457
2991	2305	Acácio Gamboa	00:31:08	01:02:47	01:01:49	2984		V45	454
2992	2855	Susana Martins	00:31:02	01:02:50	01:02:11	3009		V45	105
2993	943	Vera Lima	00:31:04	01:02:50	01:01:56	2992		V45	106
2994	4669	Noélia Leal	00:30:40	01:02:50	01:02:02	2999		V35	94
2995	1605	Rui Cunha	00:32:35	01:02:51	01:01:46	2981		V40	502
2996	782	Ricardo Abreu	00:31:39	01:02:51	01:01:29	2953	The Last Ones	V35	365
2997	781	Filipa Abreu	00:31:38	01:02:52	01:01:31	2954	The Last Ones	Senior	134
2998	3023	Bruno Santos	00:31:40	01:02:54	01:01:21	2945		V40	503
2999	1858	Vanda Chaves	00:31:34	01:02:55	01:02:21	3023	BRRnightRUNNERS	V40	117
3000	3351	Carlos Conceicao	00:30:55	01:02:55	01:02:35	3038	Clube Millennium bcp	V55	194



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CLASSIFICAÇÕES

Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
3001	3060	Rafael Szmit	00:33:55	01:02:56	01:01:18	2939		V40	504
3002	3175	André Pinto	00:30:57	01:02:56	01:02:23	3026	Avigilon	Senior	458
3003	3759	João Seborro	00:30:01	01:02:57	01:02:48	3059		V50	278
3004	2828	Luísa Pintão	00:30:32	01:02:58	01:02:44	3054		V60	8
3005	2029	Hugo Sobreira	00:24:08	01:02:58	01:02:47	3058		V40	505
3006	755	Eunice Silva	00:30:48	01:03:00	01:02:15	3014	ROODINHAS-Santos Silva/Oxygen Gym	V45	107
3007	2650	António Pinto	00:33:33	01:03:02	01:01:44	2974		V50	279
3008	4050	João Beirão	00:30:54	01:03:02	01:01:45	2978	JuniRacers	Senior	459
3009	2610	Henrique Vilhena	00:32:31	01:03:02	01:01:23	2948		V60	121
3010	853	António Pinho	00:32:34	01:03:03	01:01:24	2950		V65	56
3011	786	Kiko Ponciano	00:30:00	01:03:03	01:02:18	3018	ROODINHAS-Santos Silva/Oxygen Gym	V45	455
3012	3021	Ana Belchior	00:32:02	01:03:04	01:01:45	2979		V35	95
3013	86	Gilda Ferreira	00:30:42	01:03:04	01:02:37	3043		V45	108
3014	513	Lídia Santos	00:31:46	01:03:05	01:02:29	3033	Asas	V50	45
3015	2205	Tania Valentim	00:33:07	01:03:05	01:02:24	3028	CCD PM CASCAIS	V35	96
3016	4378	Rui Almeida	00:30:59	01:03:06	01:02:34	3035		V40	506
3017	4661	José Capucho	00:31:11	01:03:06	01:02:01	2997		V50	280
3018	4022	Ana Candeias	00:30:16	01:03:08	01:02:49	3060	ENJOADAS DO ASFALTO	V40	118
3019	2689	Maria Vidal	00:31:50	01:03:09	01:01:59	2996		V35	97
3020	4023	Patricia Almeida	00:30:16	01:03:09	01:02:51	3064	ENJOADAS DO ASFALTO	V40	119



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CLASSIFICAÇÕES

Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
3021	1039	Elsa Nunes	00:29:29	01:03:10	01:02:59	3070	correrLoures	V40	120
3022	47	Vítor Marques	00:31:44	01:03:11	01:02:07	3004		V35	366
3023	2172	Madalena Pina	00:31:25	01:03:11	01:02:37	3048	Clube TAP PORTUGAL	V50	46
3024	48	Helena Marques	00:31:43	01:03:11	01:02:08	3007		V35	98
3025	1739	Sara Faro	00:29:28	01:03:12	01:03:01	3072		V40	121
3026	2287	António Silva	00:31:27	01:03:12	01:02:47	3057		V60	122
3027	1142	Rita Brandao	00:32:36	01:03:14	01:01:32	2956		Senior	135
3028	2919	Andreia Soares	00:31:43	01:03:15	01:02:37	3045		V35	99
3029	4270	Nuno Gonçalves	00:31:34	01:03:15	01:02:05	3003		V55	195
3030	2734	Adília Rosa	00:31:45	01:03:16	01:02:36	3041		V40	122
3031	3783	Vanda Martins	00:31:40	01:03:17	01:02:37	3047		V40	123
3032	909	Fernando Filipe	00:29:49	01:03:18	01:03:10	3081		V45	456
3033	2583	Raquel Mota	00:32:17	01:03:18	01:01:51	2987		V40	124
3034	3782	Anca Santos	00:33:48	01:03:18	01:01:41	2969		Senior	136
3035	3781	Eugénio Santos	00:33:47	01:03:19	01:01:41	2968		V50	281
3036	422	Duarte Figueira	00:34:01	01:03:20	01:01:52	2989		V35	367
3037	4191	Luís Silveira	00:33:45	01:03:20	01:02:08	3005		V35	368
3038	1639	José Correia	00:31:25	01:03:20	01:02:45	3055	Atletico Via Rara	V60	123
3039	1172	Lukasz Pawlinski	00:31:02	01:03:21	01:01:55	2990	Nerds for speed	Senior	460
3040	4355	Etelvina Paulino	00:31:00	01:03:21	01:03:01	3074		V55	20



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CLASSIFICAÇÕES

Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
3041	1078	Isilda Barradas	00:31:16	01:03:22	01:02:31	3034		V65	4
3042	146	Ana Neves	00:34:02	01:03:22	01:01:55	2991		Senior	137
3043	904	Virgínia Pereira	00:30:23	01:03:23	01:02:35	3039		V50	47
3044	1384	Iva Oliveira	00:31:22	01:03:24	01:02:58	3069	MLGTS	V40	125
3045	2316	Rita Mina	00:31:05	01:03:26	01:02:52	3066	Linda-a-Pastora Sporting Clube	V45	109
3046	698	Fernando Martins	00:32:46	01:03:26	01:02:52	3065		V50	282
3047	2265	Antonio Valente	00:30:53	01:03:26	01:02:36	3040		V60	124
3048	936	Natacha Ii	00:31:48	01:03:27	01:02:09	3008	Cuca Team	V40	126
3049	3161	Ines Carvalho	00:30:49	01:03:30	01:03:17	3089	Carvalho Confraria	V40	127
3050	1243	Mafalda Monteiro	00:30:47	01:03:31	01:02:20	3019		V40	128
3051	78	José Faria	00:30:53	01:03:32	01:02:59	3071		V55	196
3052	934	Sonia Godinho	00:30:44	01:03:34	01:03:06	3078	correrLoures	V40	129
3053	4278	Jose Coelho	00:31:47	01:03:36	01:01:51	2988		V50	283
3054	3371	Olga Lopes	00:30:55	01:03:37	01:03:06	3079	Clube Millennium bcp	V40	130
3055	3293	Melo	00:31:26	01:03:37	01:03:13	3085	Goodfelas	V45	457
3056	1042	Elsa Sousa	00:30:33	01:03:37	01:03:25	3093	correrLoures	V45	110
3057	388	Pedro Honório	00:30:25	01:03:38	01:03:34	3107		V50	284
3058	4552	Arif Khan	00:31:50	01:03:39	01:02:24	3027	Hiscox	Senior	461
3059	2846	Tatiane Cardoso	00:32:43	01:03:42	01:01:58	2995		V35	100
3060	1786	Mariana Freire	00:32:12	01:03:43	01:02:50	3062		Senior	138



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CLASSIFICAÇÕES

Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
3061	2454	Mafalda Saraiva	00:30:07	01:03:43	01:03:25	3094		V40	131
3062	504	Miriam Bettencourt	00:31:54	01:03:44	01:02:49	3061		V35	101
3063	2408	Bruno Ferreira	00:31:48	01:03:45	01:02:46	3056	The Running Dead	Senior	462
3064	1428	Maria Santos	00:30:36	01:03:46	01:03:29	3104		V50	48
3065	2050	Ana Marçal	00:30:25	01:03:46	01:02:50	3063		Senior	139
3066	768	Marcia Correia	00:31:44	01:03:46	01:02:35	3037		Senior	140
3067	479	David Lopes	00:31:02	01:03:48	01:03:27	3099	Victorious Secret	V35	369
3068	478	Joana Oliveira	00:31:02	01:03:49	01:03:27	3100	Victorious Secret	Senior	141
3069	1510	Catarina Castro	00:32:32	01:03:49	01:02:57	3068	Tartarugas Solidárias	V35	102
3070	3777	António Gonçalves	00:32:32	01:03:49	01:02:57	3067		V40	507
3071	4185	Moises Pires	00:31:22	01:03:55	01:03:15	3087		V50	285
3072	4518	Monika Ozcelik	00:31:17	01:03:55	01:03:40	3110	Hiscox	Senior	142
3073	4111	Carlos Correia	00:31:22	01:03:56	01:03:15	3088		V60	125
3074	4653	Maria Coutinho	00:31:19	01:03:56	01:03:56	3132		V55	21
3075	2424	Sofia Lopes	00:30:47	01:03:57	01:03:31	3105	AZB	V35	103
3076	4662	Isabel Dias	00:32:02	01:03:58	01:02:25	3030		V50	49
3077	544	Raquel Moleiro	00:30:13	01:03:59	01:03:44	3116	brunosempre	V40	132
3078	959	Maria Silva	00:31:32	01:03:59	01:03:27	3098		V45	111
3079	1848	Miguel Tavares	00:32:49	01:03:59	01:02:42	3051		V45	458
3080	3769	Clara Allegro	00:32:37	01:04:00	01:02:43	3052		Senior	143



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Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
3081	3079	Monica Mira	00:32:21	01:04:01	01:03:13	3086		Senior	144
3082	3780	Natalia Fernandes	00:31:45	01:04:02	01:02:41	3050		V55	22
3083	2066	Vitor Nunes	00:31:43	01:04:04	01:03:06	3080		V50	286
3084	2692	Carla Gomes	00:32:48	01:04:04	01:03:42	3113	SGS MOVING FORWARD	V45	112
3085	2369	Hugo Lima	00:32:57	01:04:04	01:02:23	3025	Gang dos Pais	V35	370
3086	2370	Joao Chasqueira	00:32:57	01:04:05	01:02:22	3024	Gang dos Pais	V40	508
3087	2506	Alexandra Tavares	00:31:25	01:04:05	01:03:41	3112		V40	133
3088	4116	Maria Romero	00:31:53	01:04:05	01:03:32	3106		V55	23
3089	4202	Ana Andrade	00:32:17	01:04:05	01:02:20	3020		V40	134
3090	3164	Guiomar Amado	00:32:04	01:04:06	01:03:29	3103	CORRER QUELUZ	V45	113
3091	114	Ricardo Marques	00:34:14	01:04:09	01:02:21	3022		V35	371
3092	894	Pedro Reis	00:31:07	01:04:10	01:03:51	3127		V45	459
3093	2094	Manuel Baptista	00:32:52	01:04:12	01:02:37	3044	SS CGD	V50	287
3094	3528	Rui Sousa	00:33:03	01:04:13	01:03:19	3090	Tivoli Runners	V50	288
3095	4201	Cecilia Pardal	00:32:06	01:04:14	01:02:43	3053		V45	460
3096	3174	Mark Paulo	00:30:57	01:04:14	01:03:41	3111	Avigilon	Senior	463
3097	3251	Pedro Alferes	00:31:00	01:04:14	01:03:45	3118		V50	289
3098	3007	Sergio Sa	00:30:58	01:04:15	01:03:46	3120		V50	290
3099	2180	Rebeca Guerra	00:31:56	01:04:15	01:03:54	3131	Clube Vodafone	Senior	145
3100	2181	Pedro Santos	00:31:54	01:04:17	01:03:56	3133	Clube Vodafone	V40	509



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CLASSIFICAÇÕES

Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
3101	3785	João Brito	00:30:53	01:04:18	01:03:12	3083		V45	461
3102	1753	Maria Teixeira	00:31:53	01:04:19	01:03:25	3095	ALGYMNS	V45	114
3103	601	Daniel Antunes	00:22:52	01:04:21	01:04:19	3150	CAMARA LISBOA CLUBE	V55	197
3104	2110	Rui Oliveira	00:30:30	01:04:22	01:03:53	3129	SS CGD	V50	291
3105	3152	Luis Dias	00:34:06	01:04:22	01:02:35	3036	PONCHA RUNNERS	V40	510
3106	3154	Ivo Fernandes	00:34:06	01:04:23	01:02:36	3042	PONCHA RUNNERS	Senior	464
3107	590	Paulo Cerqueira	00:31:57	01:04:23	01:03:03	3075		V45	462
3108	589	José Cerqueira	00:31:58	01:04:24	01:03:03	3077		V55	198
3109	3803	João Cabaço	00:36:02	01:04:24	01:02:37	3046		V40	511
3110	3468	José Pinto	00:36:00	01:04:25	01:02:38	3049		V35	372
3111	4707	Helmuth Obilcnik	00:33:48	01:04:25	01:03:03	3076		V55	199
3112	2001	Nuno Oliveira	00:30:28	01:04:27	01:03:57	3135		V40	512
3113	4405	Joana Gomes	00:31:05	01:04:30	01:03:48	3125		Senior	146
3114	174	Rui Vieira	00:35:49	01:04:30	01:04:29	3163		V45	463
3115	4743	Tatiana Ildefonso	00:31:44	01:04:32	01:03:01	3073		V35	104
3116	1831	Eduardo Lopes	00:31:53	01:04:32	01:03:59	3137		V50	292
3117	4066	Martinho Botelho	00:32:25	01:04:32	01:03:13	3084		Senior	465
3118	3505	Ines Alves	00:32:31	01:04:33	01:04:08	3141		V45	115
3119	1626	Maria Soares	00:32:28	01:04:33	01:04:06	3139	30 SEGUNDOS AO KM	V50	50
3120	712	Isabel Redmont	00:31:38	01:04:34	01:04:09	3142		V45	116



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CLASSIFICAÇÕES

Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
3121	3691	João Moreira	00:32:02	01:04:35	01:04:18	3148	VALE DE MADEIROS SC	V45	464
3122	117	Gonçalo Rocha	00:31:30	01:04:36	01:04:10	3143		V50	293
3123	561	João Ferreira	00:32:02	01:04:36	01:03:22	3091	GINjinha Runners	V45	465
3124	903	Vítor Pereira	00:30:23	01:04:42	01:03:54	3130		V45	466
3125	3758	Patricia Dinis	00:31:32	01:04:42	01:04:33	3174		V45	117
3126	3903	João Diogo	00:31:03	01:04:42	01:03:43	3115		Senior	466
3127	1730	Patricia Miranda	00:32:50	01:04:44	01:03:28	3101		V40	135
3128	2244	João Borges	00:31:25	01:04:44	01:03:23	3092		V50	294
3129	1033	Maria Simoes	00:30:56	01:04:45	01:04:33	3175		V50	51
3130	922	João Pires	00:30:17	01:04:46	01:04:06	3140		V45	467
3131	3249	Rita Jacobetty	00:31:40	01:04:47	01:03:53	3128		Senior	147
3132	37	António Peças	00:32:48	01:04:48	01:03:34	3108		V50	295
3133	944	Jorge Ferro	00:34:32	01:04:48	01:03:10	3082		V45	468
3134	3048	Maria Santos	00:32:31	01:04:49	01:03:58	3136		V55	24
3135	1360	Sancha Pereira	00:33:34	01:04:50	01:03:25	3096		Senior	148
3136	727	Dorindo Ferreira	00:29:52	01:04:50	01:04:29	3164	Ferreira	V70	18
3137	4121	Hugo Ferreira	00:31:19	01:04:51	01:03:43	3114		V35	373
3138	76	Bárbara Faria	00:32:25	01:04:52	01:04:19	3149		Senior	149
3139	4231	Fernando Rodrigues	00:36:43	01:04:54	01:04:53	3199	Cofina Runners	V55	200
3140	332	Sara Fulgêncio	00:31:31	01:04:55	01:04:31	3172		V40	136



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CLASSIFICAÇÕES

Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
3141	859	Paulo Dias	00:31:03	01:04:55	01:04:26	3156		V40	513
3142	2958	Valter Gonçalves	00:31:12	01:04:55	01:03:49	3126		V35	374
3143	331	Luís Catita	00:31:32	01:04:55	01:04:31	3171		V50	296
3144	824	Verónica Dias	00:31:03	01:04:56	01:04:27	3158		V40	137
3145	2439	Elisa Honório	00:32:34	01:04:58	01:03:28	3102		V40	138
3146	3103	Joana Carmo	00:29:32	01:05:01	01:04:15	3144		Senior	150
3147	4031	Beatriz Silva	00:31:18	01:05:02	01:04:49	3192		V55	25
3148	3734	Jorge Paulino	00:32:55	01:05:02	01:04:42	3187	Clube Desportivo de Mafra	V60	126
3149	3716	Suzana Silveiro	00:31:38	01:05:04	01:04:37	3181		V45	118
3150	4069	Isabel Agostinho	00:31:23	01:05:06	01:04:52	3198		V45	119
3151	1854	Ana Calafate	00:33:43	01:05:07	01:04:15	3145	Tartarugas Solidárias	V50	52
3152	868	Carla Nascimento	00:33:26	01:05:08	01:03:46	3119		V40	139
3153	1358	Carlos Lourenço	00:33:48	01:05:08	01:03:48	3124		V60	127
3154	1096	Teresa Reis	00:33:25	01:05:09	01:03:47	3122		V40	140
3155	4105	Tiago Correia	00:30:56	01:05:09	01:04:52	3196		Senior	467
3156	4104	Beatriz Louro	00:30:58	01:05:09	01:04:52	3197		Senior	151
3157	474	Hermínio Costa	00:32:47	01:05:10	01:05:08	3218		V55	201
3158	1732	Ana Faneca	00:33:15	01:05:10	01:03:26	3097		V45	120
3159	3794	Carla Rodrigues	00:33:37	01:05:12	01:04:05	3138	La família	V40	141
3160	3990	Catarina Ferreira	00:32:33	01:05:12	01:03:37	3109	Gaeiras Running Team	V35	105



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CLASSIFICAÇÕES

Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
3161	1756	Raquel Cunha	00:32:32	01:05:12	01:04:44	3189	K.LAV	V40	142
3162	1931	Filipe Henriques	00:35:39	01:05:13	01:05:12	3220	#runforfun	V35	375
3163	1518	João Gomes	00:33:42	01:05:13	01:03:47	3121		V65	57
3164	4101	Nuno Jerónimo	00:38:06	01:05:16	01:05:15	3225		V40	514
3165	2386	Rui Vaz	00:31:00	01:05:18	01:05:14	3224		V45	469
3166	2526	Miguel Soares	00:29:58	01:05:19	01:04:24	3154	InnoWave Technologies	V45	470
3167	1069	Rute Dias	00:32:34	01:05:19	01:04:20	3152		V45	121
3168	2781	José Santos	00:29:40	01:05:19	01:05:12	3221		V55	202
3169	4593	Marcia Ferreira	00:32:35	01:05:22	01:04:42	3188		Senior	152
3170	1396	Sara Fernandes	00:33:13	01:05:23	01:03:57	3134		Senior	153
3171	916	José Nogueira	00:33:13	01:05:23	01:04:16	3146		V45	471
3172	779	António Mendes	00:32:10	01:05:24	01:04:59	3208		V55	203
3173	2593	Rute Nogueira	00:33:28	01:05:25	01:03:47	3123		Senior	154
3174	503	Miguel Duarte	00:32:34	01:05:25	01:04:30	3165		V35	376
3175	1941	João Barbosa	00:32:02	01:05:25	01:04:26	3155	CCDTMETROLX	V55	204
3176	2160	Sandra Lourenço	00:32:36	01:05:25	01:04:34	3178	Runners Power	V40	143
3177	2161	Joana Santos	00:32:36	01:05:26	01:04:35	3179	Runners Power	Senior	155
3178	1244	Christine Opitz	00:33:42	01:05:27	01:03:45	3117		V35	106
3179	3552	Sara Carvalha	00:31:08	01:05:30	01:05:00	3209		V40	144
3180	3678	Alipio Costa	00:31:08	01:05:30	01:04:58	3206		V55	205



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CLASSIFICAÇÕES

Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
3181	4747	Ana Carvalho	00:31:29	01:05:30	01:05:04	3215	Clube Millennium bcp	V40	145
3182	4177	Carla Martinez	00:31:54	01:05:31	01:04:50	3194		V50	53
3183	3177	Ana Vieira	00:31:46	01:05:33	01:04:20	3151	As fortes	V40	146
3184	3947	Ricardo Santos	00:30:17	01:05:34	01:04:49	3193		Senior	468
3185	1168	Olivia Lucas	00:32:55	01:05:35	01:05:17	3226	BREAKAWAY	V50	54
3186	1167	Vítor Lucas	00:31:22	01:05:35	01:05:17	3227	BREAKAWAY	V55	206
3187	1453	Antonio Reis	00:32:47	01:05:36	01:04:51	3195	Clube Novo Banco	V50	297
3188	3063	Rita Elvas	00:33:11	01:05:36	01:04:31	3170		V40	147
3189	4295	Dinis Santos	00:33:09	01:05:37	01:05:02	3211		V60	128
3190	676	Joao Palma	00:32:34	01:05:37	01:04:18	3147		V40	515
3191	4754	Tiago Fernandes	00:32:28	01:05:38	01:04:55	3203		Senior	469
3192	1558	Paula Ferreira	00:30:56	01:05:39	01:05:23	3235		V45	122
3193	1394	Maria Pontes	00:32:45	01:05:41	01:04:54	3202		V45	123
3194	1447	Teresa Martinho	00:28:23	01:05:42	01:05:23	3234		Senior	156
3195	2351	Ana Madeira	00:31:50	01:05:44	01:05:26	3236	GDCT Unicre	V45	124
3196	2354	Marta Reynolds	00:31:50	01:05:44	01:05:27	3238	GDCT Unicre	Senior	157
3197	3624	João Gonçalves	00:32:23	01:05:45	01:04:48	3191	PowerBoost Club	V45	472
3198	3609	Margarida Pinto	00:37:54	01:05:46	01:05:44	3255	GFD Running	V45	125
3199	2080	Filipa Almeida	00:31:56	01:05:48	01:05:43	3254	SS CGD	Senior	158
3200	122	Pedro Faro	00:32:11	01:05:49	01:05:19	3229		V50	298



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CLASSIFICAÇÕES

Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
3201	1281	António Figueiredo	00:37:27	01:05:49	01:05:48	3257	Clube EDP Lisboa	V55	207
3202	2759	Miguel Faria	00:30:59	01:05:50	01:05:42	3253	Link	Senior	470
3203	496	Sérgio Gonaçalves	00:32:06	01:05:52	01:05:35	3248		V35	377
3204	3615	Ricardo Branco	00:37:54	01:05:52	01:05:51	3262	GFD Running	V45	473
3205	4195	Filipe Mil-Homens	00:32:23	01:05:52	01:04:37	3180		Senior	471
3206	475	Filipa Simões	00:32:23	01:05:53	01:04:38	3182		Senior	159
3207	1572	Carla Cardoso	00:33:14	01:05:53	01:05:22	3233		V40	148
3208	2668	Tiago Bento	00:31:10	01:05:54	01:04:30	3168		Junior	28
3209	3834	Luis Lourenço	00:31:52	01:05:54	01:05:33	3244		V40	516
3210	491	Antonio Brito	00:31:31	01:05:54	01:05:05	3216		V55	208
3211	2638	José Gonçalves	00:30:37	01:05:57	01:05:45	3256		V45	474
3212	1382	Nuno Costa	00:32:44	01:05:57	01:04:59	3207	Quarentões na Bisga	V45	475
3213	1804	Sandra Monteiro	00:31:51	01:05:57	01:05:36	3250		V40	149
3214	3645	Fabio Dias	00:33:19	01:05:58	01:04:30	3167	GD SANTANDERTOTTA	V45	476
3215	1750	Carlos Marques	00:33:34	01:05:58	01:04:28	3161	Sofimagos	V50	299
3216	3550	João Lourenço	00:32:26	01:05:58	01:04:40	3185		V40	517
3217	271	Rosa Rodrigues	00:32:53	01:06:00	01:04:38	3183		V45	126
3218	2565	Cristina Abreu	00:33:28	01:06:01	01:04:24	3153		V40	150
3219	2264	Anwari Ilman	00:31:35	01:06:03	01:04:39	3184		Senior	472
3220	3501	Luis Lopes	00:32:10	01:06:03	01:05:34	3245		V65	58



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CLASSIFICAÇÕES

Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
3221	2875	Sandra Duarte	00:33:03	01:06:04	01:05:05	3217	LisRunning CPA	V45	127
3222	2796	Ricardo Fonseca	00:32:16	01:06:06	01:05:49	3259	Casa do Pessoal do IVA	V40	518
3223	2619	Duarte Carvalho	00:32:41	01:06:06	01:04:34	3177		Senior	473
3224	509	Ana Ferrabelo	00:32:47	01:06:06	01:05:30	3240	Asas	V35	107
3225	507	Pedro Ferrabelo	00:32:24	01:06:07	01:05:26	3237	Asas	V40	519
3226	2794	Silva	00:32:16	01:06:07	01:05:53	3264	Casa do Pessoal do IVA	V70	19
3227	510	António Marques	00:32:46	01:06:07	01:05:30	3241	Asas	V65	59
3228	2797	Sandra Silva	00:32:16	01:06:07	01:05:53	3265	Casa do Pessoal do IVA	V45	128
3229	3287	Paulo Pereira	00:33:50	01:06:07	01:04:30	3166		V45	477
3230	2595	Isabel Oliveira	00:33:50	01:06:08	01:04:27	3159		V55	26
3231	1091	Maria Cardoso	00:33:51	01:06:08	01:04:28	3162		V35	108
3232	403	João Santos	00:33:50	01:06:08	01:04:27	3160		V35	378
3233	2140	Luis Reis	00:32:09	01:06:08	01:04:54	3201		V60	129
3234	3035	David Neto	00:31:34	01:06:08	01:04:47	3190		Senior	474
3235	3681	Filomena Silva	00:32:25	01:06:08	01:05:21	3231		V45	129
3236	1666	Guilherme Albino	00:33:50	01:06:08	01:04:27	3157		V40	520
3237	3846	Sara Martins	00:33:05	01:06:09	01:04:32	3173		Senior	160
3238	2829	Ricardo Santos	00:33:54	01:06:09	01:04:31	3169		Senior	475
3239	3708	João Carvalho	00:33:49	01:06:12	01:04:41	3186		V40	521
3240	4446	Ana Godinho	00:32:33	01:06:12	01:05:51	3263		V45	130



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CLASSIFICAÇÕES

Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
3241	4319	Tiago Monteiro	00:32:33	01:06:16	01:05:11	3219		V35	379
3242	2811	Ana Fragoso	00:32:27	01:06:17	01:05:14	3223	Corrida Noturna Parque das Nações	V40	151
3243	3831	Ana Ramos	00:33:47	01:06:18	01:04:33	3176		V40	152
3244	582	Manuela Castro	00:32:48	01:06:21	01:06:08	3271	Runners de Kintal	V40	153
3245	1373	Selma Marcelli	00:33:49	01:06:21	01:05:01	3210		V45	131
3246	4390	Bruno Alves	00:33:15	01:06:22	01:05:36	3249	Grupo Marcha e Corrida Jamor	V35	380
3247	958	Bruno Afonso	00:33:15	01:06:22	01:05:35	3246		V40	522
3248	2235	Ana Mendes	00:33:02	01:06:22	01:05:21	3230		V35	109
3249	2245	Judite Basilio	00:33:13	01:06:25	01:04:57	3205		V55	27
3250	2331	Sandra Almeida	00:31:55	01:06:26	01:06:12	3279	FIT Runners	V45	132
3251	3178	Magda Raposo	00:34:29	01:06:26	01:05:13	3222	As fortes	V40	154
3252	4704	Ana Filipa	00:33:53	01:06:27	01:04:53	3200		Senior	161
3253	1515	Beatriz Franco	00:33:06	01:06:34	01:06:04	3269		V60	9
3254	4494	Carlos Teixeira	00:33:10	01:06:34	01:05:27	3239		V75	2
3255	2884	Carla Amaral	00:34:41	01:06:34	01:05:02	3213	Encosta Team	V40	155
3256	2941	Jose Amaral	00:34:41	01:06:34	01:05:03	3214	Encosta Team	V40	523
3257	2669	Tiago Coelho	00:33:09	01:06:35	01:05:58	3268		V35	381
3258	4189	Cecilia Ribeiro	00:34:32	01:06:37	01:05:56	3266		V45	133
3259	252	Isabel Amaral	00:32:25	01:06:38	01:05:51	3261		V50	55
3260	2458	Vitor Matos	00:33:02	01:06:41	01:05:31	3242		V50	300



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CLASSIFICAÇÕES

Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
3261	1065	Miguel Salgueiro	00:32:05	01:06:42	01:04:57	3204		V40	524
3262	4010	Andreia Almeida	00:33:18	01:06:46	01:05:02	3212		Senior	162
3263	1540	Nuno Ramos	00:33:21	01:06:46	01:06:20	3288		V45	478
3264	1541	Dina Ramos	00:33:21	01:06:47	01:06:20	3289		V45	134
3265	2107	Rita Antunes	00:32:54	01:06:47	01:06:20	3287	SS CGD	V40	156
3266	4214	Sérgio Oliveira	00:30:10	01:06:47	01:06:46	3307		V35	382
3267	3481	Helena Guerreiro	00:35:18	01:06:48	01:05:17	3228	Malta da Pesada	V45	135
3268	4440	Ana Rolo	00:32:38	01:06:48	01:06:30	3295	As comadres	V50	56
3269	4299	Miguel Pardal	00:32:07	01:06:52	01:05:21	3232		V50	301
3270	2020	Ricardo Peças	00:31:27	01:06:52	01:06:26	3292		V40	525
3271	867	Fernando Gomes	00:32:57	01:06:53	01:05:48	3258		V40	526
3272	3773	Sofia Pignatelli	00:33:06	01:06:55	01:06:17	3284		V40	157
3273	583	Carla Nunes	00:32:48	01:06:57	01:05:39	3251	Família Nunes	V40	158
3274	2572	Maria Azevedo	00:32:49	01:07:00	01:06:58	3326	Clube Vodafone	V45	136
3275	2863	Susana Almeida	00:32:25	01:07:01	01:06:29	3293	Caracóis de Pedra	V35	110
3276	335	Pedro Pereira	00:33:17	01:07:02	01:06:09	3272		V45	479
3277	334	Rute Henriques	00:33:16	01:07:02	01:06:09	3273		V35	111
3278	2421	Sofia Capote	00:32:30	01:07:04	01:05:57	3267		V35	112
3279	2535	Joana Matos	00:32:43	01:07:04	01:06:10	3275	Vamos a todas!	V35	113
3280	901	Cátia Gaudêncio	00:32:49	01:07:04	01:05:35	3247		V35	114



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CLASSIFICAÇÕES

Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
3281	4141	Sandra Silva	00:32:48	01:07:04	01:06:53	3318	DUO DINÂMICO	V35	115
3282	3201	Sérgio Pinto	00:30:58	01:07:05	01:06:56	3323	Cotovia Running	Senior	476
3283	3165	Paloma Rosamonte	00:32:25	01:07:07	01:06:31	3296	CORRER QUELUZ	Junior	6
3284	3747	Sonia Casaca	00:33:47	01:07:09	01:06:20	3290	Pernas Loucas	V40	159
3285	699	Ana Martins	00:32:46	01:07:09	01:06:36	3297		V45	137
3286	2686	Elisabeth Loureiro	00:32:55	01:07:09	01:06:16	3283	Sporting Clube de Casainhos	V60	10
3287	1365	Isabel Coelho	00:33:41	01:07:10	01:05:40	3252		V50	57
3288	3825	Claudia Oliveira	00:33:26	01:07:12	01:06:46	3309		V35	116
3289	1785	Carina Amaro	00:35:17	01:07:14	01:05:32	3243		Senior	163
3290	145	Jorge Baptista	00:32:28	01:07:14	01:06:58	3328		V60	130
3291	2045	Célia Marmelo	00:33:10	01:07:16	01:07:00	3331		V35	117
3292	4131	Colin Jennings	00:33:12	01:07:16	01:07:01	3332		V70	20
3293	3580	Ana Barra	00:33:30	01:07:16	01:06:39	3302		V45	138
3294	70	Samuel Joaquim	00:33:20	01:07:17	01:06:19	3286		V65	60
3295	2695	Nuno Guedes	00:32:09	01:07:17	01:06:53	3319	SGS MOVING FORWARD	V40	527
3296	1704	Nuno Guerreiro	00:32:56	01:07:18	01:06:56	3322	ADRC Mata de Benfica	V35	383
3297	1973	Teresa Torres	00:32:57	01:07:18	01:06:58	3327	ADRC Mata de Benfica	Senior	164
3298	1124	Ana-Alice Pereira	00:32:23	01:07:19	01:07:04	3337		V55	28
3299	1485	Paula Mello	00:32:43	01:07:23	01:07:02	3334	Clube Novo Banco	V50	58
3300	1449	António Vidas	00:30:49	01:07:24	01:07:16	3352	CLUBE ANACOM	V50	302



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CLASSIFICAÇÕES

Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
3301	1971	Ana Borges	00:32:41	01:07:24	01:07:19	3353	FunBus - Barreiro	Senior	165
3302	183	Joana Roldao	00:32:38	01:07:25	01:07:06	3342	Duo maravilha	V35	118
3303	184	David Roldao	00:32:37	01:07:25	01:07:06	3341	Duo maravilha	V40	528
3304	4262	Sonia Afonso	00:32:32	01:07:26	01:06:06	3270	GRUPO CORRIDA JCS	Senior	166
3305	3750	Ana Rodrigues	00:33:48	01:07:26	01:06:37	3299	Pernas Loucas	V55	29
3306	4537	Neil Hamer	00:28:47	01:07:27	01:07:06	3340	Hiscox	V35	384
3307	4547	Filipe Santos	00:36:41	01:07:28	01:06:12	3280	Hiscox	Senior	477
3308	1403	Maria Moucho	00:30:31	01:07:28	01:07:21	3354		V55	30
3309	1637	Carla Ferreira	00:32:16	01:07:31	01:06:38	3301		V40	160
3310	4310	Inês Paulino	00:33:10	01:07:31	01:07:11	3348		V35	119
3311	3633	Jose Monteiro	00:33:59	01:07:32	01:06:14	3282	GD SANTANDERTOTTA	V65	61
3312	3868	Manuel Ribeiro	00:27:31	01:07:33	01:06:22	3291		Senior	478
3313	3343	Leonel Ferreirinha	00:33:10	01:07:34	01:07:00	3330	Clube Millennium bcp	V70	21
3314	3212	Ana Santos	00:33:09	01:07:34	01:07:01	3333	CLUBE COLABORADORES AGEAS	V40	161
3315	770	Preciosa Passinhas	00:32:24	01:07:34	01:07:12	3350		V40	162
3316	2967	Sergio Ganhão	00:32:15	01:07:35	01:07:26	3357		V40	529
3317	2965	Rui Rodrigues	00:32:15	01:07:35	01:07:27	3359		V45	480
3318	1414	Paulo Domingos	00:35:14	01:07:37	01:06:45	3306		V45	481
3319	2469	Adelino Mateus	00:33:19	01:07:37	01:07:24	3356		V55	209
3320	2174	Luis Conceição	00:34:00	01:07:38	01:07:36	3366	Clube TAP PORTUGAL	V35	385



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CLASSIFICAÇÕES

Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
3321	2500	Vasco Ferreira	00:32:34	01:07:40	01:06:43	3305		V45	482
3322	1758	Fernanda Neves	00:34:12	01:07:40	01:07:12	3349	K.LAV	V55	31
3323	1801	Joaquim Paula	00:32:03	01:07:42	01:07:11	3347		V45	483
3324	2215	Maria Resende	00:32:59	01:07:42	01:06:41	3303		V50	59
3325	1525	Vanda Correia	00:34:17	01:07:43	01:06:12	3278		V35	120
3326	639	Silvia Santos	00:32:41	01:07:45	01:07:02	3335	condores varge mondar	V45	139
3327	2282	Pedro Silva	00:33:25	01:07:50	01:07:41	3368		V35	386
3328	2284	Carla Nascimento	00:32:29	01:07:50	01:07:41	3369		V45	140
3329	1156	Miguel Machado	00:32:51	01:07:50	01:06:51	3314		V35	387
3330	2807	Pedro Henriques	00:34:07	01:07:50	01:07:07	3343	Corrida Noturna Parque das Nações	V55	210
3331	1757	Alexandra Borges	00:34:12	01:07:50	01:07:22	3355	K.LAV	V35	121
3332	2460	Paulo Cecilio	00:37:22	01:07:51	01:07:50	3375		V40	530
3333	4721	Fábio Pardal	00:32:52	01:07:52	01:06:52	3316		Senior	479
3334	969	Fábio Bagagem	00:33:55	01:07:53	01:06:49	3311		Senior	480
3335	179	José Silva	00:34:14	01:07:53	01:06:14	3281		V45	484
3336	968	Ana Rocha	00:33:55	01:07:53	01:06:52	3317		Senior	167
3337	2365	Pedro Silva	00:34:40	01:07:54	01:06:37	3300	Bolt	V35	388
3338	2364	Ana Amado	00:34:39	01:07:54	01:06:37	3298	Bolt	V35	122
3339	2444	Luísa Santos	00:32:00	01:07:55	01:07:34	3363		V50	60
3340	702	Rui Francisco	00:33:46	01:07:55	01:07:05	3339		Senior	481



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CLASSIFICAÇÕES

Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
3341	2409	Ana Marques	00:33:40	01:07:56	01:06:58	3325	The Running Dead	Senior	168
3342	681	Luís Simões	00:33:46	01:07:56	01:07:05	3338		V60	131
3343	2770	Vanda Ribeiro	00:33:35	01:07:57	01:06:57	3324		V35	123
3344	2069	Guiomar Tomé	00:33:10	01:07:57	01:07:09	3345		V65	5
3345	4132	Sandra Costa	00:33:39	01:07:59	01:07:00	3329		V35	124
3346	725	André Freitas	00:34:14	01:08:00	01:06:09	3274	Tertulianos	V40	531
3347	940	Nuno Cola	00:34:13	01:08:00	01:06:11	3277	Tertulianos	V40	532
3348	2621	João Alexandre	00:34:13	01:08:01	01:06:11	3276	Clube de Corrida do Externato da Luz	V35	389
3349	4388	Susana Marques	00:34:24	01:08:04	01:06:51	3315	Me & You	V45	141
3350	2104	Paulo Andrade	00:34:59	01:08:05	01:06:19	3285	SS CGD	V45	485
3351	877	Vera Correia	00:34:29	01:08:10	01:06:29	3294		V40	163
3352	4159	Luis Palmeiro	00:30:58	01:08:10	01:08:03	3383	TAC - Tranquilidade Atletismo Clube	V45	486
3353	2556	Sandra Marques	00:32:52	01:08:10	01:06:47	3310	Casal Fit	V35	125
3354	3976	Vera Tolêdo	00:31:48	01:08:10	01:07:30	3362		V40	164
3355	1807	João Felicidade	00:33:16	01:08:12	01:07:28	3361		Senior	482
3356	1950	Andreia Capucho	00:33:15	01:08:12	01:08:10	3392		Senior	169
3357	3114	Fernanda Pedro	00:33:42	01:08:12	01:06:53	3321		V45	142
3358	802	Luiz Borges	00:33:49	01:08:12	01:06:53	3320		V60	132
3359	3980	Fátima Rodas	00:34:39	01:08:17	01:06:46	3308		V50	61
3360	3837	André Antunes	00:35:54	01:08:20	01:06:50	3313		Senior	483



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CLASSIFICAÇÕES

Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
3361	3662	Mario Costa	00:37:35	01:08:21	01:08:20	3399	GD SANTANDERTOTTA	V40	533
3362	3629	Telmo Marques	00:30:22	01:08:23	01:07:13	3351	PowerBoost Club	Senior	484
3363	3097	Inês Lourenço	00:33:24	01:08:25	01:06:41	3304		Senior	170
3364	963	Sónia Martins	00:32:04	01:08:26	01:08:17	3396		V35	126
3365	4601	Joaquim Melo	00:33:18	01:08:31	01:07:56	3379		V50	303
3366	2273	Ana Almeida	00:34:42	01:08:32	01:06:49	3312		V35	127
3367	4751	4751	00:34:43	01:08:35	01:07:09	3344		V45	143
3368	144	Johnny Thomassen	00:33:19	01:08:35	01:08:20	3398		V55	211
3369	819	Rosa Falardo	00:33:38	01:08:39	01:08:03	3384		V50	62
3370	975	Marisa Martins	00:33:56	01:08:41	01:07:39	3367		V40	165
3371	1367	Teresa Graça	00:33:35	01:08:42	01:08:22	3403		V60	11
3372	4046	Fabiana Gonçalves	00:34:20	01:08:43	01:07:11	3346	CASA DO PESSOAL DA RTP	Senior	171
3373	2212	Pedro Mendes	00:33:59	01:08:45	01:07:27	3360		V35	390
3374	2324	Paula Matos	00:33:44	01:08:46	01:07:35	3365	Grupo Barraqueiro	V45	144
3375	1045	Jorge Madeira	00:33:18	01:08:46	01:08:22	3404	Os três relâmpagos	V35	391
3376	1046	Hermínio Madeira	00:33:18	01:08:46	01:08:22	3405	Os três relâmpagos	V65	62
3377	274	Armando Correia	00:33:56	01:08:46	01:08:40	3419		V60	133
3378	4144	António Nascimento	00:34:37	01:08:47	01:08:28	3410	gdctincm	V75	3
3379	4146	José Abreu	00:34:37	01:08:47	01:08:30	3411	gdctincm	V70	22
3380	3345	Tania Duro	00:33:06	01:08:49	01:08:02	3382	Clube Millennium bcp	V35	128



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CLASSIFICAÇÕES

Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
3381	2798	Eduardo Pestana	00:34:31	01:08:50	01:07:03	3336	kaninos	V35	392
3382	3675	Filipa Nicolau	00:34:11	01:08:50	01:08:08	3389	passito a passito	Senior	172
3383	4043	Rui Louzeiro	00:32:22	01:08:51	01:07:59	3381	Ginásio Clube Português	V55	212
3384	4042	Helena Estevinha	00:32:22	01:08:51	01:07:59	3380	Ginásio Clube Português	V45	145
3385	2361	Bruno Vaz	00:33:47	01:08:52	01:07:26	3358	FIDELIDADE GDC	V40	534
3386	1308	Paulo Oliva	00:35:09	01:08:54	01:07:35	3364		V50	304
3387	1865	Ana Raimundo	00:34:36	01:08:57	01:07:51	3376	K.LAV	Senior	173
3388	3826	Cláudia Palma	00:34:35	01:08:57	01:07:54	3378		V40	166
3389	1866	Nuno Marcos	00:34:36	01:08:57	01:07:50	3374	K.LAV	Senior	485
3390	3811	Lúcia Carvalho	00:34:01	01:08:58	01:08:06	3388	Grupo FS	V50	63
3391	3992	Daniel Gamado	00:38:09	01:08:59	01:08:58	3433	Colt Runners	V40	535
3392	1132	José Gonçalves	00:34:36	01:09:00	01:08:53	3426		V75	4
3393	3974	Tiago Gonçalves	00:34:36	01:09:00	01:08:50	3424		Junior	29
3394	2081	Francisco Clerigo	00:39:18	01:09:02	01:09:00	3434	SS CGD	V65	63
3395	577	João Cabral	00:34:23	01:09:07	01:07:53	3377		V50	305
3396	3761	Bruno Lourenço	00:30:55	01:09:07	01:08:39	3418		V40	536
3397	965	Ana Trindade	00:31:38	01:09:07	01:08:14	3394		V45	146
3398	3994	Fernanda Vieira	00:33:16	01:09:08	01:08:55	3427		V55	32
3399	631	Ana Sousa	00:34:05	01:09:08	01:08:21	3402	condores varge mondar	V50	64
3400	3982	Marco Coelho	00:34:14	01:09:08	01:08:37	3416		V40	537



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CLASSIFICAÇÕES

Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
3401	4016	Helena Soares	00:33:16	01:09:08	01:08:55	3428		V50	65
3402	3504	Luís Alves	00:32:50	01:09:10	01:08:45	3421		V55	213
3403	1030	Celia Borges	00:33:40	01:09:10	01:08:10	3391		V40	167
3404	1029	Helder Palma	00:33:40	01:09:10	01:08:10	3390		V45	487
3405	365	Diana Cirne	00:34:10	01:09:11	01:09:05	3436		Senior	174
3406	2659	Tânia Pires	00:32:27	01:09:11	01:08:24	3407		V35	129
3407	2658	Miguel Pires	00:32:28	01:09:12	01:08:25	3408		V35	393
3408	442	Fábio Alves	00:39:15	01:09:12	01:09:11	3440		Senior	486
3409	3054	Rita Gaspar	00:34:31	01:09:14	01:08:05	3387		V35	130
3410	3752	Ezzy Dias	00:33:55	01:09:17	01:08:27	3409	Pernas Loucas	Senior	487
3411	2432	Sílvia Jardim	00:33:57	01:09:17	01:08:42	3420		V45	147
3412	2459	Manuela Lopes	00:33:44	01:09:18	01:08:05	3386		V50	66
3413	3465	Celina Jorge	00:35:24	01:09:19	01:07:47	3371		V35	131
3414	1493	Elsa Costa	00:33:44	01:09:19	01:08:56	3429		V50	67
3415	1893	Isabel Cardoso	00:34:22	01:09:20	01:08:17	3395		V50	68
3416	2992	Joao Barata	00:36:25	01:09:20	01:07:47	3370		Senior	488
3417	1741	Maria Ribeiro	00:33:14	01:09:20	01:09:15	3443		V50	69
3418	825	Carla Floriano	00:35:24	01:09:25	01:08:20	3397		V40	168
3419	1712	Cátia Rocha	00:33:29	01:09:26	01:08:30	3412		Senior	175
3420	611	Luís Carvalho	00:37:55	01:09:27	01:09:26	3452	RUN4BEER	V55	214



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CLASSIFICAÇÕES

Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
3421	1306	Vânia Pereira	00:33:44	01:09:27	01:08:39	3417		Senior	176
3422	3860	João Barata	00:32:39	01:09:29	01:08:20	3401		V35	394
3423	3858	Margarida Teixeira	00:32:17	01:09:29	01:08:20	3400		V35	132
3424	3871	Paulo Romeiro	00:34:40	01:09:35	01:07:49	3373		V40	538
3425	3832	Billy Ramos	00:34:56	01:09:35	01:07:49	3372		V40	169
3426	1857	Lídia Pratas	00:34:11	01:09:37	01:09:07	3438	BRRnightRUNNERS	V50	70
3427	962	Mónica Rodrigues	00:35:34	01:09:37	01:08:04	3385		V35	133
3428	1859	Carlos Messias	00:34:11	01:09:40	01:09:10	3439	BRRnightRUNNERS	V50	306
3429	2622	André Guterres	00:33:01	01:09:44	01:08:36	3414	Ticket+	Senior	489
3430	2142	Fernando Marmelo	00:36:25	01:09:45	01:08:11	3393	Rapidísimos	V55	215
3431	1992	Lino Pires	00:33:12	01:09:46	01:08:57	3431		V35	395
3432	2757	Carla Mota	00:32:38	01:09:46	01:09:23	3449		V40	170
3433	2937	Vitor Morais	00:32:08	01:09:47	01:08:34	3413	AON Empower Results	V35	396
3434	3176	Bruno Pereira	00:35:47	01:09:49	01:09:07	3437	Avigilon	V35	397
3435	2574	Isabel Caldeira	00:35:49	01:09:50	01:08:23	3406	FIDELIDADE GDC	V45	148
3436	3354	Acacio Lopes	00:33:51	01:09:50	01:09:21	3444	Clube Millennium bcp	V50	307
3437	4522	Bahaa Ghaffar	00:33:45	01:09:51	01:08:58	3432	Hiscox	Senior	490
3438	791	António Oliveira	00:34:00	01:09:51	01:09:31	3454		V65	64
3439	3923	Rui Mateus	00:35:28	01:09:56	01:08:36	3415		V35	398
3440	3443	Rhoda Duhaylungsod	00:33:37	01:09:56	01:09:52	3479	PINOY ASTIG	V35	134



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CLASSIFICAÇÕES

Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
3441	2787	Nuno Neto	00:27:40	01:09:56	01:09:47	3476		V40	539
3442	2825	Inês Barbosa	00:37:16	01:09:58	01:09:57	3482		V40	171
3443	1877	Teresa Florência	00:34:57	01:10:00	01:08:46	3422		V35	135
3444	1766	Luiz Rosa	00:32:48	01:10:02	01:09:42	3471	CLUBE ATLETISMO AMIGOS DE BELÉM	V65	65
3445	1965	Isabel Gonçalves	00:33:38	01:10:02	01:09:25	3451	CASA DO PESSOAL DA RTP	V55	33
3446	3209	Mónica Sousa	00:33:14	01:10:09	01:09:33	3456	Os Galgos	V40	172
3447	2852	António Escalda	00:33:12	01:10:09	01:09:33	3458	Os Galgos	V45	488
3448	4070	Maria Aguiar	00:34:03	01:10:10	01:10:00	3484		V45	149
3449	2178	Luis Alves	00:35:47	01:10:11	01:09:14	3441	Quarentões na Bisga	V45	489
3450	683	Ricardo Coimbra	00:34:02	01:10:15	01:09:38	3462		V55	216
3451	1752	Artur Dinis	00:33:54	01:10:15	01:09:22	3445	ALGYMNS	V60	134
3452	1820	Alexandra Ruivo	00:33:47	01:10:15	01:09:22	3446		V50	71
3453	3127	Teresa Teixeira	00:33:47	01:10:16	01:09:25	3450	Tartarugas Solidárias	V50	72
3454	1276	Dina Crispim	00:34:45	01:10:16	01:09:38	3464		V40	173
3455	1273	Custodia Carrigo	00:34:52	01:10:16	01:09:38	3465		V55	34
3456	2899	Andreia Crisostomo	00:33:46	01:10:16	01:09:23	3448	Tartarugas Solidárias	Senior	177
3457	1277	Vitor Carrigo	00:34:52	01:10:19	01:09:40	3468		V55	217
3458	2617	Ana Seabra	00:34:22	01:10:19	01:08:47	3423		V50	73
3459	2440	Helia Oliveira	00:34:28	01:10:21	01:09:41	3470		V40	174
3460	3119	Nuno Santos	00:32:19	01:10:22	01:09:44	3473		V45	490



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CLASSIFICAÇÕES

Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
3461	1123	Elisabete Duarte	00:36:08	01:10:23	01:08:52	3425		V45	150
3462	939	Daniel Ramos	00:31:50	01:10:25	01:10:07	3487	Jobrinde - Montes Saloios	V40	540
3463	4553	Marion	00:38:04	01:10:25	01:09:33	3455	Hiscox	Senior	178
3464	1149	Mayer Raposo	00:33:04	01:10:26	01:10:20	3497	ASSOCIAÇÃO DE ATLETISMO LEBRES DO SA	V70	23
3465	1139	Custódio Teigão	00:34:55	01:10:29	01:08:57	3430		V65	66
3466	4495	João Correia	00:32:52	01:10:30	01:09:54	3480		Senior	491
3467	1722	Magda Ribeiro	00:35:46	01:10:33	01:09:39	3466		V35	136
3468	2346	Paulo França	00:34:48	01:10:34	01:10:17	3494	GDCT Unicre	V55	218
3469	2356	Bento Correia	00:34:50	01:10:34	01:10:17	3493	GDCT Unicre	V55	219
3470	2902	Sophie Sampaio	00:34:18	01:10:36	01:09:58	3483		V40	175
3471	3171	Ivo Mendes	00:35:49	01:10:38	01:09:55	3481	Avigilon	V40	541
3472	3892	Sandra Ventura	00:34:54	01:10:41	01:09:05	3435	CLUBE ACCENTURE	Senior	179
3473	4323	Milan Meggi	00:34:44	01:10:41	01:09:27	3453		Senior	492
3474	3281	João Reis	00:35:56	01:10:44	01:10:29	3503	Swimrunners	Senior	493
3475	1954	Nidia Silva	00:34:53	01:10:48	01:10:31	3506		V60	12
3476	4668	Rodrigo Saraiva	00:34:51	01:10:50	01:09:48	3477		V40	542
3477	3630	Margarida Fonseca	00:35:31	01:10:50	01:10:22	3499	MF&A and Friends	V50	74
3478	3631	Nuno Matos	00:35:33	01:10:50	01:10:23	3500	MF&A and Friends	V45	491
3479	4756	João Morgado	00:34:42	01:10:55	01:09:41	3469		Senior	494
3480	2639	Rita Carvalhinho	00:33:41	01:10:55	01:10:44	3509		V40	176



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CLASSIFICAÇÕES

Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
3481	1738	Marisa Machado	00:35:09	01:10:55	01:09:37	3460		Senior	180
3482	750	Rita Barreto	00:35:57	01:10:57	01:10:30	3505		V35	137
3483	1089	Joana Mendes	00:35:55	01:10:57	01:10:30	3504		Senior	181
3484	873	Cristina Brizido	00:34:31	01:10:58	01:09:33	3457		V40	177
3485	3310	Afonso Rodrigues	00:35:35	01:11:00	01:10:10	3489		Junior	30
3486	3185	Mariana Ferreira	00:35:35	01:11:00	01:10:09	3488	correrLoures	Junior	7
3487	3409	Luis Isabelinha	00:36:48	01:11:00	01:09:14	3442	RUN TEJO	V45	492
3488	1094	Miguel Coelho	00:34:46	01:11:02	01:09:22	3447		V45	493
3489	709	Angela Pirralho	00:35:50	01:11:03	01:09:44	3474		Senior	182
3490	2534	Susana Costa	00:36:12	01:11:03	01:10:10	3490	Vamos a todas!	V35	138
3491	4454	Maria Sá	00:34:35	01:11:04	01:10:21	3498		V65	6
3492	2955	Susana Castro	00:35:24	01:11:08	01:09:36	3459		Senior	183
3493	135	Humberto Chaves	00:34:15	01:11:10	01:10:56	3512		V60	135
3494	1071	Natalia Ferreira	00:34:39	01:11:11	01:10:42	3508		V40	178
3495	4415	Tânia Pedro	00:34:35	01:11:14	01:09:38	3463	Remax Conquista	V45	151
3496	2642	José Sanches	00:34:08	01:11:16	01:10:58	3515	Os Caçulas	V40	543
3497	1102	Iryna Hukovska	00:35:15	01:11:17	01:10:28	3502	Bom Garfo	V35	139
3498	792	Lurdes Serrão	00:34:23	01:11:19	01:09:38	3461	Familia Serrão	V40	179
3499	3024	Sandra Santos	00:36:17	01:11:20	01:09:47	3475		V40	180
3500	878	Susana Brazinha	00:36:09	01:11:21	01:09:40	3467		V40	181



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CLASSIFICAÇÕES

Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
3501	4413	Rita Cabral	00:32:16	01:11:23	01:10:53	3510	Remax Conquista	V35	140
3502	2651	Speedy Gonzaga	00:33:38	01:11:23	01:09:43	3472	Captain Fly	V40	544
3503	3553	Hugo Reis	00:35:26	01:11:26	01:10:14	3491		V40	545
3504	2994	Miguel Martins	00:35:26	01:11:26	01:10:14	3492		V40	546
3505	3888	Renata Marinho	00:35:53	01:11:28	01:09:51	3478	CLUBE ACCENTURE	Senior	184
3506	2575	Paulo Alves	00:35:50	01:11:29	01:10:01	3485	FIDELIDADE GDC	V50	308
3507	1300	Nuno Costa	00:34:13	01:11:33	01:10:03	3486	Malta Pop	V35	399
3508	855	Francisco Mimoso	00:34:54	01:11:35	01:11:11	3523		V60	136
3509	4685	Sofia Cortesão	00:34:30	01:11:36	01:11:18	3526		Senior	185
3510	1960	Joana Fernandes	00:36:15	01:11:36	01:10:20	3496	Mind Runners	Senior	186
3511	4230	Diana Ramos	00:34:30	01:11:37	01:11:21	3528	Cofina Runners	V35	141
3512	3037	Marina Melo	00:35:25	01:11:42	01:10:58	3514		V40	182
3513	2889	Teresa Fernandes	00:34:50	01:11:46	01:10:18	3495	Encosta Team	V45	152
3514	354	Margarida Andrade	00:34:22	01:11:51	01:10:25	3501		V40	183
3515	2275	Silvia Martins	00:35:49	01:11:52	01:11:18	3527		V45	153
3516	2056	Nuno Pereira	00:35:43	01:11:53	01:11:02	3518		V40	547
3517	1899	Alfredo Amaro	00:35:43	01:11:53	01:11:04	3520		V50	309
3518	4186	Elisa Dias	00:33:47	01:11:57	01:11:38	3533		V55	35
3519	3008	Stephanie Gouveia	00:35:35	01:12:00	01:11:48	3537		Senior	187
3520	4439	Leonor Pinto	00:34:26	01:12:01	01:11:42	3536	As comadres	V45	154



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CLASSIFICAÇÕES

Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
3521	4636	Martinho Roque	00:35:56	01:12:03	01:10:32	3507		V45	494
3522	2437	Pedro Antunes	00:33:15	01:12:04	01:11:40	3534		Senior	495
3523	1608	Susana Ramos	00:35:15	01:12:07	01:11:02	3517		V35	142
3524	4571	Silvia Baptista	00:38:23	01:12:08	01:05:50	3260		V45	155
3525	1337	Marisa Costa	00:35:37	01:12:09	01:11:03	3519		V35	143
3526	1338	Rui Silva	00:35:37	01:12:09	01:11:04	3521		V35	400
3527	3334	Fernando Ferreira	00:35:54	01:12:09	01:12:01	3543	Clube Millennium bcp	V70	24
3528	3322	Artur Botao	00:35:54	01:12:11	01:12:02	3544	Clube Millennium bcp	V45	495
3529	2626	Miguel Pacheco	00:34:04	01:12:12	01:11:02	3516	Ticket+	V35	401
3530	2725	Sani Rogunata	00:35:48	01:12:13	01:10:54	3511		Junior	31
3531	1357	Ana Lourenço	00:35:35	01:12:18	01:11:22	3529		V50	75
3532	3476	Francisco Pena	00:38:23	01:12:26	01:11:25	3531		V40	548
3533	4135	Paula Marques	00:35:29	01:12:37	01:11:55	3539		V40	184
3534	2748	Susana Horta	00:35:48	01:12:37	01:10:56	3513		V45	156
3535	4332	Iva Castro	00:35:28	01:12:37	01:11:56	3540		V50	76
3536	4251	Isabel Vaz	00:34:32	01:12:38	01:11:17	3525	GRUPO CORRIDA JCS	V35	144
3537	981	Ana Freitas	00:37:27	01:12:38	01:11:06	3522		V50	77
3538	3450	Aires Tumale	00:33:37	01:12:42	01:12:37	3560	PINOY ASTIG	V35	145
3539	3448	Dina Smulders	00:34:39	01:12:50	01:12:44	3561	PINOY ASTIG	V35	146
3540	3437	Ma. Bocol	00:33:44	01:12:50	01:12:47	3562	PINOY ASTIG	V40	185



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CLASSIFICAÇÕES

Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
3541	2344	Dora Gomes	00:35:36	01:12:56	01:11:13	3524	Familia Feliz	V40	186
3542	1708	Maria Macedo	00:36:10	01:13:01	01:12:26	3553		V55	36
3543	3526	Anabela Santos	00:35:07	01:13:01	01:12:07	3547	Tivoli Runners	V40	187
3544	2376	Paulo Godinho	00:34:40	01:13:04	01:12:26	3552		V50	310
3545	1299	Sonia Serafim	00:35:44	01:13:04	01:11:35	3532	Malta Pop	V35	147
3546	560	Dora Cruz	00:36:30	01:13:05	01:11:48	3538	GINjinha Runners	V45	157
3547	2355	Rui Ferreira	00:36:08	01:13:05	01:12:49	3565	GDCT Unicre	V40	549
3548	4475	Elsa Ribeiro	00:35:15	01:13:10	01:12:51	3566		V45	158
3549	4193	Antonia Machado	00:34:15	01:13:11	01:12:57	3568		V60	13
3550	1322	Francisco Ribeiro	00:37:08	01:13:12	01:11:24	3530		V70	25
3551	4655	Rute Casimiro	00:36:00	01:13:14	01:11:41	3535		V35	148
3552	3793	Margarida Lopes	00:36:18	01:13:15	01:12:07	3546	La família	V45	159
3553	2278	João Garizo	00:36:59	01:13:16	01:11:57	3542		V45	496
3554	2279	Sandra Cabaço	00:36:59	01:13:17	01:11:57	3541		V45	160
3555	1990	Isabel Garcia	00:33:57	01:13:26	01:12:37	3559		V50	78
3556	2813	Rita Madaleno	00:35:16	01:13:35	01:13:03	3571	Corrida Noturna Parque das Nações	V40	188
3557	1294	Rita Teixeira	00:34:17	01:13:36	01:12:28	3554		Senior	188
3558	2095	Manuel Brás	00:35:09	01:13:38	01:13:01	3569	SS CGD	V45	497
3559	4545	Madalena Ferrada	00:35:20	01:13:39	01:12:57	3567	Hiscox	V35	149
3560	3637	Sandra Cunha	00:35:00	01:13:41	01:12:04	3545	GD SANTANDERTOTTA	V40	189



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CLASSIFICAÇÕES

Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
3561	2990	José Amorim	00:38:13	01:13:44	01:12:13	3550		V40	550
3562	3049	Bernardo Costa	00:38:14	01:13:45	01:12:12	3549		V40	551
3563	4493	Sandra Filipe	00:37:03	01:13:46	01:12:09	3548		V40	190
3564	3889	Ricardo Gomes	00:39:54	01:13:57	01:13:55	3589	CLUBE ACCENTURE	V35	402
3565	1135	Joana Santos	00:36:22	01:13:57	01:12:14	3551		V40	191
3566	2860	Paulo Reis	00:35:58	01:13:58	01:12:37	3558	Piupiu dos Reis	V40	552
3567	3931	Susana Jesus	00:35:57	01:13:58	01:13:44	3581		V50	79
3568	3115	Luis Lee	00:38:55	01:13:59	01:12:47	3563		V55	220
3569	2887	Rosa Marques	00:37:01	01:14:03	01:12:34	3556	Encosta Team	V40	192
3570	2995	Francisco Fernandes	00:37:01	01:14:04	01:12:29	3555		V60	137
3571	460	Ana Damião	00:37:45	01:14:08	01:12:34	3557		V40	193
3572	4093	Paulo Maceiras	00:36:19	01:14:15	01:13:19	3575		V45	498
3573	4727	Ana Maceiras	00:36:18	01:14:15	01:13:17	3574		V40	194
3574	649	Sandra Pires	00:36:19	01:14:15	01:13:21	3576		V45	161
3575	2067	Joaquim Dias	00:34:06	01:14:15	01:13:58	3590		V55	221
3576	1632	Lucinda Reis	00:34:06	01:14:16	01:13:59	3591		V55	37
3577	128	Heloísa Neto	00:39:16	01:14:18	01:13:07	3572	Mickeys	Senior	189
3578	406	Ana Rosa	00:37:45	01:14:23	01:12:49	3564		V40	195
3579	1672	Sara Silva	00:35:59	01:14:24	01:13:49	3586		V40	196
3580	3451	Hamza Kiyak	00:38:21	01:14:24	01:14:02	3593	PINOY ASTIG	Senior	496



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CLASSIFICAÇÕES

Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
3581	420	Paulo Rodrigues	00:36:44	01:14:25	01:13:03	3570		V45	499
3582	3446	Shiela Cervalez	00:34:37	01:14:26	01:14:24	3600	PINOY ASTIG	Senior	190
3583	3445	Ruben Diezmo	00:32:16	01:14:26	01:14:23	3599	PINOY ASTIG	V35	403
3584	3039	Lino Ferreira	00:37:49	01:14:32	01:14:30	3602		V45	500
3585	3454	Ana Santos	00:37:15	01:14:32	01:13:43	3580	Lousada > Lisboa	Senior	191
3586	142	Mário Pires	00:36:33	01:14:36	01:14:01	3592		V55	222
3587	2333	Stephen Messely	00:37:06	01:14:37	01:13:53	3588	FIT Runners	V45	501
3588	2694	Sandra Viçoso	00:35:14	01:14:38	01:14:17	3597	SGS MOVING FORWARD	Senior	192
3589	2645	Barbara Miranda	00:36:37	01:14:44	01:13:27	3577		V45	162
3590	1176	Paulo Basto	00:35:55	01:14:46	01:13:46	3583		V50	311
3591	4207	Kursat Kalayci	00:39:39	01:14:48	01:14:27	3601		Senior	497
3592	1295	João Rodrigues	00:35:50	01:14:49	01:13:41	3579		Senior	498
3593	1329	Maria Santos	00:36:58	01:14:52	01:13:15	3573	JRF & Companhia	V55	38
3594	4486	Roberto Bettencourt	00:41:13	01:14:52	01:14:51	3610		V40	553
3595	4715	Francisco Mouchinho	00:37:26	01:14:56	01:14:16	3596		V70	26
3596	1261	Sunita Dessai	00:36:08	01:15:01	01:14:46	3605		V50	80
3597	4389	Jorge Costa	00:36:41	01:15:03	01:13:47	3585	Me & You	V45	502
3598	1490	Rui Fonseca	00:32:52	01:15:03	01:14:51	3609		V40	554
3599	2907	Joana Miranda	00:40:24	01:15:08	01:13:30	3578		Junior	8
3600	27	Marta Calado	00:38:19	01:15:08	01:13:44	3582	PINHALVERCA	Senior	193



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CLASSIFICAÇÕES

Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
3601	26	Sérgio Rijo	00:38:19	01:15:09	01:13:46	3584	PINHALVERCA	V35	404
3602	1354	Antonio Marques	00:37:56	01:15:14	01:13:49	3587		V60	138
3603	1508	Isabel Farias	00:35:33	01:15:18	01:14:43	3604	CORRER QUELUZ	V55	39
3604	3688	Clara Dumont	00:38:28	01:15:26	01:14:19	3598		Senior	194
3605	3804	Patrícia Fazenda	00:35:41	01:15:28	01:15:03	3614		Senior	195
3606	1258	Ana Ciuro	00:36:58	01:15:28	01:14:15	3595	Konan Runners	V40	197
3607	1184	Cassiano Cunha	00:37:57	01:15:30	01:14:04	3594		V75	5
3608	2862	Tiago Almeida	00:41:05	01:15:42	01:15:41	3628	Caracóis de Pedra	V35	405
3609	3246	João Leitão	00:38:55	01:15:47	01:14:35	3603		V55	223
3610	2400	Carla Ferreira	00:36:39	01:15:53	01:15:15	3619		V40	198
3611	2399	José Martins	00:33:20	01:15:53	01:15:16	3620		V35	406
3612	3687	Pedro Cunha	00:38:54	01:16:00	01:14:49	3608		V50	312
3613	991	Mariana Alves	00:36:12	01:16:02	01:14:58	3612		Senior	196
3614	1947	Patrícia Pinto	00:36:13	01:16:02	01:14:46	3606	Mind Runners	Senior	197
3615	2017	Rosa Reis	00:37:52	01:16:09	01:15:26	3624		V60	14
3616	4156	Margarida Cruz	00:37:57	01:16:15	01:15:02	3613	VdAmigas	Senior	198
3617	404	Rui Santos	00:37:26	01:16:20	01:15:24	3622		V45	503
3618	2747	Adriana Machado	00:38:13	01:16:21	01:15:52	3633		Senior	199
3619	558	Ana Dias	00:36:46	01:16:30	01:15:10	3618		V60	15
3620	2820	João Pinto	00:37:22	01:16:30	01:14:52	3611		V60	139



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CLASSIFICAÇÕES

Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
3621	4603	João Cruz	00:35:24	01:16:32	01:15:41	3629		V35	407
3622	4604	Vera Silva	00:37:34	01:16:33	01:15:40	3627		V35	150
3623	259	Nelson Batista	00:37:38	01:16:34	01:14:46	3607		V35	408
3624	1389	Vera Bexiga	00:38:31	01:16:42	01:15:07	3617		V35	151
3625	2911	Carla Miranda	00:40:24	01:16:46	01:15:07	3616		V40	199
3626	1003	Cristina Amorim	00:36:45	01:16:46	01:15:06	3615		Senior	200
3627	3541	Rosa Cardoso	00:37:34	01:17:01	01:15:25	3623		V40	200
3628	4605	Henrique Guedes	00:37:42	01:17:02	01:15:37	3626		V60	140
3629	116	Paulo Rosa	00:38:12	01:17:05	01:15:24	3621		V40	555
3630	193	Nuno Andrade	00:38:10	01:17:05	01:15:28	3625		V35	409
3631	3411	Carlos Alves	00:39:14	01:17:10	01:15:45	3631	RUN TEJO	V40	556
3632	3363	Patricia Augusto	00:38:34	01:17:11	01:16:39	3643	Clube Millennium bcp	V35	152
3633	906	Rita Pereira	00:37:42	01:17:11	01:16:54	3649		V40	201
3634	3449	Sherlita Salice	00:36:33	01:17:16	01:17:10	3654	PINOY ASTIG	Senior	201
3635	1991	Luís Santos	00:36:33	01:17:20	01:16:31	3640		V40	557
3636	1141	Antonio Franco	00:33:52	01:17:23	01:15:46	3632		V50	313
3637	1092	Filipe Castro	00:33:50	01:17:24	01:15:43	3630		V40	558
3638	465	Fernanda Vvieir	00:37:48	01:17:25	01:16:53	3648	BRRnightRUNNERS	V40	202
3639	2978	Esther Dominguez	00:37:04	01:17:29	01:16:18	3635		V45	163
3640	609	António Machado	00:38:50	01:17:40	01:16:18	3636	RUN4BEER	V55	224



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CLASSIFICAÇÕES

Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
3641	3440	Josephine Solano	00:38:26	01:17:42	01:17:41	3660	PINOY ASTIG	V35	153
3642	3981	Teresa Macário	00:38:31	01:17:45	01:16:15	3634		Senior	202
3643	1202	Mónica Adão	00:37:32	01:17:50	01:17:04	3651	condores varge mondar	V40	203
3644	1835	Susana Machado	00:36:43	01:17:54	01:17:44	3662		V40	204
3645	4321	Marisa Tomás	00:38:31	01:17:56	01:16:27	3637		V40	205
3646	2563	Magda Dolores	00:39:15	01:17:58	01:16:30	3639		Senior	203
3647	1173	Neide Santos	00:37:19	01:17:59	01:17:01	3650		Senior	204
3648	2281	Telmo Joaquim	00:38:48	01:18:00	01:16:46	3646		V40	559
3649	3120	Roman Stern	00:38:00	01:18:08	01:16:45	3644	Martinhal Team	V50	81
3650	2631	Chitra Stern	00:38:04	01:18:08	01:16:45	3645	Martinhal Team	V45	164
3651	2627	Dorina Costin	00:38:02	01:18:08	01:16:46	3647	Martinhal Team	Senior	205
3652	1762	Sofia Duarte	00:40:38	01:18:08	01:17:40	3659	K.LAV	V50	82
3653	3560	Ana Reis	00:38:15	01:18:13	01:16:34	3641		V40	206
3654	1388	Basilio Paixao	00:41:16	01:18:13	01:17:50	3666		V45	504
3655	3563	Patricia Xavier	00:38:16	01:18:13	01:16:35	3642		V40	207
3656	3434	Marian Jambalos	00:36:19	01:18:13	01:18:10	3671	PINOY ASTIG	Senior	206
3657	2564	Ana Paulino	00:38:22	01:18:15	01:18:06	3670		V45	165
3658	3153	Zara Cardoso	00:38:35	01:18:15	01:16:29	3638	PONCHA RUNNERS	V45	166
3659	1356	Jorge Almeida	00:38:19	01:18:21	01:17:19	3657		V40	560
3660	19	Paula Barbosa	00:39:52	01:18:22	01:17:07	3652		V35	154



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CLASSIFICAÇÕES

Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
3661	2483	Ana Romano	00:39:52	01:18:22	01:17:08	3653		V35	155
3662	1450	Carlos Faias	00:37:31	01:18:26	01:17:43	3661	CLUBE ANACOM	V50	314
3663	2972	Paula Madeira	00:38:32	01:18:36	01:18:12	3673		V50	83
3664	573	Ana Ribeiro	00:38:59	01:18:38	01:17:16	3655		Senior	207
3665	572	Bruno Dias	00:38:59	01:18:38	01:17:17	3656		Senior	499
3666	2034	Rui Duarte	00:36:37	01:18:41	01:17:53	3668		V40	561
3667	2032	Raquel Aniceto	00:36:37	01:18:41	01:17:53	3667		Senior	208
3668	585	Francisco Ferro	00:36:49	01:18:47	01:17:24	3658		V45	505
3669	177	Sara Sousa	00:38:57	01:18:47	01:17:55	3669		V40	208
3670	2426	Rui Melão	00:38:27	01:18:55	01:18:25	3676		V50	315
3671	1816	Andreia Gouveia	00:39:00	01:18:59	01:17:49	3665		V35	156
3672	1815	Abel Silva	00:39:00	01:18:59	01:17:49	3664		Senior	500
3673	451	Célia Corte	00:38:41	01:19:06	01:18:39	3679	CORRER QUELUZ	V35	157
3674	3972	Acácio Pereira	00:38:20	01:19:10	01:18:37	3678		V55	225
3675	3435	Julie Botardo	00:37:11	01:19:13	01:19:10	3684	PINOY ASTIG	V35	158
3676	231	Luís Campina	00:38:21	01:19:25	01:17:47	3663		V55	226
3677	1225	Leonor Silva	00:38:48	01:19:32	01:18:11	3672		Senior	209
3678	1938	Gualdino Freire	00:38:38	01:19:32	01:19:28	3691	CCDTMETROLX	V70	27
3679	2446	Joaquim Abegão	00:37:29	01:19:38	01:19:13	3688		V55	227
3680	2970	Maria Fernandes	00:41:47	01:19:42	01:19:41	3694		Senior	210



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CLASSIFICAÇÕES

Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
3681	4095	Bruno Jeremias	00:39:46	01:19:44	01:18:27	3677		V40	562
3682	1460	Francisco Costa	00:39:00	01:19:52	01:18:53	3680	Clube Novo Banco	V45	506
3683	173	Antonio Rosa	00:37:42	01:19:55	01:18:57	3681		V60	141
3684	3402	Ana Passadinhas	00:39:09	01:20:03	01:19:19	3689		V45	167
3685	4304	Nuno Silva	00:39:10	01:20:04	01:18:18	3674	Sharpei	V35	410
3686	4305	Ana Fonseca	00:39:11	01:20:04	01:18:18	3675	Sharpei	V35	159
3687	3732	Isaura Sousa	00:40:32	01:20:24	01:19:10	3685		V55	40
3688	2049	Diogo Rodrigues	00:40:00	01:20:25	01:18:58	3682		Senior	501
3689	576	António Loio	00:38:11	01:20:25	01:20:11	3699		V65	67
3690	4739	Alexandra Barreira	00:40:00	01:20:37	01:19:10	3686		Senior	211
3691	790	Albano Paço	00:40:07	01:20:41	01:20:05	3698		V60	142
3692	433	Vera Simões	00:38:59	01:20:41	01:20:03	3696		V35	160
3693	1981	Luis Simões	00:37:53	01:20:43	01:19:13	3687		V35	411
3694	3191	João Graça	00:41:24	01:20:43	01:19:33	3693	NUCLEO DESPORTIVO AUTOCOOPE	V75	6
3695	4333	Maria Ribeiro	00:38:40	01:20:47	01:19:22	3690		V50	84
3696	3018	Tatiane Cardoso	00:38:36	01:20:49	01:19:05	3683		V35	161
3697	1408	Beatriz Ferreira	00:38:48	01:20:57	01:20:42	3706	As Chocolateinhas	Junior	9
3698	1407	Maria Lopes	00:38:47	01:20:57	01:20:41	3704	As Chocolateinhas	V65	7
3699	1406	Ondina Teodoro	00:38:46	01:20:57	01:20:42	3705	As Chocolateinhas	V40	209
3700	2179	Marta Pinto	00:39:52	01:21:08	01:20:11	3700	Quarentões na Bisga	V40	210



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CLASSIFICAÇÕES

Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
3701	1655	Carlos Rocha	00:39:24	01:21:18	01:19:30	3692		V35	412
3702	4155	Mariana Ramos	00:37:56	01:21:19	01:20:04	3697	VdAmigas	Senior	212
3703	4348	Patrícia Abreu	00:40:19	01:21:27	01:20:30	3701		V40	211
3704	4364	Rui Tavares	00:39:57	01:21:36	01:19:49	3695		V35	413
3705	4546	Veronica Anjo	00:41:49	01:21:58	01:20:42	3707	Hiscox	Senior	213
3706	2451	Dirk Henselewski	00:41:47	01:22:15	01:20:32	3702		V40	563
3707	2450	Diana Teodorescu	00:41:49	01:22:16	01:20:32	3703		Senior	214
3708	4448	Francisco Bello	00:41:35	01:22:30	01:21:27	3708		V50	316
3709	2039	Vitor Martins	00:37:21	01:22:30	01:21:35	3709		V55	228
3710	4607	Susana Santos	00:40:15	01:22:50	01:21:53	3710		V40	212
3711	3180	Liliana Antunes	00:38:17	01:22:50	01:22:42	3717	Guepardos	Senior	215
3712	1591	Cristina Narciso	00:39:52	01:23:12	01:22:23	3711		V50	85
3713	3582	Rui Gomes	00:41:34	01:23:13	01:22:30	3713		V45	507
3714	3170	Sandra Costa	00:41:35	01:23:13	01:22:32	3715	Avigilon	V40	213
3715	3173	Sergio Felicissimo	00:39:14	01:23:37	01:22:53	3718	Avigilon	V40	564
3716	705	Paulo Santos	00:30:13	01:23:42	01:22:56	3719		V45	508
3717	4263	Soraia Lajoso	00:39:31	01:23:43	01:22:29	3712	GRUPO CORRIDA JCS	Senior	216
3718	4248	Catarina Pereira	00:39:32	01:23:43	01:22:31	3714	GRUPO CORRIDA JCS	Senior	217
3719	4208	Jessica Santos	00:39:11	01:23:55	01:23:34	3720		Senior	218
3720	537	Carlos Ribeiro	00:41:55	01:24:04	01:22:41	3716		V60	143



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CLASSIFICAÇÕES

Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
3721	2330	Luís Silva	00:38:57	01:24:09	01:23:54	3722	FIT Runners	V45	509
3722	3068	Paula Guerreiro	00:40:38	01:24:41	01:24:12	3724		Senior	219
3723	998	Maria Pinto	00:40:41	01:24:46	01:24:31	3729		V55	41
3724	4021	Cláudia Teles	00:42:54	01:25:04	01:24:27	3726	SushiTime	Senior	220
3725	4187	Liliana Correia	00:39:55	01:25:11	01:24:30	3728		V40	214
3726	4188	Miguel Garanhoto	00:39:53	01:25:11	01:24:30	3727		V40	565
3727	3020	Marisa Alves	00:41:36	01:25:21	01:23:40	3721		Senior	221
3728	2155	João Ribeiro	00:35:42	01:25:32	01:25:22	3736	TAC - Tranquilidade Atletismo Clube	V50	317
3729	4079	Sílvia Vaz	00:41:47	01:25:32	01:24:48	3731		V45	168
3730	4080	Maria Almeidafernandes	00:41:48	01:25:33	01:24:49	3732		V40	215
3731	1761	Luisa Abade	00:40:40	01:25:33	01:25:04	3735	K.LAV	V55	42
3732	2744	Rodolfo Simões	00:42:51	01:25:34	01:23:57	3723		V40	566
3733	2206	Maria Anjos	00:41:50	01:25:36	01:25:28	3737	CONDOR	V70	1
3734	3077	Maria Silva	00:42:53	01:25:43	01:25:33	3738		V55	43
3735	1062	Marina Azevedo	00:42:28	01:26:01	01:25:41	3740		V50	86
3736	2207	Lucinda Henriques	00:41:50	01:26:01	01:25:53	3741	CONDOR	V65	8
3737	2363	Celeste Amado	00:41:39	01:26:04	01:24:50	3733	Bolt	V60	16
3738	2982	Luis Ameixa	00:42:07	01:26:09	01:24:58	3734		V45	510
3739	837	José Oliveira	00:40:02	01:26:11	01:24:39	3730		V50	318
3740	1085	Sonia Torrao	00:39:15	01:26:12	01:24:25	3725		Senior	222



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Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
3741	2883	Vera Bobone	00:43:29	01:27:14	01:26:28	3745	Bobones	V40	216
3742	4244	Ana Oliveira	00:42:20	01:27:14	01:26:39	3748	GRUPO CORRIDA JCS	Senior	223
3743	4249	Elisabete Gomes	00:42:19	01:27:14	01:26:40	3749	GRUPO CORRIDA JCS	V45	169
3744	2662	Teresa Santos	00:41:36	01:27:19	01:25:39	3739		Senior	224
3745	4260	Rui Segurado	00:42:21	01:27:23	01:26:49	3751	GRUPO CORRIDA JCS	V40	567
3746	3960	Gustavo Gama	00:42:34	01:27:32	01:27:11	3753		V50	319
3747	2362	Ana Gonçalves	00:41:39	01:27:37	01:26:18	3742	Bolt	V45	170
3748	3620	Nelson Pereira	00:42:48	01:27:45	01:26:23	3744	Piupiu dos Reis	Senior	502
3749	3621	Ana Jecas	00:42:47	01:27:46	01:26:22	3743	Piupiu dos Reis	Senior	225
3750	2845	Luis Raposo	00:43:40	01:27:55	01:26:31	3746		V40	568
3751	2861	Maria Reis	00:43:40	01:27:55	01:26:31	3747	Piupiu dos Reis	V45	171
3752	881	Ana Lutas	00:42:12	01:28:16	01:26:47	3750		Senior	226
3753	1805	Victor Silva	00:44:33	01:28:43	01:27:03	3752		V70	28
3754	1667	Joao Gil	00:44:13	01:28:58	01:28:32	3760		V60	144
3755	380	Catarina Santos	00:43:06	01:29:08	01:27:25	3754		Senior	227
3756	382	Eugénia Lucas	00:43:07	01:29:09	01:27:26	3755		V55	44
3757	3626	Sílvia Ferreira	00:43:23	01:29:21	01:28:13	3756	PowerBoost Club	V40	569
3758	4261	Sandra Gama	00:42:25	01:29:39	01:28:18	3757	GRUPO CORRIDA JCS	V35	162
3759	4255	Marina Pires	00:42:26	01:29:39	01:28:19	3758	GRUPO CORRIDA JCS	Senior	228
3760	2624	Ângelo Barros	00:43:43	01:29:41	01:28:32	3759	Ticket+	Senior	503



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CLASSIFICAÇÕES

Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
3761	3328	Fock Wan	00:44:49	01:29:50	01:29:14	3762	Clube Millennium bcp	V65	9
3762	3447	Evangeline Marasigan	00:39:03	01:29:55	01:29:50	3766	PINOY ASTIG	V45	172
3763	3452	Josephine Agleron	00:39:03	01:29:55	01:29:51	3767	PINOY ASTIG	V45	173
3764	4052	João Raposo	00:44:51	01:30:29	01:29:11	3761	JuniRacers	Senior	504
3765	4434	Charmaine Bautista	00:41:20	01:30:46	01:30:42	3771	PINOY ASTIG	V35	163
3766	3438	Lorna Arce	00:41:26	01:30:48	01:30:45	3772	PINOY ASTIG	V45	174
3767	4435	Lailanie Alastria	00:41:10	01:30:48	01:30:48	3773	PINOY ASTIG	V45	175
3768	2743	Ana Casimiro	00:42:37	01:30:55	01:29:19	3763		V40	217
3769	3442	Maybeline Mercado	00:42:15	01:31:19	01:31:14	3774	PINOY ASTIG	V35	164
3770	4462	José Pereira	00:45:06	01:31:21	01:29:21	3764		V45	511
3771	2587	Maria Rodrigues	00:42:34	01:31:26	01:29:45	3765		V55	45
3772	2969	Ricardo Belo	00:44:51	01:31:33	01:30:41	3770		V35	414
3773	1227	Joana Gomes	00:44:40	01:31:58	01:31:42	3775		V50	87
3774	2730	José Carvalho	00:46:58	01:31:59	01:31:57	3776		V65	68
3775	165	Milene Sousa	00:44:09	01:32:17	01:30:39	3769		Senior	229
3776	164	David Rosa	00:44:11	01:32:17	01:30:38	3768		Senior	505
3777	4627	Nónica Lopes	00:44:05	01:33:12	01:33:11	3783	A.M.Atibá	V40	218
3778	1079	Zhen Wu	00:43:39	01:33:41	01:32:01	3777		Senior	230
3779	1080	Miao Sun	00:43:40	01:33:41	01:32:01	3778		Senior	506
3780	3953	Paula Rodrigues	00:43:39	01:33:44	01:33:28	3784		V45	176



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CLASSIFICAÇÕES

Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
3781	1289	Andreia Garcia	00:45:02	01:33:58	01:32:13	3779	Familia Feliz	V40	219
3782	1665	Rita Brito	00:45:00	01:33:58	01:32:14	3780	Familia Feliz	V55	46
3783	1293	Dalila Brito	00:45:01	01:34:10	01:32:25	3781	Familia Feliz	V35	165
3784	2143	Elisa Simão	00:43:52	01:34:19	01:32:46	3782	Rapidissimos	V50	88
3785	2497	Tânia Baptista	00:44:40	01:35:10	01:34:17	3785		V35	166
3786	2473	Cristina Castro	00:44:40	01:35:10	01:34:18	3786		V40	220
3787	4436	Juvilyn Alcantara	00:42:18	01:35:44	01:35:40	3792	PINOY ASTIG	V35	167
3788	3853	Rusell Bautista	00:41:40	01:35:48	01:35:44	3793	PINOY ASTIG	V35	168
3789	2613	João Oliveira	00:46:56	01:35:58	01:35:12	3791		V55	229
3790	4530	Joana Martins	00:46:43	01:35:58	01:34:43	3789	Hiscox	Senior	231
3791	4529	Catarina Marcelino	00:46:42	01:35:59	01:34:44	3790	Hiscox	Senior	232
3792	1802	Yan Yang	00:40:37	01:36:08	01:34:24	3787		Senior	233
3793	1803	Yeke Zhang	00:40:35	01:36:08	01:34:24	3788		Senior	507
3794	3329	Jose Arruda	00:53:29	01:38:31	01:38:29	3794	Clube Millennium bcp	V65	69